FAST

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LAYING LACROSSE since the third grade, Kevin Lyons, 08, has grown as an athlete in the sport. A player for the 91 Colorado and Thunder, Lyons traveled nationally to compete in tournaments in Las Vegas, Nevada, and in Arizona.

The road to victory has not been an easy one, especially when Lyons' friends made the cut, scoring spots on a higher team's roster. "My biggest achievement is seeing my hard work pay off. I got moved down to a lower team than my friends. I worked really hard. I got invited to play a tournament in Las Vegas with the higher team," Lyons said.

Playing lacrosse has taught Lyons important character traits. "I've learned discipline and respect. And toughness. I've built up a tolerance for pain. Definitely confidence too. I play on a team that competes at a high level," Lyons said.

For Lyons, the tournament in Arizona was a career highlight. "We were in overtime in Arizona. If we lost that game we would have been out of the tournament. I got a steal where I got the ball from one of the attackman, and I passed it up field and we scored," Lyons said. "The sport has changed me. I've made some big friendships playing lacrosse and in sports in general."





Brady Syers, Ryan Pramenko, Carter Landen and Andrew Smart, 08, celebrate a blowout win. Several of the players finished the tournament hitting a home run in this game alone. "I like playing because it takes my mind off whatever else I have going on in my life," Pramenko said. photo courtesy of r. pramenko 3. ON THE SLOPES, Delaney Fitzgerald, 08, finishes up a run at Loveland. Skiing every year, Loveland is Fitzgerald's favorite ski resort to frequent. "I ski because when I'm on the mountain in the snow, I feel free, even if it's cold. I just feel like I'm flying. I feel unstoppable," Fitzgerald said. photo by courtesy of d. fitzgerald 4. IN THE GREAT ORS, Carter Soucie, 06, kayaks on Flathead Lake in Montana. It was Soucie's first time kayaking. "I would definitely go again and I would suggest it to other people, but I would suggest starting on calmer areas," Soucie said. photo courtesy of c. soucie 5. ON VACATION, Avery Lockard, 06, makes the most of her summer by water skiing at Lake Powell. "I love to water ski, but it is very hard and I have only done it for two years or so "Lockard said photo courtesy of a lockard

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