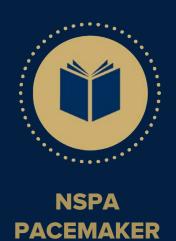
PACEMAKERS

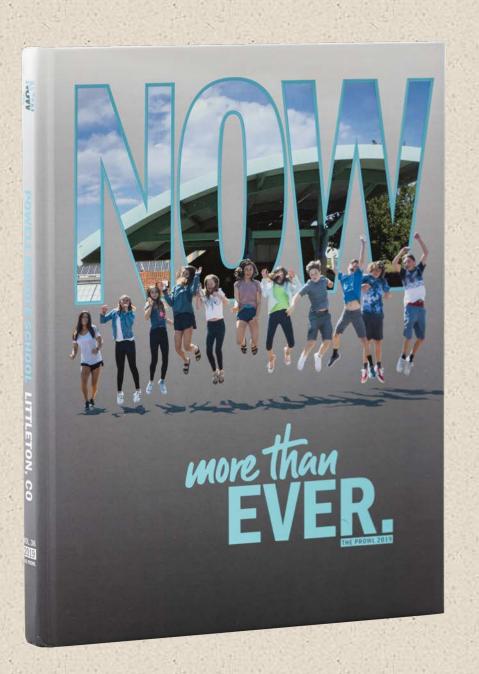




A look at the 24 yearbooks that shined in the class of 2019.

NSPA



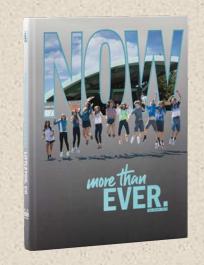


// The Prowl

Powell Middle School Littleton, Colorado

EDITORS: Leah Grier, Maddie Murphy,

Kate Tucker, Sophie Tucker **ADVISER:** Yvette Manculich



RAVES from the judges

// All the elements of an excellent book are exhibited on all the pages of The Prowl.

// Subtle repetition of theme element enhances content and provide cohesion for the reader.

// Photography highlights emotions and reactions.

// Whole-book link is fun and provides a lively student voice while expanding coverage.



1. IN ORCHESTRA, Molly McHale, 08, practices the upright bass. McHale has been playing for three consecutive years. "Now, the pieces of music are advancing photo by k. sweezey 2. GROWING AS ARTISTS, Cristian Gottschalk, Olivia Hill and Lydia Monniere, 06, work on various projects, including a clay house and superhero painting, while munching on popcorn in Art. "Now I am spending more time on my homework, so I get it right the first time," Gottschalk said. photo by s. miyazaki 3. ACHIEVING HIS GOALS, Skyler Gruidel, 07,

Mrs. Melissa Toland's language arts class. "Now, I study more for my language arts tests to get better grades on them and to achieve A/B Honor Roll," Gruidel said. photo and becoming more unique," McHale said. by m. labrecque 4. AT RECESS, Ava Escorcia and Kayla Renner, 08, play four square. "Now more than ever, I am paying attention to my friends, what they are doing and how they feel," Renner said. photo by s. miyazaki 5. OUTSIDE, Emnet Butler, Anna Peecher, Calia Keasler, Ava Hansen, Breeze Schelter, Morgan Aikens and Chloe Hebert, 06, form a conga line. "I'm making even more friends this year and meeting new people," Schelter said. photo by a. colling



more than a student and an athlete. more than a devoted artist in Ms. Masek's Art class. WE ARE PUMAS, and the present moment is more important than ever. more than a new generation striving to achieve our future dreams. WE make a difference by staying true to our CORE values, and we use our voices to speak our truth. WE make our moves just like Jaxton Knutsen, 07, who won at the annual Chess Club competition.

You might ask us, "Who are we going to be in the future?" But what PURPOSE does this question really serve? We are focused on what we are doing right here and right

> For us, it's not "next week", "next semester" or "tomorrow". IT'S ABOUT semester" or "tomorrow". IT'S ABOUT TODAY, RIGHT HERE AND RIGHT NOW. It's a matter of making the most of it until the 3:50 bell rings. it's about seizing the day. We strive to be better, to be brighter, to be more successful, to be the best we can be. to be more successful, to be the best we can be. Nothing's impossible unless we sit back and watch our lives happen. WE take control from the moment the alarm clock wakes us up arriving at first block, to the time we crawl into bed exhausted from studying physics vocabulary for our science class.

> > WE know it is always a great day to be a PUMA. So, what will you do with today?







it is up to you.



NOW MORE THAN EVER

WHAT WAS YOUR FAVORITE PART OF SUMMER VACATION?

KAREN



hanging out and relax with my family in Hawaii. which is something we don't do often ELISE KRISS, 08

"Going to the Black Cany of the Gunnison. It w so big, deep and hard to BRAEDEN LOSIER, 07

"My favorite part of the MICHAEL PURFIELD, 06

GATORS GALORE NATIONAL PARK, Adelaide Wood, 08, gets up close and personal with an alligator while in Florida. Wood saw

various reptiles there, but alligators and crocodiles were the most abundant. "It was my first time holding an alligator and it was very rough," Wood said.



PUMAS ROCKED SUMMER BREAK RELAXING Students and teachers traveled to OVER exotic local and foreign sites during SUMMER the summer. Whether it was going BREAK, to an adjacent state or crossing the Pumas ocean, fun was had by all. Corbin McDermott, 08, explored Italy with took trips, his family. "My favorite part of Italy seeing new was trying new foods and visiting things and cool sites," McDermott said. participating Flying to Central America, Kevin in unique Andersen, 08, journeyed to Costa activities. Rica for a trip full of adventures. "It was so fun to do activities that couldn't be done in Colorado," Andersen said. Visiting Mexico

FROM LOCAL TO DISTANT LOCATIONS

again, Riley Kobar, 07, enjoyed Puerto Penasco. "I loved spending time with my family and playing on the beach," Kobar said. Staying in the states, Brenna Higgins, 06, visited California for an annual family trip. "My favorite part was being able to surf again with my family," Higgins said. Even staff took advantage of the time off. Ms. Allison Henry, Dean of Students, traveled to Montreal, Niagara Falls and Rochester, N.Y. "My favorite was going to Montreal and tasting new foods at fun local diners," Henry said.

> I am learning Italian and it's un to learn a new language." HALLE GALL, 08 photo courtesy of h. gall

1. ZIPLINING THROUGH THE JUNGLE, Kevin Andersen, O8, vacations in Costa Rica with his family. Andersen saw different pecies of birds and lizards on his trip. "My favorite part was

feeling the wind 2. against my face, while iplining and feeling he white water rapids ump against me while afting," Andersen said. photo courtesy of k. dersen 2. RIDING THE VAVES FOR THE FIRST TIME, Reegan Parker, 08, surfs in Dana Point, California. In between

lacrosse games, Parker loved going to the beach with both her team and family. "My favorite part was being out on the ocean learning to surf and trying something new." Parker said. photo courtesy of r. parker 3. AT THE EIFFEL TOWER IN PARIS, Logan Wilson, 07, vacations in France over the summer. Wilson loved exploring the history and the landmarks of the unique city. "It was so crazy to see the whole city from the top of the Eiffel Tower," Wilson said. photo courtesy of I. wilson 4. ADMIRING THE NEW YORK CITY SCAPE, Max Ratcliff, 07, tours the city while on vacation. Ratcliff enjoyed visiting the Empire State Building, the Statue of Liberty, Rockefeller Center, Times Square and the many other attractions in New York. "My favorite part was going to Rockefeller Center and visiting all the cool Lego and Nintendo stores there," Ratcliff said. photo by m. ratcliff





Clark, O8, kayaks for the first ime while on a trip to Canada. Clark enjoyed paddle boarding, kayaking and taking photos of his family. "I will always remember when we ate breakfast at the market while goats watched above on the roof." Clark said. photo courtesy of g. clark

7. IN BRITISH COLUMBIA, Gerrit

5. HOLDING A STINGRAY IN THE CAYMAN ISLANDS.

Noah Gilbert, 08, spends time at his friends' condo in the Caribbean. With the help of a tour guide, Gilbert interacted with the giant stingray in the ocean. "It felt like the stingray was giving me a weird massage," Gilbert said. photo courtesy of n. gilbert 6. BOATING AT LAKE POWELL, Jasper Hughes-Palmer and Merik Hughes-Palmer, 06, have a blast. During neir time at the lake, both boys enjoyed riding on an intertube. Although they flew off many times, the boys just hopped back on and tried again. "I was bumpy, windy and a little scary, but we had nuch fun," Merik said. photo courtesy of m. hughe.





SPENDING TIME TOGETHER at Snow Mountain Ranch, Hogan David, Ava Hansen, Jake Hansen, Graham Reed, and his cousins, Maxwell Madden, Austin Shepherd, Gabriel Brock and Carson

David, 06, traveled to the lake for summer fun. Camping together, these friends enjoyed making pancakes over the fire and laughing with each other. "It is more fun to go in a group because there are more people to talk to and share my adventures with," Carson David said. photo courtesy of h. david



now exploring THE BEAUTY COLORADO'S LANDSCAPE HAS TO OFFER

FUN IN THE SUN, a group of students spent a week of verting and going to the lake at the YMCA Camp, as well as backpacking along the Missouri Lakes Trail. Carson

> David, 06, Austin Shepherd, 06, Hogan David, 06, Alexander Shepherd, 08, and his friend Ryan Wyatt, 08, explored the trails. Hogan David, 06, and friends made the most of Colorado's weather this summer. It was fun sleeping in the tents and hiking with all the nature around," David said.













alobe trotting to



more Than a news story

THE 2018-2019 SCHOOL YEAR WITNESSED many different events that affected the world in both positive and negative ways. From eggs breaking records to teachers going on strike, it was an eventful year.

CELEBRITY



1.11.19

WORLD RECORD EGG Until the start of 2019, a post by Kylie Jenner was the most liked Instagram post, with 18 million likes. The account

"world_record_egg" posted a simple picture of an egg that beat Jenner's record. After a week, the egg succeeded the previous record by over 35 million likes. photo courtesy of Flickr



2.28.19 THE JONAS **BROTHERS**

In a twist surprise, Nick, Joe, and Kevin Jonas announced their comeback as a band on James Cordon's "Carpool Karaoke." The brothers released their first song "Sucker" the same day.

LOCAL

Pumas gathered for the annual Kickin' It Old School Night, where students and staff participated in a kickball tournament and enjoyed funnel cakes and nizza. photo by r. hunt

9.7.18 KICKBALL **TOURNAMENT**



11.8.18 CHILI COOK-OFF

Encouraging students and their respective families to gather for a night of food and competition, the Chili Cook Off was a smashing success. photo



1.28.19 **SNOW DAY PETITION**

Hoping to influence the District's policy regarding the calling of snow days, Garrison Wood and Ronan Hunt, 08, collected signatures from Pumas. In a united effort, Wood and Hunt gave administrative staff the petition to take to the school board. photo by a. evangelista



STRENGTH In CORE Plus, students wrote the

2.12.18

names of people they consider as family on strips of paper, which were connected in a chain. Mrs. photo by m. murphy Mindy Enley, drama teacher, decorated the halls with the chains.



PENNIES FOR PATIENTS

Pumas engaged in a donating pennies

while raising money for the Leukemia and Lymphoma Society. photo by s. pallme

STATE

11.6.18 **ELECTION DAY**

vote for local races. Jared Polis won by 7% against Walker Stapleton in the November Mid-term elections to become governor.

2018 X-GAMES

People from all over the world joined in Aspen, Colorado to compete in extreme winter sports. Many of our own Coloradans got the opportunity to compete in



1.19.19 WOMEN'S MARCH Women all around the country

took a stand for their rights, as they gathered outside the capitols in hopes to inspire women around the world



2.11.19 **DENVER TEACHERS**

Red for Ed took to downtown Denver as teachers from all over the state protested school funding Denver educators went on strike to



NATIONAL



10.24.18 PIPE BOMB DELIVERY



11.8.18 **CALIFORNIA** WILDFIRES



11.30.18 GEORGE H.W. **BUSH DIES**

Former President H.W. Bush passed away at the age of 94. His funeral was attended by 50 world leaders and family

12.22.18 GOVERNMENT SHUTDOWN

near the end of January, government shutdown.



WORLD

8.10.18 **ENERGY**



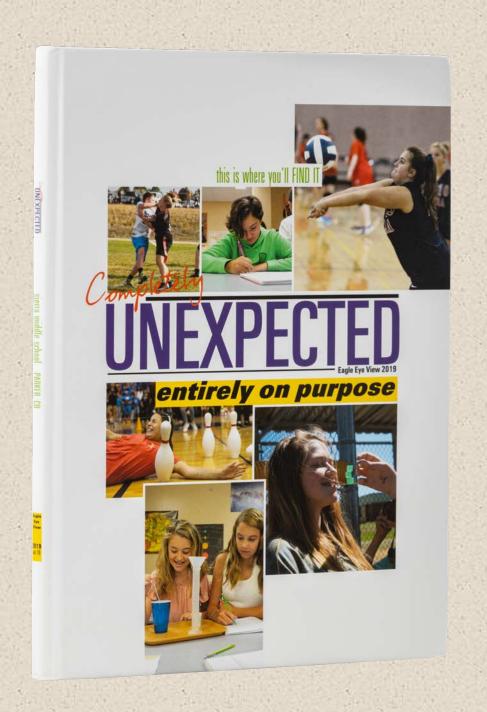


FIRST MAN TO WALK ACROSS **ANTARCTICA**

n December of 2018, Colin O'Brady became the first person to solo trek across the great continent of Antarctica, O'Brady made his own protein bars and drinks to keep him moving. Creative Commons photo: Colin O' Brady o Mikimedia Commons

CHRONOLOGICAL



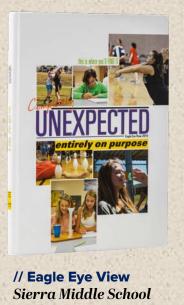


// Eagle Eye View

Sierra Middle School Parker, Colorado

EDITORS: Lizzy Ahrens, Kaytn Anderson

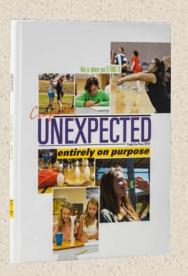
ADVISER: Jed Palmer



Parker, Colorado

RAVES from the judges

- // Thematic voice shines through in writing.
- // Photography provides visual insight into the events and lives of students at the school.
- // Great headline packaging reflects sophistication of design.
- // Layering of typography provides multiple entry points for readers.



// Eagle Eye View Sierra Middle School Parker, Colorado

this is where you'll FIND IT

Just up the hill, on the east side of town.
You know the place. Do you know WHAT HAPPENS HERE?

It may have an Ugly GREEN ROOF,

but the view of the mountains from room 512 is amazing.

949 of us walk through the doors every day

(950 if you count Remi).

We aren't just going to school; we're building a community.

We might ask you what your Advisory number is Because we **BELIEVE IN YOU!**

Feeling like a 4 today?

Kegan Swain will cheer you up, 'cause he is an 8.8885.

We know the might not be true. Or are they?

We also know that every award in the Journalism display case is 100% real!

We've got a Robotics team that dominates and a Jazz Band that **rocks!**Don't worry, we've got this.

This is where you shout for your team at the EAGLE SCREAM RALLY

"Sierra, do you love us? We are Falcon!"

Then join in the **Sierra cheer** that brings everyone back together.

"Eagles! Get loud! Show me you're proud!"

We're dedicated, motivated and sometimes, totally seckless.

And sports? Yeah, we do that too.

Like when Jackson Parril crossed the first LIME 40 seconds ahead at Districts,

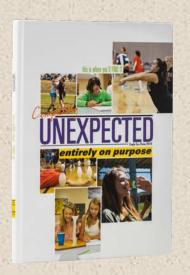
Or when Maddison Neal scored 14 points in the game against Sagewood.

We celebrate the individual and the team

Because we know that each of us defines all of us.







// Eagle Eye View Sierra Middle School Parker, Colorado

How to do a lazy bun



Step 1. Step one is getting ready to put your hair in a pony tail and wrapping your hair with the rubber band around once.



Step 2 Step two is wrapping it around once then pulling through the pony tail half way through to make it a bun/fan.



Step 3, Pull out side hairs on the side to make it look more stylish and tighten the bun if needed.

1. KAYLA STUTZ, Shirt, JCPenny \$12. Jeans, Hollister \$20, Boots, Kohl's \$35 photo by R Wiley 2, COOPER GRILLIANO Sweatshirt, Gameday Baseball \$50, Pants, Dicks \$40, Shoes, Nike \$80 photo by S. Radraway 3, WILL BELLER, Shirt, Jones Company \$30, shoes, Converse \$60, jeans, American Eagle photo by S. Rodriguez. 4. AVA HESTER, romper, American Eagle \$50, undershirt. American Eagle \$25, shoes, Vans \$50 . photo by S. Rodriguez.

FUNKY SOCKS



1. Brandan Iglesias, music socks, "I like my socks because they are creative and ordinary " pless by S. Rodemer 2. Kayto Anderson pink and purple moose socks. I like them because they are comfy." plate by B. Wiley . 3. Brayden Munroe, waffle socks, " like these socks because they are creative and I like waffles. photo by Z.Eyraud



POWER PANTS noun

- 2. : Very unique and interesting pants that make an outlit more bold // Today, I saw a young girl at the mall wearing power pants! They





1: What kind of shoe do you think is the best attire for winter, why? A: The best winter shoe is Uggs because they are soft and they are cute.

1: What kind of shoe do you think is the best attire for summer, why?

A: The best summer shoe is NMDS because they are comfortable and you can wear them anywhere

-Aason Chapman

-Kennedy Lueck

1. RILEY HERDT, white converse, \$55 alan by B. Wiley 2. JORDYN HOLLENBECK, white vans, \$50 photo by B. Wiley 3, BRAYDEN BACON, checkered vans. \$50. plate by S. Radiquez. 4. JADEN VALDIRIS LED shoes, \$70 photo by Z. Fyraud 5. Rylie Clapper, Uggs, \$140, photo by B. Wiley. 6. Ethen Rodriguez, Adidas, \$100. photo by B. Wiley 7. Keytn Anderson, Nordstrom boots, \$240 photo by B. Wiley.

1. : Unique crazy pants that make a bold statement

- were so cool and unique. She had everyone looking at her pants.









entirely pricey

unique style and I like to wear vintage clothing"

-Kayla Stutz,7

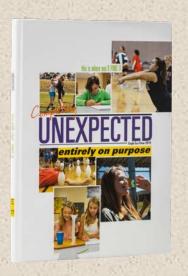
"I wear this because it looks good and its comfortable."

-Cooper Gilliland,8

"I wear hoodies and take my jeans and roll them up and wear converse or vans with them."

-Will Beller, 7

"I wear this because its fashionable, cute, and comfy."



// Eagle Eye View Sierra Middle School Parker, Colorado

entirely independent

trucks for FACS class. by W. Beller, C. Goulding

1. What was your favorite part of FACS?

A: "My favorite part of FACS was the cooking skills I learned because I love to cook and bake." Emma Lehman said

Q:Why did you take FACS

A: "I took it the previous year in 7th grade and enjoyed it so much again this year it was just as fun the second time around!" Lehman said

0:What was a unique thing you learned in FACS?

A: "I learned so much in FACS class but the most unique thing was how to use a sewing machine." Lehman said

1. Would you recommend FACS class to future student and why?

A: "Yes I would for sure recommend this class to future students because it teaches you a lot about the real world and how to solve problems. It is also extremely fun while you learn so much." Lehman said

DREAM JOBS

"I want to be an artist because art is a great way to show emotion without speaking, you also can say more with a picture then you can with words."

Maddie Shukert 07

"I want to be a Vet because I have always had a love for animals and I don't want to see them struggle." Bridgett Boguth, 08

"I want to be an engineer so I can design and make technology of the future that can help people."

Carter Smith 07

"I want to be a scuba diving and stand up paddle board instructor on the Gold Coast of Florida, I would take people out off the coast to dive for spiny lobsters and shipwrecks."

Ted Palmer, staff















measuring cup for her recipe, Hannah Haines is making cinnamon roles during the food truck challenge in FACS aboto by K. Anderson 2. PREPARING F000 for her food truck, Evelyn Welborn pours sauce on to her dish. photo by K. Anderson 3, IN FACS Carnden. Vogt prepares for his food truck presentation for his FACS class photo by K. Anderson 4. THE AWARD winning USPS food truck from FACS class this year, photo by K. Anderson S. SEASONING HER meatball dish, Mia Rydalk is doing final touches on her food truck project in FACS. photo by K. Anderson 6. PERFECTLY PLACING her food items on her dish, Kayla Woods prepares to present her food truck, plote by K. Anderson 7. THE BAKING challenge in FACS kicks off by students first earning basic baking skills before naking there own deserts. Photo by K.

stitch sew and CHECK



A: "My favorite part of sewing was getting to learn the machine. Kiarra Berry said. photo by K. Anderson



A: "My favorite part of learning how to sew was seeing the progress of our projects from start to finish." Mia Rydach said.



A: "I think that its really cool overall to see that all the work you put into sewing pays off," Grace Clark said. photo by J. Palmer



A: "My favorite part was the different things you got to do through out the quarter and how the projects impacted my sewing skills," Leah Luebbering said, photo by K. Anderson

BAZAAR

Team Telluride students host the annual bazaar making arts, crafts, and gifts and after donate proceeds to charities.



"My favorite part about the Razaar was the experience with my friends and having the opportunity to sell our products that we worked so hard on making. ahoto by E. Coons Heather West, 07



"My favorite part of the Bazaar was seeing all the things people would sell ! was inspired by the ideas and creations people came up with photo by E. Coons

Will Harbison, 07



Selling our products and working with one of my best friends. I enjoyed seeing the people play their own music at their booths / liked it because it made their booth unique to the booth." photo by E. Coons Emily Brundage, 07



I really liked that people got to have fun and spend time with friends and family. I really liked walking around to buy stuff." photo by E. Coons Aubrey Baker, 07



"Going around and seeing what people made was really fun. It was cool being apart of the Bazaar and it was a fun experience!" photo by E. Taylor Angelina Lettkeman, 07



NSPA PACEMAKER



// The Scrapbook

Westfield Middle School Westfield, Indiana

EDITORS: Ryan Barrett, Kaylee Roberts,

Delainey Wallace

ADVISER: Allie Staub



RAVES from the judges

- // Incredible voice visually and verbally.
- // Lively colors are contemporary and attractive and add a unique flavor.
- // Amazing close-up reaction photography.
- // Multiple levels of coverage tell the story completely, effectively and in a fun way throughout The Scrapbook.



IT'SEEMS LIKE WE DON'T HAVE IT, BUT WE DO.

CLASSROOMS, THEIR

ROOMS CHANGE EACH



TOGETHER FOR THE

HOMECOMING PARADE

OF WORK INTO A

QUARTER... BARELY

THIS.



UNDEFEATED FOR A

SECOND YEAR IN A ROW



drama in the West side so we had to go to the Library instead. I was happy because the East side had light and we didn't have to skip all of our classes to go to the high

- Kaitlyn Adams (7)

"Even though I didn't have and we went through our normal schedule. I liked being able to do the things that the kids on the west side weren't

- Shirley Cheah (7)

"I wasn't here when the blackout happened but I heard that the West side got to play on their phones all

- Aiden Amaya (7)

"I remember that they had to use lanterns but thats about it. I was in fifth period when it happened but it didn't really affect my day at all." - Derek Anders (7)

"I had basic skills over on the West side and it was so dark we could barely see but there were lanterns everywhere."

SEVENTH GRADERS GO THROUGH THE DAY AS **OTHER** SIDE



EXPLORERS ALGEBRA CLASSES GO TO TARGET TO BUY CHRISTMAS GIFTS FOR A

"It just felt good going to the store and shopping for other kids who need things and not just shopping for myself." d Mrs. Melinda Brown - Andrew Lieske (7)

"The two classes went to Target with four teachers and they had a wishlist from the family in need and all their clothes sizes. Everyone helped with the wrapping. It was complete chaos and it was awesome. We do this fundraiser every year, this was the best ever." - Mr. Zach Zimmer, Social Studies

"We decided that we wanted to involve the students in the fundraiser more, so we thought it would be a good idea to let them do the shopping and pick out the gifts. They also had to calculate the tax and stay within their budget." - Mrs. Melinda Brown, Math

WHAT DID YOU DO WITH YOUR FRIENDS ON



"Kristin Chestnut (8) danced on the way back from every single house we went to. She was turning and moon walking. She had on these blue, crystal glasses and she would turn and take off the glasses. We were all just laughing.

"I went to Owen Matthews's

(8) house and every time other

trick or treaters would walk

over we would try to scare

- Chase Davis (8)

- Isabel Teles (8)





Front Row: Taylor McKinney (8) Lily Pineda (8) Layla Lehr (8) Back Row: Eliza Joyce (8) Audrey Neterval (8) Spenser Johns (8) Lucy Strahm (8)

"We went as the Scooby Gang. We went to this one house and there vas this little kid and he was maybe 4 or 5. He was passing out candy but then the dad was like, 'Oh my gosh it's the Scooby Gang' and we took a picture with him."

- Spenser Johns (8)

serves at home to Fall Creek on Sept. 18. Unlike her sports, volleyball players switch positions astantly throughout the game, but they don't all favor the same ones. "I like serving and at county I served a lot." Reifel said. "It's a lot of pressure because you hav to get it in or its the other team's point." Photo by L.

against Zionsville West on Sept. 19, Olivia Nelson (8), Elizabeth Carney (8), Mallory Weber (8). Kaylee Sutcliffe (8) and the rest of the team huddle up to get advice from their coach and plan out their next moves. Their coach always gave them words of advice for the rest of the game. "One time before his talk there were balls dropping between two girls but after his talk they started passing the ball and getting kills," Sutcliffe said. Photo by K. ROBERTS 2. BEYOND COMPARE. Before a game against Zionsville West on Sept. 19, Emma Sumpter (8) and Lucy Muntel (8) have ddison Fisher (8) compare their heights. They had been arguing about who was taller so they checked. "We make the effort to try to get closer with our teammates and always encourage each ROBERTS 3 CHEER ON As the R Team plays, A Team players Ella Murphy (8) and Laurun Reifel (8) cheer on the sidelines at the home game against Zionsville West on Sept. 19. The A team stayed after their game to watch the B team play and support them as they went on. 'We stay to support them like they supported us during our games," Murphy said. "They ended up winni the game against Zionsville." Photo by K.





Spread content by D. WALLACE and J. STONE
THE EIGHTH GRADE GIRLS' VOLLEYBALL
Design by R. BARRETT and K. ROBERTS

TEAM GOES UNDEFEATED

The Eighth Grade Girls' Volleyball team was comprised mostly of players that had been on the Seventh Grade Girls' Volleyball team the year before. Even still, the team did many things to prepare for the upcoming season.

Before the school season began, the team went to iBeach31, a beach volleyball venue, to get to know each other better. It brought them closer both literally and figuratively.

"We did a lot of team building and bonding activities," Gigi Iovino (8) said. "We did a game where we strapped our legs together and did a race. We all fell a lot, but picked each other up."

To get to know each other on the court, the team practiced various drills to learn each others' plaving styles.

"We would play quads, a four on four game, that would help us get to know how to play better with specific players," Lucy Muntel (8) said. "We also did servers versus

Kendall Krawczyk (8)

MATCH THE PEER TUTOR TO THE SUBJECT THEY

passers where they would split us into different teams and we would go

The icebreakers and drills clearly

"The biggest factor was our honest communication, even off the court," Mallory Neale (8) said. "If we have a problem or anything, we're all just really honest with each other."

The team celebrated their victories with a banquet and were even recognized at the school board meeting.

"This year was the first time we did the banquet and it was really fun," Neale said. "It was nice and it was just really cool to get the whole team together. Our coach, Coach Pat McAndrews, brought each of us up in front of the banquet group one at a time and told us something unique about ourselves and why we were helpful to the team. I felt really proud at that moment because I had worked really hard to keep my team going and keep our undefeated record."

against each other."

aking cupcakes laking slime paid off as the team won every game.

STARLYN (ETNER 7

I'VE TOTALLY

Doing math

ping to Mexico

IOWARD 8

laying inside cente ANDREW LIESKE 7

inging Billy Ido PENSER OHNS 8

nooting in basketba atching in baseball ooking chili PARSONS 8

leeping etting work done KAHILE 7

Catching in baseball Playing golf RISTAN HOSTETTER 7

laying soccer oing chemistry oing robotics HAYDEN GALOVIC 7

oing math problems laying center Playing golf KUPER 8

CARTER 7

laying soccer

laying flute

VANESSA

GONZALES

PELAYO 8

Speaking Spanish

because I'm in Advanced Language Arts and because I think I'm pretty aking cookies 3. "I teach Spanish and Math because SOFIA they are my strongest subjects. I feel

and I can explain it well to people."

4."I teach Math and Social Studies because I'm good at Math and I'm in Algebra, and because social studies is my favorite subject."

1."I teach Language Arts and Math

because I like Language Arts and I'm

really good at it. I used to not be good at

Math but recently it just clicked for me."

2."I teach Science and Language Arts

like a lot of people need help with Math

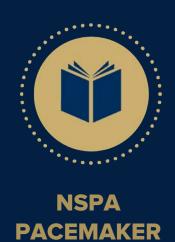
good at Science."

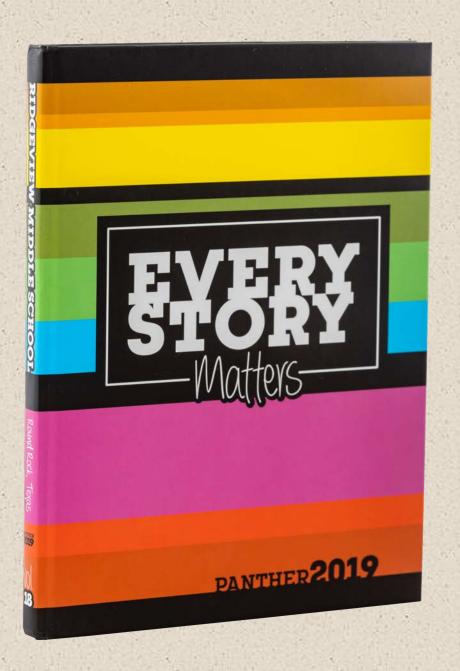
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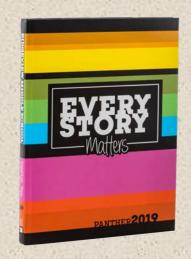
// Panther

Ridgeview Middle School Round Rock, Texas

EDITORS: Lauren Barzee, Darcy Caruthers,

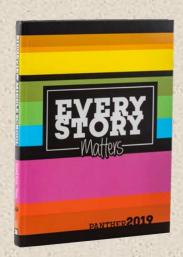
Sydni Kirkendall, Yasmin Martinez

ADVISER: Vicki Felkel



RAVES from the judges

- // Contemporary and vibrant color palette enhances content.
- // QR codes effectively add useful content for readers.
- // Spreads make use of internal spacing to highlight multiple design areas and guide readers' eyes.
- // Wide range of coverage represents multiple student experiences. Photography is a strength.



EVERY

Student, every club, every team, every class has a

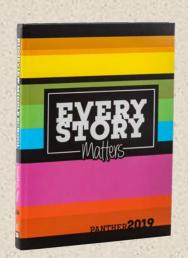
STORY

It's your story, our story, the memories we've made and each story

MATTERS

My Story: 'One time Devon had a cage made from a broken desk and he was our class pet for a few days. He sat there and it was his assigned seat for a while. He was quite entertaining: "- Aiden Robles (8) Not a Drill: 'When there was a real fire at the school. [Mr. Lucas's burning toast in a loaster oven set off the alarm.] I felt upset because I thought my phone and all my stuff was gonna burn. I was in athletics and I couldn't get my stuff. "Jasper Snowberger (1) Animal Encounter: 'We were swimming in the ocean one time and a whole pod of dolphins swam by us. It made me interested in dolphins and why they were so close." Paige (labbacti (1) Dream Come True: 'One night I was dreaming that I was going to Rockin' River and then the next day, my parents surprised me with a trip to Rockin' River." Paige (profor (6) Unexpected turn: 'I was playing football and everyone was missing their tackles. Their player ran past me and I tackle him, and when I tackled him, I also tackled the ref and he sat on me." Josla Slaver (3) Close Call: 'I got in a car crash with a semi-truck. They moved in our lane, and we went spinning across the road. I felt calm inside, but I was a little scared." Lader Sillver (6) Teacher Shenanigans: 'During the teacher/student outfit switch, Mr. Jones and Mr. Jansson dressed up as students. Typically, Mr. Jones bans water bottle flipping, but he and Mr. Jansson were flipping bottles because they were dressed up as students. Mr. Jansson was flipping bottles and Mr. Jones water bottle flipping bottles and Mr. Jones water one in the air and almost someone; "Lawer Troff (8)





To support Red Ribbon Week students DRESS UP AGAINST DRUGS





sponsored Trunk or Treat event on Oct. 26.



"I dressed up as my self because I think I'm scary myself. Also, I love Halloween because I can eat candy non-stop."

- Xuan Tran(7)



"I love Halloween because I love candy and dressing up. I dressed up as Han Solo because it was low profile and cool also it was my older brothers when he was my

- Nathan Martin (6)



"Dressing up in our costumes was the best because I love to pretend to be someone else. I was Little Red Riding Hood. The costume looked really cool and I loved wearing a hood.

- Maya Beckon (6)

Final Audition

On Wednesday, October 24, 1st and 2nd period Advanced Theatre students performed "The Audition".

one messed up that very smooth run." Valeska Almanza (8) said.

"The Audition" was about students auditioning for a musical.

We did the beginning warm up very well, we all worked together as an ensemble, Tessa Retchless (8) said.

characte is very her she and is











Advance bands performed at their annual fall concert and bake sale

"The waltz was good because we played well," Felix Losabia (8) said. Though they spent the two months prior working on their songs, Nyriah Quintanilla (8) said if they could have preformed three weeks later, she thought they would do better in their first song 'Pulsar.'

'My favorite sona was 'Ritual Dance' because the last few measures were really fun and it was in the Halloween spirit," Nick Estavillo (8) said. The bake sale raised over \$200 to help with the cost of instruction and instrument supplies.

What was your favorite part of the intersection dress rehearsal?

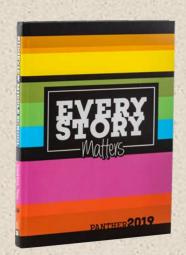
"My favorite part about the dress rehearsal was hanging out with friends and meeting new dancers."

-Molly Collums (7)

"I liked helping people get their costumes and pinning them. I also like waiting behind stage."

"My favorite part of the dance rehearsal is how all of our personalities, opinions and differences, all came together and made the dance look unique. I also like how when someone was struggling or had a problem everybody would help and it drew everyone closer together.'

My favorite part about the dress rehearsal was seeing the costumes all put together."



7th Grade Player discuss

A team beat Canyon Vista on October 2nd.

"It was the best part of the season, beating Canyon Vista because they were undefeated. So we gave them their first loss." Braydon Tougas (7) said. "They were also very hard to beat."

Daron Jones (7) said. it was their best game and their only win.

"At the end of the Canyon Vista game, we were just barely a head and then a Canyon Vista player fumbled and Nathanael Lempkuhl picked it up and ran it in for a touch down," Kyle Fallowfield said. "I felt like we were actually making progress as a team. It was amazing."

B team played against Walsh, on October 29th.

"Walsh was a very good game for us because they were our biggest rival," Zachary Grant (7) said. Ryan Padilla said before the game he was kind of nervous because everyone said Walsh was a really good school.

"During the game I got excited watching my friends score," Padilla said. "We started off not scoring much, but then we started getting defensive stops and getting more rushing yards. In the end everyone got to play and we all were having fun. On the bus ride home everyone was excited."



How did it feel the first time getting tackled?

"I mean it hurt, but it felt like something just whiplashed

-Peyton Dulin (7)



How did it feel having to get up early in the morning for practice?

'It was horrible and I was always almost half asleep. I like to sleep in and need about 10 hours of sleep to function."

-Will Hamilton (7)



What was your go-to meal before the football games?

'I had ham, bacon, bell peppers, lettuce, onions, and olives on my Which Wich sandwich'

-Alex Winston (7)





Roman Smith, Carson Fox, Ryne Tanner, Juan Yanez, Landon Phillips, Dominic Perez, Quincy Coulter, Dallin Kellogg. Photo by Amanda Miller.





Gentry. Photo by Sydni Kirkendall.

Ithink it went pretty well for me I improved on stuff like the stance and I got more athletic while I was on the team."

- Jacob Gregory (7)



Junior Gentry.



Hernandez Honewell Canyon Vista

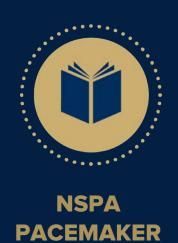


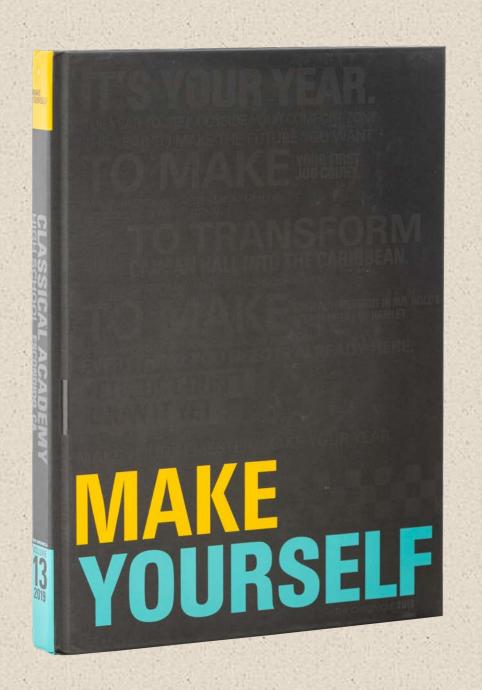
Tobyn Jacobs, Jacob Martinez, Caleb Smalls, Colby Brown, Zane Zelmer, Dallin Kellogg, Ethan Alexander, Cruise Njipwo, Saeed Akhlague, Camron Davis, and Matthew Richards.





32 Fall - 7th Grade Football





// The Chronicle

Classical Academy High School Escondido, California

EDITORS: Amber Bacardi, Mikaila Barker,

Anna Davis

ADVISER: Barak Smith



// The Chronicle Classical Academy High School Escondido, California

RAVES from the judges

// Layering of typography is visually appealing and imperative voice adds texture as well.

// Great willingness to tackle important issues to student body in a visually appealing manner.

// The Chronicle makes a concerted effort to continue theme through the individual stories of students.

MAKE

// The Chronicle Classical Academy High School Escondido, California

FALL SPORTS:

NOVICE FOOTBALL 15, 22, 23, 29 VARSITY FOOTBALL 10 1, 22, 23, 26, 27, 37, JV EOYS WATER POLO 29, 32, 33 CROSS COUNTRY ID. 2, 13, 41 JV GIRLS VOLLEYBALL 13, 31 VARSITY GIRLS VOLLEYBALL 14, 19, 37 VARSITY GIRLS VOLLEYBALL 16, 37 VARSITY GIRLS FOOLEYBALL 18 19, 37 VARSITY GIRLS FOOLEYBALL 18 19, 37 VARSITY GIRLS TENNIS 20, 21, 41 BOYS BEACH VOLLEYBALL 21

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WINTER SPORTS:

JV BOYS BASKETBALL 56. 7.3 VARSITY BOYS BASKETBALL 56.57. 68 VARSITY GIRLS BASKETBALL 60.61. 71 JV BOYS SOCCER 59. 65 VARSITY BOYS SOCCER 56. 65. 67. JV GIRLS SOCCER 51. 68.67 JV GIRLS WATER POLO 51. 61 VARSITY GIRLS WATER POLO 51. 64.65

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CLUBS AND ORGS:

LINK CREW 12 PEP BAND 18, 23 PAVE 19 CAIMAN TV 34, 35 BAKING CLUB 37 CHOIR 50.51 DRAMA 48, 49 PEP BAND 18, 23 FCA 40, 41 GSA 40, 41 HELP FOR HOPE 40, 41 JAM 55



POP A SQUAT. At the Homecoming Pop Rally on Oct. 12, senior Ryleigh Boyle performs with the Varisty Dance team. In the Isl of 2019. Boyle will be attending Oriegon State University and plans on continuing her dance career. Tim going to suddion for the dance team, but I plan on going into psychology, 'Boyle said. Photo by Mikaila Barker.



// The Chronicle Classical Academy High School Escondido, California STORRES BY CAT DIAZ GOT THIS

THE PLAY PRODUCTION CAST SHOWCASES THEIR SKILLS IN A PREVIEW PERFORMANCE OF "FOOTLOOSE"

THIS YEAR'S PRODUCTION

of "Footloose" has proven to be a hit. Its ticket sales climbed so high that director Mrs. Jennifer McCormick opened the last dress rehearsal as a preview show. The show featured both casts, Chicago and Bomont, which swapped between

SOPHOMORE VICTORIA Hitchcock. who played Ariel Moore on the Chicago cast, took her responsibility as the leading lady very seriously when it came to uniting and encouraging the cast. "Shows work substantially better when they're all a united group," Hitchcock said. In addition to collaborating with the ensemble, Hitchcock worked with her co-star, sophomore Hunter Smith, and with the Bomont cast's leads, junior Luke Behrendt and senior Salima Gangani, to bring the same friendly atmosphere to both casts. "The four of us all made sure that we were doing the best we could to lead the cast respectively ... and to lead with love, Hitchcock said.



2. HEAVEN'S DOOR, On April 11, senior Salima Gangani and junior Luke Behrendt perform their duet of "Almost Paradise" as Ariel Moore and Ren McCormack, Though

Footloose" is a classic show, even experienced performers like sophomore Victoria Hitchcock found something new from it. "Tve never played a character like this before." Hitchcock said. "It stretched me big time, and I got to do it with all of my best friends." Photo by Katherine Mosack.



TEAM EXPERIENCES PLAYING A really awesome to play there."

On April 12, the Varsity Boys Baseball team played at Petco Park, home to the San Diego Padres. Getting the opportunity to PLAY AT PETCO PARK was an experience that brought them together according to sophomore Michael Moody. "We all share [this] same experience," Moody said. "[My teammates] are the only guys I want to share it with."

Senior Zachary Jordan said that in the experience of someone "growing up a Padres fan, living in San Diego, [and] VARSITY BASEBALL always wanting to play there, it [was] just



CUT LOOSE. Sophomore Evan Calles offers advice as Willard Hewitt in the song "Mama Says' for the April 11 preview. When 'Footloose' officially opened on April 12, the rest of the shows sold out. "[It] was really special to be a part of sold out shows and fit's something that we haven't really seen here in a long time." sophomore Victoria Hitchcock said. Photo by Katherine Mosack. 4. UP IN ARMS. With a Bourish, senior Salima Gangani sings *Holding out for a Hero" in the preview show of "Footloose." The soft opening on April 11 gave actors like sophomore Peyton O'Neill the chance to perfect their roles with the excitement of an audience. "It helped me grow into Vi a little bit more. I was having a really good journey with that character _ [and] it just helped me identify with the character on a more personal level." O'Neill said. Photo by Anna Davis.



DON'T HOLD BACK. During the April 11 preview of "Footloose," senior Coral Smith sings backup in "Holding Out For a Hero." Despite the casual atmosphere, sophomore Peyton O'Neil found the preview as exciting as a real performance. "A lot of the times I've done a soft opening or a preview show, things go very, very wrong," O'Neil said. "But ... we were so ready to do that show, all of us were buzzing with that energy." Photo by Anna Davis.

in Burbank."



JUNIORS CHARLES LARKIN, KIARA TERRELL AND LUKE MIZEL REVEAL THEIR STRENGTHS AND WEAKNESSES IN ASB

Q: What are your biggest strengths and weaknesses?

LM: My biggest strength would [be] my friends' support ... My biggest weakness ... [is to] focus on the goal and just get to it without worrying about what other people think.

CL: One of my biggest strengths is that ... I am a

very organized person ... A weakness of mine I would probably say is ... when I'm worried about ASB events, I do get in my head.

KT: One of my biggest strengths is that ... whenever I'm faced with a situation, I will take the leadership role. One of my downfalls I guess is that I'm not integrated into certain groups.



WHAT COLLEGE

ACCEPTED YOU?

CODY SCHAEFER, 12

"I'm going to the Navy because college is expensive.

SETH EDWARDS, 12

"I'm going to Palomar College and then thinking about transferring to Azusa Pacific because I didn't know which college to go to at the time."

DANIEL DIAZ, 12

AARON THROGMORTON, 12 "I'm going to Palomar "New York Film Academy because I want to study film

JUSTIN CHOY, 12

*Grand Canyon University basically just friends

MASON NASH, 12

"I'm going to Cal Poly engineering."

WILLIAM FOSTER, 12

"I'm going to New York in foreign policy.



// The Chronicle Classical Academy High School Escondido, California

MAKE STORIES BY CATALINA DIAZ. GENEVIEVE LARIAN AND KATHERNE. MUSACK PHOTO BY CATALINA DIAZ. THE JUMP

JUNIOR LUKE MIZEL ENDEAVORS TO IMPROVE HIS FREERUNNING SKILLS

FIRST INSPIRED BY SPIDERMAN,

junior Luke Mizel has been "the crazy kid that likes jumping off things" since day one. The sport that he participates in is called freerunning. To Mizel, the objective of freerunning, a subdivision of parkour, is to get from "point A to point B with as many flips and twists as possible."

AS INTIMIDATING as freerunning may be, Mizel isn't frightened by the risks involved.

"IT'S DEFINITELY

DANGEROUS.
I WOULDN'T SAY IT
HOLDS BACK."

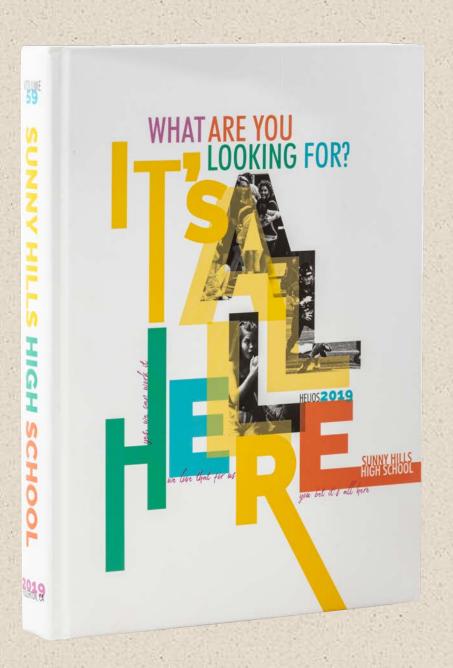
DESPITE MIZEL'S fearless approach to freerunning, his parents are concerned about his safety "from time to time." Within the three years that he has been training and competitively freerunning, several accidents have resulted in trips to the emergency room. One of these accidents included a head injury. While filming a video with one of his sponsors, Mizel had ankle cramps midjump, resulting in a collision with his head and the concrete. "It went straight to my head. [I] blacked out and had to get staples to get my head back together."

DESPITE SETBACKS, advancing in his field is his main motivation to keep going. "[1] like the idea of progressing," Mizel said. "You learn a backflip, then you learn how to spin ... it just kind of builds on top of each other. It's like a big, long progression." Though he doesn't have a gym with a foam pit to train in, he adapts the area around his house for practice. For example, "before you do a backflip 360, you have to do a backflip, then you have to be able to 360 and then you combine them," Mizel said. Even though the sport may appear difficult to outsiders, it has become easier for him as he has learned more about it. "When I first started ... I was so scared about going over my head, ... leaning backward and actually jumping. Now it's at the point where it's second nature. It doesn't feel right if I'm not upside down now," he said.

MIZEL IS taking steps toward his ultimate goal of becoming a professional freerunner by participating in a series of five regional competitions. Despite there being approximately 50 other competitors in his division, Mizel has been able to consistently rank in the top five as of February 2019. If he wins the final competition, it will earn him the title of "best freerunner in Washington, Oregon and California."





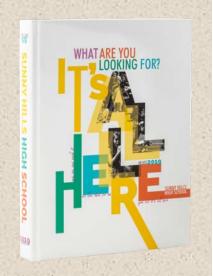


// Helios

Sunny Hills High School Fullerton, California

EDITORS: Tara Desai, Sabrina Lee

ADVISER: Lindsay Safe



// Helios Sunny Hills High School Fullerton, California

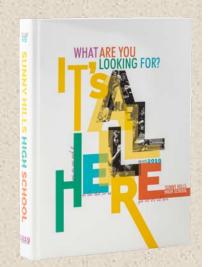
RAVES from the judges

// Love the sophisticated layering of color, photography and typography on the cover and into the interior of the book.

// Fresh take on a pastel color palette!

// Strong headline writing and design — featuring dynamic primary headlines supported by detailed secondary components.

// Storytelling photos are fun and showcase what it's like to attend Sunny Hills High School.



// Helios Sunny Hills High School Fullerton, California



WHAT ARE YOU LOOKING FOR?

What do you want?

Clubs?

83 and counting

Sports?

Sports?

12, still winning

AP Classes?

6, no sleeping

IS THAT IT? NOT FOR US.

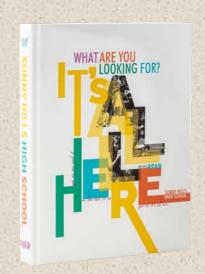
WE'RE OUT HERE,

BOOKING IT when Whitten's playlist comes on,

BRINGING CHRISTMAS to Maple Elementary

and **WALKING TO TC** 'cause it's Friday and there's nowhere else to be.





// Helios Sunny Hills High School Fullerton, California











ood Fair Assembly on Feb. 7. Zhuan push us up, I would say the hardest was the jumping part. We practiced



'I found one of the best

'I found that you can do soccer teams with the best players and wins.' things without getting looked at weirdly.'



"I found a Ischooll with a baseball program (that) is pretty fun."

"I found a welcoming and comforting place with a great environment to learn."

We're quick (earners)
Where there's a will, there's a way. With an entirely new team and less time to practice for the IFF Assembly, SENIOR ETHAN CHU and FRESHMAN KAI XIANG ZHUANG talk about how Chinese Club managed to pull everything off.

PAGE BY ANNETTE SON, JULIA HUR, ASHLEY SONG **HELIOS:** Why did you decide to perform with Chinese Club in the IFF Assembly?

KAI XIANG ZHUANG: I wanted to celebrate my heritage. ETHAN CHU: My friend just asked me to do it and I said, 'Sure, why not.' It was just a chill thing to do. I never really celebrate Chinese New Year so I might as well do something fun at school since it's my

H: Since your entire group was filled with new people, how were you guys able to learn the choreoography?

EC: Kevin just showed us a video, set it up like a mock field and we just ran through it enough times to the point where we memorized it. We were oddly friendly despite not knowing each other. KZ: It was a little awkward, but the problem was solved somehow.

H: What did you focus on during practice? KZ: It was good to practice pacing and cooperation. There's two people so [it's important to make] sure that the other person and I lead each other since we can't see anything. Being the dragon's head, I kind of understand how the movements work and that I'm two bodies, so I can't do [a sharp turn] or else the person [in the back) will get smacked and thrown around.

EC: My part was really easy [because] all I had to do was run around.

They said to wing it and do whatever you feel like, so all I had to do, was make sure to talk into a mic. They told me, "Ethan, this is an easy thing, so don't put too much stress on it. They always had one senior do it, so this year I said I would volunteer as the last senior.

H: Were there any specific people who helped bring it all together? KZ: [Senior Haoran] Lu, our vice president and the tail of my dragon. EC: He basically got all the dragons, contacted the associate that got us the dragons, got the suits together and arranged the times. Whenever we had any scheduling problems, we asked him.

> H: What did you learn about performing that you didn't realize before?

EC: Being in it, you get to see that it's a lot more stressful. Last year, [I didn't] realize how much effort people put into it until I actually got into it. You get here at 6:30 in the morning, you have to practice and you're stressed out about whether or not you're going to say the right thing or do the right thing.

H: Are you thinking of coming back and doing it again next year? KZ: I don't know. It depends on the courses I'm taking next year and how busy I am. [But] next year, I wish to have more people join our club and have more traditional things to work on. [Since I have experience], I think I'll be able to help guide the group.



show your colors

2 ALL ARE WELCOME. Helping out at the Gay Straight Alliance booth, SENIOR JESUS FLORES serves cookies. Flores believed that GSA provided a space for its members to feel safe. "What makes IGSAI stand out is social acceptance, not necessarily just for the LGBTQ community, but in anything. Everyone's welcome and if you need a place where you can be anxiety-free and [accepted], you're welcome;

3 VIVA LA VIDA. Dancing with Latino Club at the International Food Fair Assembly. SENIOR CARLA GARCIA MEDINA performs Folklorico on Feb. 7. By joining Latino Club, Garcia Medina wanted to make her culture known. I feel like we just wanted to spread the word that we're accepting of not only Latinos but of every race. Anyone is welcome. We just want to spread what our culture is," Garcia Medina said.

4 HAPPY NEW YEAR. In a pig onesie, SENIOR ETHAN CHU

shouts New Year's greetings while running around the gym on Feb. 7. Chu realized the importance of teamwork while preparing for the assembly. Even though I didn't know (some of) the other people, we kind of just knew (that) we (had to) work together. As ong as there's no animosity between the people, you can work together just fine," Chu said.

CLAP WITH ME. During the International Food Fair Assembly UZCO participates in the Tahitian dance on Feb. 7. Mana Club helped Verduzco interact with more people. '[Mana] is different from other cultures depending on the people that join. The people that join are the ones that make [Mana] unique and special. It encouraged me to meet new people. Verduzco said.

6 STICK TO THE MOVES. Performing tinikling with senior

Nolan Lim SENIOR KEAHLANI ASI bamboo stick at the International Food Fair Assembly on Feb. 7. At first, Asprec-Alagao felt nervous about coordinating a part of the dance. 'It was kind of a lot of pressure because it's one of the most popular dances in our performances for IFF and PCN. But had a really good group of people with me, so I didn't have too much to stress about," Asprec-Alagao said.

19 booths, 2,284 students and 2,653 dishes

served — all in 57 minutes. That's what International Food Fair is all about. Look at all the numbers that make up the event as students experience a variety of food at IFF. you can count on it



"We sold chocolate pancakes with cream on top. We made \$270 and



'I first went to three or four booths before coming to the CIA booth.
I was grateful that [none of the booths I went to



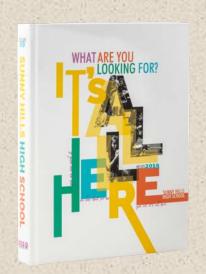
Man, it takes about 15 seconds Itol make tacos literally goes by at god speed—but I had to wait



Student Association)'s booth, and I used up 25 tickets [for them to give me my] waffle [first]. It took







// Helios Sunny Hills High School Fullerton, California

What are you looking for? Truth is, in high school you never really know what you're looking for. But that doesn't matter. We took risks and made mistakes. So here's to 2019 and 19 choices we made.

SENIOR CARLA GARCIA MEDINA

'Il'vel dreamt of raising an animal ever since freshman year. Towards the end of last year, [my grandmother was] diagnosed with severe stage four cancer. My mother pulled through it and (she's) been sending money to my grandmother. So I made a plan [to] earn money so that my mother [wouldn't] stress about needing to support me, and with that, I created my GoFundMe. My main goal is to raise a lamb, nurture it with all the love and care in the world, and have it dedicated to my grandmother. In the end, I'm going to donate the profit I earn from my lamb and hand it over to my grandmother."

SENIOR

MIA PERU

'My boyfriend works at In-n-Out, and I

asked him Ito HoCo the same timel he

asked [me] last year. I also wanted to

do something that no one has done, and I love to go above and beyond.

My friends and I made a poster, and

we drove to In-n-Out and surprised

him before work'

IN-N-OUT

BURGER



JUNIOR

'(Bayanihan) club gets me

out of the house and low-key

gets my heart racing. I quit

and commit to other activities

like Bayanihan club, and I've

been in it for two years. It's a

commitment, just like a sport

Closer to IFF, we started

practicing more from 3

to 5 p.m.

basketball to branch out

SENIOR ELIZABETH LEE

'I was curious (about) dating preferences that other people at school had, so I asked students around school. I then decided to record the videos and upload it online. There were a variety of interesting responses that surprised me."

SENIOR **CADY HWANG** Dropping AP classes took a

of weight off my shoulders For me, although AP classes [are] something you should definitely give a try, [they aren't] always for everyone. It helped me focus on multiple things rather than just focusing on my AP classes."

JUNIOR SOO HYUN CHO

'IMy pastor) said that we should get off of social media and finish the New Testament. I wanted to get closer to God and meditate on his word."

FRESHMAN ELIZABETH KIM

The deal was that Imy parents! would pay around \$1000 for the IBTS concert ticket I want. and for the next three years. I wouldn't be able to hold a birthday party and get no allowance for anything. I knew that getting these tickets would be so worth it"



SENIOR CLARABELLE SHIN

"I (got) a tattoo because I just liked the look of it. Most of my family members have a tattoo on their body, so the idea of it kind of grew on me. I also want[ed] to make a permanent mark of something meaningful in my life."



I decided to come to America because I think the studies in the U.S. (are) harder than the ones in Brazil, and I wanted to prepare and challenge myself. Also, [I wanted tol experience a new life To prepare for the [placement] test, I self [studied] every day for three weeks and had a teacher help me with English vocabulary

FRESHMAN

WARD CHO

SENIOR SEOYEON PARK

"I used to sneak out often in the summer—probably at least twice a week. Now, I do it much less but still maybe twice a month. I usually sneak out with [senior] Clarabelle Shin. A lot of places in Rowland (Heights) are open, so we often go there to grab boba, or we have spots like Seaside [Donuts] at Newport [Beach] that are open. We usually just get something to eat, go to the beach, [or] go to look at the view. We go out knowing most places are closed, and sometimes, we'll just sit in the car and talk



FRESHMAN ELISA KHO

"I saw my older brother studying Japanese on his own, and I got inspired by him. I decided to take on a whole new language because I really had an interest in learning. I also like Japanese culture. I continued to learn it because learning a new language (is) fun. I studied by borrowing my brother's Japanese textbooks and Itaking! notes as I was learning. I apply the language in with other people that speak Japanese."



SARA BRACAMONTES I wanted to open a boutique shop and my dad let me, especially since his restaurant was right next door. I take care of all the work, my parents don't really help. Taxes and all, I do them."

SENIOR KRISTINA HILL

1 got bored [of] my hair and I wanted to go blonde but I didn't want to go completely blonde (because) I liked my black hair. I did it myself at like 2 a.m. one night. I was like, 'I might as well just do it now [when] I'm bored,' so I just did it."



DANIEL VARGAS

"So I was studying for [biology teacher

Kellyl Kim's biology exam, but I didn't

understand cellular respiration like at all,

so I spent the entire night trying to study all

the ins and outs of everything. I studied all night, and I asked my friends if they could

start quizzing me. They said, 'Daniel, this

exam is not tomorrow' I started crying

and I drive by [Los Angeles] a lot, so my friends and I thought it was a good idea to spend two hours of our time every Saturday morning to volunteer and hand out food [to] the homeless. It's a lot, but I like having a lot

SENIOR

CRYSTAL LEE

'We heard about our church homeless shelter

FRESHMAN MICHELLE SHEEN

'After I moved into my new house, I wanted to get a new pet that wasn't too dependent on its owner. So, I did some research and decided I wanted a chinchilla. My mom agreed that I could have one as long as I took good care of it. I contacted someone who sold chinchillas, and after I went to check the place out, I decided I wanted (one) there. She had a three-month old beige chinchilla, [and] I got [it]. I named him Woody because I thought it was cute."

SENIOR RAYAAN MAMOON

I went out to all the Igirls varsity basketball] home games, and even coach [Jae] Byun agreed that it would be nice if I got involved with the team in some way, so it was later decided that I would do camera work for them. [Thanks to my position as a cameraboyl, I think I'm starting to develop friendships with other players, and I've also interacted with the



SENIOR **KELLY JEONG**

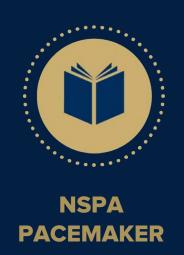
We chose to make brownies because first, everyone loves brownies, so it's something that we can say most people will like, and also, as a care package. There were a lot of people who we wanted to give it out to as a holiday and finals boost. It took several hours. but it was fun to think of the reactions people would have

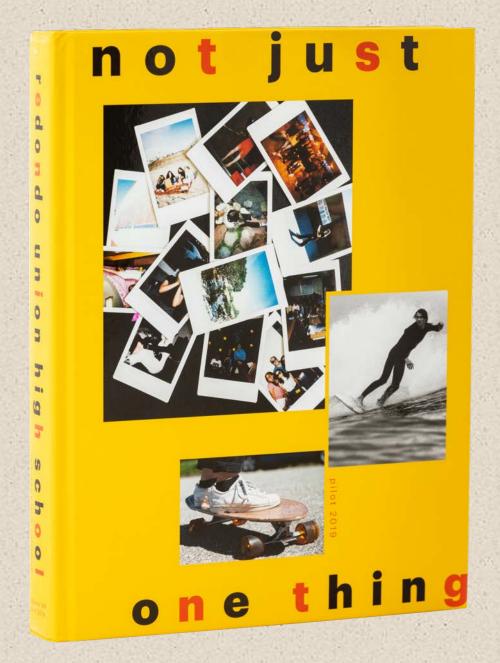


SOPHOMORE LUCIEN BARNETT

I started writing letters during winter break to some of my favorite authors [and celebrities]. I ask questions in my letter so that I might [get] a reply and so that I can get advice related to writing because I want to be an author and a screenwriter. I write the letters partly to start a collection of letters from famous (people)."

19 CHOICES 043 OA2 STUDENT LIFE





// Pilot

Redondo Union High School Redondo Beach, California





EDITORS: Sheina Galgani, Kyra Pacific

ADVISER: Mitch Ziegler



// Pilot Redondo Union High School Redondo Beach, California

RAVES from the judges

// Strong contemporary design with great photojournalism and use of color that enhanced the overall appeal.

// Color blocking and framing is on trend.

// Storytelling pulled readers into the pages and provided a breadth of coverage.

// Effective use of margins, particularly the external ones, created a cohesive look.

// Pilot Redondo Union High School Redondo Beach, California

not just one



1. Modeling at Redondo Pier, seniors Kennedy Trawick and Miya

eting in her event, the butterfly, Sarah Quayle swims to win

Redondo another title. "The Redondo Swim team has a very fun,

competitive environment which everyone is able to benefit from.

Stephanoff have a photoshoot with friend and photographer Masahico

Torres. "Hove that I was able to form a group of friends at Redondo that support each other and have fun no matter what we're doing," Trawick

said. Both have done similar shoots together in the past, as pictured.

After swimming for seven years. Quayle excels in the backstroke and butterfly events during swim meets

Morales, Riley Kennel and Chloe Cantalupo cheer on junior Chris (Panda) Martinez at homecoming. "My friends and I have always gone to homecoming because we love not caring what other people think and we knew we would have fun with each other," Morales said. Homecoming is organized and hosted by



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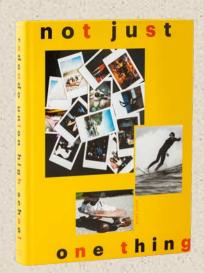
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// Pilot Redondo Union High School Redondo Beach, California



moves

Drew Wilson practices different plays to gain yards on the field by Meena Kabbani

the set up

"It first starts with the center with the guards and tackles on either side of him. The quarterback lines up behind the center with the running back next to him. Then the receivers line up close to the sideline."

the play

"One of our coaches gives us a signal from the sideline for a specific play to run. Each person has a specific job on each play whether it's blocking, running, catching, running a route, throwing, or being the

the outcome

"If a play works, it usually ends in us gaining yards or hopefully a touchdown. But there are also so many things that could stop a play from working: a sack, a play for negative yards, an interception, a fumble, penalty, or an incomplete pass."



on the field with the ball, senior CJ Dietrich dodges the West defense to get the touchdown. "It's such an adrenaline rush to sprint down the field knowing you're close to the endzone," Dietrich said Football came out victorious with a 31-13 win against West High School.

cooking by the book

With strategic planning, Culinary Arts teacher Ms. Byars is able to increase enthusiasm in her class by Amanda Ambrose

Q: How do you decide what your students will cook?

A: So first we learn about different doughs, batters, and food groups. Then, we make something within each of those groups.

Q: How do you organize the groups the students will be in?

A: I have the students fill out index cards to tell me about themselves and their hobbies to pair them based on their interests. For the jobs, I let the students decide because I think it's important for them to learn how to manage themselves.



season," Martin said. This was the game that broke the team's losing

oack, Junior Lance unner. "It felt so all of our hard work this work ethic to

not just one goal

What is your religion?

> Chloe Seebode, 9 I am not but I am

Willow Pasko, 11 Iam not

Peter Mardikian, 9 I am and

> Matthew Hsu, 10 I am not nor

James Graham, 10 Iam and not

strategy 9

court is now

Mock Trial presidents constantly work in Session on new ways to better the team

We wanted people to be in an environment where they didn't just sit around or feel excessive pressure. We tried to organize practices for maximum productivity which I think we usually achieve. We encouraged communication between lawyers and witnesses, emphasizing that it was important that they developed good working relationships

- Alex Dang, 12

This year we definitely focused more on playing to our strengths than on equity when deciding/ assigning roles. In years past we've stuck to a traditional model, but this year we delegated directs and crosses based on strength. Obviously no team is perfect and on task 24/7, but I believe that with a more rigid timeline and policies we can eliminate any sense of pre-competition panice

- Christina Owen, 11

8 passion



Redondo Union High School Redondo Beach, California

my journey

Freshmen twins Jackson and Carson Carnahan endure struggles and triumphs while transitioning at the same time

reshmen Jackson and Carson Carnahan are twins not some bumps in the road, mainly through their parents only transitioning to a new school, but also physically from male to female. Although being at a new school parents are religious and sometimes they use that as has led them both down a "road of uncertainty," they said they have been accepted and not received excess attention. "I don't really stand out. No one really knows or cares that much, or even asks what I am." Jackson said. The idea of being transgender didn't apply to Carson at all, it was just who she was. "Inever really saw myself as a gender, I guess I never / Since we are like payed attention to it until I got older," Carson said.

Although it took some time for both Jackson and Carson to come out to friends and family, their experiences were different. "We went on a camping trip with some family friends. They were talking about sexuality and I guess it just came out," Jackson said. For Carson, however, she was in school while performing Romeo and Juliet for her class. "I was cast as Juliet. When people asked me 'are you this way,' I simply said 'yes," Carson said. Jackson feels as though she is a "complete mess," while Carson feels much more sure of herself and is pushing to be more expressive at home without making her family upset.

with choosing to transition now in high school. "It's hard for me doing this, being older. I would have preferred to say it sooner," Jackson said. Carson disagreed, thinking that this was the best possible time and the way in which she came out because of how long it took her to realize it. "I think I like the timing that I came out. It's a process though. I mean, you can't blame yourself for not saying something sooner because you have to figure yourself out through time," Carson said. Although the Carnahans have had a fairly easy transition, there have been

having an issue with accepting their decision, "Our a reason, like if I was transgender, why wasn't I born a girl? Why would God make me male if he didn't want me to be that way?" Jackson said. Carson differs slightly and feels as if it's now her duty to educate the people around her. Carson said:

this, we get to teach others and our parents how to be more open and accepting.

Their parents are still learning and figuring out this new world, and especially their mother is trying to make an effort to change her old mentality. Jackson feels that it's more of a mental hurdle for others to understand what being transgender is and how to deal with it. "Our mom is more accepting, and So far, there have been no huge regrets for the twins sometimes when other people say 'he,' she'll correct them to say 'they' instead. It has been mostly a mental thing; it's believing that it is a real thing and that the transition is happening," Jackson said.

> Furthermore, the school community has had an accepting atmosphere for them both and allows them to express themselves. "All the people are really nice and there are a lot of other people like us," Jackson said. "Especially this generation, there's not a whole lot of people who aren't super accepting."

> > amidst their transition journey. "It's a process," being accepting of their decision.





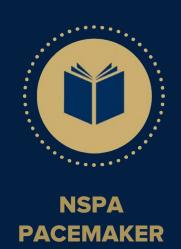


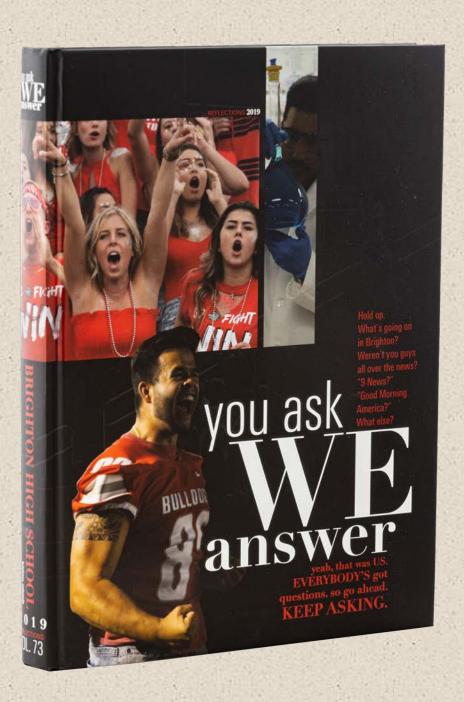












// Reflections

Brighton High School Brighton, Colorado

EDITORS: Samantha DeMers, Tucker

Reichow, Rebecca Wadsworth

ADVISER: Justin Daigle



RAVES from the judges

- // Story begins on the cover photographically, verbally and emotionally.
- // Maximizes storytelling space without overcrowding pages.
- // Design is effectively dynamic and energetic. Maximizes storytelling space without overcrowding pages.
- // Every single page has readership appeal beyond excellence modules, stories provide classic and contemporary service to the reader.



DO YOU WANT TO BUILD A SNOWMAN? Getting wrapped with toulst paper by his teammate, Brayden Schilm 134, Samusl Schiler 20 respecents byor baskerthalf in the Winter Assembly Games in January. The object of the game was to fires a stammate up as a snowman, using all of the toilet paper, in the fastest time. The boys won the competition. Playing against the girls baskerball team was saper fan. We obviously wanted to wain so I just tool Brayden to wrap me up in tiels paper as fast as possible. I really didn't care what I ended up looking like because we just wanted to beat the other team, "Schilip said, don't a denore



For the football game, my friends and I decided it would be funny to DRESS IN RED FLANNELS, SHORT SHORTS AND SOME BOOTS FOR AMERICAN NIGHT. It's these moments that make me love livin' in B-Town. IT'S THE PEOPLE. IT'S A PLACE, IT'S A HOME. THAT'S WHAT BRIGHTON IS.

HAND METHAT BALL.

Giving the basketball to William Martinez, Cole Reed '19 and Cody Mills '22 works with other Unified Baskethall members to host the Unified Sports Clinic in the Gamble Gym in February, "Seeing the smiles on each kid's face made it so special. We were able to bring the community together for a great cause," Reed said. IT'S FOR THE BRIGHTON BLADE. Being interviewed by "Brighton Blade" Sports Reporter, Steve Smith, Alek Smith '19 answers a list of questions for a review of the boys soccer performance against Prairie View

porter, Steve Smith, Alek Smith

"19 answers a list of questions
for a review of the boys soccer
performance against Prairie View
High School on Dct. 4. "It is an

honor and privilege to me to be interviewed by Steve. He has a hope impact on our community as a reporter and having him come to you to be interviewed is a special thing. Alek Smith said LISTEN TO US PERFORM. Being directed by Dorie Summers, Laurel McIntosh's 20 sings the national anthem with a hand on her heart alongoide. Desiah Velis "19 and Eduardo Cordero "19 to kick off the Fall Assembly. Thy sister and momenouraged me to join choir, and have loved it ever since. I feel like the people in choir are constantly pashing me to do better than la m. I love being part of a unit," McIntosh





We get 'em everywhere we go.
From strangers
who heard about us on TV,
From community members
asking about all the changes
And from schools
who are jealous of our new schedule.
It all starts with this:

Where do you go to school,



And just like that, the questions start poppin'. So ask away.









we make a labasketball team endures COMEBACK

PLAYER: Kaylee Case '21 c INJURY: Tore her ACL WHEN: Dec. 6 at the Centaurus Tournament.

HOW: "I was driving towards the basket on contact and my knee just twisted and extended which caused the tear," Case said.

PLAYER: Jamie Fleck '19 INJURY: Sprained her ankle WHEN: Dec. 3 while playing Vista Peak Prep

HOW: "I jumped up to grab the rebound and instead of landing with both feet on the ground, my left foot rolled out. I basically landed on the inside of my foot because my ankle had gave out on me," Fleck said.

PLAYER: Kaylah Lewis INJURY: Tore her ACL WHEN: Jan. 14 while playing Monarch High School HOW: "I jumped stopped to make a pass and took a wrong

turn and felt it pop. At first I thought it was just hurt a little, so I tried to play it off. But then the trainer told me to get an MRI so I started freaking out," Lewis said.

PLAYER: Carly Pomrenke '21 INJURY: Mild concussion WHEN: Feb. 7 during Senior Night against Hinkley HOW: "I took a fast charge from a girl on fast break. The girl landed on top of me while I was falling to the ground. I hit my head in a whiplash movement," Pomrenke said.

PLAYER: Liyah Bruin '20 INJURY: Chipped her ankle bone WHEN: Feb. 7 during Senior Night against Hinkley HOW: "I was sliding into help on defense and a girl's foot from the other team went under mine. When she started to run, it twisted my ankle, rolling inwards chipping a bone," Bruin said.

My favorite thing about basketball is being a part of a GREAT GROUP OF GIRLS that I can proudly call MY TEAM.

We overcame a lot this season, and it can only

FROM HERE.





TIME. Driving in on her said, photo by a michou

opponent from Prairie View, Liyah Bruin '20 travels with the ball towards the basket in an attempt to score points aboto by it wedness! FREE THROW. Standing at the free throw line, Mackenzie Byrnes '19 takes her two free throws in hopes to raise heir score against Prairie View. phono by a meshow RUN IT. Traveling towards the basket, Carly Pomrenke 21 attempts to get around her opponent at Prairie View High School. "My experience on the varsity team with the all the girls is really fun. I played basketball because both my parents played and it passed down to me." Promrent



vou weather the bomb CYCLONE march 13 and 14



During Mar. 13 and 14. Colorado was hit with a massive blizzard right time, I think a with high wind speeds lot of kids really need called a Bomb Cyclone. a few days to catch The storm shut down up on sleep and Colorado highways and roads. The district called two snow days as over eight inches of snow and winds reaching 70 miles an

"The snow days

actually came at the homework. The bad thing about it all was that I had to shovel a lot of snow, and we all were trapped in our houses," Sean Wadsworth '22 said.

you get back to taylnn gaccetta '20 takes

y taking my

y going for a jog

olaying sports."

tress and take it

TOWARDS THE END of

gymnastic's season, Taylinn Gaccetta '20 shoulder started to hurt, but she decided to push through until the season finished

How do you

"My shoulder continued to hurt after the season was over, so I took a break from October to December. I didn't go to the doctor. I figured I needed rest," Gaccetta said

With three months off, her shoulder still hurt so Gaccetta the gym, so she could start

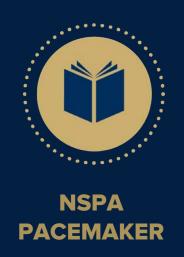
time off of gymnastics after shoulder surgery

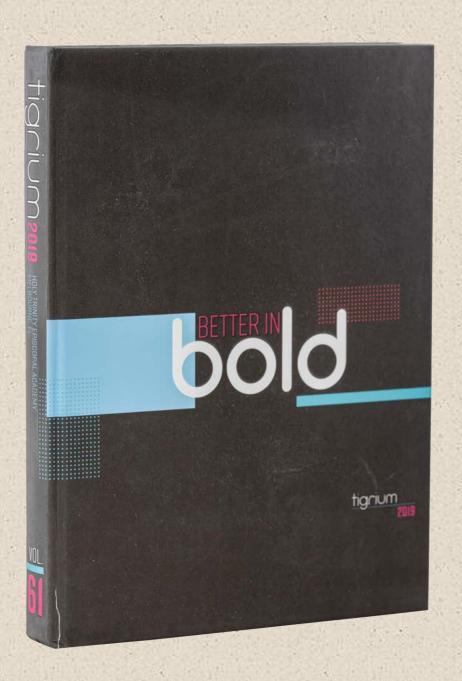
"When I went to the doctor was torn, so I had to go to a sports surgeon. They went in and scoped it with cameras to fix it," Gaccetta said.

With the injury, Gaccetta had to take more time off to heal. According to Gaccetta, after she is healed, she expected to go straight back to working hard in went to the doctor. competing again in the fall.

GET BETTER



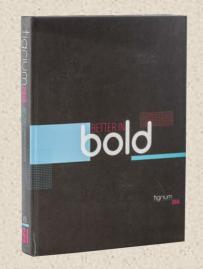




// Tigrium

Holy Trinity Episcopal Academy Melbourne, Florida

EDITOR: Caroline Dixon **ADVISER:** Sarah Tricano



// Tigrium
Holy Trinity
Episcopal Academy
Melbourne, Florida

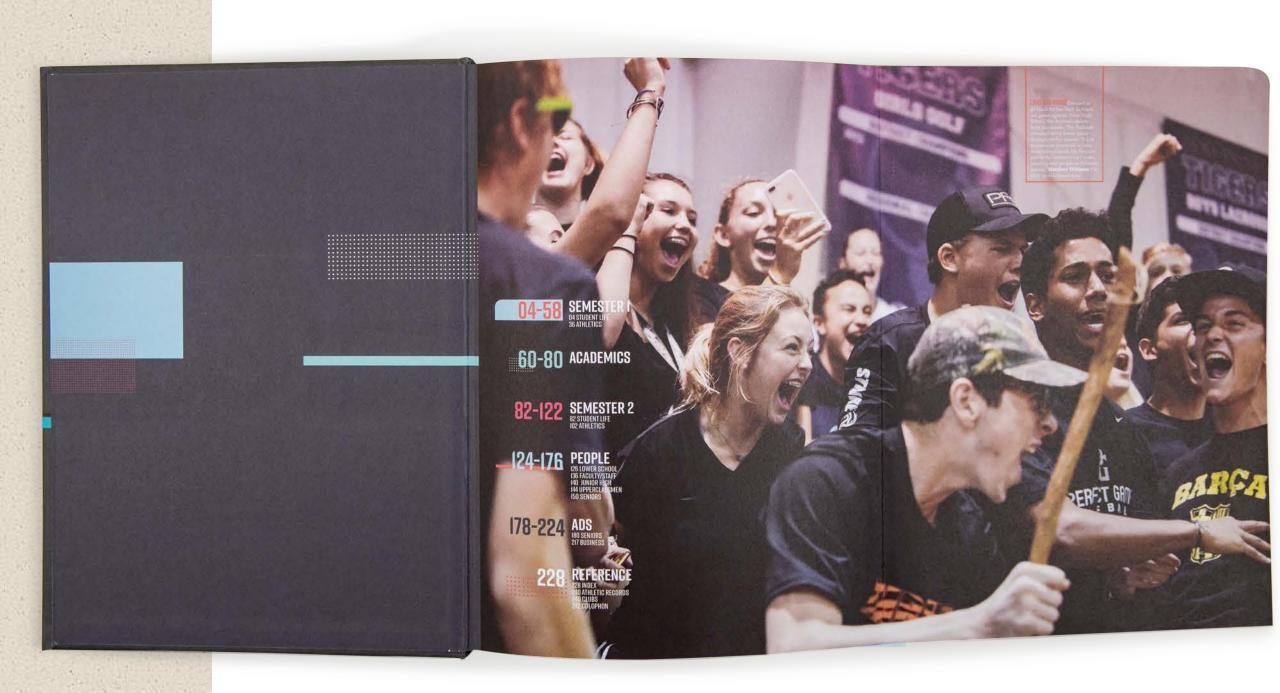
RAVES from the judges

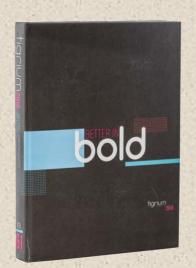
// Endsheet gatefold goes beyond gimmick to begin theme visually with a bold photo and verbally with specific bold opening copy.

// Fantastic typography choices are engaging and coherent, resulting in a vibrant complement to theme.

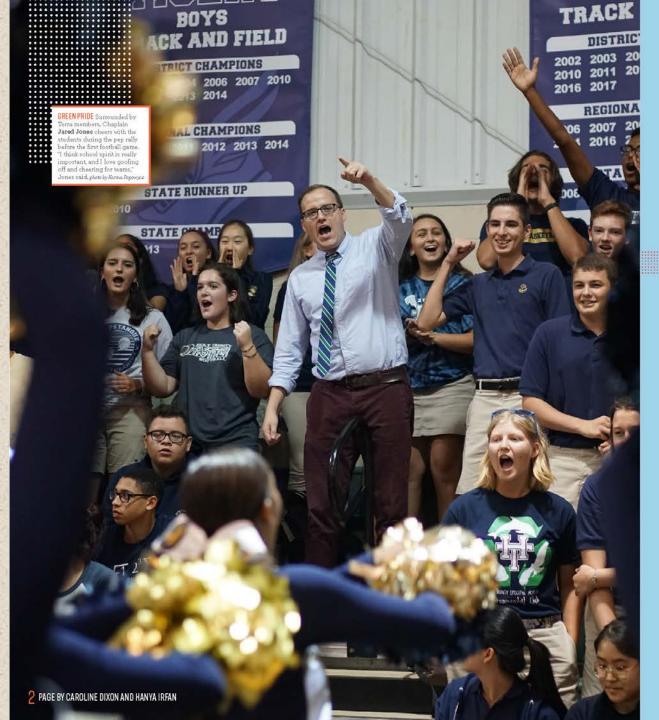
// Layering of elements allow ample white space to showcase photography.

THROUGH THE CONSTANT **CHANGE** AND **CRAZINESS**, WE CAN ALWAYS COUNT ON OUR ABILITY TO **ADAPT** WITH UNWAYERING **PRIDE** FOR OUR SCHOOL AND EACH OTHER. WE **THRIVE** THIS WAY BECAUSE WE **MADE** IT THIS WAY. WE **STAND OUT** IN A CROWD. WE ARE BETTER IN





// Tigrium
Holy Trinity
Episcopal Academy
Melbourne, Florida



WE MAY BE SIX GRADES WITH ONLY 800 KIDS

IT JUST BRINGS US CLOSER TOGETHER.

ALL OF US WEAR THE SAME DULL KHAKI PANTS AND BLUE POLOS

BUT WE THINK IT LETS OUR PERSONALITIES SHINE BRIGHTER.

OUR AUDITORIUM MAY FLOOD EVERY TIME IT RAINS AND FINDING A NEW PLACE FOR CHAPEL MAY SEEM STRESSFUL

WE THINK IT KEEPS THINGS FRESH.

BUT WITH THE NEW IDEA CENTER IN THE LIBRARY AND RENOVATIONS BY STUDENTS, FOR STUDENTS

LEARNING HAS NEVER BEEN SO COLORFUL

WITH THE REENERGIZED SCHOOL SPIRIT

SPORTS HAVE NEVER BEEN SO LOUD.

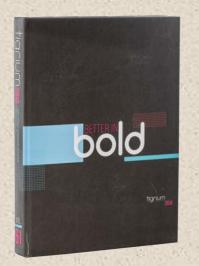
AND WITH HUNDREDS OF DIFFERENT TALENTS AND HOBBIES FROM ATHLETICS, TO POTTERY, TO ROBOTICS

OUR FUTURES HAVE NEVER BEEN SO VIVID.

TAKE ANY DAY, ANY HOUR, ANY MINUTE AND WE BET YOU COULD LOOK AROUND THIS PLACE AND THINK THAT'S A LOT OF CHANGE.

BUT ASK ANY ONE OF US. WE LIKE IT THAT WAY. IT'S





// Tigrium **Holy Trinity** Episcopal Academy. Melbourne, Florida

Playing on a varsity team might create some added pressure or nerves for anyone, especially an eighth grader. But for Cassie Martin (8), it was an easy task. Martin, the

youngest of six girls, was exposed TRADITION FOR OUR are very to volleyball FAMILY I HAVE SO most of her life and EMILY NOE DO joined her sister Emily Noe (11)

"My sisters all definitely inspire me to keep working hard and give volleyball my all," Martin said.

Noe had three Amateur Athletic

on the court.

Union (AAU) National Championships and two Junior Olympic Championship titles. Coming from such a volleyball-oriented family, Noe and Martin had a strong support system.

"My parents involved and MUCH LOVE FOR IT." knowledgeable about the sport, and they always offer advice if I'm struggling," Noe said.

> MINE As Emily Noe (11) sets the ball in the air, Cassie Martin (8) readies herself to spike. Martin has been playing volleyball for four years. "The team was very welcoming and we all played together so smoothly," Martin said. ptoto by Ryan Batn-Darby





SPIKEIT In the air, Aly Tyeon (12) hits a quick set against Trinity Catholic on Nov. 6. Tyson served as a co-captain this season. "It's important to me that not only do I lead the girls on the team, but I make sure every one's opinions are being heard," Tyson said. photoby

VOLLEY GIRL With her hands locked together, Shelby Seage (11) controls the ball. Seage has been playing volleyball since she was nine years old. "The best part of this team is being with a great group of girls that always support me, both on and off the court." Seage said. plots



STATE UNIVERSITY FOR

After each point, the varsity volleyball team meet at center court. Per tradition, the girls huddle together in support of each point won or lost.







VARSITY VOLLEYBALL COVERS THE SEASON WITH REGIONAL RUNNER UP TITLE

The girls ended their season with twenty wins and seven losses and were ranked first in the 5A District 7 volleyball standings. We had a younger team this season, which first I was worried about, but the season went super great. Everyone worked so hard and so

well together," Kayla Burge (11) said.

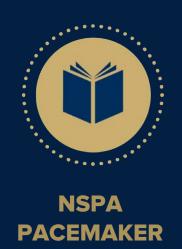


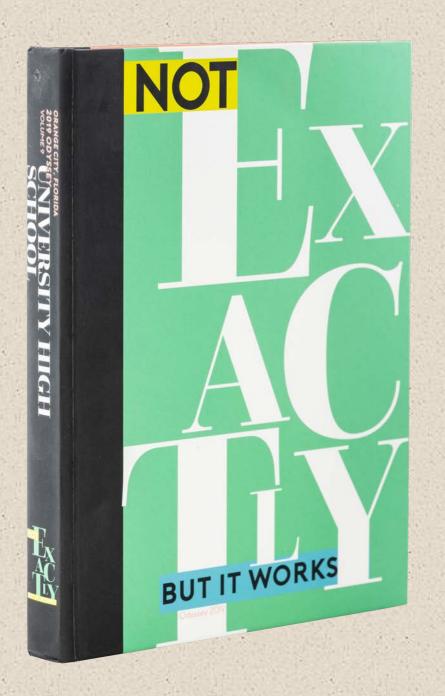






38 PAGE BY TARA CARROLL





// Odyssey

University High School Orange City, Florida

EDITORS: Emily Edwards, Jonathan Jackson

ADVISER: Courtney Hanks



RAVES from the judges

// Odyssey delivers a powerful visual message from cover to cover. Theme is clearly incorporated throughout without being redundant.

// Headline packaging reflects mastery of typographic messaging and use of color.

// Coverage honors student life through storytelling variety — from traditional to alternative copy options and in its topic choices.











LET'S HROW

VARSITY WINTER GUARD POTENTIAL ATHLETES COMPLETE TRYOUTS CONTENT BY BRIAHNA MARTIN

3:30 P.M. STRETCHES

"It helps warm and loosen up your muscles," senior Joseph Salvatori said. "We stretch our leas, arms, our back and then our wrists. [The best stretch] is when you're sitting in straddle. and you have one arm over the other touching your foot."

4:00 P.M. DANCING

"It flexes out our body," junior Zoe Collins said. "When we start dancing, we already have our body loosened, and we do a lot of pliés. It helps us with our posture and makes sure our toes are pointed correctly and turned out."

5:00 P.M. THE FLOOR

"You dance your way across the floor," sophomore Isabelle Braudakis said. *They improve basic skills like first position, plié, grand plié and posture. You go through a checklist to make sure your posture is good, and your feet are pointed."

6:00 P.M. FLAGS

"My favorite thing about working with flags is learning new tosses," sophomore Danielle Rudolph said. "Warm ups help me to work with them because it gets my wrist stretched out and helps me get the force I need to toss."



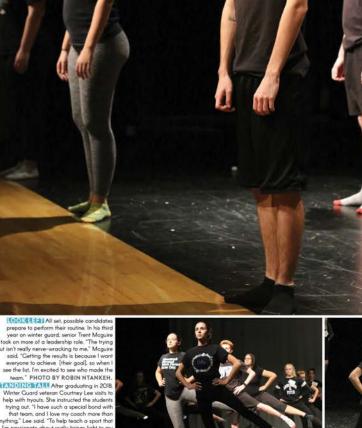
BEHIND MY BACK Before starting practice, freshman Molly Asmussen pulls her arm back, as she does the butterfly stretch. This prevented her from hurting herself while turning her flag. " [We spend] 15-20 minutes doing our different



junior Kaley Lapp watches closely said. "To know and get everything routines before we get into the actual down to where I'm confident and practice," Asmussen said, PHOTO can do it every time took a full season." PHOTO BY MELANI season." PHOTO BY MELANIE SCHEPMAN



HANDUE With her hand outstretched. IV captain Isabel to ensure she will catch it right. She Rios mirrors a routine. The varsity took her time to learn how to catch it captains recognized her work ethic without injury: "It's really hard if you and named her captain. "This year don't know what you're doing." Lapp we have two teams, JV and varsity. compared to other years where it was just one large team," Rios said. "I'm definitely not the best, nowhere near, but I'll always have that moment in my head when I first saw someone spinning so professionally. PHOTO BY SYDNEY HANSEN.



Saber is used if you're on VARSITY "[You use] the rifle and you're if you are on varsity. on saber line. When we have an Usually it's the intense show rifle and saber would go he rifle line." with that, it would ADD INTENSITY to the show and drama." "Flags are used throughout most of the shows. whether they are sad or happy or dramatic. Flags Milatil MAIN THINGS

SOPHOMORE SABRINA SCHEPMANS CARRIES WINTER GUARD PERFORMANCE EQUIPMENT PHOTO BY BRIAHNA MARTIN.



prepare to perform their routine. In his third took on more of a leadership role. "The trying out isn't really nerve-wracking to me." Mcguire said. "Getting the results is because I want see the list. I'm excited to see who made the STANDING TALL After graduating in 2018.

anything." Lee said. "To help teach a sport that I'm passionate about really brings light to my day." PHOTO BY ROBIN NTANKEH.



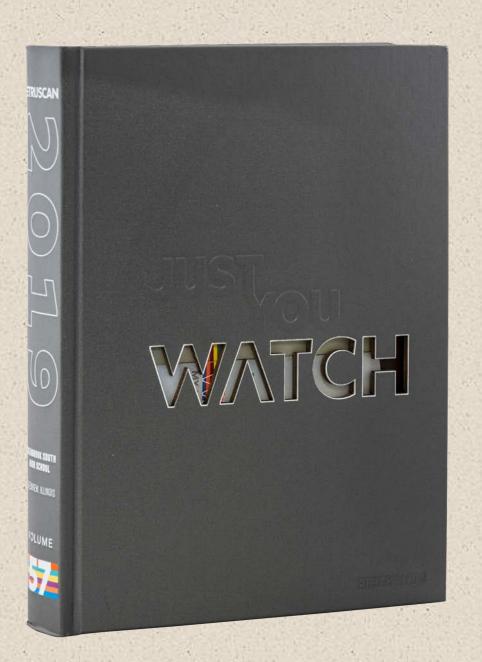


ANDS OUT Holding her position, junior Meahan Tirado performs a tryout routine with ther potential teammates. Although they troduced new routines and warm-ups, the ryout process did not change. "Every year. he gets more and more advanced, and she hallenges us a little more," Tirado said. "[The est thing about winter guard tryouts] is seeing verybody that's going to be on the team and] seeing how we're growing." PHOTO BY Stood tall, junior Karina Duque

emonstrates how to do a technique. She articipated in winter guard for a year and new she could do well, despite having to learn new toss. "For those who wanted to be on arsity, we had to learn a harder toss," Duque aid. "I was a little nervous about the toss. I learned it pretty fast, so I wasn't too stressed about it." PHOTO BY ROBIN NTANKEH.

WINTER GUARD 95 94 SPORTS





// Etruscan

Glenbrook South High School Glenview, Illinois

EDITORS: Samantha Boas, Kaelyn Coleman

ADVISER: Brenda Field



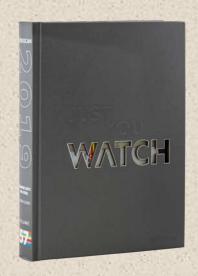
Glenbrook South High School Glenview, Illinois

RAVES from the judges

// Great use of color graphics that provided a distinct, but varied look throughout the book.

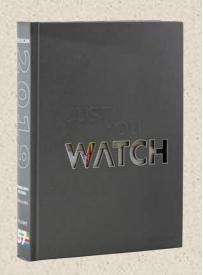
// Effective use of modular storytelling offers expanded coverage to include more student voices.

// Strong feature stories and showstopper spreads break up traditional coverage, and the unique tip-in was purposeful and fun to enhance the theme.



// Etruscan
Glenbrook South High School
Glenview, Illinois





// Etruscan Glenbrook South High School Glenview, Illinois

GAINING GROUND

JV GIRLS TENNIS PLAYS FOUR MATCHES OVER COURSE OF FOUR CONSECUTIVE DAYS



"I've improved on not getting upset over losing. As the days progressed, I realized that I should just have fun. When I started winning, it felt really good. I think my confidence drastically improved. As a whole, the team increased in confidence. It made me think less of winning and losing and rather just trying my

best in the game." ALISON SEDENKOV (10) ASHLEY RYNO (11)



"We played people from different levels, so in the long run, it was better for my game. It has gotten better because we get excited when it's more competitive. I remember playing one good and one bad school, so you have to adjust. That's challenging, but it's also good because

"On the first day of matches, I was nervous I wasn't as confident as I am now because now I've won most of my matches. As you

keep playing, you get used to it. Every time I play, I learn something new. Against Evanston, I played doubles, and I normally don't. It took a lot of positive thought to get through the game. It was something new for me."

LAUREN HAMMERSLEY (11)



ALL ABOUT THE LOVE Watching their teammates play Niles North on Sept. 27, senior Anna Geweke, junior Colleen Demling and seniors Emily Castelli and Ashley Desserich laugh with each other, Castelli said she's not the most serious tennis player but wanted to try out in order to play tennis with her friends. "We've gotten very close over these past couple of months, and I'm definitely going to remember the team," Castelli said.



FOR THE WIN

FRESHMAN GIRLS TENNIS PLAYERS BRING ESSENTIAL ITEMS TO MATCHES



"My aunt gave a necklace to me when I was 10. For every match I've played, I've worn it It helps me a lot."

MARLEE PEARL (09)

"People tend to wear hats to block out the sun, but I wear sunglasses because find that easier." TALIA MASSARELLI (09)





acquet, a water bottle, a couple of tennis balls and a visor. My visor is lucky for me, so I wear that."

RACHEL SMITH (09)

e match against iles North on Sept. 7. junior Jenna isoo Kim starts the ame by serving the all, "I was really cused on gettin eing aggressive in smart way," Kim

aid. "It was a matter

focusing on what exactly I wanted o do and knowing

xactly where I was

it makes me a

stronger player.

BY ANY ENKHSAIKHAN, MIREL PALILLERO & AILLA CLARK

GIRLS VARSITY TENNIS PLAYERS SHIFT MINDSETS THROUGH DIFFERENT PARTS OF MATCH

BEFORE A MATCH

"Usually, if it's against a good team, you get pretty nervous. Tennis is especially mental. and if you get distracted or think you're going to win too soon, you might end up losing. It's always hard to get off to a good start because I'm a slow starter, so if you lose the first couple of games then it's harder to win the next. You have to not focus on the match that you lost, start over and just have positive thoughts. For doubles, I like to talk to my partner, and having her helps me calm down and focus."

ELIZABETH HOO (10)

AFTER A LOSS

"If I lose the first set, then I look to my coach and ask what we are doing wrong, what's the opponent's main weakness if we don't already know and then we adjust from there and keep our game going as best we can. If you start falling back, it's really hard to come back. Every time we go into the second set we always say 'Okay we're going to play bad the second set' because if we tell each other we're going to play well, we end up playing bad. We use some reverse psychology."

ELLE STEWART (10)

AFTER A WIN

"As you're playing a person, you can see what type of tennis player they are. Maybe they hit really hard or soft or can return every shot back to you. It's really about trying to find different ways you can play. You have more confidence going to the second set if you won the first one. You know what you're doing right and wrong. It's really just continuing the momentum. Sometimes you want to get cocky, but you have to stay grounded and keep going because you don't want to lose the second set."

MCKENNA KAY (12)

AT THE END

get an idea of how I want to close it out, what I want to do and how to set up the point. If it's a harder match, then the games are closer. I have to keep my mind still and not let anybody in. If I hear cheering from the other teams or even mine, I block it out and focus on what I need to do during the point. The toughest thing, if it's a close match, is closing it out. If it's your match point, the pressure is on. You have to keep your mind straight and do your best, and that usually works out."

"If it's a really easy match, I

JENNA HORNE (09)





ready position, senior Javne Fradin waits as her partner serves the first ball against Highland Park on Sept. 26. Fradin said the match was challenging and that she tried to motivate herself and her partner. They pretty much beat us every time we played but we played well," Fradin said. "[We] try to keep playing our game and not let negative

stuff get in the way."

RIGHT REMINDER Down 2-3 in a set versus Highland Park on Sept. 25. junior Vanessa Valsanen steps aside to get some guidance from Coach Stephanie Mats. Valsanen said Mats gives her valuable advice. "Luse my 3 R's that my coach taught me," Vaisanen said. "Reflect: thinking of what I did. Reprimand: motivating [so the] next point I can do better. Regroup: play out the next point, make improvements and mini adjustments.



// Etruscan Glenbrook South High School Glenview, Illinois

RACIAL IDENTITIES IMPACT BY ELLIE EISENBERG, MAGGIE PERSPECTIVES ON LIFE

ESCHENBACH & KATIE NORWOOD

WE WANTED TO COVER RACE/ RACISM THROUGH THE EYES OF THE STUDENTS WHO HAVE TO THINK ABOUT IT AND DEAL WITH CONTROVERSY ON A DAILY BASIS. IN ORDER TO ACHIEVE A STORY THROUGH THEIR EYES, WE ORGANIZED A FOCUS GROUP TO GET THE REAL STORY.



EVERYBODY IS DIFFERENT AND COMES FROM DIFFERENT WALKS OF LIFE. EVERYBODY HAS A DIFFERENT STORY TO TELL. IT'S THE SAME THING WITH EVERYBODY'S **GENETICS AND DNA.** WHEN I TELL PEOPLE I'M ITALIAN AND IRISH, THEY'RE LIKE 'HOW?' IT COMES FROM MY MOM, AND SHE DOESN'T LOOK EUROPEAN AT ALL, BUT HER MOTHER AND HER FATHER DO. PEOPLE ARE LIKE 'OH, **but that's not what you look like**,' but it DOESN'T REALLY MATTER WHAT YOU LOOK LIKE; IT MATTERS WHAT'S ON THE INSIDE. IF YOU'RE ONLY GONNA CARE ABOUT WHAT I LOOK LIKE, DO YOU EVEN CARE AT ALL?"

SEEING THROUGH RACE



"I think a lot of people at our school think they have the right to say as much as they want about [minorities], or they think they have the right to question who we are. If [someone] says, 'Oh, I'm Japanese,' then I've noticed a lot of people say 'No, you're Chinese.' They defend their answers by saying, 'You could be part Chinese; there have been wars, you could'we been part Chinese at some point,' and they don't just leave that alone. They don't just accept that they're not always right."



OTHANDIWE NGUBANE (09)

"RACISM IS ANY SORT OF PREJUDICE THAT SOMEONE HAS TOWARD **MEMBERS OF ANOTHER RACE BASED ON THE BELIEF THAT THEIR OWN RACE IS** SUPERIOR."



IN THE CLASSROOM



KINIJAH PERKINS (10)



WHAT NOW?





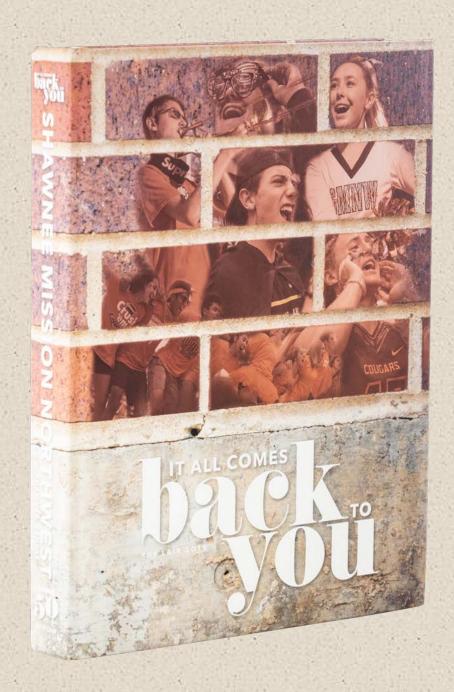
YULISSA GONZALEZ (12)



"RACISM IS USING YOUR POWER TO DOMINATE OVER SOMEONE ELSE'S RACE."



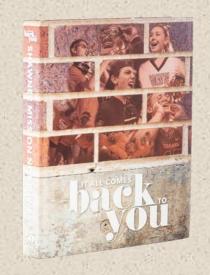
NSPA PACEMAKER



// The Lair

Shawnee Mission Northwest High School Shawnee, Kansas

EDITORS: Tatum Goetting, Wairimu Gitonga Mbogori **ADVISER:** Susan Massy



// The Lair Shawnee Mission Northwest High School Shawnee, Kansas

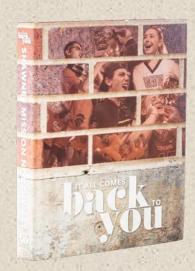
RAVES from the judges

// Beautiful cover with texture focuses on students with a great visual/verbal connection to the theme.

// Bold typography, with subtle gradient, integrated well to enhance photos and graphics, not distract.

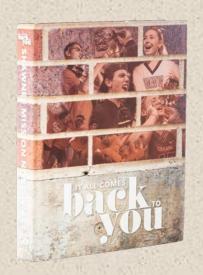
// Outstanding photography and copy told stories and drew the reader into every spread.

// A nice job integrating the 50th anniversary without taking away from contemporary coverage.



// The Lair Shawnee Mission Northwest High School Shawnee, Kansas





// The Lair Shawnee Mission Northwest High School Shawnee, Kansas

COME AGAIN?

These senior volley ball players developed their passion for the game well before they jumped into it in high school



"I've been playing since 3rd grade. My parents wanted me to be involved as much as possible. I just tried it out and ended up liking it

SENIOR HANNAH BLACK



'My friend's mon started a team and we always practiced in her backyard with a bunch of girls from our elementary school when I was seven or

> SENIOR ABBY MADSEN



"I started playing volleyball because we played it in gym in 6th grade. Usus fell in love with the sport and I decided to join a team. I've played ever since.

SENIOR WHITNEY DUGAN







Gathered away from the net , rephonere arthy celebrator a point with her beam. stes. This type of colebration was part of the mality of this team. The best feeling is when are winning and you can just feel your team ins together." McCarthy said, Premi in Assivu ins 2. In the air, freshman outside hitter Eller asion spikes the ball Aug. 28 in the Aux Cym. The ther had to establish control of the half for either outside, middle, or right side hitter. Twe hern asson said. 'I still find different techniques to make 3. Varsity coach Susan Specht talks to learn during their time out. During time outs, eacht want over the areas reading improvement r the rest of the same. "We call a time out after the



SPIKE TO THE

The Cougars and Jaguars faced off in the volleyball sub-state championship match up

Senior Hannah Black hit the white and orange ball over the net onto the hardwood of the opposing team's side. TWEEEEET! TWEEEEEET!

The ref brought her arms across her chest after her whistle blew, indicating the match had ended.

The players in black with orange lettering ran to the middle of the court, yelling and cheering for their win in the first match of the sub-state tournament against Olathe West.

"This summer, we made jokes about going to state," junior Rylee Garrett said. 'We realized if we just kept working together, we had a chance."

Serving the ball over the net and setting up hits in the short corners, the players warmed up for their next game, against Blue Valley West.

The first thoughts going through my head were that we could do it." Garrett said. 'If we just kept playing our game and didn't worry about what was happening on the other side of the net. we could push through to state,"

As the ref checked the Jaguars' rotation, the Cougars huddled in the middle of the court. Garrett gave her team a pre-game pep talk.

"This is it," Garrett said. "We have nothing to lose. We make the ultimate decision if we go to state or not. It's not just gonna be handed to us."

As players returned to their base positions, freshman Vivian Kieffer stepped behind the boundary line and prepared to serve. She pulled her arm back and took a step forward.

The ball flew over the net as BV West players screamed 'Mine, mine, mine!"

"Waiting for the other team to hit the ball back is scary," sophomore Audrey Bennett said, "You have to remember to stay low and be ready for anything."

The Cougars and the Jaguars rallied back and forth, bumping and setting the ball for their teammates to hit until the Jaguars' got their 23rd point.

To help recover from a chaos play or stupid mistakes, I would pull everyone in the middle," Garrett said, "I made everyone stop for a second, just take a deep breath, and just explain what we needed to get [fixed] and keep them calm."

Black looked up at the scoreboard. In reddish-orange numbers, the scoreboard read 19-24. The Cougars were down.

"When we are down, I try to tell myself to take Jone) play at a time," Black said. 'And to remember that I have a whole team here who has my back."

The Jaguars had the serve. Smack

The ball sailed over the net. Garrett bumped the ball for Bennett to set for Black so she could hit it.

Black hit the ball over the net and the

Jaguars returned the blow.

Bump.

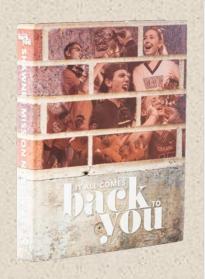
Garrett dove for the ball. It deflected off her forearms.

The ball hit the wall. It bounced on the gym floor.

The Cougars had lost the sub-state championship game.

"I couldn't believe that the season was over," Black said. "It never really occurred to me that I would never play with this team again. Lonly realized it after that game had ended."

STORY BY MATTHEW BUSTAMANTE & Тигим Яснигамия



// The Lair Shawnee Mission Northwest High School Shawnee, Kansas

THE STORY

It's early morning the day of the Homecoming dance, Oct. 6. Girls are waking up to get to nail appointments, hair appointments and sometimes even make up appointments. They spend the entire day getting ready for the evening. Their dates have made sure their tuxes are ready (well, their mom did that) and that the corsage has been ordered (yep, mom again). They will spend the day sleeping or working or goofing around with their friends. These are the parallel stories of sophomore Kendall Toomay and her date Kael Farkes as they prepare for Homecoming.

STORY BY TATUM SCHUERMAN

Toomay woke up and Toomay ran her bathwater and struggled to keep her leg brace dry. saw her light peach and black lace dress hanging She tore her ACL a week earlier on her closet door. playing soccer. "I had to keep my leg up on the ledge The sun was shining. to take a bath, I kept dunking my head right on my dress. The sparkles filled the room." in because I couldn't lie down." Toomay Coomay said. 'It was a nice way to wake up." Farkes got up quickly, and headed to the school to watch football film. Farkes was still 'It was too early to get up, I wanted to sleep. sleep in. Farkes said. Toomay looked out the window to see Farkes holding a speaker. "It was playing the national anthem," Toomay said. "I'm not sure why he was playing that but I couldn't help but laugh." COUGARS

Toomay got her nails painted

"They made my rails really long and sharp, "Toomay said.

Farkes continued to watch film in Room N, trying to learn

a nude color at Le Le Nails.

'My mom didn't think I would be able to put Kael's boutonniere on.

how he could improve for the

Toomay left her house to go take

pictures at The Jay Bar. My favorite part of the night is the pictures, Toomay said. I got to make all these memories with my best friends and keep them forever

Farkes followed close behind,

'The girls had to take pictures until everyone looked perfect, but I just wanted to get to dinner." Farkes said. "I was hungry."

After dancing for five minutes,

Coomay took her 4-inch heels off. "I couldn't handle it any longer, Toomay said. 'If I was gonna dance, I had to take off my shoes."

Farkes followed behind.

'I didn't understand why she would take off her shoes." Farkes said. I get they might be uncomfortable, but seriously how bad can heels be?

COME AGAIN?

Homecoming court shared what they were feeling during crowning



HENRY FEARS

Homecoming King When I was walking up. I was studying the students and wondering how they could choose because I certainly didn't know who was gonna win



NOAH GRUMAN

First Runner Up "My mom has been watching kids win this type of stuff for years, so I couldn't wait to experience this with her and when they said I won the look on her face was priceless."



ALIEU JAGNE Second Runner Up

Having this experience with Libby was the best. We would talk about something like this happening in past years and when it happened we looked at early other and said it was fate'



HANNAH BLACK Homecoming Queen

"I was focusing on not falling. It was only like my first time walking in heels and it was so



MABEL ANSTINE First Runner Up

I was in my own little world when they told me I got 1st runner up. I didn't even hear the crowd screaming



Second Runner Up

I was so anxious. Not about if I was going to win, but standing in front of basically the entire

Toomay exercised to prep for her ACL surgery in five days.

"I wasn't planning on going to Homecoming because of my leg." Toomay said, "but Kael asked me in the funniest way, so I couldn't say no."

Farkes left the school and went home to nap.

"All I wanted to do was go back to bed, so I did.' Farkes said

After learning there would be an

hour wait at Olive Garden, the group

"I was really upset we weren't able

"All I wanted to do was eat!" Farkes

said. "I didn't care where we went, I

to go to Olive Garden." Toomay said.

Thad been looking forward to that

Toomay's mom pulled out Sephora Pro eyeshadow palette as Toomay turned the curling iron on.

"I was trying to multitask so that I could get ready faster, but it ended up being a big mess," Toomay said.

Farkes slept.

After taking a quick

shower, Farkes put his suit on and headed to foomay's house to pick her up for the dance.

I put a speaker over my head and played music," Farkes said, "I played the national anthem because it went with how I asked Kendall.



They arrived at the dance in the NW cafeteria.





just needed food."

of six headed to IHOP.

all day."

"There is something about Homecoming," Toomay said. 'I can't put my finger on it, but

it's amazing"

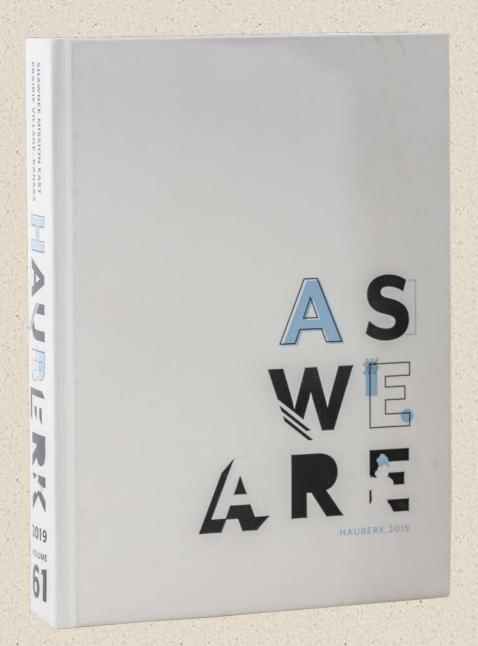
"The dance was okay," Farkes said, "My date though, she was pretty amazing.











// Hauberk

Shawnee Mission East High School Prairie Village, Kansas

EDITORS: Emily Cooper, Hallie Higgason,

Addie Von Drehle

ADVISER: Dow Tate



RAVES from the judges

// Bold, contemporary typography provides a unique graphic voice while unifying the yearbook in a unique way.

// Creative and effective partial cutouts provided a visual pop without compromising the photojournalistic integrity of the images.

Outstanding student-created illustrations emphasized the editorial content.

// The in-depth storytelling goes beyond the traditional story and gives meaningful insight into student lives.



WE ARE

"ON STAGE, I CAN DO WHATEVER I **FEEL IS RIGHT FOR** THE CHARACTER. IT'S A SUPPORTIVE **COMMUNITY AND EVERYONE WANTS EVERYONE ELSE** TO SUCCEED."

SOPHIA EGAN, 12

t wasn't just IB art portfolios and the Musical Review.

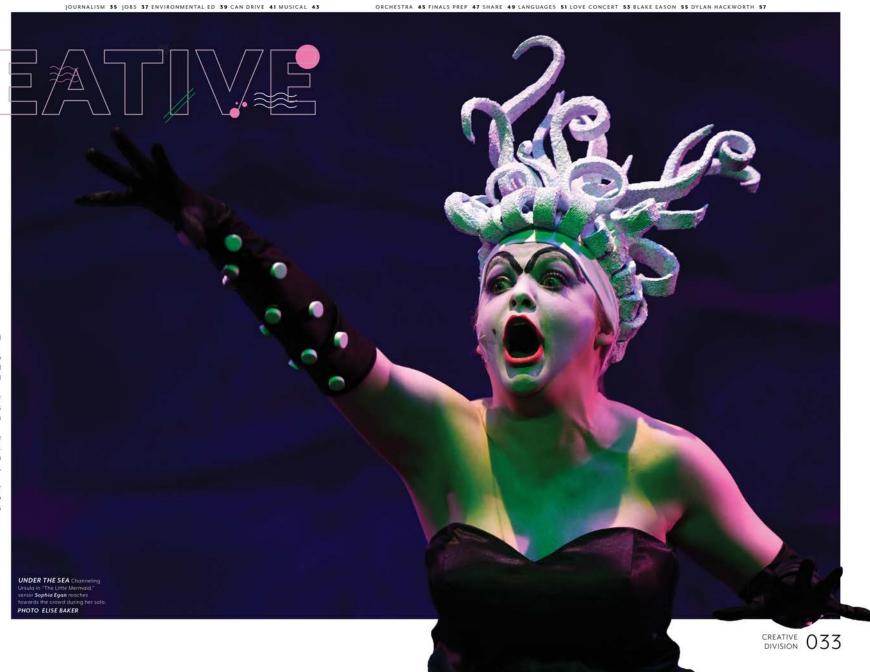
We opened up our Harbingers to find four consecutive pages dedicated to every conceivable angle of the Juul controversy.

We noticed the math classes that thought to survey wholesale companies in search of the cheapest cans to win the Can Drive competition.

Seeing the costumes of "The Little Mermaid" cast, we were amazed. We might not understand how much thought went into each scale and fin, but we knew they looked good.

Maybe we mixed up the sugar and salt in our cookie cakes for Intro to Foods, but our Spanish 3 iMovies deserved Oscar nominations.

We are creative.





PRACTICE OR PLAY?

INDIVIDUAL GOALS AFFECTED THE INTENSITY OF PRACTICE.

PLAY

CLAY FAUGHT, 10

PRACTICE

KATE KOWALIK, 10





TEAM SPIRIT for left At the LOOKING TO WIN below STRETCH FREE below left

PHOTO ELISE BAKER

"It's nice to workout after being inside Piotrowski makes a face at her

PHOTO ADELAINE MARRONE PHOTO MAEVE MCKINNEY







WINDY CITY

Beaham said. "We started going to the Chile Pepper meet and we ran the best we had ever before." Festival meet down in Arkansas, but this year it was ... Runners didn't have to fight the hilly terroin like enough.

Transitioning from going to Arkansas to Chicago / WAS DEFINITELY MORE nners squished together to keep worm in driving together to the meet and having a few days. EXCITED THAT WE WERE the 50 degree wind. Finishing their huddle with the there, runners flew to Chicago and had just over 24 GOING TO CHICAGO.

It was noon when the runners exited the

Cross Country Festival in Arkonsos. It was a yearly got there pretty early in the morning, so we took runners had improved their times at the meet walked around the city*

consider taking a different trip. They decided to go fracture, and a back injury led to spotly attendance the team changed trip locations.

stopped because of a parking issue, coach Tricia tough injuries this year, but we healed up before the hours, straight out of the water,

QUENTIN GROTHEER, 12

At the end of their run, the team waited to hear "I was definitely more excited that we were going about their rank. Each runner comparing their The team usually attended the Chile Pepper to Chicago, senior Quintin Grotheer said, "We new times to previous ones. Nine out of the sixteen

with the other meet, which prompted the coaches to were able to participate. A knee injury, a stress numbing water of Lake Michigan, a tradition before

DESIGN BLYTHE BOLAR . STORY HOLLY FRIGON

■ NY OF THE KARDASHIANS. I'VE BEEN INTERESTED IN THEM EVER SINCE KIM MARRIED KRIS HUMPHRIES.

WHAT TOPIC COULD YOU GIVE AN IMPROPTU PRESENTATION ON?

PHOTO HALEY WOHLER

PASSIONATE 115

STRESSED OUT

JUNIOR STRIVED TO MAKE OTHERS HAPPY AFTER STRUGGLING WITH HER OWN MENTAL HEALTH.

A CLOSER LOOK: AN ANALYSIS OF

COPING HABITS STUDENTS' STRESS AND HOW THEY HANDLED IT.

S THEIR BIGGEST

56% BOTTLE UP THEIR **EMOTIONS**

OF STUDENTS ARE CONCERNED ABOUT THEIR MENTAL HEALTH

JUNIOR DESCRIBED HOW SHE MANAGED HER STRESSFUL SCHEDULE.

DESIGN KIMBALL GOGEL . STORIES LIZZIE MACADAM

OF STUDENTS ARE STRESSED ABOUT **FUTURES**

ARE DIAGNOSED WITH AN **ANXIETY OR** PANIC DISORDER

UNDERSTAND HOW MUCH YOUR MENTAL HEALTH!

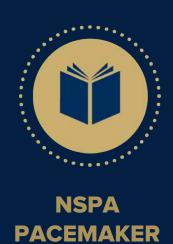
ILLUSTRATIONS EILAH POWEAS

WHAT'S AN UNHEALTHY WAY YOU DEAL WITH STRESS?

WHEN I GET TOO STRESSED I TEND TO JUST PROCRASTINATE

ANNABELLE COOK, 12 -







// Pawesehi

Parkway West High School Ballwin, Missouri

EDITORS: Sophie Pelligrino, Olivia Riemer

ADVISER: Debra Klevens



// Pawesehi Parkway West High School Ballwin, Missouri

RAVES from the judges

// Coverage via captions reports more than just the facts of the year and includes details through quotes and background information. Infographics and alternative copy modules reflect deliberate, intelligent decisions about graphic design.

// Opening copy demonstrates compelling content featuring specifics to this year at their school — names, events, voice.

// Effective use of white space and close cropping highlights images to maximum effect on readers.



// Pawesehi Parkway West High School Ballwin, Missouri

what it takes

ONE Showing the Love During fresher mentor dass, serior Miqueyle Lopez hugs senior Kathryn Kerckhoff, "We worked on social skills a lot, unlike the other mentor classes where we worked on things like activeness and motor skills. I loved spending quality time with them individually," Lopez said. Prote by C. Jadd

TWO Holdin on to the Memories Singing "The First Noel," senior Malik Penton harmonizes with Concert Choir at the Winter Concert Dec. 11. "Being in Concert Choir. after eight years of choir, was one of the most special experiences of life. Wherever I go, I'll always have the memories with my friends to

THREE Fan Club in right plank position, junior Kyle Geraghty conditions alongside his fellow teammates. The team lifted a minimum of three times a week, along with other forms of conditioning. "Games were always nerve-racking at first," Garagity said. "But it was cool to have my friends there saldring me play and dreering me on from the sidelines. It made me feel like it was my moment." Photo by C. Judd

FOUR, Life Long Learner Laufting with senior Kristin Priest, art teacher Peggy Durmworth advises her Drawing 2 class on how to shade still life objects. After 31 years of teaching, Dunsworth retired in May, "I have been a learner since high school. I crawed the critique and I always worked suggestions."













FIVE Empire State of Mind Watching the snow fall, juniors Caroline Briscos, Reagin Ward, Jenna Mercer and Madison Foelsch put their hoods up as they navigate through New York. Marketing students arrived in the city Wednesday, Nov. 14 to attend seminary, shop and explore. I really felt like I was in a

movie," Mercer said. Photo by G Larsen

SIX Tradition of Altruism Stumming junior Jon Ma plays with his band Stir Fry at the Flint, Mich. benefit concert Dec. 6. Five local bands performed at the concert and raised more than \$1,400 towards the Flint Water Fund, Photo by C. Justi





STUDENT LIFE 4

summer 6 homecoming 8 homecoming 10 fall play 12 mellow monday 14 trends 16 spring play 18 mr. longhorn 20 day of service 22 prom 24 graduation 26

SPORTS 28

bays cross country 30 girls cross country 32 bays soccer 34 girls field hockey 36 football 38 softball 40 boys swim and dive 42 girls volleyball 44 girls tennis 46 girls golf 48 cheer 50 poms 52 girls swim and dive 54 wrestling 56 girls basketball 58 boys basketball 60 girls lacrosse 62 baseball 64 boys volleyball 66 bays tennis 68 boys golf 70 girls track 72 boys track 74 water polo 76 girls soccer 78 Non-school sponsored 80

Blowing bubbles for the incoming freshman, Link Crew leader junior Daniel Yu welcomes his mentees. The day before school started, Yu and senior Hira Khan facilitated a group of 25 freshman through an orientation, small group activities and toured their class schedules. "I let my group spray water gurs at their friends while no teachers were around. I thought bubbles would be a nice touch because our theme was a beach thing and who doesn't like bubbles." Yu said, by



CLUBADEMICS 82

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sports teams 166 club photos 182 senior ads 198 index 222



// Pawesehi Parkway West High School Ballwin, Missouri











JUST TAKE A WALK AROUND.

There's a buzz in Hermann's room as AP World students huddle over their notes moments before one of his infamous daily quizzes, hoping for a lucky guess on the impossible banus question.

in the theatre, the company of The 39 Steps rehearses until 9 p.m., working for five months to create a seamless opening night.

WE STAY ON THE GRIND.

Placing fourth in state at chess. Qualifying for the 2019 International CREATE US Open Robotics

Championship.

Clapping back and defeating Central 39-30 to win the Mayor's Cup for the first time in 12 years.

WE SET OUR GOALS THEN SMASHED THEM.

That's why the KEYS program made mental health boxes for study halls and the new Every Mind Matters club thrived.

Why the Art Department brought home not one, but two, awards from the Lindenwood art show.

THIS IS WHAT IT TAKES.

Shining Bright Finishing a fire drift senior Aison Clay awaits her next part in the routine. The color guard team worked on their show litted "The Growing Season" to show how much the program grew over the past four years. "The last competition was very bittersweet. We had a great runof our show and that was very emotional. We all knew that it was the last time that group would be together to create something that amazing," Clay said. Proto



Living the Dynam Performing *One We Are the Longhorns," jurior Emma Wallace lives out her childhood dream of being a cheerleader. Wallace had always considered high school cheerleaders role models. "My stunt group was amazing because we were able to get the sturits up guick," Wallace said, "When I did a stunt. it made me feel powerful because I was actually lifting a person into the air," reuse

ONE Savey Science Examining blue.

water in an Erlenmeyer flask, freshman

Noah Withers explores how to measure

liquids in different containers. "It was fun

a good change of pace from just sitting in

by A Sad TWO Many Faces Acting out

a scene from "The 39 Steps," sophomore

Clare Weaver plays an old Scotlish man.

The actors rehearsed for three and a half

months, beginning in June. Frets by Wagner

THREE Leading the Pack Carrying on

their tradition, junior Miles Ross takes the field alongside senior Jackson Barnhart

and junior Luke Word. "There's nothing like going to a football game on a Friday

night and have a big crowd cheering for

Articulating Through Art Using the

Natalie Butler works on her piece titled

"Right Brained." Butter's concentration

for her pieces was insecurities. "Art is definitely a way to express the things I

see and feel without words. I'm not very good at articulating, but when I do art I

can channel my feelings better," Butter

"Being in the front row and cheering on the football team with all of my friends.

was something I've been looking forward

to since freshman year," Breidecker said.

Photo by C. Auto

Stild, Protectly M. Harry FIVE Friend House of Flashing his signature move, senior Joe

technique of multi directional lines, senior





2 OPENING this is what it takes



// Pawesehi Parkway West High School Ballwin, Missouri

WHAT DOES IT TAKE?

"I worked one-on-one with each of my coaches really focusing on small stuff to tweek and take off time because each second counted. I had to zone in so I could make my time faster."

QUINN BERRY, 11

look good, work hard in practice and meets.



THREE Count On Me Cheering on her sister, sophomore Reese Berry counts the 500 Freestyle on Thursday Jan. 10. The meet was against Parkway South, a rival by nature, and was close through in through. "The entire time I was screaming at the top of my lungs for her to go faster," Berry said. "I knew the time that she wanted to go and I tried to make sure she would get it." Photo By G. Passier







recognition to the Physics and the restricted by \$100 MTH AC also see the Lily Stegerseyer, sophomore Megan Leahy



4000 third by prignational and detections

"photos courtesy of Megan Leahy and Lauren Beard





"I get sidetracked in school and start visualizing my Morning Practice race and thinking about what I can do to improve from my previous race." - Mallory Stirrat, 9

7:35a.m.-2:30p.m.

2:30p.m.-3p.m.

"Meet warm ups are usually crowded and chaotic, but 3p.m.-4p.m. there's always an exciting Head to Meet energy about it that's really "Since I already know how

- Lity Stiegmeyer, 11 to swim, I put a lot of trust in knowing this is muscle 4:15p.m.-5:30p.m. memory and my body Meet Warm-ups already knows what to do. Once the race starts, and I am in the water, I put complete trust in myself and know my body will do what it is supposed to do." - Emma Caplinger, 11 6p.m.-9:30p.m.

10p.m. Go Home. Repeat

has been swimming since she was 11 years old. "I had some really good friends on my neighborhood team so I decided to try it. Liust really loved it and felt that drive to want to keep coming back and get better,

so I just never stopped after that," Newton said. Photo by A. Kappler TWO Take a Breath Coming up for air during the 100 yard backstroke at Marquette Relays, freshman Megan VanValkenburgh propels herself to the wall to finish the race. This was Varivalkenburgh's first meet on the team and her team was ranked in third based off of their previous time. "It was stressful since we were swimming against some really fast people. But in the end, it's not the race that mattered it's really the team,"



"I always tried to think about the corrections I

needed to make and what would be good or bad so I the end so I didn't end up bried to think about what I smacking the water."

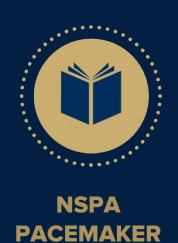
ON JUNIOR CLAIRE LYNN REVEALS THE MENTAL ASPECT BEHIND A DIVI

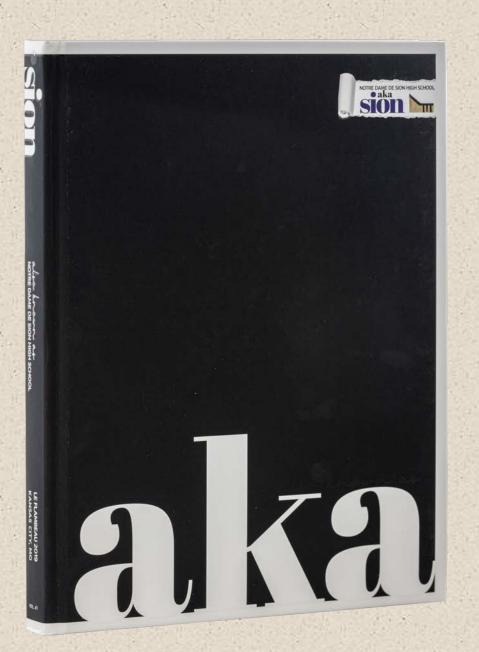
54sports swim and disc

Spread by R. Berry 55

1 always felt so good

when I finished and



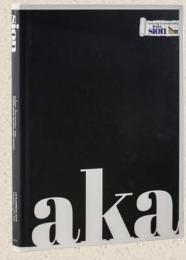


// Le Flambeau

Notre Dame de Sion High School Kansas City, Missouri

EDITORS: Lilly Concannon, Megan Flanagan

ADVISER: Alison Long



RAVES from the judges

// Following a black-and-white cover, the front endsheet explodes with color, detail and visual suspense for the inside of the book.

// Peel-back graphic element throughout the book is genius in its connection to theme, ability to provide additional information and the "wow!" insight.

// Exceptional continuation throughout the book — every spread.







SMAS reflect as crime scene evidence

Tith hair tied back, gloves on and safety goggles in place, senior Caroline Garrison swung the hammer back to strike the pumpkin filled with fake blood. Garrison beat the pulp out of the pumpkin, and fake blood splattered across the white sheet blanketing the softball field.

*My favorite part was getting to see the damage each weapon made on the pumpkin," Garrison

During first hour of a late start Oct. 18, science teacher Erin Paterson took her Forensic THE HANDS ON Science class outside to the softball field. They performed an experiment to demonstrate how blood splatters vary with different kinds of force.

"I just thought it was really funny how everyone went so hardcore smashing the pumpkins,"

senior Melissa Koppers said. "It seemed like everyone was getting their anger out."

HOW CRIMES LIKE

With the popularity of crime television shows, Paterson wanted students to be able to see it happen right before their eyes rather than on a screen. The largest pattern was from the shot put ball. The most spread but smallest-sized droplets were from the hammer, according to Paterson.

"The blood spatter will also tell you handedness of the perpetrator, velocity of impact and how many times the weapon was used," Paterson said. "All they needed to take away from the experiment is that various weapons produce various blood spatter patterns. It is one of my favorite subjects to teach in terms of it being the most engaging for students."

038 Cateber

As she clenches a hammer, senior Caroline Garrison demolishes a pumpkin filled with fake blood on the softball field where the Forensic Science class studied blood splatter from various angles and different types of weapons Oct. 18. "It was really interesting to see how the different tools affected the blood splatter," Garrison said. Garrison is also known as a videographer, photo by Lilly Conconnon

Preparing to spike the ball over the net, senior Caroline Garrison, aka outside hitter, fights against St. Teresa's Academy Sept. 12. For more on volleyball, flip to pages 24-23.



to their own heat aka drum line performed to boost school spirit

According to drum major senior Tempest Malone, drum line was busier compared to previous years with many new performances, including an appearance at the Kansas State School of the Blind, Malone (pictured left middle) led the drum line in their fall sports pep assembly performance Sept. 6, photo by Kothleen

"My favorite part about performing is just being in the moment and being a part of so much music," Malone said. "It makes me so happy to see the crowd being

In between innings at the softball game against St. Teresa's Academy Sept. 12, senior Claire Lewing (pictured left top) performed at her first game. Lewing joined drum line senior year on top of dance team and Stuco, photo by Gobby Grimoldi

"My first year was actually so fun," Lewing said. "I wanted to try because I have hythm and coordination from dance, so I thought I'd be able to pick it up quickly."

To appear more military-like, visual and performing arts teacher Elizabeth Mulkey encouraged drum line to keep their composure during performances. Drum ines originated from the military and were used in wars to intimidate the opponents.

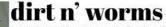
"Drummers would help the soldiers march. Nowadays it still has those roots," Mulkey said. "It's supposed to be intimidating, impressive, clean and crisp which nakes it military-like."

Every Vive Sion Day, drum line performed in the courtyard or by the gym entrance before school. Junior Maya Scott (pictured left bottom) waited for her part the cadence on the Vive Sion Friday Oct. 5 in the courtyard. photo by Dono Kolt

"The sound is definitely different. In the gym our drums are louder but it's harder to hear each other than in the courtyard," Scott said. "Also, the courtyard erformances are more relaxed.



ludak is also known for all the animals sh ares for, including a squirrel and her dog



Pressed to the nines in Halloween costumes, students dissected worms Oct. 31.

Gathered around the dissection tray in Biology, freshmen Ella Rogge, Anna Sheedy and Katherine McCarthy (pictured far left top) examined the inside of an earthworm, photo by

"The worm dissection was less gross than I was expecting and actually kind of cool." logge said. "My least favorite part was the smell. I learned that worms have more than one heart or aortic arch."

During the organ unit, freshman Grace Beelman (pictured far left bottom) peered through the microscope to get a better look at the dissected worm, photo by Kothleen McDoniel

"I thought it was really cool to be able to see all of the organs we were learning about in real life," Beelman said, "I learned a lot about what organs are and how they function. Mrs. Paterson made the dissection super hands-on and interesting."

Before the lab began, science teacher Erin Paterson (pictured left top) held up a glass plate o demonstrate to the class how to properly use the microscopes, photo by Kothleen McDoniel "They had been learning about cellular level all the way up to organisms," Paterson said.

The purpose is for them to actually see a real-life example of what they're learning." After she observed the outside of the worm, McCarthy (pictured left bottom) focused er gaze on the dissection as she tried to cut the worm open with caution. photo by Megon

"My favorite part was seeing how simple the inside of the worm is even though they have o do so much to survive," McCarthy said. "They don't have a respiratory system which was kind

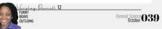
While seriors Chandler Rawson and Liz Oltjen watch from behind, unior Lauren Mead admires her aftermath of karate-chopping a umpkin Oct. 18 where the Forensic Science class tried out variou eights to study different blood splatters. "We got to get out of the assroom and see something we're interested in," Mead said. "At the end, we started messing around so I karate-chopped it." Mead said. Mead is also known to excel at Spanish, photo by £illy Conconnor

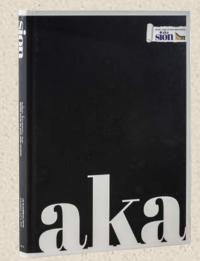
With eyes glued to her target, senior Scout Neely slams a pumpkin filled with fake blood with a baseball bat as her weapon of choice Oct. 18. and senior Anissa McGinnie throws pumpkin seeds back. Obviously smashing the pumpkins was so much fun, but I still actually learned a lot about blood splatter from it," Neely said. eely is also known as the varsity volleyball manager, photo by Lilly

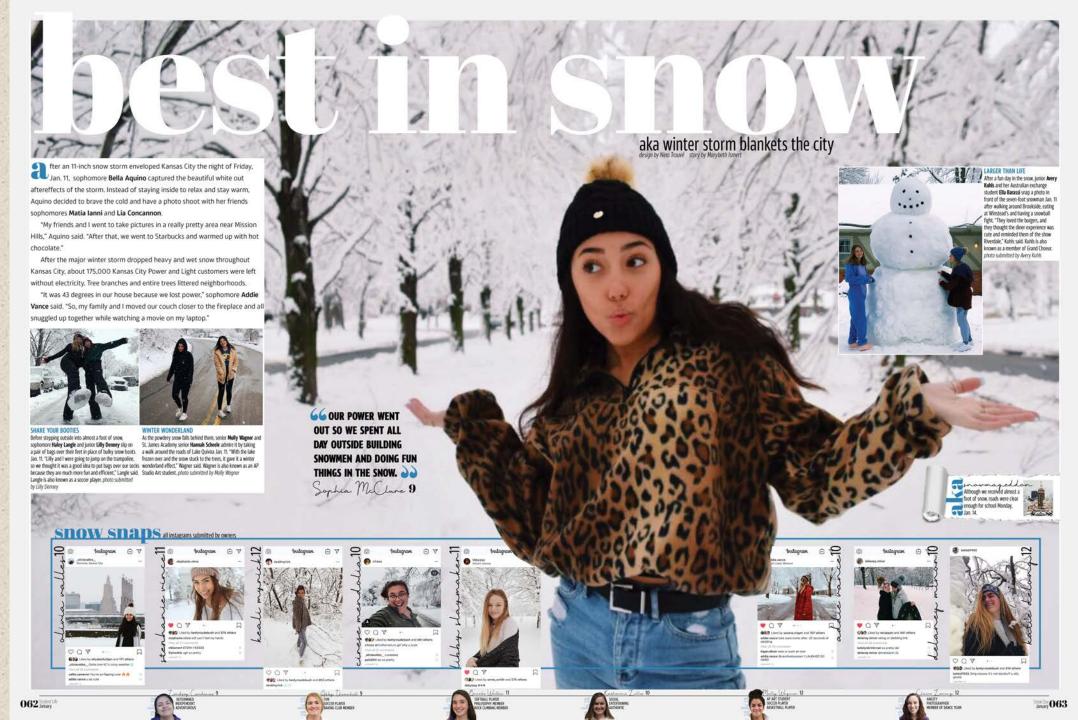


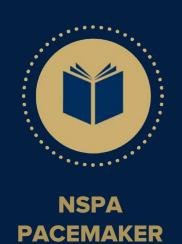


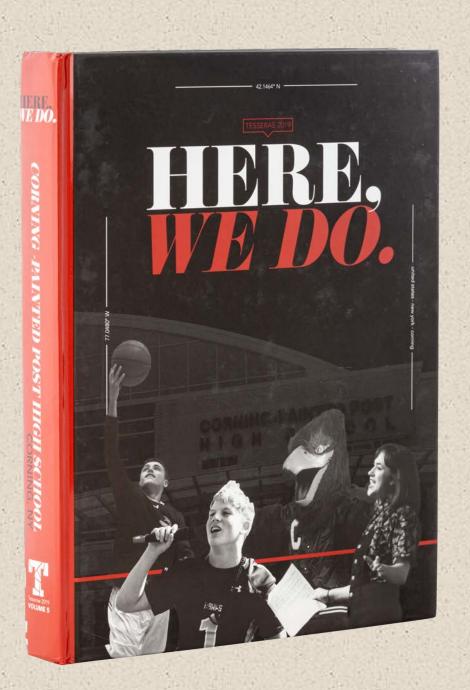












// Tesserae

Corning-Painted Post High School Corning, New York

EDITORS: Kristin Hauptman, Kelly Hoyt,

Lauren Thomas

ADVISERS: Katie Paulison-Harris,

Mike Simons



// Tesserae Corning-Painted Post High School Corning, New York

RAVES from the judges

// Phenomenal photography tells the story of the year beyond and in conjunction with theme and copy. Theme copy is specific to the school, this year and presented in a visually-appealing way.

// Tesserae features an umbrella organization — dividing the book into three sections tied to the concept. The innovation continues with ten packages of jump-coverage "interrupter" spreads scattered throughout.

// Coverage extends well beyond print with an extensive use of companion video.

Groundbreaking Results After an extensive amount of research during

Sectional champions play

and robots go head-to-head here, in the Field House,

Should we continue to show up at the pool at 6 a.m. for track practice?

I don't know, do you want to beat your PR? Of course you do. Of course we do.



// Tesserae **Corning-Painted Post** High School Corning, New York



vacation, junior Jerry Hou tests for biomarkers with the use of gold nanoparticles. "Over the summer, I was researching at Binghamton University with a mentor of mine and essentially we were ng for the presence of a biomarker in a ution," Hou said. "Based on how much biomarker is present, we can gauge how intense diseases throughout the body ere, so we're working on detecting the side biomarker through nanoparticles," photo by Alexis Woodcock where we dream what others won't.



DRAMA AT DENNY'S

Family dinner at the Painted Post Denny's is a tradition that the Drama Club upholds after every Friday night performance of musicals and plays, including this year's performance of 'The Addams Family'

1,954

942 FT

Population of Elevation Painted Post

1953

Year Denny's was founded

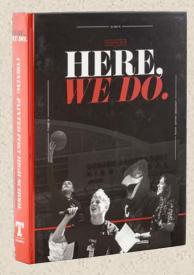
From crew to cast members, all Drama Club students are welcome at Denny's for an annual tradition after Friday night performances.

Before arriving en masse at Denny's, senior stage manager Nicholas Rayeski had the job of organizing the late-night dinner. "I call Denny's and talk to their manager and tell them approximately how many people are going to show up and how long we're going to be there. I don't think I've ever called and they've been upset or said 'no,'" Rayeski said. "'Addams Family,' in particular, left me a little frazzled because our theater director, Bryan Kelley, paid out upwards to \$800 for everyone. That was very interesting to have somebody dish out that much money for Drama Club. He said that he wanted to give back to all of us amazing kids."

Family Dinner As the night proceeds, seniors Deserai Shepard, Cassidy Owens-Kashorek and Sophie Szutkowski order food after the Friday night performance of The Addams Family." It night performance of "The Addams Family." He was complete choos. I don't even think it was about getting the food itself but about taking a breath after the show. We stuck around until 2 to one in the morning," senior Austin Parrish said. The show was directed by Dean of Students, Michael Hurd, photo by Elizabeth Hogrefe







// Tesserae **Corning-Painted Post High School** Corning, New York

"For 'Addams Family,' it was a really small cast, and it was the first time I have been in a show with such a small cast, so it was really nice to be able to connect with each other. It was nice to have a cast of like 30 people that you could become close friends with," senior Jennifer Roush said.

After going to Denny's, Drama Club members thought it helped connect the cast and crew. "I am not exactly sure whether, in a positive or negative way, Denny's helped bridge the gap between actors and tech crew because, as we went on with the musical you get different bonds with different actors and techies along the way, so it really depends on the person," freshman Alexandra Galligan said. "I think it was definitely a great way to get everyone together in a very stress free environment to just chill for once."

As a third year Drama Club member, unior Silas Weiland felt that Denny's closed the gap between cast and crew members. "Denny's is a place where we all can talk freely amongst each other, and that is really interesting," Weiland said. "I would say Denny's definitely closes that gap, or it really displays how small that gap is. When you are surrounded by all of your friends, it does not matter if they are techies or actors. We are all friends and just part of Drama Club."

After the Friday show, freshman Piper Holleran, a Drama Club tech crew member, made a musical connection to the club's past. "There was a guy that works there that was actually part of Drama Club back when he was in high school. He came over to the group and he had a little ukulele and he started singing songs to all the cast and crew members and that was really cool," Holleran said.

At the end of a two-and-a-half hour show, the theater cast was able to relax in the seats of Denny's. "There is an equal amount of chaos in both Denny's and the theater, but it's definitely louder in Denny's. It's way more relaxed because it's after the show so everyone is way less stressed out," senior Felicia Lash said. "This year has been a lot more chaotic than other years, so getting to relax after the show is nice. It's something we do that makes us

Some members of the cast and crew continued the night after Denny's. "I think that Denny's is really a lot of fun. It's like a pre-cast party because you just did two shows, and it's a way to hype everybody up for the next two nights. It's another way to bond and have fun," sophomore David Maxim said. "Myself and six other guys



outfits, juniors Robert Kesterson, Matthe Reif, Otto Sutton and Alex Hoover march in the annual Painted Post Halloween parade. reporting by Adesh Tiwari "My favorite part of the parade was seeing From dressing up in all the little children get excited when costumes to marching they saw us in our costumes," freshman they saw us in our costumes, "freshman around Painted Post, the Catherine Santilli said, photo provided by Robert Kesterson 2. Mons-terrific After a night of music and costumes, juniors Abigaii Dejneka and Talia Christianeen pose for a photo." It was really fun to perform 'Thriller'

with all my friends, and dressing up in costumes is definitely the best part. Usually we all get together to get ready before the parade," Christiansen said. photo provided by Talia Christiansen 3. Honey I'm Home

day Saturday healing ourselves before the

Saturday night show."

Greeting each other with a hug, juniors Jenna Case and Elizabeth Tucker show off their 'Winnie the Pooh' costumes. "This was one of my favorite parades because it's very relaxed and we get to dress up in our costumes instead of playing in our normal uniforms," Tucker said. "It's also one of the first parades of the year and gets everyone ready for the season." photo provided by





HISTORY REPORTING BY LAURA WENTZON HAPPENED HERE

statue has been an area landmark for 125 years. Here are five things you might not know about THE Painted Post

227 years before Twitter, Senecas used an un-painted post at the junction of the Cohocton, Tioga, and Chemung rivers as a message board.

According to local frontiersman, tayern owner and bridge-namesake, Benjamin Patterson, the original post marked the burial site of a Seneca chief killed in the Revolutionary War.

The post was painted in the 1800s by the first white settlers in the area.

The fourth generation statue of Chief Montour that is standing today was sculpted by a Painted Post High School art teacher in the 1940s.

In 1950, the schoolchildren of Painted Posted donated their pennies to help pay for a stone base for the new statue.



. Techies in the Light After their three

and converses while waiting for their food

Even though things are stressful, milkshake

machines are broken, and people's food

comes at a wide variety of times, everyone

At the Painted Post Denny's, the actors and tech crew look over menus while

talking amongst themselves. "Everyone

traditionally gets a milkshake every single

have one," senior Brandon Spaugh said.

3. Order Up With many still wearing their

in their orders. "I don't mind going in my

makeup because I want people to know I'r

in the show," senior Deserai Shepard said.

experiences because I love the cast so much."photos by Elizabeth Hogrefe

"I think this was one of my favorite Denny's

show makeup, the actors and actresses put

time. We actually call ahead and they make a bunch of them for us so everyone can

is still very nice and polite." 2. Bon Appétit

hour show, the tech crew sits togethe

"We all collectively find people we can

carpool with so we head over there in a

huge swarm," junior Seika Dingel said.

Sunday night youth group at Immaculate Heart of Mary RC Church is an important part of their week reporting by Kaitlyn Williams

"I've always grown up going to Sunday school, so going to youth group is very normal to me. I really like it because it's on Sunday night, so it's a good way to end the weekend and start the next week. A lot of my friends are there so we get to hang out

"We start off by having the first 15 minutes in the game room, playing ping-pong or things like that. Then, we go into the main room, and that's usually where our lesson is. We talk about the Gospel and things like that. We also have snacks and usually end the day by going over to the church for adoration for the last 10 minutes.

"When I moved here four years ago, youth group was at Rogers Hall, next to Immaculate Heart. I like it there because it is right next to a church so we can go in there for adoration. There's also a TV game room, which has pingpong and pool tables, and a bean bag room there—it has everything.

"Rogers Hall is where my mom became the youth minister. It's pretty weird because my mom is running it, but I try to make the best of it. I am always making jokes about it and she's always making jokes about it. Everybody knows so we're used to it.

"I like the socialization aspect of it. Not everyone comes every week and there's different people that come each week. I like seeing everybody there. It's a nice way to learn new things because you are surrounded by all your friends.

"Youth group is meant to be fun and different. It's less like a class, which is nice and it's a place you can go to if you want to know more about God. If you want to slowly learn about it or are interested in it, it's a good place to be.

Madelyn Beale, 10









// The Lonestar

Vista Ridge High School Cedar Park, Texas

EDITORS: Cynthia Plasencio, Mason Slover

ADVISER: Jamie Ray



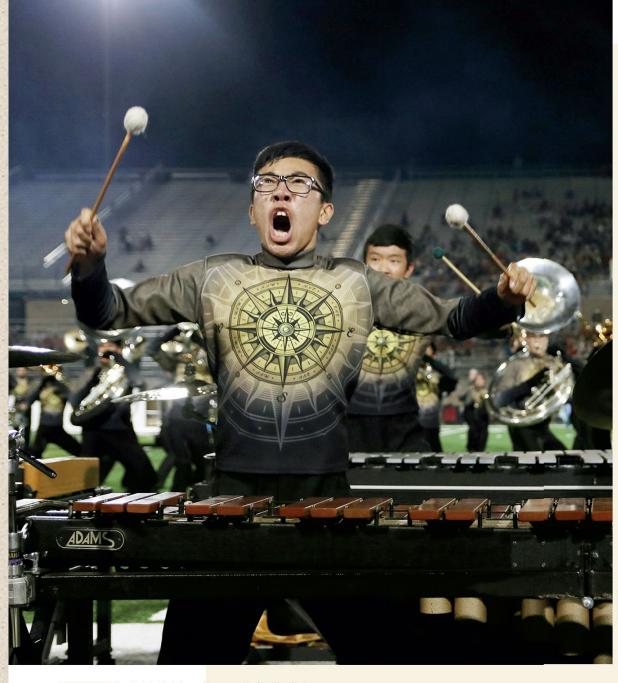
// The Lonestar Vista Ridge High School Cedar Park, Texas

RAVES from the judges

- // This whole book creates feelings of WOW on every page!
- // The Lonestar engages the reader through its theme on multiple levels tactile, emotional, intellectual, visual.
- // Powerful opening spreads contain superb photography and thoughtful, specific copy.
- // Elegant use of serif typography visually defines the yearbook's personality.



// The Lonestar Vista Ridge High School Cedar Park, Texas



Cruising down Park Street at 8:15 a.m.

on Aug. 16, we were

BC calculus class and navigate
the confusing A-building halls.
For two weeks straight in July,
band **busted out** nine-hour days
to perfect "Lost and Found," ultimately

winning the state championship.

to ace Mrs. Lowery's seventh period

hit every note

Playing the marimba, sophomore Benny, Nguyen performs "Lost and Found" during halftime at the Westwood game, Sept. 21. There were 25 students on front ensemble. "I feel like I tell a story to the audience and take them on the ride when I perform," Nguyen said. "Whenever I step on the field, I pour all my emotions in the notes I play. I forget all the struggles I have to deal with and focus on my performance." photo by pracie davis.



// The Lonestar Vista Ridge High School Cedar Park, Texas

that's a

musicians reflect on winning moment



stunning

"Winning was really unexpected. No one hought we were capable of getting always just been a really amazing."



placement announcements, senior flute soloist **Gabi Chavez** interviews with TxBands. During the second movement of the preliminary performance, Chavez's flute broke one minute before she had to perform her solo. "It was high stress," Chavez said. "I've never been so stressed out in my life. I was marching, trying to figure out what was wrong with it. I had to switch flutes with two people. I was on the field making noises to get people's attention, and I asked for a flute. I didn't give anyone a reason until after the performance. I was having an actual panic attack. I had a good 20 seconds to figure out the flute under the box. It was kind of shaky because of everything going on, but I think it was a great run. I felt really bad afterward, and I was crying because I messed people up in the middle of the drill. I was able to calm myself down before my solo, so I was pretty proud of that. The directors thought I was a baller and told me they've never seen a student be so calm in a situation like that. So I felt really good about it after." photo by gracie davis

After their finals performance and





unexpected

'It was unbelievable. I felt so happy. We had worked hard to get there, so I was really proud of us. Band was rough at first, but I'm glad I decided to join."



thrilling

"I was going to pass out. I was completely nauseous. When they called our name I



thought I was going to fall, but everyone started hugging me. It was so exciting."



dreamlike "I felt like everything was worth it. All the hard work the in throughout the season was worth it It felt rewarding. It

Shivani It felt rewarding. It Chidambaram was all so surreal.



color me happy In the first movement of their show, senior Carrington Patrick, junior Makenzi Costa and sophomores Serenity Lopez and Joy Ahn perform their finals performance at the UIL state competition on Sept. 6. The marching band had 276 students enrolled in it. "I'm in the moment [when I perform]," Patrick said. "I take on the character, feeling and emotion of whatever the show is, and I put that into me. All anxiety and nervousness go away." photo by gracie day.



senior soloist Gray Beasley photo by gracie davis







// The Lonestar Vista Ridge High School Cedar Park, Texas

keep calm get down to it

"Wearing headphones gets me in the zone, and ready for the tournament. I'm stressed out before the match but listening to country music keeps me calm and focused."

Five wrestlers place at

Competing at the district tournament at Vandegrift on

Feb. 7-8, the girls brought home second place and

the boys fourth.

Chloe Brandon.

Troy Smith and

Bridgette Bordeaux

and AJ Lofton and

freshman Alexis

Chavez placed in

weight class. "It was the best

feeling ever when

medal on my head,

was getting on the podium and coach

home a first place

"My coaches

and teammates were screaming so everything

medal from district in the girls 128-lb. weight class.

Bordeaux brought

started crying."

coach put the

Brandon said. "My favorite part

For the girls team,

sophomores

Wrestlers seniors

state

district, two advance to

OUR TAKE was hectic," Bordeaux said.

"Keeping a steady mindset and pace was difficult for me.

MYTAKE

Senior Troy Smith

and sophomore AJ

Lofton competed at

state on Feb. 22-23

home third place for

the second year in

ranked second in

a row in the 145-lb.

weight class. He was

district and second

Smith placed first

at district and fourth

113-lb. weight class.

He placed in the top eight at the state

about making state

my last year," said Smith. "Hanging out with AJ for the last

year was my favorite

part." spread by Ali Meyer and Jazra Williams

because this was

at regionals in the

tournament. I was happy

in Dallas. Lofton brought

Brandon placed first in the boys 6A division, placing first in work of the boys 6A division, placing first in

Dylan Wharton 12











you're going down Wrestlers' fastest take-down times lead to successful wins



My fastest take down time is around one minute. I used a blast double. A blast double is whenever you lower

your level, shoot toward them and pick up their legs and move forward, then they fall to their back."

Carley Brandon 9



snake down

"My fastest pin was in 16 seconds during Rumble at Cedar Park. I used a snake, which is where you get them in a headlock and throw your arm back. Then you throw them onto their back for the pin." Lane Randall 10



My fastest takedown was 20 seconds. I crossfaced him and brought the cradle. A cradle is when you are able to wrap your arm around their

shoulder and leg to pin them." Aiden May 9

fast track

ilike how, i get to be aggressive. shaili davis 9

do you even lift? Senior Troy Smith bench presses two 40-lb. dumbbe during practice. The tear worked out everyday to gai an advantage over the other competitors. "I like lifting because it makes me stronge Smith said. "It's important to b stronger than your opponent. photo by ali meyer

the perfect pin Against Vandegrift, sophomore
AJ Lofton puts his opponent in a spladle on Jan. 16. Lofton was ranked second in the nation. "Before matches I feel excited, while I'm wrestling it's natural," photo by charlotte willkins



I LIKE HOW MUCH IT PUSHES ME. I HAVE A REALLY BIG DRIVE TO GET BETTER AND MAKE MY TEAMMATES, MY COACH AND MYSELF PROUD.

Colton Collard 10



do it for the team Jan. 17, sophomore Luke Boatman does a power half ersus a Vandegrift opponent. It as the last home match of the eason and senior night. "I feel xcited when I take someone own because I know I'm going o win," Boatman said. "My team my favorite part of wrestling ney are my motivation because don't want to let them down.



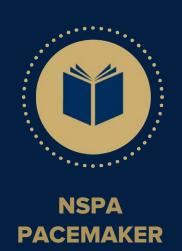


strategic moves Competing at Wrestlemania on Nov. 28, senior Micah Morrow uses a cross face to take down his opponent. Morrow competed in the 126 lb. weight class and won the match. "You can learn from everybody else and that's what it's all about," Morrow said. "When I'm wrestling, I feel like I'm in the best position possible because I love the sport and everything

that has to do with it."

WINTER MOMENTS "Wrestling season starts January, and I'm excited to see how they do because it's fast and interesting to watch." Carson Perreault 9

wrestling 079





// Highlander

Highland Park High School Dallas, Texas

EDITORS: Allie Anthony, Brittany Cooksey,

Halley Ray

ADVISER: Margie Raper



// **Highlander** Highland Park High School Dallas, Texas

RAVES from the judges

// A perfectly chosen font helps visually express the verbal theme, with subtle alterations that appears in different forms throughout the book.

// Outstanding visual/verbal usage of arches with type, graphics and photo composition create a cohesive and consistent message.

// The Highlander displays an effective use of modern white space, modular design, strong storytelling and photography.



// **Highlander**Highland Park High School
Dallas, Texas



MEETING POINT Where the community enters for pep rallies, Carolyn greets you with a smile, and we're welcomed to the dance.

It's why "meet me at the arches" is a common phrase. With a central location to the building and city, the arches offer solidarity among the chaos.

TRADITION & TRANSITION

Where a traditional piece of architecture stands guard over a town built on history and an entrance serves as an emblem of transition.

Built in 1965, renovated in 2001 and set for demolition in 2019, the entrance welcomed generations before us. Yet new buildings and UIL redistricting remind us how our community evolves as we grow.

SUPPORT SYSTEM Where

hundreds gather for state sendoffs, early morning chats brighten up a Monday, and final good lucks are offered before exams.

Brick by brick and person by person, our school is built around us. Much like the arch, without each other our community cannot stand.

Orches Os

TO LEAD THE TEAM, junior Peter Zielke heads down the steps of the arches as part of the drumline during the tennis state sendoff. Two days later team tennis on their 19th state championship.

arches

// Highlander **Highland Park High School** Dallas, Texas

WHAT DID YOU THINK OF INTERACTIVE 'BANDERSNATCH' FILM EXPERIENCE ON NETFLIX?

"I thought it was a little trippy, and I was shocked. I tried to play and get as many endings as possible. I think they should keep doing it, it's really cool."

ANNEBELLE OGDEN, 10

"I thought it was really crazy, and it kind of messed me up after mentally. I kept on choosing the wrong things, so it kept on send me back in time."

"I think "Bandersnatch" was a nice hamage to old supernatural themed shows while doing something new with them. It kind of affects the way I see things because of the sense of realism. SAM BRADY, 9



DURING HER LUNCH IN HER SPARE TIME Jenkins introduces herself to new friends. "My New Year's resolution was that I wanted to try and

make more friends," Jenkins said, "I wanted assignments and to meet new people



"My resolution was

to manage my time

better." Harrell said.

"Last year, I always

forgot to do my

BY TAKING A SIP, Junior PERIOD, freshman Jett freshman Killan Harrell Caroline Lett follows organizes her schedule. through with her New Year's resolution, "My New Year's resolution is to drink more water," Lett said. "Water detaxes your body and clears your skin. It will help me stay more hydrated while running



ON THE SKI LIFT, senior Sarah Fielder takes a break from skiina in Park City, UT. "My friends and I tried to ski every day, but since this is only my second time, I wasn't good," Fielder

COVERED BY SNOW, senior Ashlev Turner makes a snow angel on the first day of her trip to Jackson Hole,

WITH HIS SNOWBOARD, senior Nicholas Morris sits at the top of a slope. "On the trip, my friends and I would wake up, ski in the mornings and in the afternoon watch football "Morris said



ALONG THESE LINES

HP CHILD'S LIFE CLUB VOLUNTEERS AT CHILDREN'S MEDICAL CENTER

IN THE CHILDREN'S PLAY AREA.

junior Reagan Schmidt cleans toys. "We were cleaning the toys because it takes a long time for the workers to clean them, so we were saving them a lot of time," Schmidt

AFTER ORGANIZING THE SHELVES. junior Sophie Jejurikar uses

antibacterial wipes to get rid of germs on the toys.

AS THEY SANITIZE, juniors Jake Moock and Aidan Morrill talk about their experiences at the hospital. "I was in the hospital when I was younger and almost died," Moock said. 'The only thing that kept me happy was toys."





SKI POLES IN HAND, sophomore Clay Van Eaton takes a final stop before skiing down to the bottom. "Skiing in Jackson Hole was a lot rougher terrain than anything I've skied before," Van Eaton said.





As the Christmas decorations want to enjoy and remember come down and the New Year's celebrations begin, students look to the mountains important." for a snowy getaway with

friends.

"To us, it's getting along and get away with friends before spending time together that made the trip amazing," senior together. Lottie Featherston said. "We have grown together this year. Everyone understands that this time, everything has been so is our last time to experience high school together, so we

every second of it. This makes seniors realize what's

For Featherston, the trip was one of the last times to beginning their final semester

"It's sad that this year is our last together, but at the same fun so that you can't dwell on the sadness for very long,"

Featherston said. "On this trip, the focus was to have fun."

As the trips ended and the semester began, reality set in for many. With graduation and college departures looming in just a few months, the last moments of high school were nearing for seniors.

"I think it's really sad. I'm going to miss all of my friends a ton, but I am excited to visit them at their colleges."

SNOW

from school work

FRONT ROW RUSH AT CHAMPIONSHIP GAME

I'l was relieved to get one of the claser seats since there were so many people there early."

NASH HUGHES

[Senior] Halley Ray and I went to every single game this year, and w always sit in the front row." MADDY STEPHENS

We were so stressed the entire morning. We went through the press entrance to get in early."





// Highlander Highland Park High School Dallas, Texas



Jordan, expands the content something creative with it." of the publication. Graphic content ranges from artists who strictly work with a pencil with art. She doodled as a kid and paper to

artists that have transitioned to working digitally. Jordan is somewhere in between and is always prepared to challenge her skills when asked to draw

"That's the thing with McKenna," Bagpipe adviser Aaron Smith said. "She can touch on a lot of different varieties, so she is always able to create just what we wanted, comes to her art. even if we didn't know exactly what we wanted until we saw

it. She has jumped in and been encouraged me to pursue art

she'd been experimenting

really creative and been able and they kept supporting me spirited sketches, the Bagpipe's to take some of the simpler and throughout the years, even 'Oh well, this isn't that good,' Jordan's passion for art

graphic artist, junior McKenna focused stories and really done though sometimes I feel like Ever since Jordan was little, and they were like, 'We think it's Bagpipe staff said that she great, we love it," Jordan said. brought a visual interest to

> "She has jumped in and been really creative and been able to take some of the simpler and focused stories and

really done something creative with it."

and took every art classes she extends past her involvement something for the next spread. One of her first memories regarding art was when her grandparents bought her very first watercolor set. Since then, organizations such as her grandparents have been

> "My inspiration is my grandparents because they

could once she entered school. in Bagpipe as she expresses Jordan also immerses herself in multiple other on-campus Academic Decathlon and is a her biggest supporters when it member of the art program for her entire high school career.

"McKenna being involved in AcDec and lots of different clubs and organizations and things like that, it's tough, but up to this point she's never let பs down," Smith said.

Jordan's peers on the spreads, incorporating the right

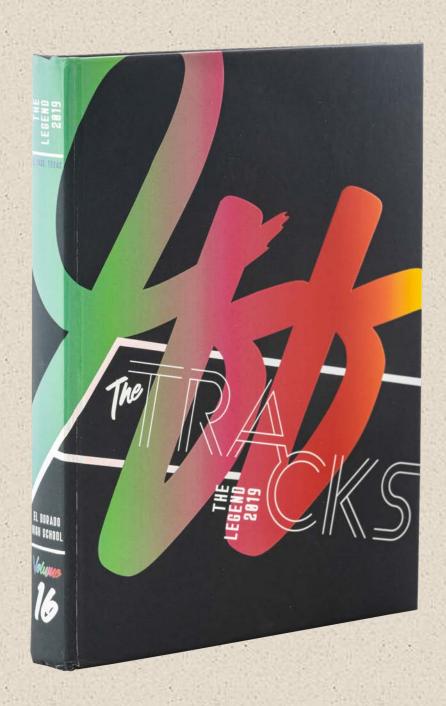
elements needed to eye to the page. Her Editor-In-Chief, senior Virginia Fielder, claimed that because of Jordan's

art, the Bagpipe gained more viewers and that she found new interest in attending art school. ways to implement art into the

"It's just practice, practice, practice," Jordan said. "I did things over and over again until I got to where I wanted to be. I'm still changing as we continue throughout the years." Stary by Shaye Wattson & Margan Williams







// The Legend

El Dorado High School El Paso, Texas

EDITOR: Ariana Arredondo **ADVISER:** Vanessa Martinez



// The Legend El Dorado High School El Paso, Texas

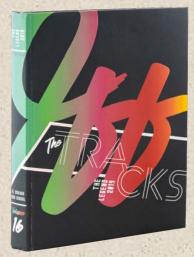
RAVES from the judges

// A WOW cover introduces elements of the year through color, graphics and type.

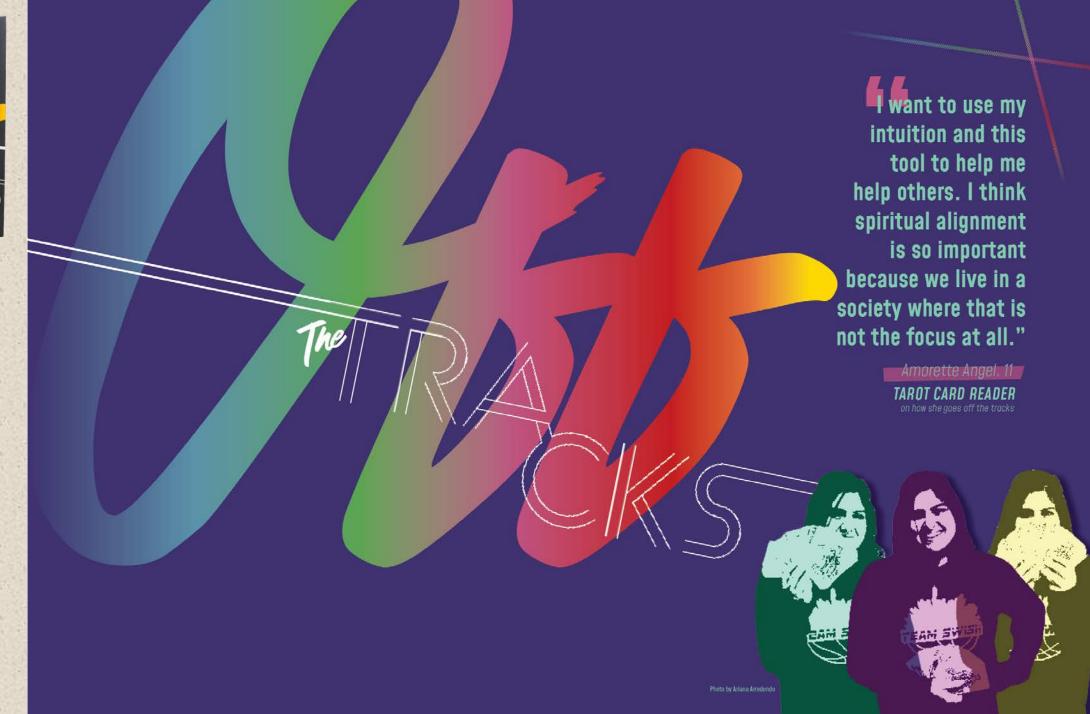
// Graphics are fun, yet executed in a sophisticated manner.

// Theme packaging and copy exudes a strong student voice.

// Photography provides a strong sense of location and identity.



// The Legend El Dorado High School El Paso, Texas



// The Legend El Dorado High School El Paso, Texas



ABUNDANCE OF



strengths for relay

eartheat begins to race as senior Alex Milan waits for the sound of the gun to go off signaling the start of the 4x4 relay race at the Hanks High School invitational track meet. Senior Ray Blanks and juniors Amil Smith and Miguel Nunez anxiously await for their turn to grab the baton and run down the track.

The four boys only began running together at the start of the 2018-2019 track season after Track Coach Paul Pearson saw their potential to be a medal winning relay team. They each had the fastest times in the individual races so ultimately Pearson saw it fit that they work together.

"The proudest part of running with them is the fact that we support each other no matter what the outcome might be. I love that we don't only run for ourselves but for one another too." Blanks said.

Throughout the season the boys have had to focus on Improving their ability to keep a good pace throughout the race. According to Smith, who is the third leg in the relay, they have struggled to remain consistent throughout the race.

"We, including myself, need to practice more on keeping the first place position that Milian usually leaves us off in. ". Smith said. "We have to learn how to maintain the lead we start off

After all their practices, their proudest moment of the season thus far has been the America's Invitational where the team was able to place first in the 4x2 and the 4x1 relays at the SAC.

"I've seen a lot of progress in us throughout the season. We have been able to come together as a team and establish a bond". Nunez said.



ophomore Syniah Smith explain the pros and cons to running on the same team.

otivating because it makes me want to comforting to know that we both want one

I feel a little bit of pressure having my sister on the same team as me because she always does great in her events, so it makes me feel as if I have to also. At the same time. I am very proud of her because it is her first year on varsity," Amil Smith, II

TRACK

see group photo on page 273 "My next move is to pack up for Georgia." Sidney Mackey, 18

other and sister junior Amil Smith and

// The Legend El Dorado High School El Paso, Texas



for our new intro to be written -

To start with...

We walked down these multicolored halls countless times. struggling to hear the latest tea over the sound of the "Tokyo Drift" tardy song.

We slpped our morning coffee from Durkin' and smuggled it into our first period class.

We chanted the bight song and watched our cheerleaders tumble. We marveled at the murals in D200

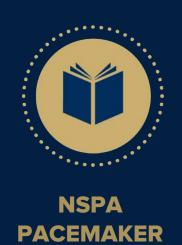
We were the lead in the play, "Night of the Living Dead"

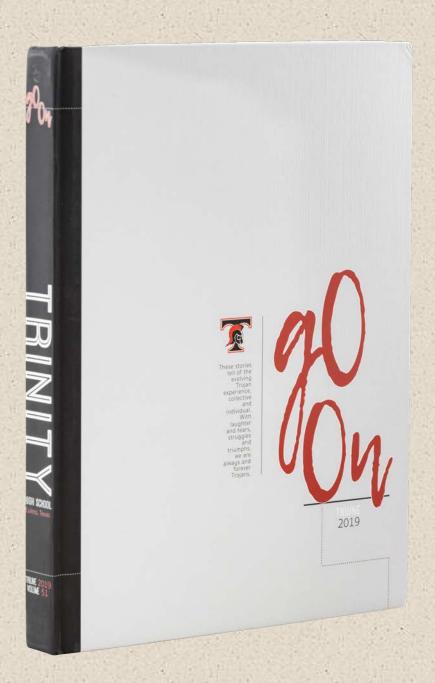
We were ranked the eighth best girls soccer team in the state of Texas.

We qualified for state in the VASE art competition.

We depied expectations. We made our own rules. We carved our own path.

But most importantly, we go Put the

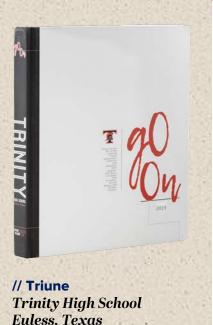




// Triune

Trinity High School Euless, Texas

EDITOR: Jordan Edwards **ADVISER:** Christine Davis



RAVES from the judges

// The Triune is jam-packed with content, but the design still feels open.

// Great care was taken in the index to distinguish between individuals, events, groups and subjects — reference tools were user-friendly.

// Color choice was intentional and effective in its simplicity and allowed content, photos to shine.

// Strong magazine-style, modular design, well-executed.

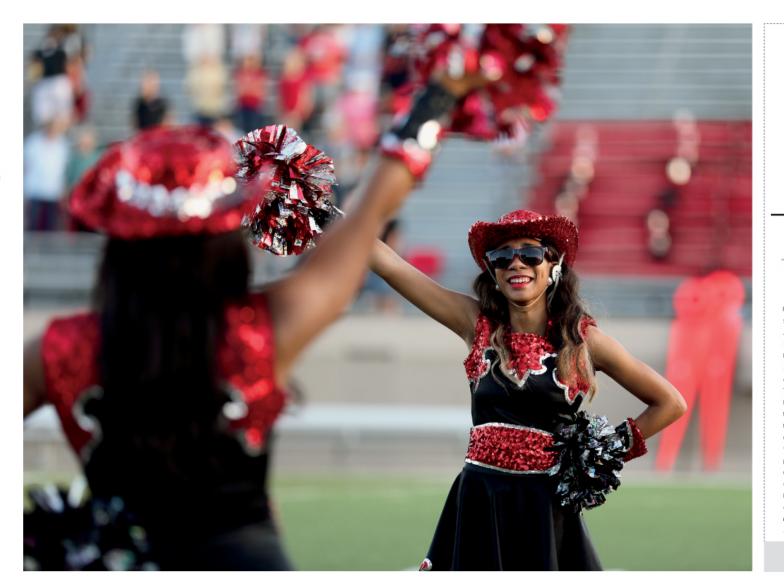
// Triune Trinity High School Euless, Texas

90n

TROJAN STORY BEGINS HERE

As soon as you set foot on campus at 500 N. Industrial Blvd. one thing become clear: the devotion to charting new courses is inherent in everything we do-from creating works of art to implementing charitable programs, we make it happen. In fact, look closer at where we have been and see we've changed. We have set records, earned recognition, established ourselves as leaders and the list goes on. Beyond this we become equipped with powers of discernment, sense of self, sense of pride in Trojan Nation that serves as the strong base that allows every Trojan to become the change for tomorrow. This devotion to progress is expressed here every day, in big ways and small, on campus and off, by students, faculty, staff and alumi. Despite our diverse perspectives, we are all rooted in a forward motion. No matter the challenge, the climb, the celebration, there is no doubt that every Trojan story gees eve...

-Jordan Edwards



TELL IT

PRE-GAME. During spirit lines, Jamesiah Black, 12, and Jirah Moore-Wilson, 12, sing the alma mater. The Troy-Anns lined the field to extend the tunnel in front of the stands. "Standing, proud, in front of the stands, watching the boys run by was incredible, Hydek said, photo--Asher Thue



// Triune Trinity High School Euless, Texas

Students new start

The fall trimester marked a time of beginnings. Whether students stepped onto campus for the first time or for their last first day, students faced new starts and new stories.

NEW TRL NEW LIFE.

epoplys Fall

Numbers tell the story. With 12 weeks, 5 classes, 7 hours a day, 420 hours, the first trimester started the story. Each trimester students received their new schedule, a new life for the first third of the year to come. A new schedule could intimidate or it could inspire. With every new chance to learn students gained a new story to tell.



WALK ON-WALK OFF

On the field for pre-game, Lauren Carrigan, 12, and fellow Troy-Anns get ready to go on for the soggy show. The October 12 homecoming weather was far from perfect so the team had to go with the flow. The rainy event included setting up a formation to accommodate the umbrella clad homecoming court and having alumni dance along with them, photo-Michaelo Burda



All smiles volleyball player Finau Fakahula, 12, stands with her best buddy escort before the game. The volleyball team loved to show their support for the school by holding a Best Buddies game September 25. Being able to walk on the court with their fellow students and number one fans was a story worth sharing.



BUTTERRY, Waving her dress as a part of the half time show Faith

Nduwarugira, 11, executes her moves.

Performing with her friends

under the lights gave

her the best feeling. "I felt satisfied when

we gave a good performance. Naturanogina.

Said.photo-Asher



FROM BEACH BABES TO **BOOK WORMS** WELCOME TO SCHOOL



At the Dallas Zoo, senior ESS students explore. The field trip focused on animal habits and habitats. From stories of field trips to weekend trips, students took a little time to study the world around them, photo



everyday after school, which was fun, getting ready for our show," Adress Eagle.

"I always looked forward to going to football games during first trimester," ANSTIN SMITE 11, said.

"I has supportive peers, and that class was one of my favorite," Algoon Linery.

"Going to pep railies was

rward to," Mrdifer foregreenic 11, said

CLASS

"I always looked forward to Law and Public Safety," David Maldonado Cortes, 11, said.

Advanced Artists share through new shows



Explaining her self portrait, Emily Miller, 11, tells about her progress at the inaugural IB art portfolio show. At the breakfast event at the end of the trimester. students invited guests to view their works. Lunch and dinner events were planned for the next two trimesters to continue sharing their stories, photo-Lauren Adams

Talent diversity was celebrated across campus with displays of creativity.

GET LIKE US

During Friday night football games the student section cheered and celebrated. Before, during and after their energy never waned. Showing their supersized support for the Trojans made for an exciting event, on and off the field. photo-Asher Thys



NOTHING BUT VIEWS. On a nature walk Jordan

Edwards, 12, hikes Red Rock

Canyon, Nevada was not just all flashing lights and casinos for Edwards, "Being able to see the other side of

the state was cool," Edwards said, photo-Kuk

BINIT

// Triune

Trinity High School

Euless, Texas

1013





the most beautiful form was





















Students celebrate the sun, summer season

PADDLE HOME. As he kayaks through Lake Calhoun Alexis Summers 12, paddles his way down one of the largest lakes in America. He and his brother bended ever their love for the water. "This was my favorite memory from this past summer. We were celebrating my brother's bachelor party," \$444487\$ said.



MODEL TIME. Soaking up the summer sun, Robertson Brito, 12, oses for a photo. Robertson enjoyed his time with his family and friends in California. "Modeling was something I had alivaus wanted to do t was just fun," Kriço Said, photo-Robertson

SALING AWX Taking in the view, Neosha Sagani, 12 goes whale watching in California. They had never soon whales before, in person. "My friends and I

wanted to take a trip so we decided to go to California and do adventurous things Sиgvipii II Said. photo-Swethe

GOAL REACHED

A trip of a lifetime

As Swabhav Mukhia, 12, ponders over the tall mountains, he enjoys the summer breeze. Mukhia visited Colorado after finishing his junior year. "I am so grateful for my friends, Shwetha and Neesha, for getting my tickets to visit the Rocky Mountains," Mukhia said.

photo-Swabhay Mikhia

ADVENTURE AWAITS Senior takes journey of a life time to country of Kenya

OH THE

PLACES

As summer rolls around, students excite themselves to see what adventures are in store for the next three months. For one particular student, Mahek Zindani, 12, the summer was busy; she had the opportunity to travel to Kenya and volunteer in a service project.

"I was selected as one of the thousands of applicants to spend a month WE in the beautiful country of Kenya. It was a fun filled trip which included volunteering at a school, enjoying a safari, spending time at the beach, and creating life long friendships," Zindani said.

She volunteered at an all boys school called Tom Mboya, where she and fifteen other participants implemented a creative arts program while they also fixed a run down multi purpose room. She also had the opportunity to bond with the students there and put her leadership skills to the test.

"After speaking with the headmaster of Tom Mboya, we realized that the school was heavily focused on academics, and there was no creative outlet for the students,"Zindani said. "Our group built creative arts curriculum and worked along with the teachers and students to cater to their needs,"

-- Jordan Edwards



Besides sponding her time volunteering Mahek Zindani, 12 took part in a few excursion activities as well. She had the opportunity to try new things. "I learned about the culture of Kenua, spond timo current projects implemented to improve the state Zisdopi. 12 sald.



RIGHT TRACK. "Our work was at a resort, and definitely not done learned about along it was a along it was a mutuality of an experience.

Zinfipi. 12

6 SUMMER STOPS



SEASIDE. Spending time in the sand Karson Miller, 11, takes in the sun. This vacation was fulfilled with sun bathing, shopping, and taking a trip to the famous Disneyland. "Being in the California sun for hours was so relating and so lavish," Miller said. photo-Alexis



Celebrating France winning the world cup, Kailey Reyes, 12, walks down Versailles, France. She was enjoying the scenery on the way to her hotel. "It was amazing to see all the excitement and experience celebrate," Keyes. Said, photo-Kalley



12. senior gram," Bypyg said. photo-Alexis



SENIOR SUNDAY. THE BIG APPLE. In action, William Dang, 12, takes Touring New York City, Devin D'Sourà, 12, hits the famous pictures during the summer at a Statue of Liberty. Being in New York picture perfect spot in Grapevine was like being home for him. "It Photography's all was such a cool about the story behind a photo the statue in real and there's no botter story than life instead of just from pictures, grabbing chill pictures for the 175 every, said.



HIGH FINES Adding more fingers to get stuff done Amber Bendersky, 11 plays around and stops by collectible store on her trip in New Medco. There was an so many fun knick knades in this store that vere so furing but these were my favorite," Beyfersky: said. photo-Alison

Bendersky



YOUTH SUMMIT

Attending the SMU Embrey Human Rights Summit our own

Smriti Lamichhano, 11, Khanh Smrtu Lamichnano, 11, khann Truong, 12, Daniola Gonzalez, 12, Asher Thye, 12, Alina Yoo, 12 take initiative to learn more about

bringing awareness about human

rights to trinity. "It was such an amazing experience to get to plan

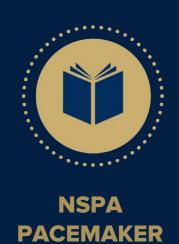
a human rights project for our own school, Tage said.

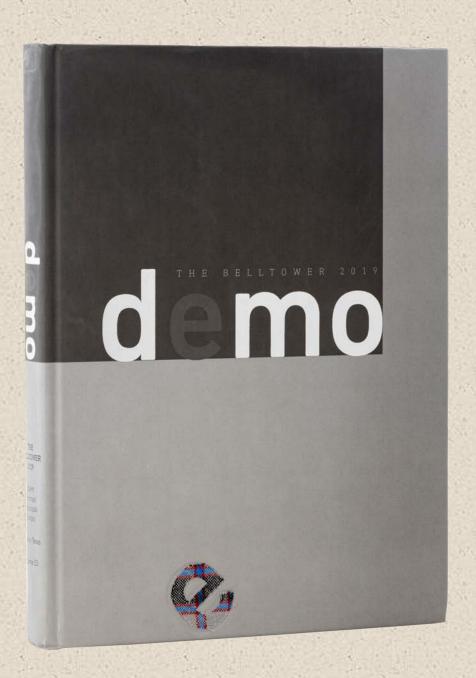


"Spending every mament with my friends in Jersey before I moved was a great

> Bishing Agraphy: 12, said "I went to Florida for a month and it was so nice to be able to be out on the beach" Jossian Gryngian.

from Indiana and it turned Maggavip Seposiae, 12, sold.





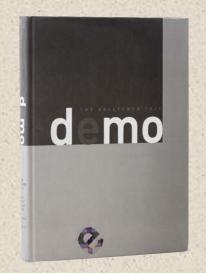
// The Belltower

St. Thomas' Episcopal School Houston, Texas

EDITORS: Sydney Bloesch,

Irene Fueyo-Gomez, Jill Williams

ADVISER: David Graves



// The Belltower St. Thomas' Episcopal School Houston, Texas

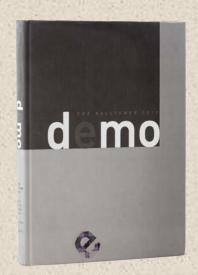
RAVES from the judges

// The Belltower demonstrates a deep commitment to in-depth reporting — especially in profiles.

// Opening copy echoes visuals established on the cover making a strong verbal-visual connection throughout.

// Superb integration of all thirteen grades throughout the book.

// An overall strong attention to writing — leads in particular draw readers in.



// The Belltower St. Thomas' Episcopal School Houston, Texas

Upper school explores Greece and Italy

HE best moment? Okurr, give me a minute to think. I need to look at Wanr's [Jill Williams '19] video again, it's kind of all a blur," Katherine Begala '19 said.

Paige Hernandez '19, however, knew exactly what moment she missed the most.

"One morning when we were in Rome, it was like the second or third day we were there, I think, and I was alone on the roof of the hotel, and I just watched the sun rise over like the entire city, and there were mountains, and you could just see everything. It was so beautiful and really peaceful and amazing."

While some recounted moments revolving around scenery and the locations themselves, Emily Schwartz '19 remembered being with

"Either Jackson Barr ['18] begging random strangers for money in Santorini and dancing for a banana or me and Sydney [Bloesch '19] watching Zumbo's Just Desserts on the bus and annoying every single person around us," she said. "Or when we did that dancing and Zumba on the deck on the cruise. That was so fun."

The consensus was if you can go, go.

"You better get your booty on that plane and go if you can," Paige





Shook | During an afternoon meal in on herself." Kathryn said. Tour guide Jill Williams

Fishies | At a small spa, Gabriela Wellham Pompeii, a guitarist performs Italian songs '19 shrieks as small fish remove the dead skin for Hannah Huston, Kathryn Schwartz and from her feet. Teacher Amy Ernest suggested Rocio Casal '20. "He came up behind us and that the group wait for the fish treatment until really scared us, so Hannah spilled ketchup they arrived at Rhodes because she knew a spa there from previous trips. "It's kinda Michael Zolotas liked leading afternoon a tradition to go there. We saw the older walks that usually ended with food. | photo classes' Insta posts about it, so we really wanted to go," Jill Williams '19 said. | photo Jill Williams

> "I do not mean to wake you. but there are five Ferraris in front of us." - Michael Zolotas, Tour Guide







group to return. Ava Graves and Iill Williams '19 rinse off a head of lettuce in the streets of Olympia. As soon as the group got off the ferry, Ava and Jill located a grocery store in order to get their fresh produce fix. "I just really wanted some fresh vegetables because we ate pizza and pasta like four nights in a row," Jill said. | photo Jill Williams

Climb | At the tomb of Agamemnon in Mycenae, Greece, Jack Riley Campbell, Caleb King and William Songyang '20 pose for photos by Chloe Cox '20 and Marley Roberts '19. They had just climbed a steep path to the top. "If you're up on the ruins, and you look down from the ruins, you can see a formation of hills that looks like Agamemnon," Caleb said. | photo Jill Williams









During karaoke night on he Greek Islands cruise, Josh Bowlin '20 trips while performing "Take on Me" with Jackson Barr '20, Josh pulled his Achilles and spent the rest of the trip on crutches. always let myself go when it comes to araoke. I was having a good time, then I

d mo

// The Belltower St. Thomas' Episcopal School Houston, Texas

VIOLATIONS

poses with his stuffed animals. "It started off as like two, and I was like this is dope, then I got one more and then another. Before I knew it, I had like 30." Some students and teachers parked in a small portion of the Meyerland parking lot since the normal parking lots were not big enough. | photos Irene Fueyo



Students struggle with new parking situation

■ NTIL Hurricane Harvey, students, faculty and visitors had parked in the large lot across Jackwood for decades.

Within days of the hurricane, parking moved across Endicott to another Meyerland Plaza lot as 17 temporary buildings went up on the

For 2018-19, parking got worse. HEB began construction of a new grocery just north of the school and took most of the Endicott lot for construction staging.

The shopping center management agreed to

allow limited parking in designated areas, but there weren't enough spaces.

Cristina Arquelles '21 had to move her car one day because she parked in the front row across from the school. "I don't see why we shouldn't park there," she said.

Jakoby Flores '21 had to move his car in the middle of the day so that he would not get

As the year went on, enforcement seemed to relax, but there was the nagging worry that one day a car would be towed.





Tess Anderson '19 | photo Jill Williams



on the first day of school, security guard Ralph Fernandez stops traffic to allow students to cross the street. Ralph was known for giving people high fives, fist bumps and wishing them a 'Happy Friday'. "One day it was raining and Ralph seemed very concerned by the fact I didn't have jacket on. He just really cares about the kids and the people that go here," Sydney Bloesch '19

said. | photo Emma Phillips



VIOLATIONS uniform

Shattered | On January 11, 2019, Whitney, Miro Nazarian's '19 car, lies damaged in the Endicott parking lot. In the middle of yearbook class, yearbook adviser David Graves received a phone call from senior homeroom teacher Andrew Hughes to send Miro Nazarian to him. "Mr. Hughes wanted to go down with me so I wouldn't flip out, but I wasn't expecting what I saw. I then went to the lot myself and Mr. King told me someone broke into my car," Miro said. | photo Miro Nazarian

After school one day, Alex Vatrachki '21 and Lukas Von Loh '20 jump onto the sides of Ava Barcelo's '20 car. Ava only drove about two feet before the two got off. "We just hopped on and told her to drive us somewhere," Alex said. | photo Jill Williams

"If I had a choice, I would wear the Friday polos everyday because its Dri-FIT®." — Kat Lazor '20

d mo

// The Belltower St. Thomas' Episcopal School Houston, Texas

Taken aback In her last role with the theater department, Miranda Graves '18 plays Madame Geronte, the liar's mother. Miranda had a role in every production since she was in sixth grade as well as roles in several outside productions. "It was such a hilarious and exaggerated character, so I had a wild time," Miranda said. | photo Irene Fueyo



Rage To enact his character's anger, Jackson Barr Interaction | Playing Lucrece, Becky Gray '22 wraps his hands around Lucy McLean's '20 neck. "I acts with Sophia Fox '18. "That scene in particular become Alcippe, and I feel rage. It's an irrational was especially fun because I was on stage with a rage," Jackson said. The two played a pair of best truly talented actress, who was easy to play off of friends—with Lucy in a role that was originally and a joy to be around," Becky said. The previous male. Because of this, she had to spend extra time December, Becky had a major role in AD Players' on learning how to walk and hold herself like a main stage production of *The Best Christmas* man. | photo Janus Yuen

Pageant Ever. | photo Irene Fueyo



Spring 2018 production draws laughs

FTER unsheathing his sword, Jackson Barr '20 stormed onto stage and thrusted his rapier between Josh Bowlin's '20 eyes as Juan Fueyo '18 backed away. With the point hovering inches away from Josh's face, Jackson continued to advance.

"Each night I kept getting him more and more off the stage," Jackson

But opening night of the spring play, David Ives' The Liar, Jackson came on in a hurry, forcing Josh off stage and against the far wall of the theater.

"But he still kept going, so I started sliding down the wall," Josh said, "I was on my back with my head pressed against the wall and the floor."

With nowhere left to go, they froze. Caught off guard, the three realized they had lost their place in the script. They looked back and forth for a beat, hoping someone would remember and break the silence.

"I never sought Clarice," Josh said.

Jackson paused, noticing Josh had skipped a line.

"It's true! He loathed her," Juan said as Josh slowly stumbled back to his feet, continuing the scene as though that was supposed happen.

"We got a big of chuckle from the audience," Jackson said.

The Liar was a comedy about a young man, played by Josh, who weaved a net of lies in order to attempt to court two different women. The plot was further complicated by a set of twins, both played by Sydney Bloesch '19.

"It was kind of scary because they are my moods. I am both of them, sometimes I am more bubbly like Isabel and sometimes, I want to bury my little brother in a hole in Guam like Sabine," she said.

The cast included five seniors, three of whom were actors and two of whom were stage crew. All had been involved in theater for four years or more, and this show was their last before graduation.

"There was a bubble in my chest, because I was so excited to move on to college theater and new opportunities, but I was also so sad to leave behind the STE theater," Miranda Graves said. "It was wild to think that I was standing on the same stage where I started acting, but I was a completely different person."

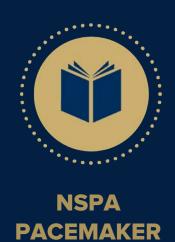


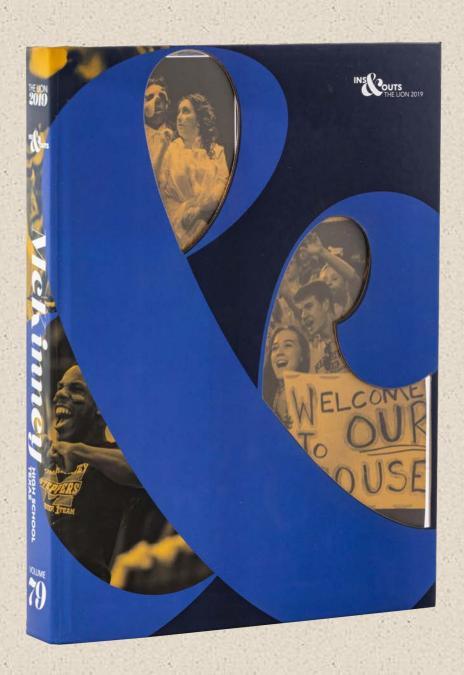
Fenced off | Hiding behind a fence, Sophia Fox'18 leans back and forth while talking to her castmates Josh Bowlin and Becky Gray. "That was one of my favorite scenes from the show," Sophia said. "The word play in that show was hilarious, and I loved it." The script for the play was adapted from a seventeenth century French play by Pierre Corneille. Although most of the jokes were translated, the cast still had to learn how to pronounce several French phrases, I photo



Breaking the wall | Making eye contact with audience members, Juan Fueyo '18 breaks the fourth wall. "Speaking directly to the audience felt really vulnerable, and it was definitely something that took me a while to feel comfortable doing," Juan said. Juan almost didn't audition for the play, but made a last minute decision to try out. He ended up as one of the main leads, driving the plot of the show. | photo Irene Fueyo

"The Liar had the hardest text most of us had ever worked with, so the cast had to really bond together to work out the complicated plot and wordplay." — Juan Fueyo '18





// The Lion

McKinney High School McKinney, Texas

EDITORS: Sydney Anderson, Lexi Harris,

Kayla Thompson

ADVISERS: Alyssa Boehringer,

Curtis Christian



// The Lion McKinney High School McKinney, Texas

RAVES from the judges

// An excellent example of using a plexiglass cover as a relevant design element as opposed to a gimmick.

// Photography provides the best of emotions, reactions and composition. Readers feel like they're in the moments.

// The Lion contains special fold-out content to advance the story and the emotion of the book.

// Graphic design stands out — especially use of white space to highlight and emphasize elements.





// The Lion McKinney High School McKinney, Texas



We weren't sure what we were in for when school started.

Freshmen were figuring out their schedule and where the heck H-hall is (and so were some seniors).

We waited in Ms. Woodson's classroom reading "On the Come Up" for the new #ProjectLIT club.

The seniors made a massive group chat to plan the perfect senior prank.

We all rushed into the new Sperry Performance Center when we thought tickets for Phantom were sold out.

And when Mr. Arbabi told us after morning announcements, "You were born inherently good," even though it was kinda cheesy, it let us know that when we were at McKinney High School, we were

in.



SETTING A GOAL

EXPERIENCING NEW THINGS

o help as much as possible."

In a small group, freshman Ivan Frenandez meets

with other newcomers. The newcomers meeting

eachers," Ivan said. "They worry about you an try

nappens every six months for students new to he United States. "Hike that you get help from In mid-air, freshman Marissa Dansby tries to clear the pole vault. Her best height was 5'2" I'm not exactly where I want to be."



On the field at the football game, senior Katherine Davison does victory lines. Katherine is a this season. "This was 4'8" and I hit it, knocking it lieutenant. "I like that it's fun and a challenge, but down," Marissa said. "It was frustruating because the rewards is really good," she said. "We have a lot more opportunities as officers."

// The Lion McKinney High School McKinney, Texas

SEARCHING

A long flight, a few bus rides, and a lot of walking. Senior Hannah Kim spent her summer in Korea exploring the country and learning about her family. "It was really hot and humid," she said. "But you have to walk everywhere so there were a lot people carrying around umbrellas, which I found kinda weird."

Hannah's mom was born and raised in Korea.

"She knew her way around pretty well," she said, "She had like a lot of friends and had plans like every day to go somewhere, so I just followed her around."

School in Korea starts in August and ends in July, and high school students typically have 14-16 hour days.

They were still in school while I was there, they go from around 9 a.m. to 11 p.m.," she said. "So when people saw me just lingering around in the middle of the day they thought I was skipping."

The K-pop band, BTS, has become known worldwide ever since their music video for their song 'Idol' received more than 45 million views within the first 24 hours of it going public.

"And I also got to see my men, BTS," she said. "I actually went to Korea just to visit and then I found out that they were performing. So I got tickets because like, you know, you kinda have to."

During the month and a half she spent in Korea, Hannah had a great experience visiting the country again.

"Overall, it was a really fun trip," she said. "I love going over there because it gets boring here in America."

story by Kayla Thompson photos courtesy Hannah Kim



Hannah visits Namsan Park, a where multiple Korean dramas have been filmed



Hannah poses with BTS cardboard cutouts at a BTS Cafe in Seoul.

While riding on the back of a golf cart, he took this photo of a kid walking in the street.

SENIOR SPENDS WEEK IN CARRIBBEAN

Staring through the crystal clear water, watching as you jump off the boat, there's schools of jock fish schools of fish swim past their boat, he jumps the summer, senior Bryce Worley took a "spur of the

"We had accumulated flight points and the most fun place we found was Belize," Bryce said. "There was a bunch of touristy things to do like parasailing, scuba diving, and snorkeling."

Throughout their week in San Pedro, he saw different you want to." vendors and tourist attractions on the streets.

"We found kind of a hang out spot where there was an infinity pool," he said. "I went and stood on the edge and when I was just standing there. I looked off at my dad while he doing something stupid. So I just put my hands up like 'what are you doing,' and as soon as I did that my mom took the picture."

Bryce also visited other places over the summer including New York City, Minesota, Wisconsin and

"I went on a mission trip with my church to NYC," he said. "I loved it because we would go out and give food to homeless people and serve soup and drinks and stuff. And we got to talk and communicate with these people that were usually neglected."

In Belize the infinity pool was pretty amazing, but nothing could compare to snorkeling in the reef.

"The water was just so clear and you were able to see all the fish aquatic life around," he said. "As soon

underneath the boats trying getting shade from the sun. into the water ready to experience the reef. Over The swimming gear that the person that was with us was wearing were similar colors to the jock fish, so they were moment" trip to San Pedro Town in Belize with his family. following us, like he was the leader of them or something."

In the end, Bryce lived the island life for a short time. "Compared to like where we live, it was a lot like slower and laid back." Bryce said. "There's like no real set time. You can mosey on up to wherever you want to whenever

story by Kayla Thompson photos courtesy of Bryce Worley







// The Lion McKinney High School McKinney, Texas



She and her family trekked hrough the forest in pitch darkness. They walked near "La Cueva Del Diablo" or "The Cave of the Devil," which they imagined to be where Satan lived by her peers, leaving her to cry in horror. Reaching a river, she slipped into a wrinkled trash bag to

keep from getting her clothes wet and waded through alligator-infested waters, finally getting on a raft when it became too deep. Waiting on the other side was her father in his car, driving them as quick and far from the border as possible to avoid arrest. For many children, this may seem like a nightmare. To one student, this was only the beginning of the American Dream.

At just 8 years old, senior Sarahi Rocha. also known as Sarah, left her home in Central Mexico and crossed the US-Mexico border in hopes of escaping poverty and reconnecting with her father who worked in America. As a recipient of DACA (also known as a DREAMer) an Obama-era executive order protecting undocumented immigrants who entered the USA as children from deportation, her childhood has been plagued by both triumph and fear.

Before leaving Mexico, her only idea of what America was like came from Hollywood.

"My mom would grab magazines and she kept them for years - it was American magazines." Sarahi said. "There were all these people and they looked so glamorous. When I got to America, I lived in an apartment with my two parents and three brothers and my uncle, aunt, and their three kids. We crowded in the bedrooms. We crowded on the floor in the living room. I was confused - where was this plamour?"

She began her American education in an elementary school tailored for Spanish speaking children learning English. Many of the students shared her same experiences, making it easier to fit in. Beginning 6th grade however, she transitioned to an English speaking middle school, immediately feeling the stigma of being a Mexican immigrant.

"I still had an accent, you could still hear the shadow of my broken English," Sarahi said. "I was clearly not from America. I went to a Middle school that was more near the affluent side. I kind of felt they would make jokes about poor Hispanics. I wanted to go back but I didn't because it had been so long that I wasn't from there anymore, but I wasn't from here either, I wasn't from anywhere."

Despite the social and language barriers. Sarah knew the risk of her journey entering the country meant she had to take learning seriously. Her father, who only obtained an 8th grade education, and her mother, who completed up to her freshman year of high school, hoped America would offer their children far greater opportunity.

"I wanted them (Sarah and her brothers) to study and do better than I did," Sarah's mother, whose name will remain anonymous due to legal reasons said. "I want them to all have a college degree and use that college degree to have a very stable career, so that they'll never worry about the future.

Now as a GT student and member of Engineering Club. Sarah excels in class.

English teacher Carol Winters who taught the DREAMer for two years felt that struggle didn't stop her from being a normal student and encouraging classmates.

"Sarah is creative, she is responsive, she is analytical, she is on top of everything. She works very hard." Mrs. Winters said. "Because of her situation she has a depth of understanding that a lot of students don't and a greater empathy for suffering and sacrifice. Things that many high school students take for granted are gifts for her."

However, Sarah's life took a turn when President Donald Trump cancelled DACA on Sep. 5th. 2017. Although the executive order has since been upheld by a federal judge allowing renewal, its' future is unclear.

"If it's cancelled I can't have anything. My license is invalid: I can't work because my social security becomes invalid," Sarahi said. "As DREAMers [DACA recipients] under the law they can't deport you, and once that's gone there is that possibility. Even before DACA was cancelled, there's always that fear about your parents, they can't be DREAMers. What would happen if they have to leave? We [Sarah and her brothers] don't have any money. If we can't study, we can't work, living life here won't be worth it anymore."

Despite striving to be an individual, Sarah still is subject to the labels associated with undocumented immigrants. Expectations that thing our DACA students can sometimes help she may be violent or a criminal aren't rare in us do." her to experience, but she knows the truth. "The stereotypes aren't applicable to

DREAMers," Sarahi said. "You have to be a good student. Even getting so much as a ticket is iffy. When you apply to be a DREAMer you give (information about) your school, parents, address, and social security number, once you get it (DACA) they know everything. So, if you get in trouble for something that's not that big, they could

Although her situation seems isolated, Sarah is only one of the hundreds of thousands who crossed the border as a minor and currently rely on DACA. Without congressional action. her legal status constantly remains at risk. Sarah hopes for a day where people like her can obtain American citizenship and permanent residency. Until then, she plans to continue life here in Texas and aspires to be an economist. Fear, alike many others in the same situation, ultimately keeps her from openly telling her story.

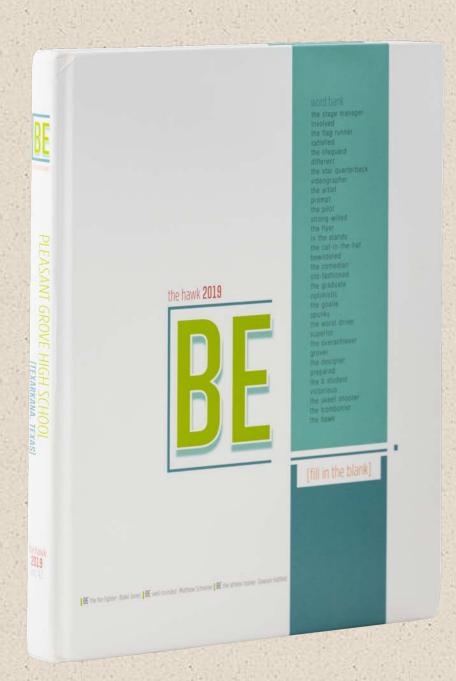
"We're not always aware of the intense threat that many of our DACA students live under," Mrs. Winters said. "Often we are not aware what it took to get their families here. what they left behind both good and bad, and I think we need to be a lot more sensitive to that. For students who were born in the US. whose parents were born in the US, whose families have been here for generations, we forget what an amazing opportunity America offers. I think we need to look at what we have in America with fresh eyes, and that's one

> by Kara Otuke portrait by Landry Raymond





NSPA PACEMAKER



// The Hawk

Pleasant Grove High School Texarkana, Texas

EDITORS: Brooklyn Bearden, Mary Old,

Cage Watlington

ADVISER: Charla Harris



RAVES from the judges

// The Hawk exemplifies every element of a strong yearbook — copy, design, photography, voice and small details all converge to tell an engaging verbal and visual story of a specific school and its community.

// Outstanding opening copy leads readers into the story of the year.

// Lovely use of graphics, white space and photography in purposeful ways. A restrained color palette enhances the design and stays on trend.



The world gets it. Nothing is holding you back. You can BE whatever and whoever you McIniss's class or nearly want. And we know you do miss the midnight deadline it better than the rest.

So be prepared. Whether you're tackling the quarterback in the second straight state championship game, sleeping through your first period class or pirouetting across the Perot Stage in the "Nutcracker," we'll be watching. We'll watch as you crack a joke in Mrs. on your English character analysis.

Be ready because it's simple really. Everybody will be watching and taking notes as needed.

While you are filling in YOUR blank.









"I knew I was going to be awarded with Sidestepper of the Week because I had more sass than anyone else."



"Messing with fire doesn't really scare me because if I get burned, then I get burned and its just whatever."



ne Vocalist: April McDowell (11) 'I was so in awe that in my first musical production I was one of the lead vocalists but it was really funny because my character was the complete opposite of how I really arm"



"I plan on pursuing sports medicine as a career, and the hands on experience has gotten me so many scholorships and offers from potential colleges."

READY

010 | [Or Not] Summer

012 To Eat Watermelon Supper

014 For the Day Back to school

016 Ready. OK. Cheerleaders

018 For Fall Fall events

020 A Change of Pace Sadie/Electives

022 Football

026 Camera Ready PGTV

BUSY

Running on Coffee Projects/late nights

032 Track

034 Keeping Up Trends/Current Events

036 Cross Country

038 Acting Up Fall Musical

040 Our Stage One Act Play

042 | Softball 044 24/7

COLORFUL

052 In Four Color

Journalism

Parades

Holidays

060 Be Merry

054 A Blank Canvas 056 True Colors

062 & Bright

Current Events/STUCO

AP-DC/Electives 064 Spring Fling

066 Volleyball

HUNGRY

Science/Culinary Arts

050 For a Good Time 072 | Something's Cooking Homecoming

> 074 Always Hungry Lunch/Restaurants

076 For Gold Competitions

078 Living the Sweet Life Breaks/Trips

080 Baseball 084 Spotlight 086 Boys' Soccer

088 | Girls' Soccer

LOUD

092 Toot Our Own Horns Band 094 | Get Louder

096 Speak up Speech/debate

104 | Spotlight

106 Boys' Basketball

098 Out with a Bang Shooting Club

120 Behind the Scenes 100 Girls' Basketball Groups

122 Golf

124 All There Prom

THERE

116 Tennis

118 Everywhere

112 | Showing Out

114 We Were There

Showstoppers

Miss PGHS

126 So Been There Senior Week

BE YOU 132 | Seniors

138 | Senior Who's Who

140 Juniors

146 | Sophomores

152 Freshmen

158 Faculty

162 Groups/teams

128 Until the End Graduation

















One Act Play cast takes on big show, big roles for competition season



1.WANDERING AROUND the marketplace, Brett Walker (12) searches for a flower to buy in the scene, and April McDowell (10) obliges. [SLam] 2. SLOWLY dying, Donald Whaley (11) takes center stage as Jean Valjean in the final part of the UIL One Act Play, "Les Miserables" with Clay Jones (10) and Reganne Dumas (12) mourning over him. (SLam) 3. PLEADING with God, Donald Whaley (11) performs his second monologue of the show. "This was the ultimate question about doing the right thing or following my own selfish needs as Jean Valjean. I came

to the conclusion of sacrificing everything i knew, owned, and loved in order to save a stranger's life," he said. [SLam] 4. PLAYING the roles of tavern workers, Alyssa Kunz (12) and April McDowell (10) plot to pick the pocket of Brett Walker's (12) character. "This scene was way out of my comfort zone because I had to act deceitful and a bit malicious, but I loved the dance portion. It was upbeat and a great way to put some comic relief into the show." Alvssa said. [Slam] 5. POLITELY chatting with friends, Rebecca Leary (12) performs a ballroom style dance and continues the scene. "This scene, which we call the park scene, has a lot of grace and elegance that I love to portray throughout the show as many different characters, such as in this scene and in the final battle scene as well," she said. [GHiggins]

n o what you know how to do!" shouts director Debby Sutton as Curtain Call Production's Encore company takes the stage for their UIL competition production, "Les Miserables."

And with that, the company began their show with DJ Whalev reciting his monologue as the lights faded in on the ensemble in motion.

When competing with such a well known script, the preparation was different than usual. With each cast member playing multiple roles, many elements were involved besides acting.

"I played Peasant 3 and was a member of the ensemble which really carries the show and is the backbone of any play," Jessica Colvin (11) said. "The hardest part of the preparation was loading in. We're a traveling show so we take all our costumes, props and set pieces with us so it was difficult."

The process began when the students had their first read through in December.

"The first time we read through the show, there was so much excitement and giddiness in the room, you could smell it," said Clay Jones (10). "My character, Javert, was such a dark person. I had to prepare in a more complex way, like more researching, methods to getting to that place in my head, and different thought processes than a usual role."

The company's next step was to learn choreog-

raphy and blocking.

"Mrs. Sutton shared her vision with me, since she's the director, and from there I watched lots of videos from dance shows such as 'Dancing with the Stars' just to get my head in the right mindspace. Then I had to come up with specific movement that matched the storyline. I had to think about the prisoners fighting for their lives and the guards brutally beating them, while still keeping the energy alive," choreography director Tiffany Beck said.

Even with all the preparation and caution in the world, illness can catch anyone.

"One of the encore members, April McDowell, came down with the flu right before the area contest. So. Mrs. Sutton called a company meeting and later asked me to be a part of their team. I not only worked on the stage, but also helped out with makeup, hair, sewing, and whatever we needed so the show could go on." Lauren Stinard said.

The Encore company had to learn everything from sewing skirts to the counts of the final dance number in order to be fully equipped to handle a four-month journey.

"There's just this moment that you see in an actor, I call it the lightbulb moment, where everything clicks and you can see it from head to toe," Mrs. Sutton said. "That's why I still love what I do."











MAKE-UP

Besides emotional character development, each actor must transform outwardly to become their character. "Since I played Javert, an old, dark man, we had to experiment with colors and techniques to find the right style that made me like like he would," Clay Jones (10)

before the curtain **OPENS** The company traveled to

farm along the way. "Not

only did I get to do what I

loved and perform one of

by beauty too." Reganne

Dumas said. [CJoyce]



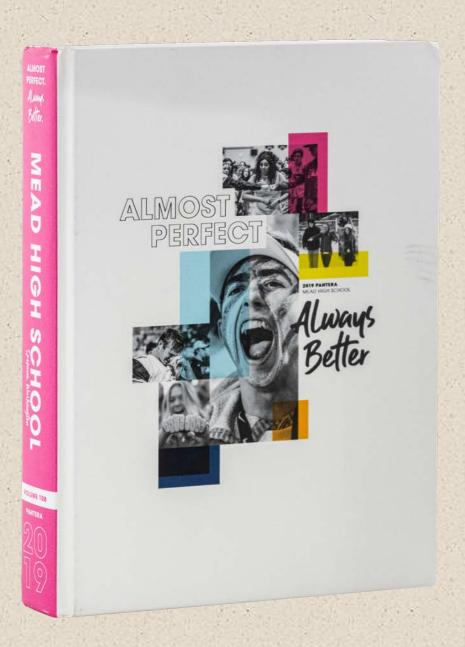
After each scene was planned, blocked, and rehearsed, the company would do a run through, which consisted of the entire show without stopping. "When we finally got to complete a run through, it was pure magic. All the pieces and parts were coming together," Addie said. [CJoyce]







NSPA PACEMAKER



// Pantera

Mead High School Spokane, Washington

EDITOR: Isabella Wood

ADVISER: Makena Busch



// Pantera Mead High School Spokane, Washington

RAVES from the judges

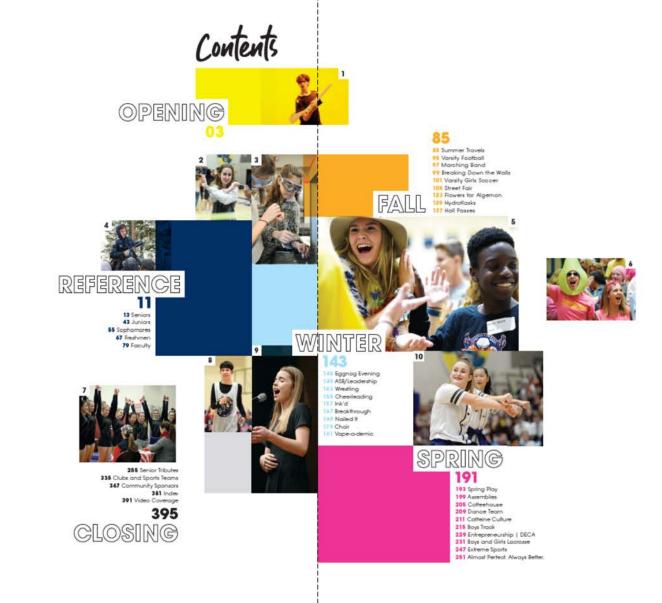
// A fantastic theme that was well developed throughout the book. The vibrant vellum inserts were purposeful and enhanced the overall theme design.

// After the dazzling opening, coverage begins with the people section where profiles and features carry the reader into the content of the book.

// Trendy typographic combinations include outline and handwritten fonts. Effective use of white space guides the reader through the content-heavy pages without feeling overwhelmed.



// Pantera Mead High School Spokane, Washington



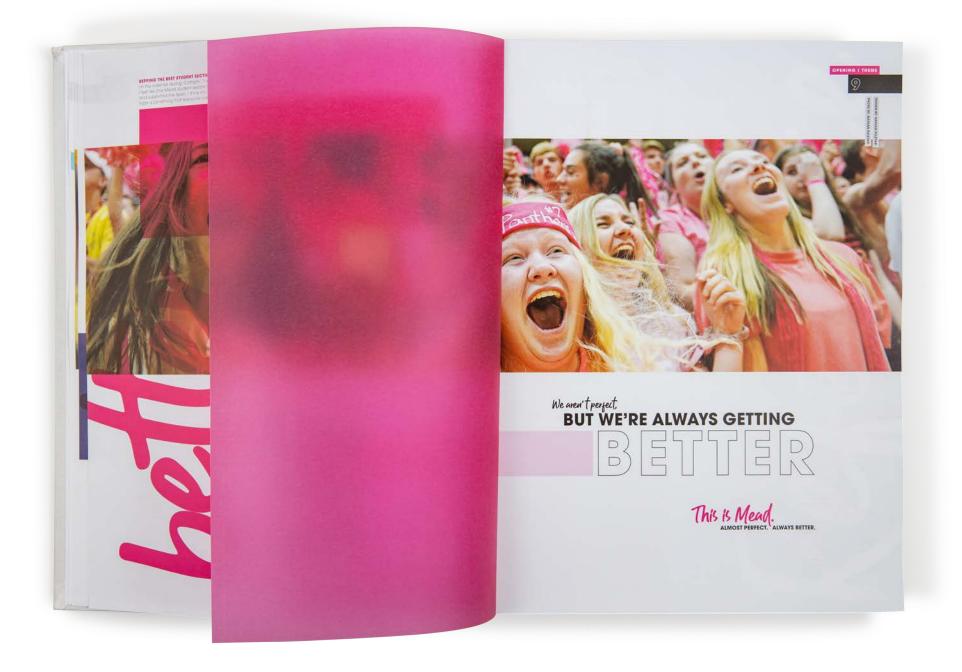


// Pantera Mead High School Spokane, Washington





// Pantera Mead High School Spokane, Washington

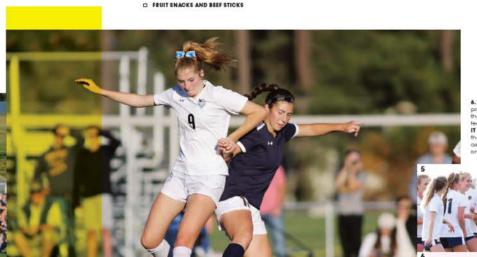


// Pantera Mead High School Spokane, Washington THE Perfect PRE-GAME
CHECKLIST

D PUMP UP MUSIC

D TAT UP

D HANDSHAKES



GOING FOR IT. Megan Cardenas (11) secures the ball against a Central Valley High School defender and sets up a pass for her teammate. "I am going to win the ball, I just go for it," said Cardenas. The airls lost to Central Valley 3-0.



1, SPOT THE PASS. Madison Leale (10) throws in the ball to an open player to set up a play for the team. "(When I do a throw in) I am either looking or a pass to my teammate's teet, or if I can throw t over their head so that they can chase after it," aid Leale 2. CARRYING ON THE LEGACY, Sarah Frahm (12) looks to pass to an open feathmale in the game against Central Valley. 'It was important this season to carry on the legacy of my teammates that I played with before," said Frahm. 3. BACKLINE SECURITY. Kylie Newman (10) successfully clears the ball from a Mt. Spokane

forward. 'My role in this game, as a defender, was stopping all the forwards from reaching our back line and clearing the ball," said Newman. 4. ALL ABOUT HUSTLE. Jordyn DelPizzo (11) races against a Mt. Spokane defender to retrieve a pass 'Hustling is really important in order to get the ball because that is really the only way to win the ball, said DelPizzo. S. AMPED UP, Gabriella Walters (11) celebrates a goal with the team. 'After a goal, the whole team gets all amped up and ready to score again, the celebration really boosts the positive energy and excitement," said Walters.

> "It was important this season to carry on the Legacy of my teammater that I played with before."

WHICH GAME WAS THE CLOSEST TO PERFECTION?

"Sandpoint because it was VERY INTENSE and the score was 1-1. I was trying hard to shoot and score. I fold myself one pass to my feet is all I need and I got that pass and ended the game. - Megan Cardenas, 11

"Mt Spokane because if was a SUPER CLOSE, back and forth game, but we came out with the dub, which meant our seniors will graduate never losing to Mt. Spoil - Margo Schoesler, 11

'University High because that was my first SHOOT OUT win.' - Head Coach Kevin Houston "Mt. Spokane because I's ALWAYS THE BEST beating them. - Emily Brady, 11

6. BALL PROTECTOR, Margo Schoesler (11) uses her arm as a barrier to protect against an oncoming detender. 'I am focused on making sure the detender does not get the ball while also trying to find a pass to a teammate who would be in a better position," said Schoesler 7. LETTING IT FLY. Ashlynn Eggleston (12) keeps her eye on the ball while defending the goal in the game against University High School. 'The most important aspect of a goalkeeper is the ability to make quick decisions. There is only a quick window of time that you have," said Eggleston 8. KILLER

MINDSET. Olivia DeShazo (11) charges forward to secure the ball against a Shadle High School defender. "I am in the mindset of beating this girl to the 50/50 ball. I got in front of her with my arms and proceeded forward to connect to my teammates," said DeShazo. 9. OSCAR NOMINES. Shannon Wood (V) clears the ball from behind against a Central Valley defender. To avoid getting a toul call, I try to not use my arms as much so it looks look like the appanent is fouling," said Wood. PHOTOS TAKEN BY: DANIEL KANG AND SOPHIA SHAWEN.



Packaged

"It's about working as

a whole and working

as a family.

- Zoey Thompson, 12

in a minimalistic phrase,

'We Over Me,' Mead's

girls soccer team's

A NEW TEAM MOTTO SPRINGS TO LIFE. INSPIRING THE GIRLS TO PLAY FOR EACH OTHER

motto, captures their selflessness, camaraderle and determination to win. Created by the team during a retreat at Chewelah Peaks, the symbol is displayed on the arms of the team at

every single game. "We all freak frob ew it tuo have it on before a game. We are like someone needs to write it on me because It's just very important for us to have that, 'We Over Me, rather than playing as an individual," said

Junior Megan Cardenas When asked what exactly the motto meant to the team, Junior Margo Schoesier said, "It basically means putting the team over yourself and doing what is necessary for the team in order to succeed. So if that's playing the full 80 minutes or sitting on the bench and only going in for five

minutes, it's just about doing whatever It takes to win."

The motto is essential in helping the team perform under stress. "If definitely helps in big games. Houston is more focused on winning. It's not even about playtime it's about the best players on the field that day. Whether that's if you, and you're

normally a starter, or not, it's whoever is putting in the work that day," said Schoesler. The motto also creates a selfless play style for the team. "We want to play as a team especially rather than individual people," said Cardenas

Meaning more than just words.

the motto also displays the team companionship. "We realize that we are family and that we should play together. It's about the working as a whole and working as a family," said senior Zoey Thompson. Whether it's on the field or off the field, 'We Over Me,' serves as a reminder of the bond the team shares.



In the 26th minute in the game against Central Valley High School, wery players warst fear came to fruition. Erika Frahm (0) in an attempt to defend against two incoming defenders OPPOSING TEAM CAUSING HER ANKLE TO TWIST INWARD. 'My mind was inhook. I couldn't move or feel my ankle, said Frahm. It was her first injury after nine years of playing soocer. Luckity, the injury was only a bad sprain, but Frahm was still out for a good portion of

the season. 'The worst part was having to SIT ON THE SIDELINES ELEVATING AND ICING, just watching," said Frahm. Despite the disappointing ending of her season, Frahm was still motivated to play. I want carry out the tradition of my two older sisters Sarah Frahm (12), and Tia Frahm (class of 2018) and do the AMAZING THINGS they both did." Pictured left: Head coach Kevin Houston (far left) and Athletic Director John Barrington (far right) oarry Erika Frahm (0, middle) off the field after her injury.