# stowing in Style

#### How six CHS students used fashion to grow.

By Morgan McClease and Addi Hinesman



### Ionie Steudle

"Putting on a good outfit overall just makes me feel so much more put together. There are sometimes days that I go without it, and then I start craving the feeling of liking what you're wearing and feeling confident with what you're wearing," Steudle said, "Sometimes even just laying out in an outfit for the next day gives me almost the same feeling. I get really excited when I have an outfit in mind for the next day, and then it actually looks like how I envisioned it, that's one of my favorite feelings."

### Dè Barney

"Fashion for me has always been a creative and fun outlet so I feel like in stressful situations knowing that at least my outfit is cool helps me feel a bit less anxious," Barney said. "Also sometimes when I'm super stressed I take a break and dress up or do my makeup to help me calm down."





#### Fia Kacvinsky

"I really love the feeling of putting on an outfit and liking it, because it sets that agenda for the rest of the day," Kacvinsky said. "If I put effort into my outfit in the morning, I feel a need and a motivation to put effort into the rest of the day to match that outfit. It's really a huge mental thing for me and so far it's worked so well. I love it."





## Teddy Jacobson

"Through fashion, I think now more than ever, I'm satisfied with the way I look," Jacobson said. "I think about what I really want to wear, what outfit is the cutest, and I don't want to fit a certain aesthetic. I just kind of know what I want to wear."



#### Mia Fletcher

"Every morning I get dressed, it's kind of all over the place, but it always ends with a sort of "yes this is it" moment," Fletcher said. "Coming into freshman year I vowed to focus on what makes me the most comfortable with my wardrobe. But that means it isn't always about style all the time because a good outfit is a feeling more than a look to me."



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#### Luca Hinesman



"Putting on a good outfit can change my mood for the better. I feel ten times more confident and sure of myself when wearing a good outfit even when I'm at my worst," Hinesman said. "It honestly is such a good coping mechanism, but when taken too far, can obviously hurt the bank."





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