

was never much of an artist. I had always tried to draw and paint, but nothing I put down on the page really satisfied me, and I showed no signs of improving.

Then I joined yearbook. Even though I was hired as a writer, I knew I would find my niche in design. Sitting in a humid room during journalism camp, eyes flickering over the numerous spread examples on the projector, I started my first real designs. I fell in love instantly. There was an almost addictive quality to InDesign. It was like art, but nothing I'd ever experienced. Before, art had terrified me because of its limitless opportunities. So why did I feel such a connection to graphic design?

I love problem-solving. With a goal in mind and surrounded by constraints, the challenge becomes using my creativity to use the constraints to my advantage. Designing spreads was a puzzle I could finish with my own pieces.

My first year on staff, I kept bothering my editors until they let me design. This past year, I was design editor. Working with my wonderfully-talented and creative editors-in-chief, I finally got the opportunity to give myself the constraints we'd be working with, which in the yearbook world we call "the theme."

I came in knowing that the editors wanted art to have a bigger role in the book. The message of "Oh, We Know," this year's theme, is that there are certain things only Northwest students know, and we take pride in that. The challenge was reflecting the theme in our art.

The solution started out small. The editors decided that we would do "mini-mes" in the corner of every spread. Except, they wouldn't just be pictures of BVNW students. They would be faceless drawings, because only Northwest students would be able to picture the face with the name. Each mini-me included a fact about that student and

a page number that led the reader to where that student was located in the mug shots section. After that, we had our art guide.

We decided on simple, color-blocked illustrations that would be easy for all of the designers to produce on a large scale. We used this style in alt-covs, dividers, and entire spreads. I supervised and corrected designers as they learned how to do the art in Adobe Draw, teaching them how to properly pull color to ensure the art was true to the person it was depicting.

As a graphic designer, my job is to tell a story through design and showcase the writers' and photographers' work in a way that captures the readers' three-second attention span. Above all, this year I learned how to respect the writers' and photographers' work by creating illustrations that complemented it.

While I loved working with photographers, my most exciting spreads were the ones that didn't utilize any photos. Some stories are better conveyed through illustrations, where you can express an idea that can't necessarily be captured on camera. Problem-solving what kind of graphic I should do for the coronavirus spread, for example was a fun puzzle to solve because we didn't have any photos and I had to capture the essence of what was happening with art.

Most rewarding is that fact that everything I produced will be taken home and looked at decades from now. I'll help people remember what their time at Northwest was like with my illustrations, even after I've left the Horizon yearbook staff. I even got to be creative in the process.



UNCHARTED TERRITORY

We didn't have COVID-19 photos, so I had the opportunity to express the most pressing facet of the disease on high school students, which I found to be social distancing. I wanted give the impression of distance and isolation by placing two students on opposite ends of the page with the "six foot" ruler and page content between them. I chose a cool color-palette for all the illustrations because even though "red" signals an emergency, the blue and purple call to mind the depression lots of people were feeling from being apart.

CRACKED

This spread was challenging to design because I had to place the illustrations of people in a way that led the viewers' eye around the spread. I chose not to illustrate the phones with cracks because that would clash with the clean-cut look of our book, so I chose to split the headline and stagger it. "Cracked" actually looked broken.

RUNNING WITH NEW DYNAMICS

I chose this spread to demonstrate my use of illustrations to complement photos instead of replacing them. I knew I wanted to draw my own map of our area so that I could note important locations that a screenshot of google maps couldn't. The area around our school keeps shooting up new stores as well, so it will be cool to look back on this spread in a few years and see how it has changed.

TUNED IN

It was my idea to do a spread based on music trends, so I had a hand in the writing process that gave me time to plan this design in advance. I made the dominant graphic Harry Styles singing since his album was so popular with students this year, and it gives the spread a light, playful vibe while also conveying that the spread is about music. I like a lot of the graphics on this spread because they allude to and express the info in the quotes well.

#FORYOUPAGE

Tik tok was a huge part of this year, so I wanted to mix it up a little and base this design completely off of the logo and app color palette. The black background and neon text is visually striking and gives the spread an air of coolness that such a popular trend demands.

UNCHARTED

TERRITORY

STORY BY ABBEY GRIFFIN & CAMRYN DILLAVOU
DESIGN BY ELLA HUTNICK

GLOBE

2019

NOV. 17 **FIRST CASE**

First case of the coronavirus in Hubei, China.

DEC. 31 **REPORTED**

Unknown virus in Wuhan, China reported to the World Health Organization for the first time.

2020

JAN. 7 **CONFIRMED**

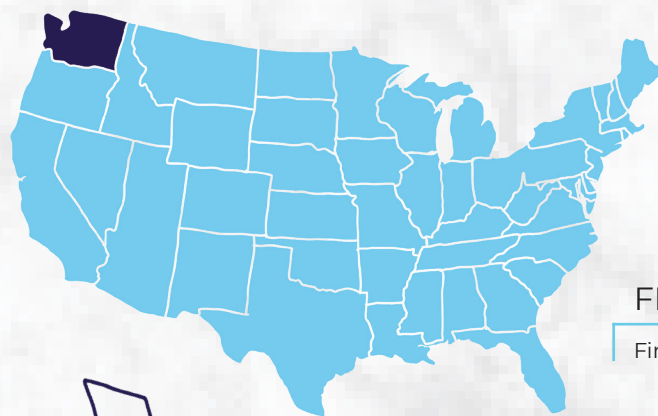
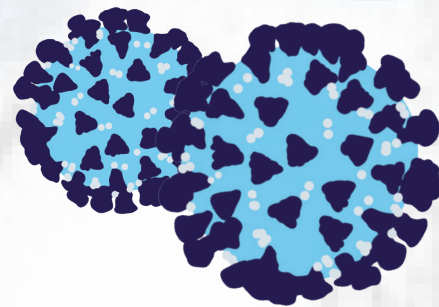
Virus is confirmed to be identified as the coronavirus or 2019-nCoV.

JAN. 9 **FIRST DEATH**

First death of a 66-year-old man in China from the Coronavirus.

FEB. 11 **NAMED**

World Health Organization officially named virus COVID-19.



JAN. 21 **U.S**

First confirmed case in Washington state in the United States.

JAN. 31 **DENIED ENTRY**

Trump administration said they would deny entry of people traveling from China in the past 14 days.

FEB. 29 **FIRST U.S. DEATH**

First death in the United States (Washington state).

MAR. 6 **SPENDING PACKAGE**

Trump signed an 8.3 billion spending package to mitigate virus risk in the United States.

MAR. 12 **CANCELLATIONS**

The NCAA limited attendance of the remainder of the season's games to only essential staff and family. Later in the day, the postseason tournament was cancelled. The NBA suspended their season, and President Trump announces travel ban, barring travel to Europe for 30 days.

MAR. 13 **NATIONAL EMERGENCY**

Trump declares national emergency.

NATION

NORTHWEST

THE ESCALATION OF THE GLOBAL COVID-19 PANDEMIC DRASTICALLY AFFECTS MANY ASPECTS OF DAILY LIFE, ON A GLOBAL AND CITYWIDE LEVEL

MAR. 4

FIRST CASE REPORTED IN JOHNSON COUNTY, KAN.

I remember at a dawghouse game everybody got the notification that it was in Johnson County. It was closer than I ever thought it would be. Everyone was shook up by the proximity.

MEREDITH GOLDSTEIN, 10

MAR. 13

JOHNSON COUNTY PARKS AND REC CANCELS ALL ACTIVITIES ASSOCIATED WITH THE ORGANIZATION.

The virus is affecting my job so much. I am not going to be making any sort of money for months and that's really unfortunate since college is just around the corner.

ISABELLE CARROLL, 11

MAR. 16

JOHNSON COUNTY PUBLIC HEALTH OFFICER DR. JOSEPH LEMASTER SIGNED AN ORDER THAT ALL JOHNSON COUNTY PUBLIC SCHOOLS WOULD BE CLOSED UNTIL APRIL 5. JOHNSON COUNTY GOVERNMENT LIMITS FOOD SERVICE TO DRIVE-THRU/PICK UP ONLY

MAR. 12

DAWGHOUSE BAND AND CHEERLEADERS DO NOT ATTEND THE FIRST STATE BASKETBALL GAME DUE TO COVID-19 CONCERNS.

I was sad because being a senior meant I was fully ready to embrace that if we lost that game that would have been my last game playing with the dawghouse band. The fact that the game before that was actually my last game and I didn't even realize it was what hit me so hard.

CADEN HUGHES, 12

MAR. 13

THE INTERNATIONAL DECA COMPETITION, MUSIC FESTIVALS, AND WE THE PEOPLE ARE ALL CANCELED. BLUE VALLEY ALSO CLOSES ALL CAMPUSES FOR A WEEK OF DEEP CLEANING.

KANSAS GOVERNOR LAURA KELLY ORDERED ALL SCHOOLS IN KANSAS TO CLOSE FOR THE REMAINDER OF THE YEAR.

You have a certain way you expect the last quarter of your high school career to go and that was completely thrown up in the air.

KAT MASON, 12

MAR. 13

IN AN EMAIL FROM SUPERINTENDENT TODD WHITE, ALL TRAVEL ASSOCIATED WITH KSHAA ACTIVITIES AND ATHLETICS IS SUSPENDED FOR THE REST OF THE YEAR.

MAR. 13

THE KSHSAA TOURNAMENT IS CANCELLED AFTER QUARTERFINAL ROUND PLAY. THE BOYS WERE SEEKING THEIR FOURTH STATE CHAMPIONSHIP IN A ROW.

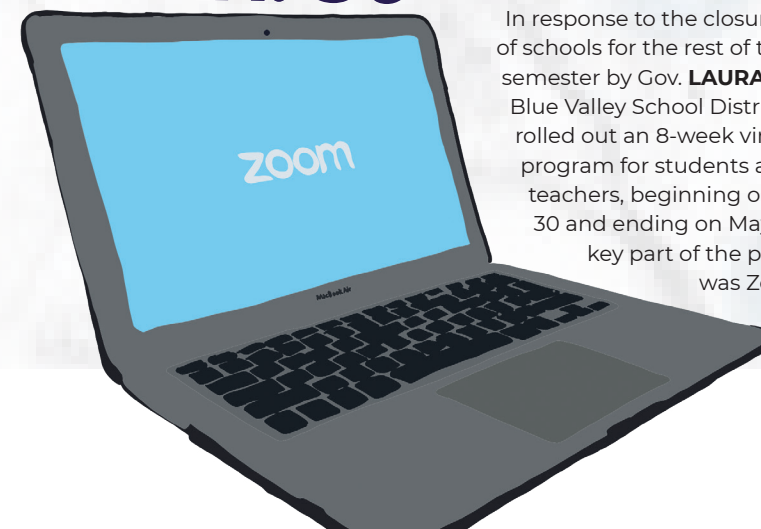
Working the entire year to go win a state championship and having that taken away from us, all because sickness, was disappointing... but everyone knows if we would have gotten the chance to play those next two games we would take it home.

MARKELL HOOD, 12

MAR. 28

GOV. LAURA KELLY SIGNS AN EXECUTIVE STAY-AT-HOME ORDER, IN EFFECT FROM MAR. 30 THROUGH APR. 19

MAR. 30



In response to the closure of schools for the rest of the semester by Gov. **LAURA KELLY**, Blue Valley School District rolled out an 8-week virtual program for students and teachers, beginning on Mar. 30 and ending on May 22. A key part of the program was Zoom, an

online video chat service that allowed students to interact with their teachers and each other. Teachers and students were provided with an hour of Zoom time every other day for each class, but the teachers decided whether or not attendance of those sessions was mandatory.

Background photo courtesy of the Centers for Disease Control and Prevention

“ I cracked my phone [at] prom last year when we were on the party bus. It fell out of my pocket, and someone stepped on it with heels.



CREYTON HUNT
senior

senior
GARRETT TORRES

“ I cracked my phone last summer at my friends house when I fell down the stairs. It was in my pocket and my body weight cracked it.



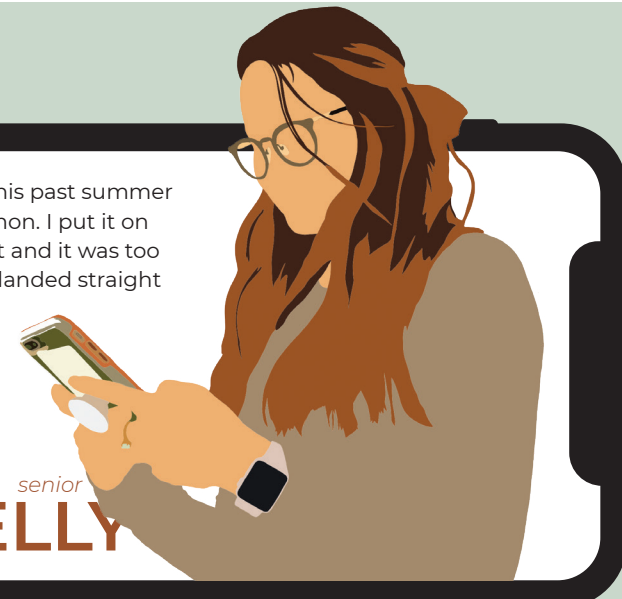
“ I have cracked my phone five times: once in fifth grade, once in seventh grade, twice in eighth grade and once in ninth grade.

ALY HOFMANN
sophomore



“ I cracked my phone this past summer when I was at Lululemon. I put it on top of the hanger part and it was too small so it fell off and landed straight on the screen. I didn't tell my parents about cracking my phone and they still don't know.

senior
FAITH KELLY



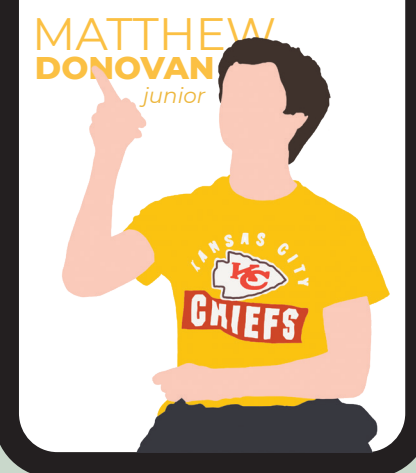
RITHVIK VULUPALA
freshman

“ I cracked my phone when I put it in my mouth while I was recording for a presentation and my teeth cracked it.

CRA CKED

NORTHWEST STUDENTS SHARE HOW THEY
CRACKED THEIR PHONES

“ I cracked my phone at Culver's where I work by trying to put my phone back in my pocket, and I missed and dropped it. I got my phone repaired and it cost \$150 but they ended up breaking my phone during the process so I ended up getting a brand new phone for \$150.



MATTHEW DONOVAN
junior

STORY BY HANNAH FORD
DESIGN BY ELLA HUTNICK



sophomore
SOPHIA STEINER

“ After I cracked my phone I felt scared because I had to tell my dad and I didn't want him to get mad at me. I texted my dad and he said it was ok, we'll get it fixed but I still haven't gotten it fixed and it's been over a month. It's kind of devastating because it messed up how it looks.

HAILEY BURGESS
senior

“ I cracked my phone two years ago at the mall while getting boba tea and I was trying to put my money back in my wallet and also grab my tea. After I dropped my phone, I picked it up and started crying after I realized it was destroyed. I came home and I told [my parents], and they weren't mad since the phone was old, so I ended up getting a new phone. It turned out to be good.



WHO KNEW?
“I can say 1 through ten in 8 different languages.”
ISABELLE HUNCKER, 9 (113)



RUNNING WITH NEW DYNAMICS

TRACING OUR ROUTES

THE VARSITY CROSS COUNTRY TEAM RUNS SPECIFIC ROUTES FOR TRAINING

- ★ Blue Valley Northwest
- ▲ Triangle Course
- ▬ Long Run Course
- ↻ Point where runners turnaround
- Education
- Store
- Restaurant
- Other



THE CROSS-COUNTRY TEAM ADJUSTS TO ELEVATED WORKOUT DIFFICULTY

The varsity cross-country coaches used science-based workouts to build better runners. Assistant coach **IAN FRAZIER** drafted a workout program based on structure and intensity. The workouts consisted of the same structure every week. Monday and Wednesday consisted of intense workouts such as an anaerobic threshold run or an aerobic threshold run specific to the meet runners ran that week, while Tuesday included a long run, and runners ran a recovery on Thursday. Friday entailed a pre-meet run due to race day on Saturday.

According to Frazier, runners treated earlier races as practice for meets that mattered, the meets at the end of their season.

"We like to tell the kids that there are only three races that matter to us and that is the league meet, regional meet and state meet, every other race is just practice for the ones that matter," Frazier said.

Frazier said the workouts touched on different energy systems in order to make a well-rounded runner. This incorporated threshold day where runners underwent an anaerobic or aerobic threshold run. According to Frazier, the athletes developed more efficient ways of carrying oxygen in their blood with the method of threshold running.

"The main goal is to make a well-rounded athlete," Frazier said. "If you want to be a good runner you have to be a good athlete, which means you have to be strong in a lot of different areas."

Assistant coach **ELIZABETH WARREN** said the training included different intensity level running to make sure runners hit different zones like aerobic and anaerobic and to fully develop as an athlete.

"We tasted what it felt like to go to state for the first time as a whole team and now we are trying to create that culture again and make it a repeated thing not just a once in a ten year thing," Warren said. "Now that they know what it feels like to go to state, they want it more, and so in order to keep that happening, you have to up the intensity to get there."

Sophomore runner **TAYLER WILLIAMS** said the structure of each week helped her understand that tiny details made an impact on hardships the team faced.

"I think it really challenges us, and we usually get a little bit of choice on what we want to do more," Williams said. "We know how we want to push ourselves, so we can be prepared for whatever course we are going to run."

Senior **JACOB BUTLER** said the workouts

brought the team closer than previous seasons with the focus and determination they put forward this year.

"We have definitely become more serious since I was a freshman, but it is a good thing," Butler said. "I enjoy doing harder workouts. It is a harder program, but I think it is better for everybody."

Junior **CAMERON QUICK** said he felt better prepared for races and that the workouts pushed him to go just a little further out of his comfort zone each time he was training.

"I just have a stronger appreciation for what is difficult in life and how challenges can make you stronger," Quick said.

Frazier said he wanted to keep the program current and challenging. Frazier also said he wanted to work on every zone such as aerobic and anaerobic.

"It is always good to see kids who want to be here, who want to be winning battles that want to be bettering themselves and who want to represent the program well," Frazier said.

STORY BY MAURI PETERSON
DESIGN BY ELLA HUTNICK



left: **TAKING OFF FOR** the first race of the year Sept. 5, senior **BROCK BARTHOL** thinks about doing his best during this race. "Chocolate milk after a hard workout was my favorite," Barthol said. **PHOTO BY CELIA HARRIS**

dominant: **BEFORE RUNNING, SENIOR ELEANOR WYNDRUM, junior ALLISON KONO, junior HALLE BANEGAS** and junior **ISABELLE CARROLL** take a selfie Sept. 5. "I always thought I was never a runner but I actually have fallen in love with running from [cross country]" said Kono. **PHOTO BY CELIA HARRIS**

FINISHING THE RACE in first place, junior **CAROLYN THURLBY** does 'Skies up' Sept. 5. "My favorite part about cross country is that it's not something you can cheat in... especially in a school where so much dishonesty happens every day, I like that cross country requires complete honesty," Thurlby said. **PHOTO BY CELIA HARRIS**

above left: **SOPHOMORE CECILIA FISHER** poses for a photo after cross country regionals at Johnson County Community College Oct. 26. "I was just really glad that my parents were there. I also had some other family members come that I'm glad came to see me perform well," Fisher said. **PHOTO BY JESSICA WITT**

NOW YOU KNOW
"I can get in and out of IKEA in under 20 minutes."
AMANDA FORD, STAFF (239)

TUNED IN

STUDENTS SHARE THE DIFFERENT WAYS IN WHICH THEY LISTEN TO, GATHER AND FEEL ABOUT THEIR MUSIC.



DISCOVER YEARLY

STUDENTS LIST THEIR FAVORITE SONGS AS OF THIS SCHOOL YEAR.

- | | |
|---|--|
| bad guy
Billie Eilish | Magic in the Hamptons
Social House, Lil Yachty |
| Before He Cheats
Carrie Underwood | still feel.
half-alive |
| Maniac
Conan Gray | Sunday Best
Surfaces |
| You Will Always Be the One
Loving Caliber | Hooked on a Feeling
Blue Suede, Björn Skifs |
| Believer
Imagine Dragons | The Less I Know The Better
Tame Impala |
| Empire State of Mind
Jay-Z, Alicia Keys | Brazil
Declan McKenna |
| Hey Ya!
OutKast | Encore
Red Hot Chili Peppers |
| Life Itself
Glass Animals | Blinding Lights
The Weeknd |
| Loving Is Easy
Rex Orange County | My Shot
Broadway Cast of 'Hamilton' |
| You Will Always Be the One
Loving Caliber | Truth Hurts
Lizzo |

STORY BY CORY WINDHOLZ
DESIGN BY ELLA HUTNICK

LISTEN UP.

I like the **SPEAKER** because it allows me to still remain in the real world, whereas earbuds do not so much permit me that joy, but I can still get enveloped in the music and I can still get carried away.
DRAKE SMITH, 11

EARBUDS prevent others from being disturbed. I like keeping to myself, and people tend to be judgemental about what people listen to these days so I just listen to it in private."
JEFF LIANG, 9

"I bought my first vinyl **RECORD** a couple years ago for an album that I knew I would really like that was coming out... "After Laughter," by Paramore. I've always loved the experience of listening through a whole album, and enjoying the visual of the album art alongside the album as a whole."
NAOMI JAMES, 11

I like driving around with my friends in my **CAR** and listening to any music we are feeling at the moment and playing it as loud as we can.
NICOLE HIEMENEZ, 9

GOOD TO KNOW
"I work on motorcycles a lot."
-LIAM CAHILL, 9 (106)

TWO GIRLS ORGANIZE THEIR PLAYLISTS IN DIFFERENT WAYS

"Mainly with my sisters, we go through her discover weekly and the ones that we like we put on a monthly playlist January through December. At the end of the year, we don't want a bunch of playlists so we just put all the songs from each playlist onto one big playlist."
JAELEN MATTHEWS, 12

ORGANIZED CHAOS

"I can't really have one playlist for everything. My playlists titles' all consist of oddly specific titles. One of mine is "When it's Friday night and it's two a.m. and you're on a car drive in the city."
ANGIE REYES, 9



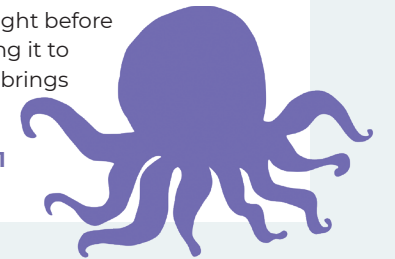
SONGS THAT MAKE PEOPLE FEEL SENTIMENTAL

'CHASING CARS'-SNOW PATROL
"I really like that song, They play it for every death in Grey's Anatomy, so it's super sad. It's on my feels playlist, so I listen to it a lot."
LIZ LAHOOD, 9



IN THE FEELS

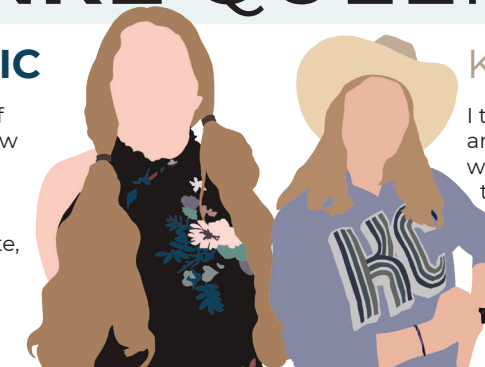
'OCTOPUS'S GARDEN'-THE BEATLES
"When I was 5, every night before bed [my dad] would sing it to me and my sister, so it brings back good memories."
HOLDEN LEATHERS, 11



GENRE QUEENS

KEEPS IT CLASSIC

"It's just so calming, because of the way you can remember how [music used to be] about the performance and the technique as opposed to just making it loud. If I had to choose a favorite, I'd say Beethoven or Mozart."
ELIZABETH REMINGTON, 12



KEEPS IT COUNTRY

I think with country music, the lyrics are really fun and they're usually witty or tell a story. It's also really fun to sing along to country music. Right now, my favorite is "Wagon Wheel," by Darius Rucker.
JANE WINKLER, 11

#FOR YOU

PAGE

STUDENTS JOIN THE TIK TOK CRAZE

STORY BY CATE DUNLAY
DESIGN BY ELLA HUTNICK

GABBIE TROUTNER

FRESHMAN GABBIE TROUTNER USED TIK TOK TO PASS TIME WHEN SHE WAS BORED

Q: WHAT MAKES TIK TOK FUN?

A: "When something stupid happens in the video and it is something funny. One time I was making one and a table broke."

Q: WHY DO YOU MAKE TIK TOKS?

A: "I just make them when I'm really bored. I think they're funny and hopefully I will get famous, but I don't think that's going to happen."

Q: HOW OFTEN DO YOU USE TIK TOK?

A: "A lot more than I should. I'm on it when I'm bored or when I don't have anything else to do. I just get lost in Tik Tok."

SOPHIA STEINER

SOPHOMORE SOPHIA STEINER ENJOYED PARTICIPATING IN A SOCIAL MEDIA APP WHERE PEOPLE COULD BE THEMSELVES

Q: WHAT IS YOUR FAVORITE TYPE OF TIK TOK TO WATCH

A: "I like to watch the transition videos because I think they are cool... some of those are intense."

Q: HOW DOES TIK TOK COMPARE TO OTHER SOCIAL MEDIA APPS?

A: "I think it's more fun because people don't really try on it that much. They don't try to look pretty and they don't do it for likes. They do it because they are bored and want to have fun."

Q: WHY DID YOU DOWNLOAD TIK TOK?

A: "I have had Tik Tok since it was Musical.ly. I downloaded Musical.ly in sixth grade and it transferred into Tik Tok so I just kept going with it."

SENIOR PHILLIP MILLER SAID TIK TOKS WERE FUN TO MAKE AND WATCH WITH FRIENDS

Q: HOW LONG HAVE YOU BEEN ON TIK TOK?

A: "Since May of last year."

Q: WHAT PEOPLE DO YOU LIKE TO WATCH ON TIK TOK?

A: "People that imitate old things. They are probably the funniest."

Q: WHAT MAKES TIK TOK FUN FOR YOU?

A: "It's most fun when you make them with people, because then you are just bonding and making weird videos together."

PHILLIP MILLER

TIK TOK ON THE CLOCK

STUDENTS CHECK THEIR WEEKLY SCREEN TIME FOR TIK TOK

ELLA BUFFINGTON, 10 16 HOURS

TRISTAN WIGHT, 9 3.2 HOURS

MARCO BERMUDEZ, 12 40 MINUTES



NOW WE KNOW

"I almost met Charles Melton"
SAM STUBENHOFER, 10 (165)