




EL



ESTOQUE

Monta Vista High School, Cupertino, CA



EE

NSPA Best Use of Social Media: Reporting

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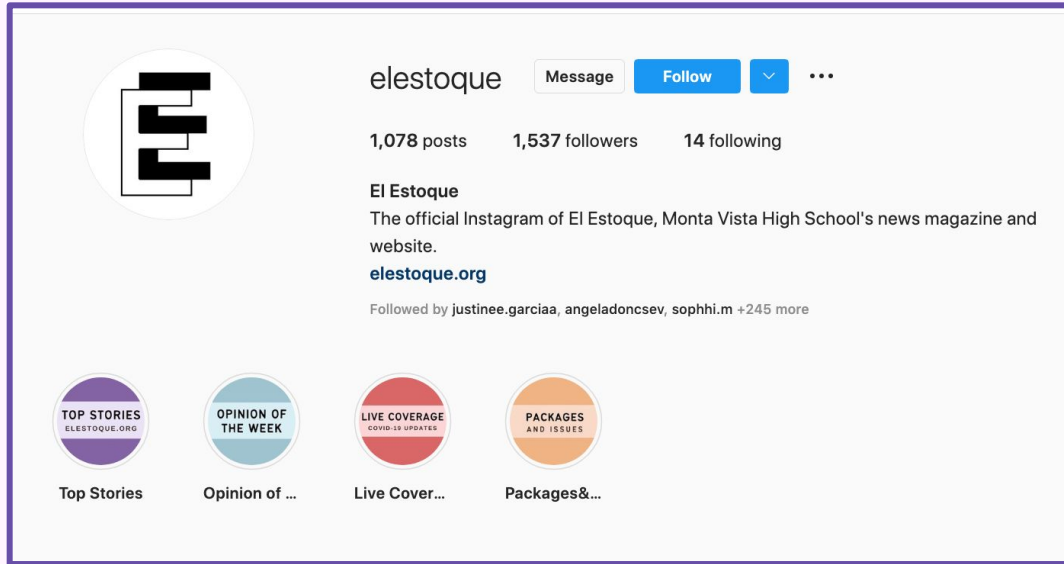
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The logo consists of two bold, black, sans-serif capital letters 'E' and 'E' positioned side-by-side. They are centered within a solid purple square background.

INSTAGRAM COVERAGE



Consistent Coverage

We post on our feed daily, covering events as they occur with an emphasis on timeliness.

Diverse Content

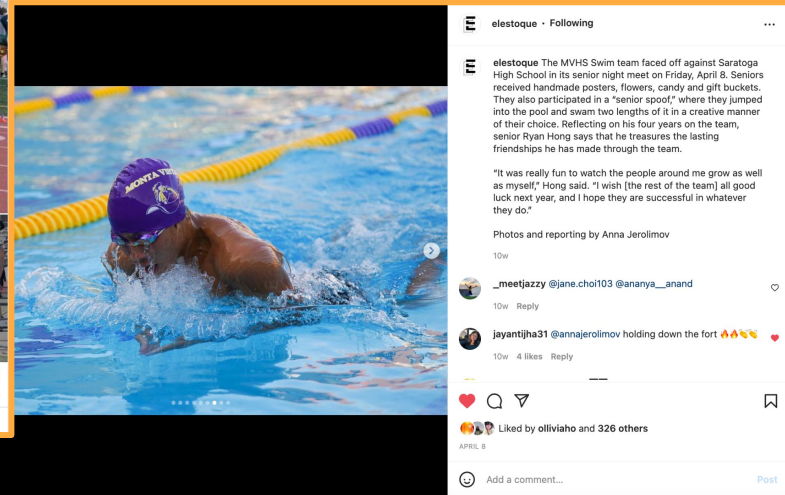
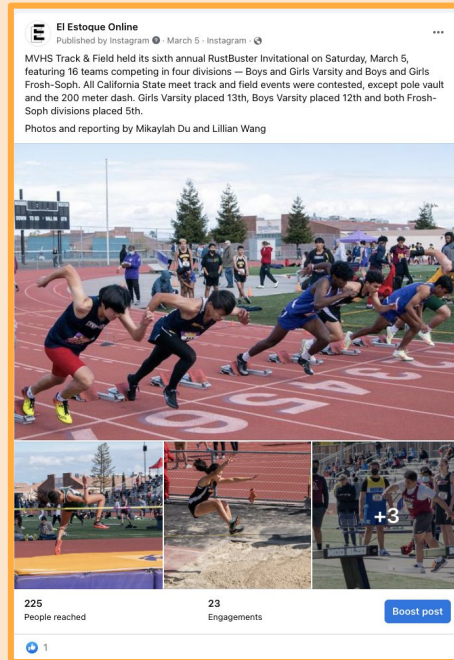
We cover a variety of different events from sports games to local community gatherings.

Post Quality

All our photos posted on Instagram are high quality and accompanied with a caption. To ensure this, we mandate that all social media posts are sent to our heads team group chat for review, where we can suggest any possible changes to photos or captions.

SPORTS

Sports are the pride of every high school, and as a staff, we made an effort to consistently cover all boys and girls home varsity sports games on all our social media platforms.





elestoque • Follow

elestoque Varsity Boys Volleyball won 3-0 in their first league game against Homestead High School on March 11. MVHS were offensively strong throughout the game, allowing them to secure the first two sets with the scores of 25-13 and 25-17. However, in the third set, HHS made fewer mistakes, according to Head Coach Paul Chiu, which led to a 24-24 tie. After multiple rallies, MVHS took the third set with a score of 29-27. Chiu holds high hopes for the season and believes that they will perform well despite being a young team.

"I think most of the league expects this is the year they're going to [beat us], so we're going to have to surprise one opponent at a time," Chiu said.

Photos and reporting by Kalyani Puthenpurayil and Michelle Zheng

13w

sarahliu.4 ❤️🔥🔥🔥

13w 1 like Reply

Liked by sophhi.m and 241 others

MARCH 11

Add a comment...

Post



elestoque • Follow

elestoque Varsity Boys Volleyball defeated CHS 3-0 on Friday, securing its third win of the season. Initially falling behind in each set, MVHS managed to catch up, narrowly winning with scores of 26-24, 29-27 and 25-23. Senior Arthur Chan enjoyed having the "energy" of the audience, and believed the team's overall performance was "clean" due to its limited errors. However, he still thinks the team can work on its offense and is excited for its coming games.

"You know, the goal is to win leagues and win CCS," Chan said. "But we got some tough challenges and we got to rise to those occasions. I know this season we're capable of that, so we'll see what happens."

Photos and reporting by Melody Cui, Krish Dev and Taryn Lam

Edited - 12w

camill3yip OKAY TARYN👀

12w 1 like Reply

Liked by sophhi.m and 290 others

MARCH 19

Add a comment...

Post

Our Varsity Boys Volleyball Team performed well in the playoffs, winning Division 2 of CCS and moving onto Norcal where they won their first game. Our staff covered every one of their CCS games, including the final game which wasn't at home.



elestoque • Follow

elestoque Varsity Boys Volleyball defeated Homestead High School 3-2 to win the Division 1 CCS Championship on Saturday, May 14. MVHS won the first two sets 25-23 and 25-20 but HHS tied the game 2-2 after winning the third set 26-24 and the fourth set 25-20. Despite being behind 14-13 in the fifth set, MVHS ultimately won the game and the championship after winning the set 16-14. Senior Lance Tong looks forward to NorCal Playoffs and is optimistic about the team's future after he graduates.

"We have a lot of young guys on this team," Tong said. "[In] our first game Coach [Paul Chiu] said, we're going to be a very young immature team, we're going to make a lot of stupid mistakes, we're going to have a lot of errors, and we need to figure out how to optimize that because we have a lot of talent. I think that [throughout the season] we've seen a lot of the younger guys stepping up and making an impact when we need them, and [we've] really seen them grow and mature. I think that if they can keep that up for next season they're not going to be competing in [Division 1], they're going to be competing in [the] Open [Division] and they're going to be a really good team."

Liked by sophhi.m and 250 others

MAY 17

Add a comment...

Post



elestoque · Following

elestoque Facing elimination and the ending of its season, the MVHS Girls Volleyball team defeated Windsor High School 3-1 in their first-ever Northern California Playoffs appearance. Despite dropping the first set, MVHS rallied winning the next three sets to move on to the next round, where they will face Miramonte High School on Nov. 11. Reporting by Lance Tong

Edited · 30w

@marissa.l.jensen 🍀🍀🍀

30w 2 likes Reply

👍👎🗑️

Liked by anika.agarwal_ and 264 others

NOVEMBER 9, 2021

😊 Add a comment... Post

Our Varsity Girls Volleyball Team had a revolutionary run in CCS, making it to the CCS Finals for the first time since 1998, and also competing at NorCal. We covered all of their CCS and NorCal Games on Instagram, even having photographers travel multiple hours away to cover their final NorCal games.



elestoque · Following

elestoque One win separated the MVHS Girls Volleyball team from becoming CCS champions during their match against Menlo-Atherton on Nov. 6. The Matadors fell 3-1, ending their CCS run and coming in second. However, MVHS' season is not over, as the Matadors will start the Northern California Championships next week. Reporting by Lance Tong

Edited · 31w

👍👎🗑️

Liked by anika.agarwal_ and 324 others

NOVEMBER 6, 2021

😊 Add a comment... Post



elestoque · Following

elestoque With its season coming to an end, Girls Volleyball played in its final home league game of the season against Los Altos High School on Oct. 20. The festivities began before the first serve, when the four seniors were given gift baskets and speeches from juniors. While the match was close, MVHS lost 3-2.

Read more on elestoque.org
Photos and reporting by Jayanti Jha and Lance Tong

Edited · 33w

rishitamadhhipatia the unboxing 🍀 @marissa.l.jensen

33w Reply

👍👎🗑️

Liked by ashil._shao and 259 others

OCTOBER 21, 2021

😊 Add a comment... Post



elestoque · Following

elestoque Varsity Girls Basketball lost to the No. 2 seed Evergreen Valley High School 50-30 on Tuesday, Feb. 22 in its CCS quarterfinal game, ending its season and CCS run. The Matadors boasted an undefeated 12-0 league record as well as an 11 game win streak that extended into the second round of CCS playoffs.

"I'm just really proud of the team," sophomore Sophia Lu said. "We've just worked so hard and we've gotten this far into CCS. And we've done what we've done and we moved up in league for next year."

Photos and reporting by Anna Jerolimov and Michelle Zheng

15w



Liked by ananyanadathur and 264 others

FEBRUARY 23

Add a comment... Post



elestoque · Following

elestoque Varsity Girls Basketball defeated Gunn High School 69-40, securing its league championship on senior night, Wednesday, Feb. 9. The win maintains the team's undefeated streak, with a 10-0 record.

Senior Siri Adusumilli attributes the win to energy and teamwork and believes the team has "good chemistry." Reflecting on the game, Adusumilli finds it "went really well and it was a good way to end the memories of all four years."

"I feel incredibly happy and also reminiscent," Adusumilli said. "I remember coming on to score for the first time as a freshman and I can't believe that it's going to be my last time on home court."

Photos and reporting by Krish Dev and Aashi Venkat

Edited - 17w



17w 1 like Reply

View replies (1)



Liked by olliviaho and 317 others

FEBRUARY 9

Add a comment... Post



elestoque · Following

elestoque In its first CCS match of the 2021-2022 season on Friday, Feb. 18, the Varsity Girls Basketball team beat Sequoia High School 49-25 to advance to the second round. MVHS will face off against North Salinas High School tomorrow.

Photos and reporting by Lance Tong and Michelle Zheng

16w



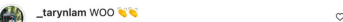
16w Reply



16w Reply



16w Reply



16w 1 like Reply



Liked by olliviaho and 277 others

FEBRUARY 18

Add a comment... Post

Our Varsity Girls Basketball Team went undefeated during their league season, also competing in the CCS playoffs, where they made it to the quarterfinals. We made sure that reporters were present at each game to document their success on social media.



elestoque • Follow

elestoque MVHS Swim Team lost to Los Gatos High School on March 25. While the Varsity Boys won 96-74, the other three divisions lost. Despite this, several MVHS swimmers and relay teams achieved CCS qualifying times.

Photos and reporting by Mikaylah Du

11w

eugenius0 @nilayykundu 49.9 100 free!!!! 🏊‍♂️👏

11w 3 likes Reply

Liked by sophhi.m and 222 others

MARCH 26

Add a comment...

Post



elestoque • Follow

elestoque MVHS Baseball Team lost to Oak Ridge High School 7-0 on Tuesday, March 1. The score was 0-0 for the first five innings, but during the sixth inning, ORHS made four runs, continuing its momentum through the end of the game. Junior Noble Ortega believes the team needs to work on making fewer errors and hitting the ball more so they can occupy more bases.

"We went 0-0 all the way to the fifth inning and we usually don't do that, but surprisingly we did and we took it pretty far," Ortega said. "At the end of the game, the floodgates opened and we just all started falling apart."

Photos and reporting by Melody Cui, Krish Dev and Gauri Manoj

14w

jayantijha31 🙌🙌🙌🙌

14w Reply

diasciash ur featured omg 🙏🙏@nate.liu15

Liked by sophhi.m and 259 others

MARCH 1

Add a comment...

Post

On top of extensively covering our successful sports teams, we ensured sure that each team received coverage regardless of their record, as well as covering girls and boys sports equally.



elestoque • Follow

elestoque Varsity Football fell 45-20 to Cupertino High School in the annual helmet game on Saturday, Oct. 16. The half time show included performances by members of the MV Color Guard, Cheer and band teams. Photos and reporting by Lance Tong

34w

socket.tandoori SO EXCITING

34w 8 likes Reply

tomyb.rew damn

34w 3 likes Reply

ireenetang cool photos lancetongphoto!👏

34w 1 like Reply

View replies (1)

Liked by sophhi.m and 295 others

OCTOBER 17, 2021

Add a comment...

Post



elestoque • Follow

elestoque Varsity Boys Water Polo lost 17-11 to Saratoga High School on Thursday, bringing its overall game record to 2-5. Despite trailing 7-1 in the first quarter, offensive pushes in the second half allowed MVHS to maintain its point margin throughout the game. Photos and reporting by Anna Jerolimov

35w

gauri.manoj YAHHHH ANNA

35w Reply

joey_b1117 Those photos are crazy!!!

35w Reply

ishanidayal the photography 🙌🔥

35w 2 likes Reply

sarahliu.4 wym these are good photos!!

Liked by sophhi.m and 230 others

OCTOBER 7, 2021

Add a comment... Post



elestoque • Follow

elestoque Maintaining their lead for the majority of the game, the Varsity Boys Basketball team defeated Branham High School on Nov. 30 with a score of 47-36. Senior Keshav Balaji attributes their win to the team's "solid defense" and "spirit."

"We came out ready," Balaji said. "On the bench, everyone was high fiving each other [and] getting good touches. [We had] great warm ups, great spirit and I feel like that carried into the game and led to our win."

Photos and Reporting by Melody Cui and Gauri Manoj

Edited - 27w

s_onia_v Yo these kids are gigantic

27w Reply

matthewpulimootil L + ratio + boys soccer better

27w Reply

Liked by sophhi.m and 267 others

DECEMBER 2, 2021

Add a comment... Post



elestoque • Follow

elestoque The Varsity Girls Field Hockey team lost to Homestead High School 4-0 on Wednesday, Oct. 20, maintaining its position of sixth overall in the league. Within the last three minutes of the first quarter, HHS scored the first goal, followed by three more points scored throughout the duration of the game. Senior and captain Charlotte Dingli hopes to improve the team's gameplay by going into their next games with "good communication and good talk."

Read more on elestoque.org
Photos and reporting by Anna Kaminitz and Matthew Yoshimoto

Edited - 33w

jsatterthwaite Win or lose, we still love you fierce ladies!

33w 5 likes Reply

Liked by sophhi.m and 232 others

OCTOBER 20, 2021

Add a comment... Post



elestoque • Following

elestoque Varsity Girls Soccer defeated Cupertino High School 2-0 during its senior night on Thursday, Feb. 10. Senior and captain Roma Hashemi attributes the win to the team's continuous passing and quick releases, which it had been practicing, as well as to the fact that everyone "played for each other" and "went out there as a team."

"It [means] a lot to come away with a win because it's our last time playing on this field which is really bittersweet," Hashemi said. "It was a good four years and I'm excited for the next generation of Monta Vista Girls Soccer players to keep the legacy going. I'm super happy with my four years, I'm super happy with the season, I'm super happy with [tonight's win]. I'm going to miss it a lot [and] I'm so glad it happened."

Photos and reporting by Anna Jerolimov and Kalyani Puthenpurayil

Edited - 17w

tarynliam OH EM GEE PHOTOS 🙌❤️

17w 3 likes Reply


sarahliu.4 🙌🙌🙌

Liked by olliviaho and 321 others

FEBRUARY 10

Add a comment... Post

elestoque • Following



elestoque Varsity Boys Soccer defeated Cupertino High School 4-1 on Thursday, Jan. 20. Junior Guru Gopinath, who scored the team's third goal near the end of the second half, believes that the team's win can be attributed to its energy and teamwork.

"We were just playing together," Gopinath said. "We were talking with each other the entire game and that set us apart from the other team."

Photos and reporting by Anna Jerolimov and Kalyani Puthenpurayil

20w

olliviaho @annajerolimov @kalyani.p_13 Wow! Great editing and photos! Love it!

20w 2 likes Reply

xx.abhi67 Guru Gopinath Prasad has spoken

20w Reply


arya_srivastava @annaj3r01m0v damn photographer

Liked by olliviaho and 344 others

JANUARY 21

Add a comment... Post

elestoque • Following



elestoque The Varsity Badminton team narrowly defeated Cupertino High School 16-14 in its game on Tuesday, March 22. After the team score was tied at 14-14, the final result depended on the outcome of the Varsity 2 Mixed Doubles match, with the MVHS pair being junior Andrea Liang and sophomore Maxwell Ou. Liang and Ou defeated their competitors in two sets with scores of 22-20 and 21-13, securing the overall win for MVHS.

"Going into [the match], I didn't know [the score was tied at 14-14]," Liang said. "I think I probably would have been a lot more nervous had I known what the score was. Overall, [the games] were really tight and so we worked really hard to support each other."

Photos and reporting by Anna Jerolimov and Kalyani Puthenpurayil

11w

tiffaniee.c

11w 1 like Reply

diasclash <3 pics

Liked by olliviaho and 300 others

MARCH 23

Add a comment... Post



elestoque • Follow

elestoque The MV Music Program hosted its Winter Home Show in the gym on Wednesday, March 30, featuring performances from Concert Percussion, Winter Percussion and Winter Guard. The Winter Guard's sleeper-themed show, choreographed to Lawrence's "Do You Wanna Do Nothing With Me?" concluded with a giant teddy bear raffle. Senior Anika Sharma thinks the team "pulled through" at the home show, although they found it nerve-racking to perform for the MV community. The team's final performance is on April 2.

"I'm sure halfway through that day it's going to hit me and I'm going to start sobbing, but it still hasn't hit me that it's my final year," Sharma said.

Photos and reporting by Melody Cui and Lillian Wang

11w


rhino.inani @ultrachiran13 @d4vid.lu Crispy

11w 2 likes Reply

Liked by sophhi.m and 227 others

APRIL 2

Add a comment... Post



elestoque • Following

elestoque Varsity Wrestling fell 60-16 to Mountain View School while JV Wrestling won 18-10 at the dual meet on Thursday, Jan. 20. Junior and JV wrestler Lavinia Lei cites her match during the meet as "one of the funnest [she's] had."

"This was the first time I have wrestled all three periods," Lei said. "Usually either me or my opponent wins before then. There were a lot of flip flop moments during the match ... It was just really fun. I want to win by pins instead of just five points next time, and as a team, I hope we're all able to do the best we can, whether it's a win or a loss, if we keep fighting until the end."

Photos and reporting by Kripa Mayureshwar and Shivani Verma

20w

ttvishaa kripa and shivani these are really good pictures

20w 5 likes Reply

View replies (1)

Liked by olliviaho and 184 others

JANUARY 22

Add a comment... Post

ELECTION COVERAGE

ASB PRESIDENT



JUSTINE GARCIA

elestoque • Follow

elestoque Junior Justine Garcia (@justinee.garciaa) is running for the 2022-23 ASB President.

Serving on Class Office for the past three years, and as 2023 Class President for the previous two, Garcia is running uncontested to continue her leadership streak. She thinks there needs to be more change in school, and she plans on improving current events such as Homecoming, dances and rallies.

"[I want to] organize [the events] a bit more so that we are planning ahead of time and that the school knows more about it," Garcia said. "Also just making [it] more fun in general and bringing my ideas [of] new spirit days and the things we can do to my presidency."

Graphic and reporting by Melody Cui and Gauri Manoj

12w

Like Comment Share

Liked by dhuang35 and 134 others

MARCH 17

Add a comment... Post

On Instagram, we covered each student election at our school, which included ASB elections and three individual class elections. Our staff conducted a one on one interview with each candidate about their individual plans and also posted slides announcing the winners to update the student body on the results of the election.

ASB VICE PRESIDENT



EMI KOSAKURA

elestoque • Follow

elestoque Meet the ASB Vice President candidate for the 2022-2023 school year: junior Emi Kosakura (@emi.kosakura).

Kosakura has been a 2023 Class Officer for the past two years and now wants to give back to the whole school. She also heavily emphasizes community in her campaign, hoping to help students find their own place in a large school like MVHS. Kosakura plans to help improve the communication between the Legislative Council representatives and the student body to increase transparency.

"I've been able to meet so many new people and highlight all these amazing groups on campus," Kosakura said. "I have experience in the Leadership class and planning and organizing different events with my class that I think can translate into ASB."

Graphic and reporting by Melody Cui and Gauri Mano

12w



Liked by dhuang35 and 121 others

MARCH 17

Add a comment...

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ASB TREASURER



ROHIT DAYANAND



DILLON HUANG

elestoque • Follow

elestoque Juniors Rohit Dayanand (@r3kt_d) and Dillon Huang (@dhuang35) are running to be ASB Treasurer for the 2022-2023 school year.

Dayanand has been involved in leadership for all three years in high school, currently serving as a Student Life Commissioner where he oversaw the transition from virtual club information day to in-person club information day. As an officer for MVHS Debate Team, he also handles hundreds of check requests and finances. If he gets elected, he hopes to increase financial transparency by making sure that students understand where school funds are allocated to. Dayanand plans on doing this by creating Instagram posters to break down the budget report into easy to understand steps, making it not only engaging but also informative.

"I want to ensure that clubs have access to fundraising opportunities," Dayanand said. "Also [that they] know how to fundraise because I know there's a lot of ambiguity regarding what the legislation is on what you can fundraise, so I'm going to compile a guide in which kids know exactly what they need to do to get that money out, fundraise and at the end of the day,



Liked by dhuang35 and 188 others

MARCH 15

Add a comment...

Post

ASB IDC REP



KRISTEN HSIEH



AMY HU

elestoque • Follow

elestoque The two candidates for the IDC representative position are juniors Kristen Hsieh (@pooopokristen) and Amy Hu (@amy_who0000).

Hsieh has been involved in Leadership for three years, serving as a class officer and a member of both Matador Recognition and Spirit Commission. With her passion for helping the community, Hsieh hopes to increase spirit and inclusivity on campus and host more events to "bring energy back." Hsieh plans to actively listen to feedback from her peers to ensure that all students feel safe and welcomed at MVHS.

"I have a diverse palette of experiences, so I kind of recognized everyone," Hsieh said. "I'm super passionate about serving the community and our school. I have some pretty solid ideas for ways that we can make the next school year the greatest ever and I hope to leave an impact for the years [to come]."

Hu is currently the IDC representative for the class of 2023 and wants to maintain this position in ASB so she can continue "making an impact" on the school. She has been in Leadership for five years and has outside experience through hosting



Liked by sophi.m and 135 others

MARCH 16

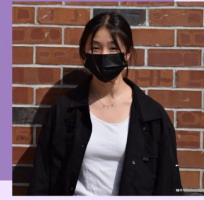
Add a comment...

Post

ASB SECRETARY



JULIANNA KIMM



KATHERINE LI

elestoque • Follow

elestoque Junior Julianna Kimm (@julianna.kimm) and freshman Katherine Li (@kkay_) are running to be ASB Secretary next year.

As a Girl Scout and a member of Matador Recognition, Kimm has strengthened her leadership skills and worked alongside the 2023 Class Office to help organize school events. Kimm hopes to ease the transition from remote learning, which she says decreased school spirit and transparency, by creating more opportunities for students to interact and de-stress. Her plan as ASB secretary is to distribute conflict calendars for students and teachers to keep track of important dates and exams.

"The transition [from remote to in-person] was really harsh on a lot of us so I'm hoping to make it a little bit smoother," Kimm said. "I know that a lot of students had a lot of tests on one day this year and everyone was always super stressed, so I'm hoping [the conflict calendar] will alleviate some of that stress."

Li is running for ASB secretary in order to try something new during her freshman year. Using her experience as a WEB leader in middle school and strong communication skills, she believes



Liked by dhuang35 and 121 others

MARCH 17

Add a comment...

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PRESIDENT



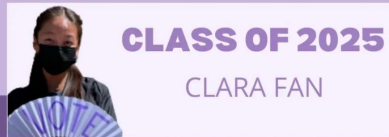
CLASS OF 2023

KELLY TUNG



CLASS OF 2024

KAYLEY KIM



CLASS OF 2025

CLARA FAN

•••••

elestoque • Follow

elestoque Congratulations to the elected Class Officers for the 2022-23 school year!

The Junior Class Officers are Kelly Tung as President, Vincent Zhao as Vice President, Jeremiah Moli as Secretary, Hayden Tyler Ancheta as Social Manager and Samuel Choi as Treasurer. The sophomore Class Officers are Kayley Kim as President, Ananya Jilla as Vice President, Ananya Nadathur as Secretary, Miriam Law as Social Manager, Courtney Yuen as Treasurer and Michelle Zheng as IDC Rep. The freshman Class Officers are Clara Fan as President, Jooha Kim as Vice President, Miya Kosakura as Secretary, Siyona Kathuria as Social Manager and Peter Chen as Treasurer.

Photos and reporting by Crystal Cheng and Jisha Rajala

Edited - 10w

lourdezdziaz @kelkel.tung omg i didn't see this madam president i am in your hands 🥰 so slay

10w 1 like Reply

Liked by sophhi.m and 198 others

APRIL 1

Add a comment...

Post

PRESIDENT



PETROS KOUGIOURIS

"COVID really separated us because it was a period of time where we didn't really talk as often and groups got split up. I really want to work on bringing us all together as a whole class."



CLARA FAN

"I want to make sure that everyone has the best high school experience, and prioritize having a good time and getting less caught up in the stress of school and extracurriculars."

•••••

elestoque • Follow

elestoque For the Class of 2025, Petros Kougiouris (@pk.dmg85) and Clara Fan (@_clarafan) are running to be Class President. Three races, Jooha Kim (@joohakim) for Vice President, Miya Kosakura (@miya.kosakura) for Secretary and Siyona Kathuria (@siyona.kathuria) for Social Manager are uncontested. On the other hand, Peter Chen (@peter.chen.1), Kathryn Foo (@kathryn_f07), Jamie Garcia (@jamie.garcia) and Katherine Li (@kaykay.li) are all running to be Treasurer next year.

Graphics and reporting by Crystal Cheng, Taryn Lam and Jisha Rajala

10w

tarynlam Woo @crystal__cheng + jisha!!

10w Reply

camill3yip YUHHH TARYN AND JISHA THIS IS SO GOOD 🥰🥰

Liked by sophhi.m and 198 others

MARCH 30

Add a comment...

Post

PRESIDENT



ITAI LAVI

"Over the past few years, I've really fallen in love with leadership and what it stands for. I remember going into my freshman year and [enjoying] homecoming, dances, and rallies, and I want to make sure that every student in our school can enjoy those as well."



DARPAN SINGH

"Here we are now more than halfway through our 2nd semester of our junior year and it feels like no time has passed. With only one more year to enjoy together, I want to make our senior year truly special."

•••••

elestoque • Follow

elestoque For the class of 2023, the role of President has three candidates: Itai Lavi (@itai.lavi), Darpan Singh (@darpan.singh), Kelly Tung (@kelkel.tung). For Vice President, Alex Zhang (@alex.zhang) and Vincent Zhao (@vin.kint) are running. Jeremiah Moli (@jeremiahmoli) and Nikhita Saldi (@nikhita.saldi) are running for Secretary. Hayden Ancheta (@haydenancheta) and Guru Gopinath (@gurugopinath85) are running for Social Manager. The Treasurer candidates are Samuel Choi (@angle.schoi_fencing), Austin Hwang (@austgold) and Leonardo Sze (@leonardosze).

Graphics and reporting by Crystal Cheng, Jisha Rajala and Sonia Verma

Edited - 10w

tzhang1738 @austgold @leonardosze 🥰🥰🥰🥰

10w Reply

Liked by dhuang35 and 149 others

MARCH 31

Add a comment...

Post

PRESIDENT



KAYLEY KIM

"I plan to increase communication with our class and admin to foster effective change, as well as host "High School Musical"-like events that are more lower-priced and catered to 2024's tastes to increase the spirit within our class."



JAYDEN LIM

"My first goal is to improve class communication. I know a lot of people don't have access to social media so I want to broaden our communication methods and migrate from traditional ones."

•••••

elestoque • Follow

elestoque For the Class of 2024, four races have two candidates each. Kayley Kim (@kayleykim) and Jayden Lim (@_jaydenlim_) are running to be Class President. Ananya Jilla (@ananyajilla) and Andrew Zhou (@asian_andy) are campaigning to be Vice President. Miriam Law (@mirirlaw) and Neil Mhamunkar (@neil.mhamunkar) are running to be Social Manager. Aya Abdelrahman (@that_aya) and Michelle Zheng (@mz_4_idc) are running for IDC Rep. Three contestants are running to be Treasurer, Sohni Tagrisa (@sohntagrisa), Samuel Yao (@s_yao), and Courtney Yuen (@courtneyyuen). On the other hand, Ananya Nadathur (@_ananya.n) is the sole candidate for Secretary.

Graphics and reporting by Crystal Cheng and Jisha Rajala

Edited - 10w

mahatvaranasi VOTE @_jaydenlim_!!

10w 1 like Reply

mirirlaw Lol @_ananya.n

Liked by dhuang35 and 164 others

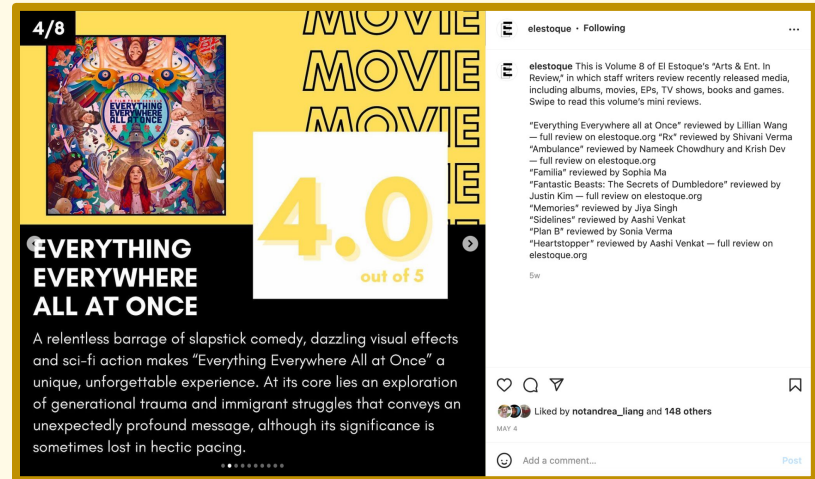
MARCH 31

Add a comment...

Post

A&E IN REVIEW

Every month, our arts and entertainment section releases A&E in review on Instagram, where 10 staff members review movies, albums or TV shows released that month.



SCHOOL EVENTS



elestoque • Follow

elestoque In honor of former English teacher Stacey Cler, MVHS hosted a tree dedication on Jan. 29 near the staff parking lot. The ceremony began in the Student Union, decorated with photos and Cler's items, where teachers and students gave speeches recounting their favorite memories with Cler. After everyone presented, the event moved to the parking lot where guests lined up to pour a cup of water on Cler's tree. Guests could also paint rocks which were later arranged in a circle around the tree.

English teacher Sara Borelli, one of the organizers of the event, shares that she's grateful for the immense support from all the students and staff members who helped plan the ceremony. With many people attending the dedication, Borelli's favorite moment was seeing how much love and appreciation the MVHS community had for Cler.

"It was emotional, but I think it went well," Borelli said. "I think everybody was appreciative to have the time to say goodbye to her and to remember her. [I want Ms. Cler to be remembered] as someone who worked very hard and loved her students very much and put everybody before herself."

👍👎🔍🔖

👤👤👤 Liked by **sophhi.m** and 436 others

JANUARY 30

😊 Add a comment... Post

Our staff covers a variety of school events hosted by different clubs and organizations to ensure that all scopes of our school community receive representation on our feed.



elestoque • Follow

elestoque MV SNL ran twice on Feb. 18 and Feb. 19 and was co-hosted by history teachers David Hartford and Peter Pelkey. The production featured 14 comedy sketches, a musical guest and a Weekend Update from the hosts, and the second run included a surprise senior slideshow after the end of the show.

Photos and reporting by Mikaylah Du

Edited · 16w

kendriik_llamar Doug

16w Reply ...

arya__srivastava @neil.mhamunkar wowwww

16w 1 like Reply

— View replies (1)

max..._who fifth pic goes so hard screenshotted

Like Comment Share

Liked by jeffersonle and 350 others

FEBRUARY 21

Add a comment... Post



elestoque • Follow

elestoque On March 31, MV GSA held an event for Transgender Day of Visibility during lunch in the Academic Court. Activities included sidewalk chalk for students to draw, a poster stating "What does pride mean to you?" for students to sign and a scavenger hunt, in which students could find four star-shaped posters on campus that featured famous transgender figures and receive a piece of candy for participating. On Friday, April 8, MV GSA also plans to hold a Day of Silence vigil to protest the silencing of LGBTQ+ people, where participants will be given a placard to wear in class that states their intention to stay silent for the entirety of the school day.

Photos and reporting by Kripa Mayureshwar and Shivani Verma

10w

Like Comment Share

Liked by sophhi.m and 221 others

APRIL 3

Add a comment... Post



elestoque • Follow

elestoque MVHS students get their blood drawn in the gym to donate to the Stanford Blood Center on Wednesday, March 30. An annual school tradition before the pandemic, this is the first blood drive to be held at MVHS in two years. 67 student donors signed up to donate blood, but there were a few walk-ins as well.

"After COVID we're in a blood shortage because centers like Stanford Blood Center weren't taking blood for so long," senior Charlotte Dingli said, one of the four students who set up the drive. "In high schools, we have thousands of healthy people that are eligible [to donate blood]. It's important that we get healthy people to donate so that there is that availability, especially now during the shortage."

Photos and reporting by Sonia Verma

10w

Like Comment Share

Liked by sophhi.m and 278 others

MARCH 31

Add a comment... Post



elestoque • Follow

elestoque With finals week quickly approaching, Bring Change to Mind, MVHS' mental health club, partnered up with Animal Assisted Happiness to bring farm animals, such as goats, bunnies, hamsters and chickens, to campus. The company provides mobile visits of barnyard animals and hopes to create "moments of joy and happiness" with the youth. Students and staff enjoyed petting various animals on December 6th, 2021 during lunch while interacting with friends, peers and staff of the company.

Photos and reporting by Prisha Tiwari

28w

Like Comment Share

Liked by sophhi.m and 256 others

DECEMBER 7, 2021

Add a comment... Post

SPIRIT EVENTS



elestoque • Follow

elestoque Students assembled in the Rally Court for the Duo Rally on Feb. 18, with the freshmen and seniors, the Pixar Pals, competing against the sophomores and juniors, the Disney Duos, in games such as tug of war and ring toss.

The rally showcased performances from MV Winter Percussion, Cheer, Choir and various dance teams across campus. The Girls Basketball team was also invited on stage to celebrate its undefeated league season and first CCS playoff game on Feb. 18. The freshmen and seniors won both games, ultimately earning first place in the rally.

Photos and reporting by Krish Dev, Gauri Manoj and Aditya Shukla

17w

abhinavhemmady Krish 🍕🍕
17w Reply

shivinishake STOP THE FIRST PIC. THE FIRST. PIC. WHICH

👍👍👍 Liked by sophhi.m and 350 others

FEBRUARY 18

Add a comment...

We cover Spirit Events hosted by leadership such as rallies and spirit weeks.



elestoque • Follow

elestoque On Feb. 3, the fourth day of Culture Week hosted by MV Student Life, Chinese Honor Society organized an activity where students made red envelopes for Lunar New Year. As students finished their creative designs, officers handed them pieces of candy.

Photos and Reporting by Krish Dev and Tvisha Gupta

19w

diasciash kirsh and tvisha really went hard w this
19w 3 likes Reply
View replies (1)

diasciash wait these pics are so cute omg
19w Reply

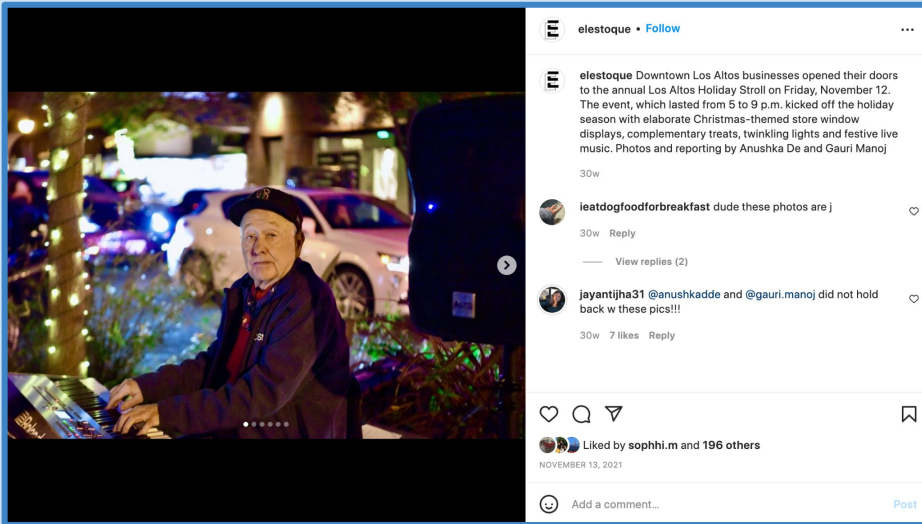
jyasinghz PICS ARE SO FIRE

👍👍👍 Liked by sophhi.m and 262 others

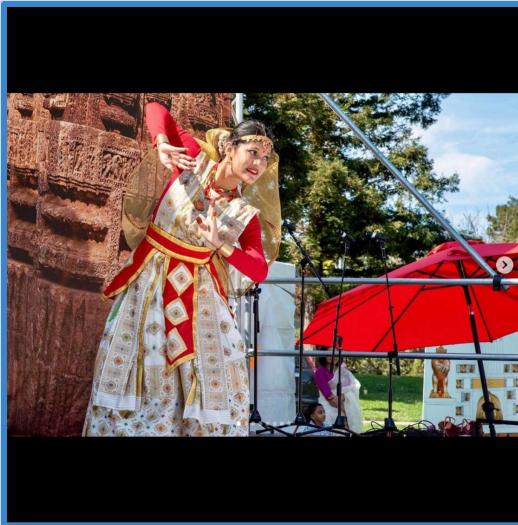
FEBRUARY 3

Add a comment... Post

LOCAL EVENTS



Branching out of our school, our staff also covers local events hosted by our community.



elestoque · Following

elestoque On March 26, the "Heritage India Faire & Purab Fest" was hosted at Memorial Park. Presented by the Cupertino and Bhubaneswar Sister City Initiative and organized by the Purab Indian team (representatives from the Indian states of Assam, Manipur, Odisha and West Bengal), the festival celebrated 10 years of the sister city relationship and 75 years of Indian independence. Vendors sold art, jewelry, clothing and more while attendees visited booths to participate in cultural arts and crafts activities. In addition, performances in the first ever Konark Festival in the Bay Area showcased a variety of east and northeast Indian dances.

Photos and reporting by Krish Dev and Sonia Verma

Edited · 11w

s_onia_v Going to community events like these is so fun!

11w · 1 like · Reply

_tarynlam PHOTOS WOW 🤩

11w · 2 likes · Reply

angela.w.zhang FIRE PHOTOS 🔥

👍👎🔍

👍👍👍 Liked by olliviaho and 264 others

MARCH 26

😊 Add a comment...

Post



elestoque · Following

elestoque "Holi Cupertino Festival of Colors" was presented by the Cupertino Chamber of Commerce at Memorial Park on Sunday, April 3 from 11 a.m. to 4 p.m. Attendees of all ages and backgrounds purchased bags of color, participated in the color-throwing festivities, danced to music and ate food.

Photos and reporting by Krish Dev and Lillian Wang

Edited · 10w

mikayah_du WAIT I LOVE PHOTO NUMBER SIX WHO TOOK IT

10w · Reply

— View replies (1)

crystal__cheng LEZ GO LILLIAN SLAY

10w · Reply

— View replies (1)

👍👎🔍

👍👍👍 Liked by ananyanadathur and 276 others

APRIL 3

😊 Add a comment...

Post



elestoque · Following

elestoque The second day of Cupertino's Cherry Blossom Festival took place on Sunday, May 1. Cultural exhibits and food trucks from the first day were available at Memorial Park, as well as various dance, martial arts and percussion performances.

Photos and reporting by Krish Dev, Sonia Verma and Lillian Wang

6w

ieatdogfoodforbreakfast wait omg I'm on el estoque !!!!

6w · 4 likes · Reply

— Hide replies

s_onia_v @ieatdogfoodforbreakfast wait that's you in the Hawaiian shirt!

6w · 1 like · Reply

aisha31.5 @ieatdogfoodforbreakfast woah

6w · 1 like · Reply

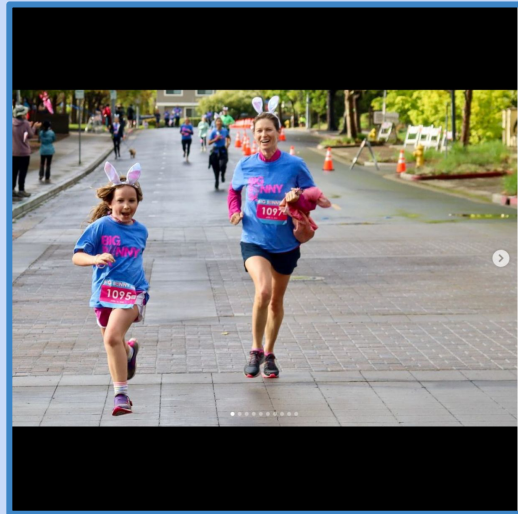
👍👎🔍

👍👍👍 Liked by ohmylonsoda and 187 others

MAY 2

😊 Add a comment...

Post



elestoque · Following

elestoque On Saturday, April 16, the City of Cupertino hosted the Big Bunny 5K at the Cupertino Civic Center Plaza. The race began at 8:30 a.m. and participants wearing bunny ears ran five kilometers to the finish line, where fruit and water was available. The Kids Fun Run, exclusively for children 7 years old and under, was held on the Cupertino Library field at 9:30 a.m. After both races, medals were distributed to the top three runners of different age categories in the 5K race.

Photos and reporting by Krish Dev and Lillian Wang

8w

sneha.ww @kashish_a19

8w · 1 like · Reply

shivinshake wait i love these

8w · 1 like · Reply

jayantija31 too good krish and lillian

8w · 1 like · Reply

aashubhat krish dev and lillian wang are my favorites 🥰

👍👎🔍

👍👍👍 Liked by ananyanadathur and 230 others

APRIL 16

😊 Add a comment...

Post

IMPORTANT INFORMATION

We also cover general school information that is important for the community to know, such as the release of a new bell schedule or the appointment of a new district superintendent.

FUHSD 2022-2023 BELL SCHEDULE

	TUESDAY / THURSDAY
MONDAY	
1st	8:30 - 9:15
2nd	9:20 - 10:05
Tutorial	10:10 - 10:35
3rd	10:40 - 11:25
Brunch	11:25 - 11:40
4th	11:50 - 12:35
5th	12:40 - 1:25
Lunch	1:25 - 2:05
6th	2:15 - 3:00
7th	3:05 - 3:50

	WEDNESDAY / FRIDAY
4th	8:30 - 10:05
Tutorial	10:10 - 10:50
Brunch	10:50 - 11:05
5th	11:15 - 12:45
Lunch	12:45 - 1:25
6th	1:35 - 3:05

elestoque • Follow

elestoque FUHSD will transition to a new bell schedule for the 2022-2023 school year in accordance with Senate Bill 328 signed into law by Governor Gavin Newsom in 2019. School will start at 8:30 a.m. every day with all seven periods occurring on Monday and block days Tuesday through Friday.

There will be three Tutorial periods each week, which was supported by 56% of the Fremont Education Association members and 89% of FUHSD students.

This is the first time in district history the teachers union voted for the same bell schedule at all five sites. With 94% of MVHS FEA members responding to the ballot, 79% were in favor of four block days over two.

Graphics and reporting by Krish Dev and Tanish Mendki

Edited - 13w

maxxrong @derin.g7 @ssooovi @jeremy.toesday

12w · 1 like · Reply

Liked by sophhi.m and 248 others

MARCH 14

Add a comment... Post

elestoque • Follow

elestoque On Tuesday, May 3, the FUHSD Board of Trustees announced in an email that current Deputy Superintendent Graham Clark will start as the district's next Superintendent on July 1, after receiving unanimous approval from the Board.

"I am humbled and honored to have been selected to serve as the next superintendent of this outstanding district," Clark said in a statement. "For the past 15 years, our district has benefited greatly from the strong leadership of Superintendent Polly Bove, and I look forward to building on many of our strengths as I assume this new role ... I know that together we will continue to accomplish great things."

Read more on <http://elestoque.org>

Photo by FUHSD and reporting by Angela Zhang

Edited - 5w

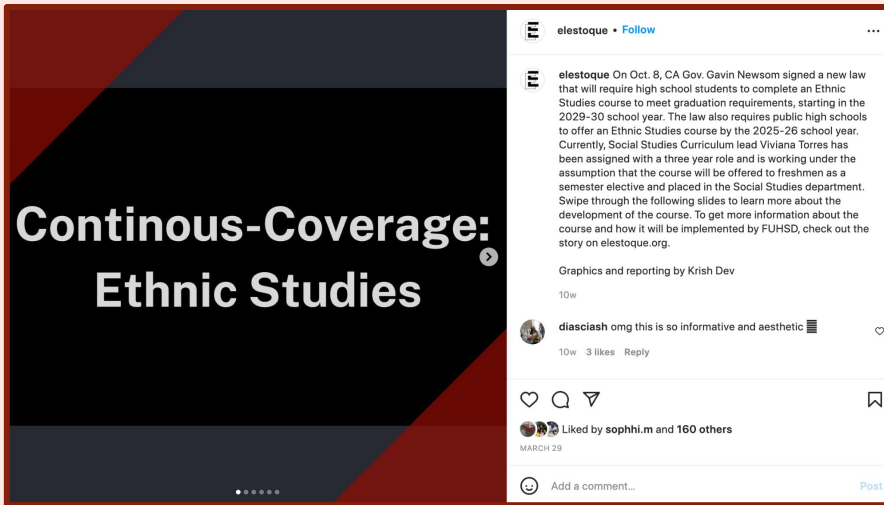
Liked by gauri.manoj and 122 others

MAY 4

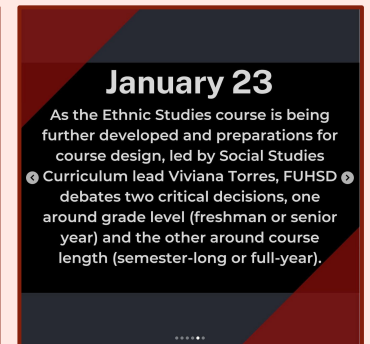
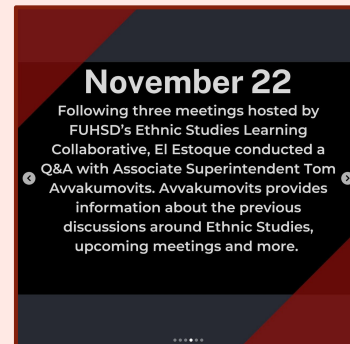
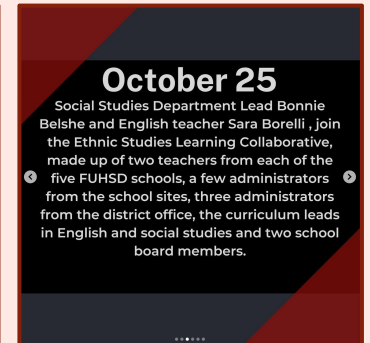
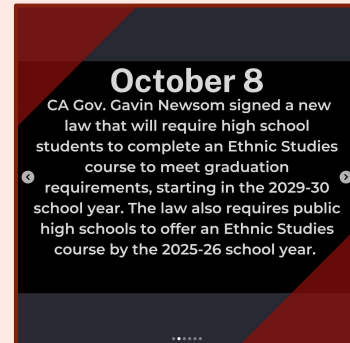
Add a comment... Post

Breaking: Graham Clark is appointed as the next FUHSD Superintendent

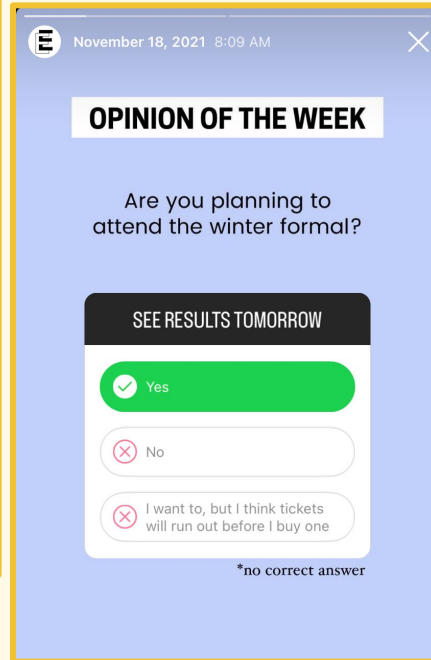
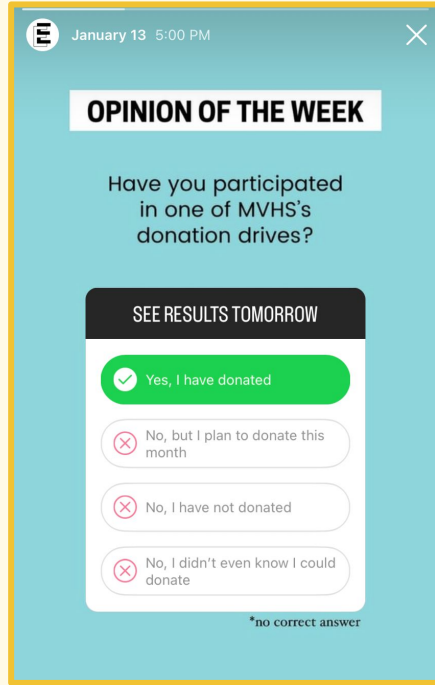
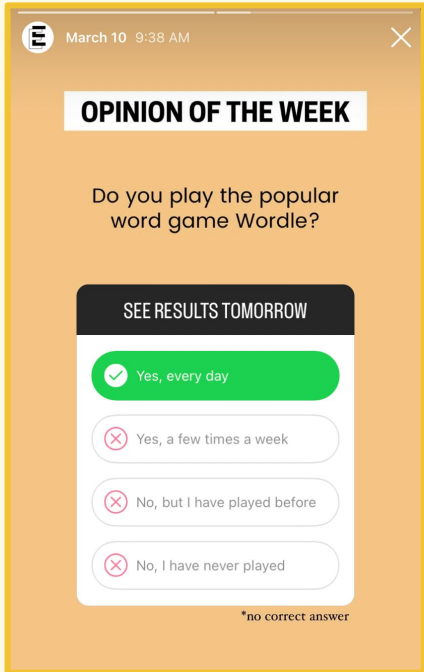
CONTINUOUS COVERAGE



We also cover ongoing events that affect our community, such as this Instagram series about developments in the creation of a new Ethnic Studies course at MVHS.



OPINION OF THE WEEK



On our Instagram stories, we post polls every week to assess opinions surrounding events relevant to MVHS, and then post the results of these polls the following day.

FACEBOOK AND TWITTER COVERAGE

We also used Facebook and Twitter to cover local events and bring awareness to important stories that deeply affect our community. As a general rule, every post that went up on Instagram also went up on either Facebook or Twitter to expose coverage to a diverse audience.

El Estoque Online
May 16 · 🌐

When schools opened in August of 2021, California's statewide free lunch program guaranteed lunch to more than six million students at public schools. At MVHS, this increased the number of students who ordered school lunch, raising concerns about the impact of food waste on the environment as food waste makes up 30-40% of the nation's food supply.

<https://elestoque.org/.../news/limiting-food-waste-at-mvhs/>



El Estoque Online
April 27 · 🌐

On Friday, Nov. 25, 33-year-old MVHS alum '07 Yang Yang Liu was pronounced dead at the scene from head trauma. She did not end up traveling to a seventh continent or fulfilling the plans that she'd made with her husband or the friends who sat in the audience — and flaking, as anyone who knew Yang Yang could tell you, was not something she would do. Click the link below to learn more about the life and legacy about Yang Yang.

<https://elestoque.org/2022/04/24/special/the-life-a...> See more



ELESTOQUE.ORG
The life and legacy of Yang Yang Liu
Friends and family reflect on the impact that the MVHS '07 al

El Estoque @elestoque · Nov 21, 2021

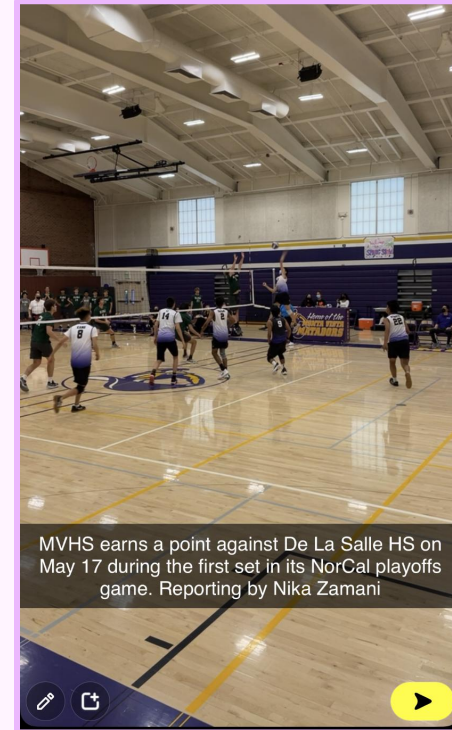
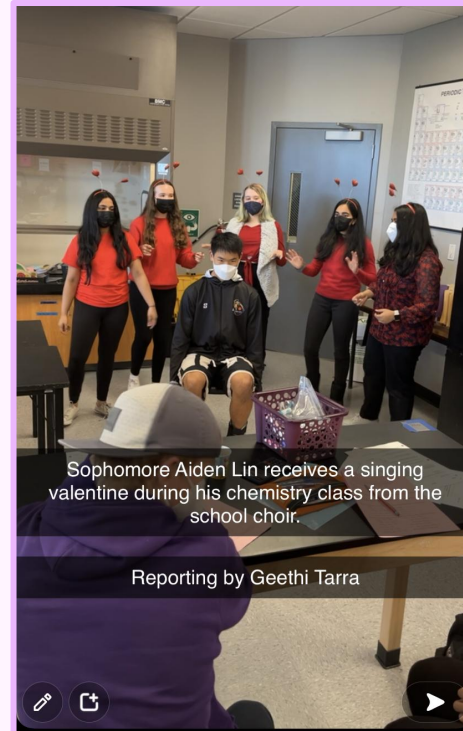
MVGSA holds a vigil for transgender people who were murdered for their gender identity. Among the names of those who were killed was Marsha P. Johnson, a Black transgender woman who was a prominent figure in the Stonewall Riots.

El Estoque @elestoque · Jan 8

In its first game of the new year, Varsity Boys Basketball fell to Lynbrook High School 51-41 on Friday, Jan. 7. Though MVHS was able to break even at 35-35 in the second quarter, they were unable to pull ahead, and LHS maintained the lead they established in the first quarter.

SNAPCHAT COVERAGE

We used Snapchat in addition to Instagram, Facebook and Twitter to publish content of live events in a format that was more casual so that we could publish coverage of events while they occurred.



SIGN UP MANAGEMENT

2021-22 EL ESTOQUE DEADLINES & SOCIAL MEDIA CALENDAR

October 2021

Cycle/We	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Cycle 2 Week 1	EE RESOURCES 2021-22					10/1 ANGLE DUE IN CLASS // PORTFOLIO DUE AT MIDNIGHT Events: Hoco rally, FB vs. Los Altos (7:00 PM) F: I: Michelle C (rally) T: Sarah (hoco rally) S: Michelle Z (hoco rally) Irene (football game)	10/2 Events: Hoco dance/night out, band/color guard expo F: I: Matthew (hoco fb) T: Devin (night out) - not good enough photos S: Geethi T (night out)
						10/3	10/4
Cycle 2 Week 2	Events: Robotics Competition at Lynbrook HS F: I: JJ & Ishaani (Dilli Haat) T: S:	Events: F: I: I: JJ & Ishaani (Dilli Haat) T: S:	Events: GVVB vs. Gunn (6:45 PM) F: I: T: S:	Events: Orchestra Exchange at Cupertino High F: I: Angela Zhang (orchestra) T: S:	Events: WP vs. Saratoga (4: 45 PM + 6:45 PM), FH vs. Cupertino (4:00 PM) F: I: Ishaani (FH game) T: Tvisha (FH), S: Anna (GWP), Taryn (FH), Mira (BWP)	10/15 COPY 2 DUE IN CLASS	10/16 Events: Bay Area Diwali Festival, FB vs. Cupertino (Helmet Game) (6:30 PM) F: I: Devin and Krish (Diwali festival) T: Meggie (FB game) S: Riya (FB game) Melody (Diwali festival)
	10/10	10/11/2022	10/12/2022 COPY 1 DUE IN CLASS Events: GVVB vs. Los Gatos (6:45 PM) F: I: Mikaylah (girls tennis), Shivani M. (National coming out day) T: Sophia Chen (vb) S: Shivani V (National Coming Out Day)	10/13 Events: possibly fh nexus trials, cheer tryouts after school F: I: A&E In Review Vol.2 T: S: Mikaylah(cheer tryouts) Aashi (physics lab)	10/14 Events: Water Polo game (senior night) F: Melody (online story promo) I: April (WP game) T: S: Gavin (mock trial)	10/15 COPY 2 DUE IN CLASS	10/16 Events: Bay Area Diwali Festival, FB vs. Cupertino (Helmet Game) (6:30 PM) F: I: Devin and Krish (Diwali festival) T: Meggie (FB game) S: Riya (FB game) Melody (Diwali festival)
Cycle 2 Week 3	10/10	10/11/2022	10/12/2022 COPY 1 DUE IN CLASS Events: GVVB vs. Los Gatos (6:45 PM) F: I: Mikaylah (girls tennis), Shivani M. (National coming out day) T: Sophia Chen (vb) S: Shivani V (National Coming Out Day)	10/13 Events: possibly fh nexus trials, cheer tryouts after school F: I: A&E In Review Vol.2 T: S: Mikaylah(cheer tryouts) Aashi (physics lab)	10/14 Events: Water Polo game (senior night) F: Melody (online story promo) I: April (WP game) T: S: Gavin (mock trial)	10/15 COPY 2 DUE IN CLASS	10/16 Events: Bay Area Diwali Festival, FB vs. Cupertino (Helmet Game) (6:30 PM) F: I: Devin and Krish (Diwali festival) T: Meggie (FB game) S: Riya (FB game) Melody (Diwali festival)
	10/17	10/18	10/19	10/20	10/21	10/22	10/23

Our publication utilized a spreadsheet to keep track of who would post on which social media platform on each day. This helped us ensure that each platform received consistent coverage. If a staff member signed up to post, it was expected that they would follow through on that commitment.