

MASKS 101

Keep yourself and others safe by wearing your mask correctly.

Wearing a mask can help reduce the risk of transmission of COVID-19, but it needs to be worn correctly to be effective. Always make sure to wash your hands before putting your mask on, and if you are using a cloth mask, wash it after each use. You should be able to breathe easily when wearing the mask. When you take it off, handle the mask only by the ear loops and wash your hands after.

AT A GLANCE

nose piece should be fit around the bridge of the nose

ear loops should be tight around the back of the ears

colored side of the mask should face outward

mask should fit snug around the chin and top of the neck

