

taking care of business

Peeking at habits in the bathroom: from shower time and hygiene products to safety and water-saving tips

Panorama surveyed 100 students March 6

shower statistics

Looking at various habits during showertime

55% of students sing in the shower

What is your favorite song to sing in the shower?

"Deja Vu" by Beyonce "Baby" by Justin Bieber

caleb flinn (12)



"It gives me good vibes in the shower."

lila goldstein (11)



"It's catchy and I love the rap."

Scan in the Spotify app for a playlist



of popular songs students like to sing in the shower

16% of students shower in the morning

6% of students shower in the afternoon

78% of students shower in the evening

product picks

Students and teachers share their go-to products

laila murray (9)



"I use Curlsmith conditioner. It keeps my curls moisturized."

beth rapoff (principal)



"My favorite shampoo is Joico. It's good for my hair and I like [using] it."

akhil nadithe (10)

"I've been using Dove men's cucumber deodorant for years. It's worked for me. I've used it since third grade."



rachel addison (11)

"My favorite perfume is definitely Jo Malone Poppy and Barley."



Do you straighten/curl your hair?



Do you prefer swallowing pills or taking liquid medicine?



Do you cut your hair at home or in a salon?



When was the last time you got a haircut? within the...



bathroom belongings

Commonly found items in bathroom cabinets

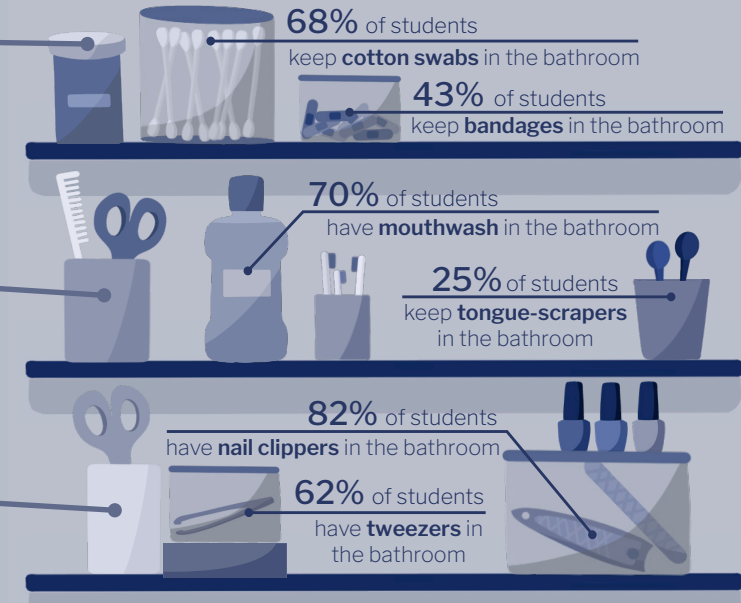


illustration by | MIMI ZHOU

Source: Northeastern Rural Electric Membership Cooperation

safety tips

for bathroom electricity usage

- 1 when not in use, **unplug small devices.**
- 2 **don't overload** sockets.
- 3 **ensure there is a ground fault circuit interrupter outlet** installed; GFCIs stop electricity when an appliance falls in the water.
- 4 try to **use electrical devices away** from sinks, bathtubs or showers.

adam durham (teacher)



"I wash my hands with whatever is there, [but] I like the foamy soap."

water-saving tips

to lower utility costs and help the planet

- 1 **take showers instead of baths** or fill the bathtub a few inches less.
- 2 install a **toilet tank displacement device.**
- 3 try to **use cold water whenever possible.**
- 4 **don't let the water run** when scrubbing hands, brushing teeth, washing hair or shaving.

Source: U.S. water services

On a scale of 1-5, how often do you wear makeup?



Would you rather take a shower or a bath?



students usually shower for...

