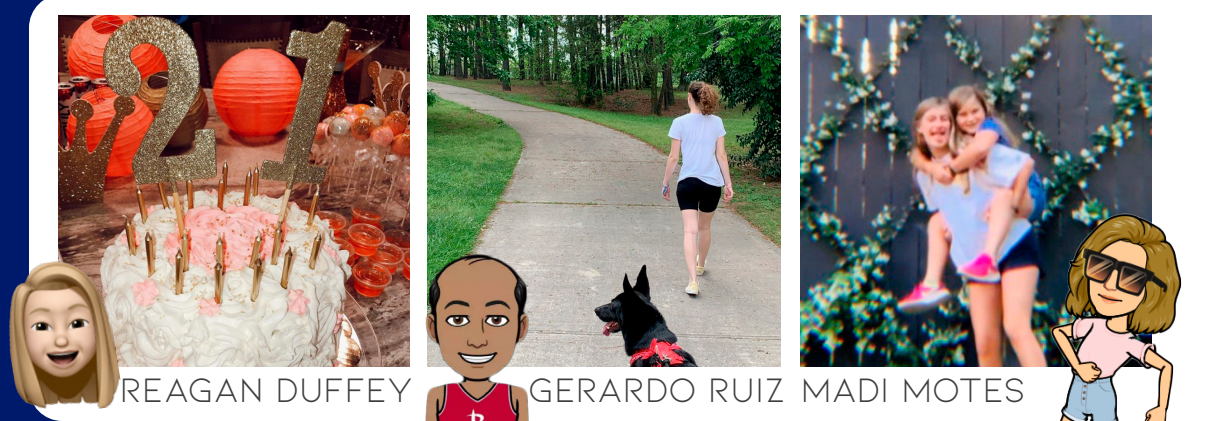


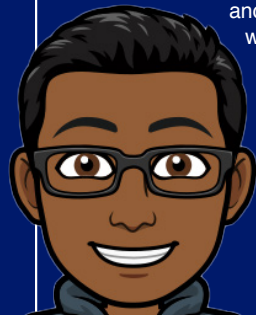
#STAY HOME WORK SAFE

WHAT WE DID TO STAY BUSY AT HOME



MICROSCOPIC CONTAGION BIG IMPACT

"Online school placed much more responsibility on the student to keep up with their work. I found it easy to not have a schedule and procrastinate, so finding a routine and sticking with it was something I had to do. For some reason, I could only be disciplined and stay on task if I had an hour-by-hour schedule. I had a 1:00 lunch, and then went throughout each of my classes and did the work for that day. Some time at around 3, I did a workout from my coach, and then had a call with him at 4:00 on Mondays and Wednesdays — I was a swimmer at Rice Aquatics. After that, it was usually planning out the next day and helping with dinner or playing board games and watching TV with family. I did think it was cool to have asynchronous learning and doing it at whatever time suited us best. I thought the teachers did a good job adjusting the curriculum to make it feel like nothing had changed, and I thought it had been much easier to collaborate with friends and set up groups on Microsoft Teams with each other."



KAVI SHAH

"What I missed most that was canceled was choir because I had a lot of friends in choir and all the events that we still had left to do and our trips we wouldn't be able to experience this year. It sucked that we were missing UIL for choir because we worked so hard to perfect our music and it went all to waste. Pop show was really the funniest event of the year for choir, and possibly not being able to put on that performance was really disheartening especially because this year was my senior year. I was going to miss not having a choir banquet this year because there, we got to look at all the memories that we made that year. We also gave out awards and named the new Chorale officers for the next school year."



KETRAE BERRY

"I was going to go on some college visits because I hadn't gone yet, but I wasn't able to go. I was planning on visiting Indiana University in Bloomington and Miami University in Coral Gables. I had been wanting to do a gap year in Israel for a couple years, but with everything going on, there were talks of that being canceled, so I had to commit to a college in case I would be going next semester. I had heard really good things about Indiana, and they had the exact program I wanted to study for. I had a lot of older friends who went there and said it was amazing. I would have had no problem with going to Indiana next semester if in fact my gap year was canceled. I'd obviously be devastated, but I understood the circumstances in Indiana would be just as great. The thing I was most sad about was my graduation party, because the theme was super cute and I was super excited to get a dress for it. The grad party was going to be with about 15 of my closest friends at Warehouse Live. We were going to have a live DJ and photo booths. The theme was going to be *The Roaring '20s*, with the grads in Gatsby outfits and the guests in all black. Unfortunately it had to be canceled. We were hoping to still have it at the end of summer if we were able to."



JESSICA ROSENTHAL

ON THE BRIGHT SIDE

"I started water coloring and painting during the break. I also deep cleaned my house, practiced embroidery and started going for runs regularly. It made me realize that I took being able to go out and not worry about how close I was to people for granted."

LAUREN FAUST

"I was super close to my family to begin with, but this quarantine had brought us even closer. We played a lot of board games and watched *Tiger King* together, which was really nice. I also started working out every day, and it became my new hobby."

ELEANOR KIMBRO

"Being able to spend extra time with my family had helped us grow closer to one another. We had been able to hang out, play games, and do stuff that we usually didn't have time for. I had played before, but I was also able to start playing guitar again."

XANDER FELL

"Winning district, I was so proud of the team. I knew we would make it far in playoffs because no Bellaire boys soccer team had won back-to-back district titles in over 20 years. I was ready to say my goodbyes during playoffs, but little did I know my last game would be against Westside. I was just happy that the class of 2020 had left a legacy for future graduates to learn from. My next step soccer-wise was to play for McMurry University in Abilene, Texas. Every day I was working on myself to become a better player for the next level of athletic career. What I missed the most was being around the guys. That was the best part. Without them, my experience wouldn't have been the best. I wish I had more time with **Shaked Masti** and **Dany Ramirez**. Both of them were fun to be around and if they played all four years for Bellaire, they could have dominated our district."



ALEJANDRO SANCHEZ

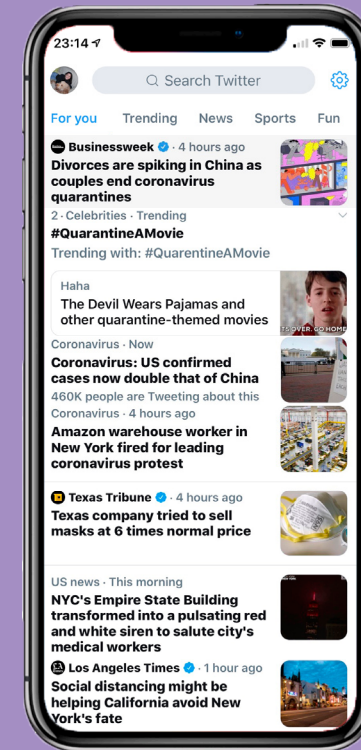
A GUIDE TO COVID-19

*all information was last updated on 4/30/20

THE TIMELINE

- DEC. 31 Chinese authorities treated dozens of cases of pneumonia of unknown cause
- FEB. 12 The death toll in China reached 1,113. There were 393 cases outside of China in 24 countries
- FEB. 29 The US records its first coronavirus death
- MARCH 11 RodeoHouston closes early as the WHO classifies COVID-19 as a pandemic
- MARCH 12 HISD closes all schools & district offices until March 30
- MARCH 16 Houston officials order temporary closure of bars & restaurant dining rooms & HISD extends districtwide closure through April 10
- MARCH 24 Harris County Judge Lina Hidalgo issues a stay-at-home order expiring April 3
- MARCH 25 U.S. Senate passes \$2 trillion relief package as unemployment insurance claims top 3 million
- APRIL 17 Texas Gov. Greg Abbott announces that schools will remain closed for the rest of the school year
- APRIL 22 Harris County Judge Lina Hidalgo issues mandatory mask order for public outings beginning on April 27
- MAY 1 Texas reopens restaurants and other stores at 25% capacity

ON MARCH 16, THE WHITE HOUSE ANNOUNCED A PROGRAM CALLED



15 DAYS TO SLOW THE SPREAD

A NATIONWIDE EFFORT TO SLOW THE SPREAD OF COVID-19 THROUGH THE IMPLEMENTATION OF SOCIAL DISTANCING AT ALL LEVELS OF SOCIETY.

what is social distancing?



The CDC defined social distancing as "remaining out of congregate settings, AVOIDING mass gatherings and maintaining distance (approximately 6 feet) from others when possible."

how does it spread?

The virus spread mainly from person to person through respiratory droplets from an infected person. COVID-19 seemed to spread easily and sustainably in the community (community spread).



THE NUMBERS* CASES DEATHS

Harris County:	5,986	103
United States:	1.03M	60,057
Globally:	3.09M	218K

THE CDC RECOMMENDED* TO:

- **Clean your hands often.** Avoid touching your eyes, nose, and mouth with unwashed hands.
- **Avoid close contact.**
- **Clean and disinfect** frequently touched surfaces daily.
- **Avoid all nonessential international travel.** Many countries implemented travel restrictions and mandatory quarantines, which closed borders.

SCARCITIES

TOILET PAPER
Families ran to grocery stores to stockpile on essentials, notably toilet paper.



HAND SANITIZER
An 8-ounce bottle of Purell, which is normally \$2.50 on Amazon, was sold at 20 times that rate.

FACE MASKS
Hospitals report supply shortages of masks for doctors, nurses, and other health care workers.

A DAY IN THE LIFE OF QUARANTINE



ABBY PERKINS

8:45 AM. "On days I had classes, I woke up around 8:45 and had a cup of coffee. It was really different having classes on Teams. There was a lot less interaction with other students and teachers. The workload was also a lot less in most classes, especially after College Board cut some of the curriculum for AP classes."

1:00 PM. "At 1:00, I made myself lunch, which usually took some time because I wasn't very good at cooking, but I was trying to get better during quarantine. When I was done eating, I went in my backyard and tanned or read in our hammock for a while until I got bored of that."

4:00 PM. "At around 3 or 4, I went on a run or bike ride with my sisters or friends. Normally, I liked to go to spin classes, but since all the studios were closed, I started biking. I had always hated running, but after the first week of staying indoors, I started to get really restless and needed time for myself just to be outside, so I started running and I was hoping to improve. I tried to go around five miles each time."

6:00 PM. "I took my dogs for a walk, then came home, showered, ate dinner with my family and watched a movie. We were working our way through the *Harry Potter* series."

Virus graphic courtesy of the CDC

CORONAVIRUS
page by anna macia and demi pappas