

## WHAT DID YOU

# SAY?

Phrases and words to help navigate teens' communication

## “RIZZ”

**rizz**  
noun

“Rizz to me is like flirting hard enough to get someone to start blushing and twiddling their thumbs.”

**SAWYER MANRIATH, 10**

## “DELULU”

**dih-loo-loo**  
adjective

“Being delulu is basically saying being delusional about some dream you have related to a certain situation or believing things could go your way when the odds are against you.”

**GABRIELLA KELLER, 11**

## “WOMP WOMP”

**womp womp**  
omomatopeia

“I use it when my friends complain about something I'll be like 'womp womp' that sucks for you.”

**AVA RYNERSON, 10**

## “ATE & LEFT NO CRUMBS”

“Basically saying that you did what had to get done and you did it in time. It can also be like when you did something really good and you're proud of it.”

**JULISSA TREVINO, 11**

“Like 'Wow, you killed that. You're so good. Like you did amazing.'”

**AMBER VOYALS, 12**

## “ROMAN EMPIRE”

“It's something you just think about every day and all the time. It's something that is engraved in your thoughts and memories for a long period of time.”

**QUINCY ARNOLD, 9**

“This phrase stems from TikTok trend asking men how often they think about the Roman Empire, which many do daily.”

**ELORA PEACH, 12**

## “GIRL MATH”

“You pay for something with cash so you're really not spending money.”

**ANALICIA AQUINO, 10**

“If I bought something and take it back then use that money to buy something else it was free.”

**JULIETTE ZARGOZA, 11**

## LATEST

**HITS** Diverse sounds dominate students top music albums



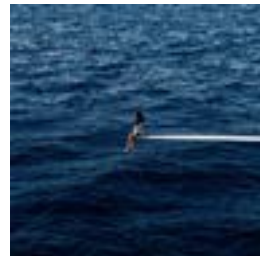
“I like Drake because of the diversity in his music and the features he has on his songs are always good.”

**CADEN ROSS, 11**



“Something I liked about it was it lived up to the hype. Not all albums do and I'm a huge fan and an active Nicki Stan.”

**XAVIER AQUINO, 12**



“What I really like about SOS album are the lyrics and the way she sings them. I am definitely a SZA fan.”

**MALLORY LABRASCA, 11**

## CELSIUS

“I really like the peach mango flavor because its green tea based and not carbonated. It's also good for a short term energy boost.”

**LAUREL HANSEN, 12**

“My favorite thing about Celsius is how it gives you energy and helps you get going. I would choose Celsius over some other drinks because of its properties to give you energy and its good taste.”

**MICHAEL WHEAT, 10**



## OWALA



“I like how easy it is to fit in my backpack, and how the straw has 2 options like a sip or chug.”

**PAYTON PARRETT, 10**

“I got this water bottle from my sister for Christmas, and I love the color of it. I didn't want to be basic and get a Stanley so I wanted an Owala instead.”

**ANAHI SILVA, 12**

# WHAT'S TRENDING

From LEGO blooms to belt bags, a look in Gen Z's must haves

## AIRPODS MAX

“I love listening to my favorite songs in class with the noise cancellation feature. The headphones really help me stay focused and tuned/locked in.”

**BELLA SISOMBATH, 11**

## SOL DE JANEIRO

“My favorite Sol de Janeiro scent has to be scent 40, when I put it on it screams summer and gives such a strong and last longing scent.”

**ALEXA RINCON, 9**

## BELT BAGS

“My favorite Lululemon belt bag I own is my light pink bag. I love belt bags because they fit a lot of things, they also go with all my clothes and they are super hands free.”

**LILIAN WEAR, 11**

## UGG TASMAN

“I have the basic brown Tasman UGG's and I personally enjoyed them alot in the winter. They were basically my go-to shoe and were very stylish with my winter wardrobe and were very easy to take on and off. They are really comfortable and cute.”

**AMNA SKENDER, 9**

## LEGO FLOWERS

“My favorite thing about my LEGO flowers is that they add a permanent pop of color to my room bringing joy even when I don't have real flowers with me.”

**CHLOE KNAUS, 12**

“The process of building them was a very long process but it was fun to build with my friends and the outcome was very beautiful.”

**MAKAYLA PADILLA, 10**

“My favorite thing about the LEGO flowers is probably how you can mix them with normal decor. They fit in better than a Lego car would.”

**KYLIE HUNTLEY, 11**