

# CRIER

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**'I'll get off  
my phone  
in a few  
minutes...'**

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**I**t starts off slow, creeping up on us without our knowledge. A five minute break between assignments quickly becomes piles of work left at our desk and a daily screen time of nine hours.

"I use my phone basically every hour of the day when I'm not sleeping," Kiki Petrovic, freshman, said. "I always find myself scrolling on my phone and watching the time

run by so fast. (Social media) has definitely caused problems, but I don't think I could stop using it."

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