

// Tesserae

Corning-Painted Post High School Corning, New York

EDITORS: Kristin Hauptman, Kelly Hoyt,

Lauren Thomas

ADVISERS: Katie Paulison-Harris,

Mike Simons



RAVES from the judges

// Phenomenal photography tells the story of the year beyond and in conjunction with theme and copy. Theme copy is specific to the school, this year and presented in a visually-appealing way.

// Tesserae features an umbrella organization — dividing the book into three sections tied to the concept. The innovation continues with ten packages of jump-coverage "interrupter" spreads scattered throughout.

// Coverage extends well beyond print with an extensive use of companion video.



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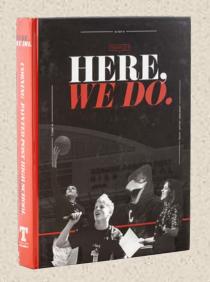


Cover (I. to R): Front - Justin Rodriguez (10), Adam Zingler (12), Mo the Hawk, Julee Gillemot (12) Back - Kaitlyn DiNardo (10), Wesley Wu (10), Frances Mack (11), William Boychuck (11)



// Tesserae Corning-Painted Post High School Corning, New York









HERE, WE INSPIRE WHEN OTHERS NEED IT

On the sidelines

In the theater

Of course you did. Of course we will.

here, we aspire to do more to go beyond our fields and classrooms.

On Market

At Sullivan Park

In Orlando





// Tesserae Corning-Painted Post High School Corning, New York





INSIDE • WE DEAL WITH IT Design by Laura Wentzel

FOOTBALL PLAYER: "Everyone was at the dance instead of at our game, but to me, the Homecoming game is still a huge part of the high school experience. There is no way I'd skip the game. I don't regret missing the beginning of the dance." Joshua Waldron, 12

PERFORMANCE BAND MEMBER:

"I left the football game after our halftime show, got ready for the dance in a bathroom at school, and arrived at the dance at about 9:30 p.m. I didn't know what to expect from a high school dance, but I had a lot of fun hanging out with my friends. I woke up the next morning around 5 a.m. because I had to get to the school again by 6 a.m. to leave for Canada. I was really tired by the time it was all over, but it was worth it-I had a lot of fun." Ashley Clark, 9

CHEERLEADER: "The people that were at the game weren't really paying attention to it. We were all in a rush and worried about what we were doing after the game. Cheerleaders were done around 9:30 p.m. I changed into sweatpants and got to the dance around 10 p.m. I really stood out because I wasn't in a dress. I was upset to miss the first half of the dance because I only have one more Homecoming left."

Isabella Wray, 11

DJ: "One of the problems of the dance was the gym. It is such a large area and it's not designed acoustically. The sound leaves me as I'm pushing the cue and doesn't reach back to me until half a second later because it's bouncing off the walls. When I try to do things that are perfectly on time, half a second makes a lot of difference because it's maybe a quarter or eighth note off."



1. Drop the Beat To maintain levels for song transitions, senior Isaa

zkallah cues the next track. "The music that was playing at the dance fit my music taste, which was rap, hip-hop, and rock. My only complaint was that some songs were super loud and it was hard to hear when talking to my friends," junior Emir Can said. 2. Dancing Queens Face to face, sophomores Ashleigh Woodcock and Madison Tucker take a spin on the dance floor. "At the dance, I vas hanging out with my friends. I hought the atmosphere was cool. The thing I'll remember the most was that the fire alarm went off. It was a ittle scary," freshman Kay said. 3. In the Moment Before

omecoming Dance on Oct. 5, junior

"The dance was smaller and more

low key than I expected, but really

nice," freshman Sophie Chen said. "

was great to see everyone together,

up by grade and house in school."

photos by Aarya Donthu

especially since we're often divided

done dances to the beat.

the fire alarm sounds, sophomores nev Reilly and Benjamin Wilson dance on the outskirts of the gym. The fire alarm getting pulled was quite an experience. We all had to go outside, which was really cold," erwilliger said, "I don't think pulling the fire alarm for a eizure was a good idea, but having able to walk." those flashing lights wasn't a good idea either." 4. Light it Up Joining many of her fellow students at the

One of Ford's biggest challenges this season was getting around the course. "I can't walk that far, so I had to use a golf cart. I used to be kind of embarrassed to ride in a cart. Now I realize that having a cart doesn't make me special, it just helps me to play." Ford's best score for the season was a

United States as an exchange student? Corning compare to Saudi Arabia? "Since I was young, I've always wanted to "School is different here. Back home come here and study in either high school we don't have study halls, and we or college. My goal is to expand my culture don't choose our schedules. Here, and teach people about my country."

"It's actually been really fun. I made a lot of friends. I did a lot of stuff which I never imagined myself doing, like carving pumpkins and going trick or treating. Facing a new culture, new people, and adapting to a new language was a challenge at first. I miss my family sometimes, but every time I miss them I remind myself that I'm here with a goal, and I'll accomplish my goal."

everything worth it for senior Khaled Alzahrani

it's more career-oriented. I played soccer for the fall season. It was How has your experience been so far? really fun. I made a lot of friends and I learned a lot of new things."

> How do you feel about the community in Corning? "It's really interesting. Corning is different than any other place I've been in the U.S. because there's a mix of cultures and a mix of people."



playing to his

For freshman Jason Ford, golf is more than a sport, it's a way to overcome his disability reporting by Laura Wentzel

Born with both hips out of socket and

feet facing backwards, freshman Jason Ford has dealt with physical challenges his whole life. In August, Ford overcame another barrier by playing on the boys golf team. Although he's been playing golf since age seven, he said the most difficult part of the season was getting enough courage to try out for the team. "I wasn't confident that I could play with my peers," Ford said.

Ford's condition, Arthrogryposis, causes stiff joints and muscles. "I could never be a cheerleader because I have limited range of motion, and football-not happening." Ford has gone through eleven leg surgeries and still needs to stretch every day. "If I don't stretch, eventually I won't be

49, but his contribution to the team went beyond points. "Jason always had a positive attitude. He was really funny and made us all laugh," sophomore Benjamin Tubbs said.

Ford has a unique perspective on his sport. "My favorite part of golf is actually failing. I learn from my mistakes and sometimes it's amusing," Ford said.

When asked about the best part of his season, Ford didn't hesitate. "My teammates were super welcoming and encouraging to me. I feel that 'disability' is not a demeaning term; it just classifies you as someone who can't do everyday activities in the same way as everyone else."



Putting for Par Checking out the lay of the green at the Corning Country Club on Sept. 27, freshman Jason Ford prepares to putt. "I think that I can improve in every aspect of my game, especially chipping and driving the ball farther." Ford said. photo by Cassidy Owens-Kashorek



DON'T

"Overthink things. When young people stress. Common do this, they tend to get stuck in their heads, and that really writing or listening isn't beneficial to the to music." student's health." Elizabeth Monroe

"Find a technique that helps you alleviate things that tend to help are drawing,

"Be aware of "Try to do too much.

is happening until it builds and they start panicking."

your emotions so you If students don't pace can recognize when themselves, it's pretty you are having a hard detrimental to selftime. A lot of students esteem. Students need don't understand what to make time to take care of themselves."



MOST COMFORTABLE:

Talia Christiansen, 11: "My most

comfortable event is probably floor

because I'm really good at tumbling and

both teams get into the music if it's really

Montana Nichols, 11: "I started doing

gymnastics when I was young. I've been

seriously freshman year. I love working

on the floor. It's my favorite because it's

more of a personal experience."

LEAST COMFORTABLE:

TC: "My least comfortable event is

probably bars because I've always

worry about that. Also, bars skills are

much more difficult to get than skills on

other events. They say you either love or

hate bars. You're good at bars or you're

MN: "For gymnastics, we do a lot of

physical workouts, especially for core.

Although I work out at the fitness center

and at home, I'm still scared to perform

on vault, so I would say that it is my least said. photo by Kelly Hoyt

struggled with it, and I'm never consistent with my squat-on, so I always

not, and there's no in between."

favorite part."

taking breaks over the years, but I started

the dancing is really fun, It's more of a

laid back event, and a lot of the time

upbeat or catchy."

BLOOD, SWEAT,

Kyle Curran, 9 oined BASS Club.

As they balance on beams

members of the gymnastics

team develop their strengths,

while also stepping outside of

Twinkle Toes While performing

her floor routine, sophomore Kaylie

Oct. 6 against Rush-Henrietta. "My

personal favorite is working on the

floor, It's so fun and personal, I feel

like it has a part of your personality in

competes in the back gym on

and spring onto vaults,

their comfort zones



Joanne Lance. 9 ...perfected my knitting skills.

"In Knitting Club, I learned how to knit without looking at my needles, and eventually, I could talk to people and knit at the same time. This was great because the reason I joined the club was to improve my handeye coordination. Right now, I am knitting a scarf, and in the future, I would like to learn how to do some more complicated stitches. I really enjoy the calm and relaxing environment of the club and the feeling of accomplishment after finishing



Abigail Johnson, 9 ...performed in a Competition Band field show.

"What got me started in color quard this year was a combination of my friend, freshman Sarah Dickerman, and my parents. Sarah would constantly rave about color guard in eighth grade. My parents have always been involved in band, and my stepmom did color guard, so it was always an option for me. My favorite part of this year has been all of the inside jokes everyone makes; so much weird stuff happens, and that makes for really great friendships. It definitely pushed me out of my comfort zone because I was extremely shy before, and I still am a little, but now I feel more comfortable in front of everyone when I'm performing."



Rachel Heveu. 9

"This year, I read music for the first time. I had to learn how to read music because I joined Indoor Drumline, I would say that just joining this group was definitely going out of my comfort zone, considering I had no clue how to read music. In the beginning, I was making mistakes, but everyone was really supportive and helped me



"This year, I started going to the weight room every day after school to help me stay in shape and be more healthy. I have never done lifting before, so it's definitely out of my comfort zone. The most challenging part is going every day, even when I am sore. My favorite thing to do is box jumps. They are something that not many people do and it's cool to try to push the limits of what your body can do."



Kaitlyn Manuszewski, 9

...went ghost hunting. "This year, I ghost hunted in the high school for the first time. I went with the Paranormal Club, and we looked through all of the rooms that are off limits. Once we were ghost hunting in a storage closet and got shut in. We were banging on the door and had to wait for the custodians to come back, but it was fun. I would say that the environment of Paranormal Club feels normal to my everyday life."



porting by Laura Wentzel The high school offers diverse activities and clubs that give freshmen many opportunities to try something outside of their comfort zones

Robert Ohl. 9

..bonded with future travel companions. "I've only been in Sister Cities since the start of this year, but I've been helping out since I was a little kid because my older sisters were involved. I've had a lot of fun going roller skating with the club. I have made a lot of new friends this year, and they are people I will probably go to Italy, Japan or Ukraine with in future years. It is really nice to get to It's definitely pushed me out of my

know them before the trips we'll make. comfort zone because I've met a lot of upperclassmen and new people that I can bond with later on."

Hannah Masaki, 9

...competed as a Science Olympian. "In seventh and eighth grade, I was in Future Cities, a science club at ASMS, and I liked that a lot, I thought that Science Olympiad would be similar, so I joined. Right now, I am doing the Fossil Competition, which is about identifying and classifying different fossils. I am also doing the 'Write it-Do It' challenge with a friend, which involves writing a set of instructions and seeing if your partner can follow them. I feel that, in the upcoming competition, I will have to do a lot of communicating, which is definitely out of my

> . Off the Hook Proudly posing for a photo, avorite part is the adrenaline that comes when you are reeling in a fish no matter if it is oig or small," Curren said. "I would say that I have experience in this general area because know how to throw out different kinds of ures." photo provided by Kyle Curren The Beat of the Drum After school hours, hman Rachel Hevey practices playing the frums for Indoor Drumline. "I had people that helped teach me about rhythm. My brother and dad are also drummers and that helped a lot," Hevey said. "At lunch time, when we have an all day performance everyone always sits at the same table and that's always such an inviting place to be."
> photo by Laura Wentzel 3. Better, Faster, onger At the end of the day, freshman attos works out in the fitness center. "My goal is to get into better physical health. Plus, I think it gets me into a better mental state. I find working out to be relaxing because it's just you by yourself It's a chance to get away from everything and just be able to focus," Mattos said. photo by Merica Griffin 4. Nuts and Bolts Three days a week, freshman Matthew Ward meets with his robotics team to work on their

project. "Robotics gives you skills that you can use later if you get a job in engineering or technical work, It allows you to build team skills," Ward said. "There is building and programming, and there is also notebook which is documentation, so we get all three areas for our potential future job." photo by Participants in the Gay and Lesbian Alliance create a safe space to cultivate their true selves two Wednesdays a month in F119

"WE'RE ALL JUST ONE **BIG FAMILY, AND WE** CARE SO GENUINELY **ABOUT EACH OTHER** AND HOW EACH OTHER FEELS."

Sydney Reilly, 10

Would you say the club has helped you with self-acceptance?

Leann McKerrow, 12: "I very much think GALA helped me accept myself. In life, you go into things and you meet people all the time. With GALA, you come in and everyone is so kind and nice and accepting, and you don't expect that, usually. The people you surround yourself with is very important, so I surround myself with GALA."

What advice do you have for others questioning their sexuality?

// Tesserae

High School

Corning-Painted Post

Corning, New York

Justin Herberger, 12: "You need to learn to accept yourself over time; whether you are straight, gay, transgender, anything. Most importantly, just learn to be happy with yourself, no matter whatever it is. If

Why did you become a part of GALA?

LM: "I joined because I was going through some stuff with myself. I didn't know who I was, not only in regards to sexuality, but a lot of different things. GALA was a place where I could be myself around people who accepted everybody."

JH: "I want to be that beacon of inspiration to people to show that if I can do this, so can you. I want them to see that if I can do the things I do; be that wearing full faces of makeup or doing drag for them, that they can be themselves as well. If I can help them find even just a little bit of happiness through that, then it's all worth it."

What does GALA mean to you? Sydney Reilly, 10: "GALA, to me, is a place where I can go and feel comfortable and

safe with who I am. We're all just one big family, and we care so genuinely about each other and how each other feels." How would you describe

the atmosphere?

Logan Stewart, 11: "It's totally accepting in the GALA room. People of all backgrounds, genders and sexualities are in there, and we just come together and have good time. I'm proud of myself and all of the people in you can do that, then you're doing good." GALA, I love all of my friends the same."



As part of the Equity Initiative, students attend Equity Days throughout the year to discuss equal opportunity and inclusion in the school community





Attendees of Equity Day, seniors Tyleef Durham, Armani Jackson, Arianna Pereira and sonhomore Bailey Daniels Merrill hold up signs with phrases that represent

Attendees at the Nov. 27 Equity Day spent the day together in room F119 addressing issues of race and culture. "It felt like a safe, nonjudgmental group where people could get the truth out, where we could share stories about how we've been mistreated before and come up with a plan to spread the word about how it needs to be fixed," sophomore Bailey Daniels-Merrill said. "I felt good vibes as soon as I stepped into the room. Actually, they're all like family now. Once we got to hear what each person was going through, we related to most stories, so then we became even closer."

Participants completed group activities, like a privilege walk, and shared their stories. "We did a group activity that was a team race game. It was creative and we just had a lot of fun because we could put our minds together to stack cups and to be creative and have fun," junior Ja'Ovian Fisher said. "In the stories, you could feel what the others were saving and just connect and talk about what we can do to fix it and make the school a better place."

Through the progression of the day, and with its focus on celebrating diversity, participants interacted with students they wouldn't have otherwise, through activities including writing short, impactful phrases on chalkboards and creating a video of the participants holding them up. "I didn't expect it to be so powerful and inspiring. In the beginning. everyone clung to the people they knew and it was pretty quiet, but after some time, everyone meshed together and became one," junior Jayla Skeete said. "Everyone was very connected with each other and there was a very inclusive and trusting atmosphere."

challenge accepted

students as they figure out their place in the world can come on many fronts—in the end, most want to just be accepted

With an ongoing emphasis on anti-bullying and the new Equity Group training for administrators like assistant principal Frank Barber and students throughout the school, we assessed students' feelings on their own acceptance in school and beyond "I feel accepted... reporting by Alexander Brown 50% 40% 30% 20% 10% 0%

"I think the numbers are very real and I am not surprised by them. I think they are really unfortunate, and once again, it speaks to the amount of work that we have to do. We can't be school, but I know we have a long way to go.

Sometimes teachers need to put things on the back burner and student or two. I think students go through high school and they are it can be a very challenging time in their lives. We, as the adults, need to be accepting of all differences and actually celebrate them. I think we need to do whatever we can to

build relationships with students.

"Ultimately, I can sit and talk and have a conversation with a student and that's all well and good, but really, that's not a friendship. It means a lot more to pair them up complacent because we have a nice with somebody or have our student leaders reach out. I've seen that in this senior class particularly. There's a few different people that I have seen from early on that have chosen to reach out to students with special needs or maybe students that just don't have a connection trying to figure out who they are and and that's going to be a major loss for us. When I was in school I didn't have the guts to do that-it takes a certain amount of courage to reach out and do that kind of thing." Frank Barber, Assistant Prinicipal

"I think my parents told me I was adopted when I was at a reasonable age to understand it. They explained it to me as I got older until I began to understand the concept, so they didn't try to keep it from me. It did become more obvious to me; I wasn't unaware of the fact that I look different from my parents, but definitely once they tell you it becomes more obvious why you look different and why you don't have any of the characteristics that your mom and dad have. I was adopted from a province in China called Guanaxi, I was adopted right before I turned one. I know that it takes a very long time to adopt a child because the people who want to be parents have to have background checks and fill out a lot of paperwork."

Jillian Seaman, 9

Born in various corners of the globe, adopted students each have their own story of how they discovered they were adopted and how they came to accept it

"I was one year old when I was adopted from Chongging, China. It is a province within Fuling, South Central China, I kind of always knew I was adopted because my family is Caucasian and I am Asian. It's not really something you can hide. It was a challenge when we had to do a family tree and trace back our genetics. Also, it was hard watching other kids because they looked like their parents but I look nothing like mine. It was not difficult to accept I was adopted, but it was difficult to understand. Sometimes I wonder why I was given up, if I wasn't wanted or something, but it is not something I can change." Maclaine Zink,

"I found out I was adopted when I was twelve. I was helping my mother clean out her room and I discovered a pamphlet that said 'Child Protective Services.' I opened it and it was my adoption papers. It was a shock to me when I found out I was adopted because,

> the first 12 years of my life, I knew my adoptive parents as my biological parents. My whole world was flipped upside down, but I am glad I found out. As I got older and older I have met nore of my biological family, so it has become easier knowing I do have family members out there that want me." Tozer, 12

HYPE FOR THE HOLIDAYS

Burst Into Song Singing along with
the rest of their class, sophomorea Anna
Cook, Katelyn Drake, and Riflyeigh
Arnold look at their sheet music. 'It
was mainly our sixth period chorus class
that sang, but other people could join
in from other chorus classes or even
anyone who really wanted to sing,
even if they weren't taking a chorus
class.'' Cook said. 2. Happy Holidays
To celebrate the winter holidays, music
teacher David Smith plays his guitar
as he leads the group. 'My favorite
song that we sang was probably 'Feliz
Navidad,'' junior Devin Enderfe said.
"That song always makes me happy."

"That song always makes me happy."

"Thous you wanted to the song the song the song the song photos by Batoor Shah

"Detail State of the song the





break, members of chorus spread holiday cheer by singing in the cafeteria

lobby during lunch periods reporting by Ethan Banks

To get hyped up during meets, members of the gymnastics team perform their floor routines to songs that match their individual style reporting by Jaelyn Snyder

HITTING THE FLOOR







that we had because it was popular so most people knew the songs, sophomore Kaylie Jacobs and.

They were able to have fun singing or dancing to them. "3. All-Around Delight In the last event of the four event circuit, senior Amber Little poses for the beginning of her floor routine." Ille barb because I find it fun working on new skills and improving on the skills I currently have at this event, "Little said." "I also like floor because of the tumbling aspect and having music as a net of favr routing."

photos by Kelly Hoyt

THE INCREDIBLES BY MICHAEL GLACCHINO

"My favorite floor dance song was The Incredibles." I liked it because it's a song from bend, and I also do band. It was also a really outgoing song, so it was easier to perform to than a slow song." Akiha Tagawa, 10

WE NO SPEAK AMERICANO BY YOLANDA BE COOL AND DCUP

"I liked listening to other people's floor music while they practiced, that got me hyped. Junior Talia Christiansen's was definitely my favorite because it was upbeat and snappy, It made me feel happy and energized."

Frances Mack, 11

ANOTHER DAY OF SUN BY JUSTIN HURWITZ

"The top song I liked was a La La Land song, It was a bouncy, happy song that kind of represented me. It's really dancy, and you can really slide to it. It made me feel really upbeat and positive." Bryn Terwilliger, 9 1. Celebration Time During the boys JV basketball game against the Vestad Golden Bears on Dec. 11, members of the student section celebrate a basket. "It seems like whenever the student section gets a little crasy, the team starts to pick it up and play a little better," junior Joseph Ott axid. 2. Spirit of the Season With a handmade sign, junior filey Davis and seniors Katherine Weinstein and Sydney Wood cheer during a game against Horseheads. "Some games we'll wear white, black, gold and stuff like that," senior Brendyn Hogus eaid. "We'll do chants and that usually gets the team pretty basketball game against the Vestal Golden Bears, junior Seth Hogus circles the field house with the

Corning Hawks flag. "It's a lot more exciting to sit

with the student section because, anywhere else

you could sit, they're just kind of quiet and calm,

whereas it's a lot more exciting to sit with everybody

else," junior Garrett Sakona said, photos by Alexis

Woodcock 4. Make Your Voice Heard In whiteout

gear, the student section cheers on the boys varsity

basketball team at their game against the Northstar

Knights on Nov. 27. "Being in front of all the people

is pretty cool," freshman Nicholas Garner said. "It

from the fans." photo by Sara Gamen-Munarriz

helps when you're playing to have a lot of support

face each game, the varsity boys soccer team has different ways to enter each game with a positive mindset reporting by Aaryaa Donthu

What is the atmosphere like in the

locker room before a game?

Drew Witham, 11: "Everyone just gets their headphones in and they are trying to get ready for the match."

Duncan Howard, 11: "Everyone is ready and we're all serious but we're also excited and ready to have fun. We listen to music to help us prepare and focus on the game shead of us." Pep Talk Time Before playing against thace on Sept. 4, boys accer coach Chad Freelove gives the boys varity soccer team a pep talk. "Our coaches motivate us and help us believe that we will do our best and try our hardest, no matter what the outcome of the game is," junior Seth Grottenthaler said. photo by Megan West

he student section takes on the

challenge of keeping the spirit ali in the stands and on the court at most home varsity basketball gan

How do your coaches' and teammates' speeches hype you up?

DW: "They try to get us ready for the geme and encourage us to do our best while we're out there, no matter what the outcome is. Sometimes the speeches vary based on who we play." DH: "The captains do motivational talks that help us get hyped because they are the leaders and they want to help us and we want to help them and perform well. They tell us to have fun but also be serious, and do what they can motivate and prepare us for the game."

Is there a special routine that you as an individual follow?

you as an individual follow?

DW: "Before it's time for our game, I have a warm-up routine that I follow—it's the same routine for all of the games."

DH: "I just think about the game and I listen to my own music playlist and I'll get myself mentally prepared for the game."



win is exciting."

Some of the players looked forward to the spectators just as much as the game itself. "The coolest part of a game is probably the crowd, especially at home," senior Nicholas Flemmer said. "It gives you a lot of confidence, because you know everyone wants you to do well, and it helps you play better and maybe makes you try something new, like a few players on our team would dunk in front of the student section."

lot can happen in a short amount of time.

Any game where it's a fight to the end for the

Reasons for attending games ranged from school pride to fun-seeking to just showing support. "Supporting the team makes me feel good because I know if I was playing I'd like to have other people from my school supporting me," sophomore Max Freema said.

Powers had a similar reason for her attendance. "My brother plays on the JV team," Powers said. "It's special for me because basketball has always been a big part of my life. Supporting my brother is a big part of it as well."

The popularity of the student section presented difficulties for some of the regular attendees. "I went to almost every home game. I pretty much always enjoy it; sometimes when it's so crowded and everyone's fighting about what seat to be in it gets annoying, but most of the time it's a lot of fun," sophomore Emma Keeler said. "The energy level when you're in the student section is crazy and it makes the game so much more fun."

The effect of the student section wasn't lost on the players—the stands were full of friends both casual and close, and their presence didn't go unnoticed. "To have them at my games means so much. To have them support me all the time is great," sophomore Justin Rodriguez said. "They always get us pumped up and the energy they bring to the game is amazing. You get chills. It feels amazing. There's nothing better than it."

little more and make them have more personality."

2. Dating Woes In one of two shows, junior Saego

costume is really how you can convey the character

Holleran's character in 'Check Please' strikes up

a conversation in an attempt to find love. "The

because acting only does so much. Once you're in costume, you can really see the vision in the

director's head and the character they chose for

us to become," Holleran said, photos by Ethan

Banks 3. Seeing Red Gazing out at the audience

sophomore Garrett Smith shows some sass while

trying to figure out if this guy was knowledgeable

different scenarios would just make me crack up,

and it made me want to do the show." 4. Out Of

The Box Portraying a jokester, senior Camero Reilly-Steele prepares to dump the contents of his

lunch box on the table. "Your costume makes you think about your role more and it makes you want

to become the character even though it may be

kind of weird or dorky," junior Nathan

directors," freshman Jonathan Farin said, "Reading the script over and over and imagining all kinds of

on a date. "When reading over my script I was

or if someone was uptight. I did research

for multiple movie characters and asked my



// Tesserae **Corning-Painted Post High School** Corning, New York

reporting by Lucy Hilker Before the fall One Act plays
'Check Please' and 'Speed Date'
open on Nov. 8, actors get creative
open on Nov. 8, actors get creative
as they make their own costumes

in dots and stripes, junior Ashley Gardiner puts on a show for the audience on Nov. 7. "I liked to change how expressive I was, because I was just kind of sad the entire time because that was my character," Gardiner said. "If I could redo it, I would definitely change my facial expressions a



PLAY: 'SPEED DATE' CHARACTER: CLOWN

"We went through a few different costumes. We went through the original Pennywise, and a pink and white costume. It was kind of a process, but we eventually found one that fit. My costume was up to music teacher David Smith; how he liked it, how I liked it, how it fit me, and if I could fit my props in the pockets. I made a very long scarf out of nine bandanas, and that made it over 12 feet long. I also had a horn that I had to honk, and I had flowers. It was really fun. It was definitely one of my bigger roles, so it was a very good experience for me, and I really enjoyed it." Ashley Gardiner, 11

PLAY: 'CHECK PLEASE' CHARACTER: TOD

"I talked to the directors beforehand and they said they wanted a kids shirt and maybe a hat to wear, so I dug through my stuff and found a cap to put on. It ended up being one of music teacher David Smith's son's shirts that had the Pokémon logo on it. Having a smaller shirt on, I felt like I needed to fit into it, so it helped me put my mind into what my mental age should be in the show. My character was a hyperactive kid, so having something that shows an activity that you would go and pretend to do outside reflected that he was a ball of energy and wouldn't be able to sit still during dinner." Cameron Reilly-Steele, 12

PLAY: 'CHECK PLEASE' AND 'SPEED DATE' CHARACTER: BRANDON AND SHAWN

"For 'Speed Date,' I was Shawn. He was just the cocky arrogant guy that thought he knew everything. Brandon, in 'Check Please,' was a perfectionist and he was also an actor. I went and I talked with nurse Nancy Brackley about my character in 'Check Please'—Brandon—because I honestly didn't know what to wear for that one. With Brandon's costume I was going out of my comfort zone to dress like that. The most difficult part was finding things for Brandon that would fit me but would also be good for that character. It wasn't supposed to be body tight, but it wasn't supposed to be really loose either. My costume helped me get into character by letting me live their life. It let me act how they acted so I could get the feel for what they do." Jeffrey Yuelling, 10



Leadership Team project, Hawk Threads grew into what it was envisioned to be with students, teachers and people in the community helping make it possible to get clothing and other items to people in need. "Horseheads had done a similar clothes closet and we wanted to try to figure out how to make our own," school counselor Julie Pusateri said. "We have been very fortunate that the school has provided us space and the community has been really helpful as well-donations are coming in like crazy."



head from head injuries. For example, when another player tries to tackle you and you get hit in the head, it will absorb the impact so the force doesn't go to your head and injure you." Landen Burch, 9

SHOULDER PADS: "Shoulder pads are helpful because they protect a majority of our upper body, and a lot of the time you can get hit there the most. Without shoulder pads we would've been injured way more seriously than we were throughout the season." Neal Singh, 9

CLEATS: "I got my cleats from Dick's Sporting Goods. The spikes on the bottom give me more traction, which help me run faster and make cuts easier. A cut is like a juke, when you fake like you're going one way, but you go the other way." Noah Herberger, 10





together to create Hawk Threads, a safe place that offers clothes and Hawk Threads in his Life Skills class,

he earns his work-based hours Teacher Joe Cleary's Transition to Adulthood program works in Hawk Threads for an hour a day," school counselor Julie Pusateri said. "It's een a really good program, it hours."photo by Lucy Hilker

In order to fit the needs of students, the project expanded into offering options other than just women's and men's clothes. "The room is kind of organized by men's clothing, women's clothing, toiletries, a section of coats, prom dresses and shoes. We also have backpacks and school supplies," librarian Stacie Martinec said.

While being involved in Hawk Threads, Pusateri was able to see how beneficial the program was for students. "I think it's been great, we're getting more and more kids that are using it and they are excited to get new things," Pusateri said. "My favorite part is to see their smiles, when they can get what they need and feel good about themselves."



your hands and wear gloves. Make sure you put the gloves on properly by putting your hand in straight and not touching the outside of the glove."

Step Two:

Brooklyn Naylor, 9: "If there's a lot of blood, you should elevate the wound above where your heart is. You can also use your pulses, because your blood vessels are near the skin, and pressing down on them controls the bleeding."

Step Three:

BN: "Before you cover the wound, you should clean it with water, and then clean the skin around it with water and soap."

Step Four:

IH: "Take gauze, and loosely wrap the wound so that it can breathe. You don't want to get dirt in it, but you also don't want it to have too much bacteria."



With a growing interest in the medical field after volunteering at the hospital, freshmen Brooklyn Naylor and Imanni Harewood walk through the steps needed to properly dress a wound

Bandaged Up Following step four, freshman Imanni Harewood wraps a wound with gauze "Make sure to put gauze on the wound if it comes in contact with your clothing or outside objects like dirt," freshman Brooklyn Naylor said. "This will help prevent bacteria from getting in the wound, which would infect it." photo by Alivia Jiang

High School Corning, New York



"For monthly spreads, I first do

the cover, and each month has a

theme. Then, I take a pencil and

draw it out. To finish the lettering,

I go in with a pen. And finally, I

"I start planning out my month.

I usually have some pages that

"Finally, I do the week spreads

to get organized with my school

work and my personal stuff like

birthdays or family plans."

are special for each season-

December had a page with

use colored pencils."

Step 1:

Step 2:

gift ideas."

Step 3:



WRITING THE



Members of the girls JV and varsity soccer teams olan for the annual Walk for Wishes fundraiser with the help of girls varsity soccer coach Julie Pierce

"We stood in a circle, and the instructor went up on stage and started the music and we all just joined in. She started dancing and she would do it once, and then we would follow along after the first one." Sydne Franceschelli, 9

SET-UP:

"We got there an hour or so before the walk started. There were different stations like pumpkin painting and face paint, and we helped set up the activities." Elizabeth Casey, 12

T-SHIRTS:

"This year I picked four different colors, and I have the captains get everybody's color and size, and get them. The night before the event I give them their shirts and they wear their shirts to the walk. It's nice because they look unified but stand out." Julie Pierce, Coach

Every year, language acquisition teacher Annette Corbalán plans the IB Spanish trip to New York City for students to experience

reporting by Bailey MacAuley

project idea, the new Asian

American Association

takes off as sophomore Yushi Portwood signs

"The IB Spanish trip mainly includes theater work, and it's by a repertory company, Repertorio Español, in the city, that I'm familiar with from many years ago. It occured to me that it would be a good trip, as I travel to the city," foreign language teacher Anette Corbalán said.

SUSHI W

science. We get a program every year and I just check dates. We got unlucky a couple times with the weather. Originally, I would try to do it late winter and early spring, but it would always snow. This year, I scheduled the trip in November and it snowed again, so we had to postpone for a couple of months.

"I think there's sort of a freedom of just getting out into the city for the day. We go to the play first. At 11:00 a.m., we walk nearby to Sala One Nine, a Spanish to focus on some Spanish for restaurant and we do a tapas and paella a little while. It gets us out of lunch, which is quite a big meal. There's a the classroom for a little bit and museum we go to in Washington Heights that's very nice."

"For me, planning the trip is down to that's a very Hispanic neighborhood. We go out into the community and walk around and stick our heads into different stores where Spanish is spoken on a regular basis. The students get to see neighborhoods where nearly everyone is speaking Spanish.

> "I think it's one of the best things that we do. It's not necessarily a tangible thing that they take away with them, but I think it's a good experience

// Tesserae

Corning-Painted Post

day events and assignments Sketchy Schedule Planning her bullet

In order to help with her study habits and artistic skills, freshma

Alexis Hawkins uses a bullet

journal to organize her day-to-

reporting by Sara Gamen-Munarriz

journal in the library, freshman Alexis Hawkins works on the October cover. "Your bullet journal can be whatever you want it to be. It can be pretty and themed or it can be crazy and chaotic. It's perfect as long as you like it," Hawkins said. photo by Sara

When the MYP Personal Project 1. Fresh Perspectives At their weekly meeting,

freshmen Lucia Chen and Alina Levine elaborate was assigned in his class, sophomore on Asian-American issues related to culture. Yushi Portwood chose to create the Asian "In the club, you feel a connection with people American Association in order to promote who have something in common with you: it opens your mind to aspects of other cultures," awareness of different ethnicities in the nore Wesley Wu said. 2. Planning Ahead high school. "I decided to set up the Asian On Sept. 28, sophomores Amaro Chavez and events in one of their first official meetings. "I to my English teacher about it, and he joined the club at the beginning of the year thought it was a great idea, so I followed because it seemed interesting and a lot of my friends were doing it," freshman Abigail Kohnke through with this as a personal project," said. 3. Trying New Things At one of the first Portwood said. "As things went on, I felt meetings, sophomore and co-treasurer Amaro Chavez tries one of the Asian dishes offered more passionate about it, so I decided I to club members. "We just talk, have fun, and wanted to take this further and invest a lot eat a bunch of Asian food. We also talk about more time in this club." some cultural topics like how Asians can be After moving here from Japan at the segregated in America," Chavez said. 4. Chop

Chop Practicing her chopstick skills, sophomore age of eight, Portwood tried to not only Anna Morgan eats Japanese curry. "I joined reconnect with his roots, but also to the club because I have some understanding of Asian culture, but I wanted to broaden that make his club a space for others to do understanding and knowledge," freshman John so. "For me, this is a great time for the Hazlett said. **photos by Ria Gupta**Asian community in our school to have a time where they can chill back, relax, and be who they are. Whatever ethnicity: Japanese, Chinese, Korean, Vietnamese, Indian—I don't care—it's about expressing their cultural food, talking about their cultures, having 'inside jokes' about Asians, and on top of that, teaching non-Asians about the culture, and showing them the

amount of fun we can have."

From groups of students surrounding his booth at the activities fair to friends putting him down, Portwood's idea was met with mixed reviews. "The first time I brought this up with my friends, they were like, 'What? Yushi Portwood and junior Todd Lu explain future American Association because I was talking No one's going to like the idea of going to a club just to learn about Asian stuff.' In my mind, I was like, 'Sure, but if you try to make things better and really put in the effort to get the message across that this isn't just some generic club where you just talk about Asian stuff, if you make it more meaningful, then it would be much more impactful.' So that's what I did."

From students of Asian origin to those who have never stepped foot outside of the U.S., Portwood welcomed people of all backgrounds into the club. "This is like a wake-up call. This club isn't just for Asians. It's also for people who are in this school who want to learn and know about different Asian cultures. There's no boundaries. In the end, I want people to know that some weird themselves and having a good time, eating tenth grade boy created a club as a personal project at the start, but ended up making something bigger and something greater, so that they know that they can do what they want to do if they really stand by it."













b this was a way to get some. It also gave me something to do over the summer. If I hadn't been doing the internship, I probably would have been off watching Netflix," Scouten said. "I probably won't go into a STEM career. I have been looking at schools for law, but I think the experience of working nine to five and having to be there on time will be helpful for working in the future."

The internships consisted of much more than just fetching coffee, with students learning skills such as modelin fluid flow in robots, mixing chemical powders and writing computer programs. "I used machine learning libraries in Python, like Caras, to model the flow of a fluid such as air or water around a twodimensional object or arbitrary shape," senior Ted Xie said. "I got a lot better at Python, which is great, and I learned more about machine learning and how to apply it to problems. I can see myself doing more programming for my career. I don't know about machine learning specifically; however, I do find it very interesting."

Although they may not have known their plans for the future, their time on the campus provided the interns with a chance to get some ideas. "It was a good opportunity to learn more about if I wanted to do science in the future, and it gave me a better understanding of what I would be seeing in the future," junior Esha Soni said. "I have always been really interested in chemistry and science and it just made me want to do the internship more. It helped me know how people in the science community at Corning work, and how their normal lives are, and how they communicate with one another."

The experience involved following dress code and professional work procedures to give the interns a realistic impression of the jobs that are offered at Corning. "It's all very formal, and you even have to mark the classification for all the documents you create, which is how long Corning has to legally keep them," junior Mikko Neukirch said. "You have to schedule a meeting to get into a room, so you can't just show up. It's very formalized every step of the way."

Despite the short two-month experience, their time at Sullivan Park presented interns with life lessons about careers and what goes on behind the scenes. "I hadn't worked in a corporate environment before, and I thought I'd figure out more how it is versus being in a more team-based environment than just on my robotics team," Neukirch said. "Now I know what to expect when I'm working in a bigger company and I might go back to Corning when I grow up."



reporting by Sofia Buduchina SI and veterans take to the Erwin Valley Elementary athletic field to run drills and earn music for their fall field show



1. Toot Your Horn On Aug. 30, sophomore preparation for the final performance at the end people you've never met before." of the week. "At the camp, I get to bond with my instrument section and learn to memorize music, which I've never done before," freshman "This was my first year attending the

During the weeklong performance band camp, Gavin Suber said. photos by Kelly Hoyt done before."

"My favorite part is the music because there are new pieces always chosen, which are fun to learn and play. Each year, we host what we call the 'Band Olympics,' which I've liked a lot. I will definitely go back to the camp for my senior year because I like it and want to continue with band." Richard Sauer, 11

"The first few days is when you learn all the routes and music, and the rest of the time you just perfect all of it. It was for sure easier this year compared to last year, because once you build those relationships, it becomes more simple since there's no need Akiha Tagawa performs music on her trumpet in to worry about meeting a bunch of new

Alexander Reppert, 10

Madeline Ortiz said. 2. Let's Get Jazzy
performance band camp. To tell you the freshman Eva Adib plays her alto saxophone on truth, it was all pretty confusing at first. the field. "I like camp because it prepares us for Performance band requires memorizing a the year where we get to play at football games, and the experience itself is fun." sophomore lot of music and that's something I've never

. Chem and STEM Hard at work on their lab, senior Nikitha Reddy works through the assignment with her lab partner, senior Lauren Beall, Interns often partnered with professionals during their experience. "The internship benefitted me because I was able to meet professional female engineers," senior Michelle Nishimoto said. photo

by Sophia McNamara 2. Get With the Program In his fourth period IB Computer Science class, junior Borna Eshraghi writes code. "I learned skills that would be useful for me on collaborating with peers and being independent. You get to create your own schedule, and it was up to you to decide when you wanted to work," Eshraghi said. photo by Sara Gamen-Munarriz 3. That's Humerus Using a human skeleton model, senior Natalia Alonzo learns about the human body in IB Biology HL 2. Interns worked on topics from cell growth to glass strength and flexibility to robotic nanufacturing systems. "The internship will help me with my future because I can now put the fact that I have a technical internship on my resumé," senior Michael Daigler said.
"The only challenge I faced was that I lacked social interaction because I was either tucked way in a corner or in a lab with nobody else in it." photo by Alexander Brown 4. IB Studying In his IB HL 1 Math Class, unior Oliver Guy works on a review packet nternships emphasized opportunities in STEM disciplines, including engineering and nath. photo by Sophia McNamara



CUSTOMER: "Peaches 'n Cream is really close to my house, so it's nice to walk on a summer day to get ice cream. I have been going there since I was really little, and we would always walk there from Erwin Valley in elementary school. My favorite memory was going there on the last day of fifth grade." **Emily Powers, 10**

BREAK EMPLOYEE: "I like the job, but it gets really busy, so it was stressful at times. All the girls working there were pretty nice reporting by Ria Gupta though, so it was fun working Though they may line up on with them. It was always fun and different sides of the counter, student employees and frequent peppy, and everyone was in a customers share experiences at good mood most of the time." Beartown Peaches 'n Cream Alexis Durkin, 12



reporting by Kelly Hoyt

Through the family bus company, members of the Smith family build traditions and take advantage of the garage for family pasttimes

What is the Smith Bus Company?

'The bus company is on its third generation. It started in 1935, with my great grandfather, Robert L. Smith, and then he handed it off to my grandfather, Loren R. Smith, about getting home from and now my uncles, Gordon and Logan, own and run it."

Damon Smith, 12 What was it like growing up with the bus garage near your house?

"The bus garage is about half a mile away from my house. My favorite memory with my cousins so close with my family and at the bus garage is when we would play hide and seek; it was always fun. It's just a place I can always go have fun." Triston Smith, 9

"The bus garage always gave me a place to ride bikes, play street hockey and have a good time with my cousins. We would always use it as an excuse to not do our house chores, and just say 'we were riding four wheelers and stopped at the bus garage and lost track of time.' We never had to worry school." Dalton Smith, 11

Have you learned any lessons from being involved with

"I've learned to not take anything for granted, especially family, because I have been not a lot of people really get to experience that. It's nice knowing you will always have your family just around the corner." Courtney Smith, 12



Keeping It Cool Located on 5 Beartown Rd, Beartown Peaches 'n Cream is a produce market and a venue for local residents to chill at furing the months of April to Oct. "Peaches 'n Cream is always busy, and they have great ice cream," senior lee Castellana said. It's nice to just sit at the tables and enjoy ice cream ith friends." photo by Alexander Brown



reporting by Adesh Tiwari YOUR LOSS

IS MY GAME Despite their ups and downs, the JV and varsity girls basketball teams use different techniques to bounce back to be stronger after a loss

Unstoppable Together Aiding her teammate, eighth grader Ashlee Volpe helps sophomore Hannah Plumley up after a fight for the ball. "The season has made me realize that you learn more from your losses than your victories," senior Sydney Wood said. "We put it in the past and it just gives us even more motivation to work harder so we can improve our skills." photo by Ria Gupta

"BECAUSE OF HOW CLOSE WE ALL ARE. IT MAKES IT EASIER TO NOT FOCUS ON THE SCORE AND THE WINS AND LOSSES, BUT TO PLAY FOR EACH OTHER AND PLAY BECAUSE WE LOVE BASKETBALL."

-Erin Austin, 11-







1. Skating not School Not letting the frigid temperatures stand in his way, junior Quin er teaches ice skating lessons at the Nasser Civic Center Ice Rink on Jan. 24. "This is my second year working at the rink now. so this year I'm a rink guard," sophomore anbro said. "I get paid for skating around, which is something I would do anyways because I really like it." 2. Teacher for a Day Instead of taking a break from school, freshman Cooper Lyon and Vanessa urner use their free time to shadow some of their middle school teachers. On Jan. 24 they had lunch and caught up with Individuals and Societies teacher Jillian Meister. "I thought that it would be good to go back and see my middle school teachers as well as help the middle schoolers, especially the eighth graders who are going to be in high school next year. We did a lot of simple jobs like handing out and grading papers, or whatever else the teachers needed our help with." Turner said, 3. Basketball Break Spending some of his free time over Regents week at the Corning YMCA, sophomore Jalen Henderson takes a shot while warming up for noon-ball on Jan. 25, "I went to the YMCA with my friends freshmen Jacob Mattison and Aidan McClure. We played basketball games of horse and knockout. After that we went to McDonald's to get food and we pretty much did that for the whole week," freshman Dylan Kapral said. . Pizza Pals The front table at Aniello's gives freshmen Kendra Bartholomay and Erica Clar a spot to converse as they enjoy a pizza lunch on Jan. 24. "I don't go to Aniello's often but my friend Erica and I hadn't hung out for a while so I figured we might as well go. I'd say that Aniello's is a pretty popular Corning hangout," Bartholomay said. "I don't get to see Erica a lot out of school because we don't live too close, so it was nice to get to relax and hang out with her over break." photos



has a three-pronged approach to making it through the day reporting by Merica Griffin . "The first thing I do is I drink a

big 'ol cup of coffee because the caffeine keeps me awake throughout only sometimes."

2. "I draw and doodle all throughout the day, and definitely throughout my classes everyday. I do it in all my classes, but sixth period is when I doodle the most. I draw on the side

of all my notes. I definitely doodle the most in English class because it helps me think and stay awake." 3. "I listen to music. During the day I listen to a little bit of K.Flay, maybe some King Princess, Paramore, some Arctic Monkeys. It helps to the day, or a cup of chai tea, but that's stay awake because I'm not focusing on being tired, I'm focused on my work in front of me, or the lyrics of the song."

Checking Instagram,

responding to Snapchats

and playing games drain

smartphones' batteries

during long school days

60%

"My battery is usually around 70% at the end of the school day. I watch a lot of stuff on Youtube, and I also use Snapchat, I also carry a charger with me so I can plug my phone in during eighth > and ninth period."

Devonta Sinclair, 12

"When I used to play sports my battery would be at around 50% by the end of the day, but I'm not doing any sports now so I don't bring a charger to school because I don't really need it. I don't use a lot of apps. If anything, it's Snapchat and iMessage." Zachary Wood, 11

"My battery is usually very low at the end of the day because I use a lot of apps like Snapchat, Instagram and Facebook, Those apps drain my battery in the background. I also play games like Brawl Stars. That is why I carry a charger with me so I can plug my phone in whenever I want." Seungjae Baik, 9

"I use a lot of apps during the school day. I watch a lot of videos on Youtube and I also use Pandora, I think these two apps along with Snapchat and sometimes Facebook really drain my battery. I carry a portable charger with me so it's really easy for me to plug my phone in when I'm low on battery."

Emily Harrison, 10

Over January Break I...

...marched for women: "I'm part of a feminist youth group at Card Carrying Books and Gifts on Market St. We went to the Women's March in Elmira together on Jan. 27. We all met in Wisner Park and listened to empowering female speakers. Then, we marched to Elmira College, where but seventh grade was when I started we had the opportunity to learn about all the organizations that are supporting women in the community. The experience was very empowering. Everyone was there with a purpose; to make change and fight for each other."

four or five years now, and it's something I really enjoy doing. The biggest appeal to me is that it is an individual sport, so whatever happens when I'm fencing is all up to me. I like to know that I don't need to rely on others and other people aren't relying on me. When I was in second grade, I saw people fencing in a classroom in 171 Cedar Arts Center and thought it was really cool. Now I take some classes at 171 and I am also a part of the Elmira-Corning Fencing Club." Grace Speicher, 9

...cruised the Caribbean: "Over Regents week I went on a cruise from Florida. We stopped in Mexico and Jamaica on the way. It was fun because the ports were places that I had never traveled to before. I really

liked experiencing and learning about the cultures in the different countries, and I especially enjoyed the warm weather. One really cool thing that we did in Jamaica was climb up a waterfall." Austin Clark, 11

...drew a lot: "I've always liked to draw, drawing more seriously. I take art class at school but besides that, I am self-taught. I spend most of my free time drawing, I do traditional drawing and digital drawing with my tablet. My favorite thing to draw is people. I prefer to draw in black and Mattison Edinger-VanAtta, 12 white. The other kind of art that I do is ...practiced fencing: "I've been fencing for wire sculpting, it's fun to do and if you do it right it can come out really nice. I like to show my friends my art and sometimes I put it online."

Sophia Hollasch, 9

..kicked up my heels: "I am an Irish step dancer and I spent a lot of time over break going to dance class. Irish dancing isn't as popular as other kinds of dance, so I drive to Binghamton three times a week. I have been Irish dancing for eight years, since I was seven. My favorite part is meeting people and being able to do something most other people don't do. I used to do other kinds of dance but I had to quit because Irish was taking up too much of my time. Our teachers are very strict, so I would say the most difficult part is getting the steps right and pleasing the teachers." Katelyn Drake, 10



1 NSIDE • WE BREAK DOWN Design by Elizabeth Hogrefe

analysis

Throughout the school year, Englis teacher Robert Orr's first period Regents English class reads and analyzes a variety of books to prepare themselves for the Regents exam

reporting by Aaryaa Donthu

Although analyzing literature can be a challenge, students in English teacher Robert Orr's first period English class had multiple resources and techniques at their disposal to help them break down books. "So far this year, we read 'The Tempest,' 'Into the Wild,' and 'The Curious Incident of the Dog in the Nighttime," sophomore Austin Ross said. "I liked all of these books, but I thought that 'Into the Wild' was especially interesting because it did a good job showing all the unique problems the characters faced. Chris, the main character, tried to destroy all of his records and invent a new life for himself to get closer in touch with nature. His struggles made him more relatable."

In addition to reading 'Into the Wild,' the class did various assignments to help them better understand the book. "Every other day we were assigned roughly 30 pages of 'Into the Wild' to read. Once we had read the required pages we were given a small true or false quiz on the content that we read, called a 'Quick Five Quiz,'" sophomore Madison Nichols said. "The 'Quick Fives' are not hard; they are just five questions meant to check for understanding. By looking at our quizzes, Orr can see if we've read the assigned pages and what topics we are having trouble understanding. That way he knows what topics he needs to teach in more depth."



Quiz It While sitting in language class sophomore Dillon Hall works on his 'Quick Five Quiz' for the book 'Into the Wild.' "My favorite part of this class is probably watching movies, sophomore Breanna Sawyer said. "Right now we're watching the movie to the book 'Into the Wild' and it's really good. In my opinion, watching the movie of a book helps you to understand the book better because it's a visual of the general idea of the book."photo by Alyssa Tenny

INSIDE Biology and Anatomy and Physiology students break out the scissors and scalpels and break down the proper dissection process

STEP 1: PREPARE

reporting by Elizabeth Hogrefe

"First, we make sure everything is clear, then we get our safety glasses on, we get our gloves and we make sure our trays are clean and sanitary, and the teacher gives us a note packet with directions to follow." Bryce Derick, 12

STEP 2: DISSECT

"We use different tools. The first one is a scalpel, it's a really sharp knife and we use a different blade every time we dissect. There's a probe which we use to point to different things and stick through different valves to show our partners or the teacher what each part is. Then, there's scissors to help cut open whatever we're dissecting." Isabel Barron, 11

STEP 3: DISPOSE

"The organism is disposed of in the garbage can, tools get thoroughly washed with water and soap and so does the tray, because the trays have a special mat to absorb the chemicals." Faith Marmor, 11

STEP 4: EVALUATE

"Afterwards, we usually test on the anatomy of the entire organism. There's also usually a worksheet that you fill out, that was just an overall 'what's this? what does this do?' Sometimes there'll be a discussion, if there were problems during the dissection for different people, just so it could be addressed to the entire class." Matthew MacDougall, 10







1. No-Brainer Before beginning her dissection, freshman Maggie Mertsock examines a sheep brain in science teacher Kristine aylor's eighth period Biology class. "I think that studying in groups and doing labs together really helps me learn," junior Rache bis said. "It helps to clarify things and we can work together to get stuff done in the most productive way." 2. om the Bottom of My Heart While mpleting a lab about identifying the structures of the heart, junior rgan Miller and senior Chevenne ibble dissect a sheep heart in science teacher Jennifer Deneka's eighth period Anatomy and Physiology class. I like dissections because it's a more

nds-on experience," junior Kie sulfield said. "Instead of looking at a diagram you're actually understanding the parts you're looking at." 3. Look a Little Closer At the beginning of their dissection, sophomores Lexe akitra and Elif Can examine their sheep heart. "I was looking forward to this dissection because it's a very kinesthetic way of learning," junior takes things that seem impossible at first and makes them very logical." 4. Peeling Back the Layers Searching for the different parts of the heart, junior Chase Miller uses his hands to take apart a sheep heart. "In Biology, ve dissected a frog before," junior anne Zarek said, "My favorite part finding out if it was a guy or a guy based on there being eggs inside or not." photos by Ethan Banks

DEALING WITH FEELINGS

From family issues to stress induced by school work, juniors Marquelle Filkins and Amelia Baker describe what causes their mental breakdowns and how they use music as a way to cope with i reporting by Ethan Banks

"Mental breakdowns for me are caused by family issues and my mom being in the hospital with her surgery but it's getting better now that she has had her surgery. I try really hard to get through them by making and listening to music." Marquelle Filkins, 11

"My mental breakdowns are caused by stress from all of the school work I have, sometimes people around me are not being nice and I either overcome them by talking to someone I trust, or music really helps as well. I try not to sit on my phone, it just causes more problems.

Amelia Baker, 11





junior Amelia Baker listens to music as a way to de-stress. "Music gets my mind off of what is actually going on and it puts me in better situations depending on the song I'm listening to," Baker said, photo by Ethan Banks 2, Turn Up the Beat During music production lass, seniors Matthew Snapp and nmaron Kelsey and junior Marquelle Filkins work on producing an original song. "Making music helps me cope because it brings me out of whatever is going on and brings me into a happier place, and helps me focus on my music," Filkins said, photo by Cassidy Owens-Kashorek



1. Digital Task Working on their computers,

work on their class assignment. "Our topic for

the IA was choosing a business and creating a

question on a change within a business, such

as the benefits of Aniello's opening a second location," senior Alexis Durkin said. 2. Collab

Lab In their seventh period IB Business class,

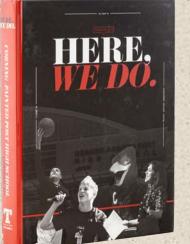
seniors Gabrielle Bertrand and Amber Litt

o meet the course requirements, IB Business students in business teacher Martie Marks' seventh period class must emplete their Internal Assessment

"I'M INTERESTED IN THE BUSINESS FIELD AND LEARNING HOW TO RUN A **BUSINESS. IT'S REALLY** CHALLENGING HOW MUCH WORK YOU HAVE TO DO IN IB **BUSINESS COMPARED** TO OTHER CLASSES."

----Noah Bange, 10

a conversation. "I like that class because it is fun and Marks is really nice, and we don't have a lot of work to do," junior Clemence Paris said. "We learn what marketing and finance is and what the seniors Collin Neally and Rianne Nickerson have main idea in a business is." photos by Ria Gupta



// Tesserae **Corning-Painted Post High School** Corning, New York



"I plan on attending college and pursuing a business degree as well as a degree in dance with a concentration in choreography. College has always been in my path, so the real decision has been deciding what I want to do. I have always had a love for dance, so I decided that I want to open a dance studio and teach. I want to also pursue a business degree to provide security and also to allow me to create a strong studio. I think that the degrees I'm pursuing and the whole college experience will provide me with the life lessons necessary to be as prepared as possible for my future." Kayleigh Broderick, 12

Making the decision to come

different for everyone-and for

For junior Saege Holleran,

sitting down with her parents and

letting them know that she wasn't

straight, it was her going through

a process to understand what her

sexuality was, and who she was. "I

had to come out in three separate

coming out wasn't immediately

out to family and friends is

many, it's all about timing.

THE REAL 11

my mother and closer friends, and

the lines of coming to terms with it."

After coming out to his mom,

sophomore Marshal Mitchell felt a

change in their relationship, "After

between the two of us at first. After

questions a lot and she wasn't open

I came out, there was a huge gap

I came out, she used to ask me

to hearing my answer at all, but

I don't care about gender," Holleran depression, and we've been working felt like I've always been out."

stages; the first one was to myself to recently I think it's starting to close,"

kind of realize that like 'Oh shit, wow, Mitchell said. "I was diagnosed with

then beyond that it was sort of along getting a lot better; she has been

"I am going into the Air Force to be a

loadmaster, which is a person who follows cargo and makes sure that it is loaded and unloaded safely. I wanted to go into the military because I am from a military family: my brother was in the army and my other brother was in the Navy. The thing that drew me to the Air Force is that I am not that big or strong and I have more brains than strength, so the Air Force was the way to go. I am going to the Air Force for the first four years to see how I like it. If I like it, I am going to go into a program that allows you to go to college while in the Air Force and get a degree in something and then just stay in the Air Force for 20 years until retirement." Jaren Brewer, 12

therapy. Our relationship has been

Having those discussions with

in my sexuality, and I've never been

we're making progress."



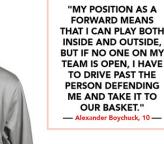
who I really am as a person. I don't know what I want to go to school for yet, so during the time that I have I will research what I want to do. I am going to get a job, maybe two, and make some money. I also want to get my licence and a car. With my free time, I want to travel. Throughout my junior year and the start of this year, I've spent a lot of time in and out of psychiatric hospitals, and it has caused me to want to help take care of myself and figure out what my purpose in life is. All of the people who support and love me say it's a good step to take. I want it to be a year to remember and take time to help other people with the same issues as me. " Hannah Pilkington, 12

reporting by Nicholas Jubilee After determining that the time is right, students decide to come out to their



friends and family about their sexuality

Work It In the band practice room where one to really hide it. I've had a good unior Saege Holleran came out to junior supporting friend group and circle that leaghan Malarkey, they talk about plans for allows me to be expressive and open the weekend. "To someone who really wants to come out, what I would really suggest is about it," senior Tanis Franchi said. "It make sure that you're completely comfortable wasn't really that I came out, to me, it's with yourself before you do, and don't feel pressured to come out," Holleran said. photo by Nicholas Jubilee





year or enlisting in the Air Force, the senior class decides what path they want to take after high school to determine

reporting by Sofia Buduchina Whether it's going to

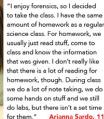
college, taking a gap



when I grow up, so I need to know human anatomy. Anatomy and Physiology is not a very rigorous course; it's easy and informative, and I like the information that is provided in the class. We don't get homework in my class, and we just have to study and read our books. There is a fairly good amount of classwork, and a majority of it is taking notes. I find Anatomy and Physiology very interesting and super beneficial for me with my future career."

"I am going to be a physiologist

Elizabeth Simmers, 11



Noel Vankurin, 12

taking notes, students are still able to complete their work without having a lab period reporting by Ella Perry

"I'm going to Corning Community College

for criminal justice. For other schools, it costs

a lot of money, and this is easier with my work

smart type and I would like to do something

where I can be on the move and be doing

schedule and family. I don't consider myself the

something rather than just an office job. I knew

I wanted to go to CCC since the beginning of

high school and I decided to go into criminal

justice junior year. I know a lot of state troopers

and they all say that I have a good mentality for

it and plus, it interests me. I think it'll help me

get into a successful career and if I don't go

lot of new people."

into law enforcement. I'm sure I will learn a lot

and it is a good experience where I can meet a

1. Work It While doing a worksheet in science teacher Audra Gensel's fourth period Astronomy class, senior Keone Wallace learns about the red shift and blue shift. "My favorite part is learning new information, because I find it very interesting and it will help me with my career due to the fact that it's just around the corner," junior Elizabeth Simmers said. 2. Shoot for the Stars Learning about light wavelengths, seniors Gweneth Glid and Lillianna Caporaso work together on their worksheet. "Science is one of my favorite subjects and I already take a science that has a lab, so I wanted something I would be able to take just for fun," sophomore Lydia Keys said. photos by Sara Gamen Munarriz



032 FEATURE • WATKINS GLEN, HORSEHEADS, ELMIRA & BIG FLATS
Decign by Allivia Jiang

GET WITH

Programmers and builders from Gorillabots, Enderbots and Team Tardis work together to create robots that compete against other teams from around the world in

7.445 FT²

Area of the Corning





The teams being so close together also allowed for healthy competition to develop among them. "We see what they're working on all the time, so it's basically like friendly competition that makes us want to better ourselves and our team," freshman Madeline Ortiz said.

Use of the robot room became more frequent as competitions grew nearer. "Before every competition, we will work straight and go to the robot room every day; we have a lot of really late nights when it gets closer to a competition, and some people will be there until four in the morning," Ashleigh Woodcock said.

With an extensive meeting schedule. team members worked together to find the dedication to finalize their robots. "Meetings usually last until 8:30 p.m. on Tuesdays and Fridays, if it's a late night," sophomore Robin Liu said. "Since those are after school, it's exhausting, but as the team starts to work, it gets easier to find motivation."

A focused space allowed for the robotics teams to get their work done without getting distracted. "It's a very robot-oriented site, as opposed to sharing it with other curricular activities, so it makes it easier to focus on just robotics," sophomore Kate Hanson said. "Since it was designed specifically for robotics we have a lot of things that might not necessarily be thought of when designing a multi-purpose space."

Every member of the team had a specific job such as programming, building or keeping notes. "There are two main programmers and there are 15 other people on my team. The 13 other people are technically builders, but we split that building up," Hanson said. "Some people do design, CAD or computerassisted design, 3D printing and doing the notebooks. We all work with the robot hands-on, but there are different aspects of the robot that we each specialize in."

Working on such a large-scale project as building an entire robot for specific challenges, the teams had to rely on each other to ensure everything got done. "As builders, we usually come up with an idea for the robot, and once the robot is built, we test it. A lot of the difficult work is refining the robot—either to make it do the task easier or to fix a broken part on the bot," Liu said.

The collaboration of the tasks required effective communication within the teams, "We definitely have to work together; communication is really important for us," freshman Alexander Alonzo said. "If three people are working on the same thing at the same time with different ideas, it only works if they express themselves properly."







. Screen Time At a practice, sophomore Kate Hanson and freshmen Sophia Hollasch and Alexande Alonzo work on programming to make their robot as successful as possible. "It is really a team effort that makes our team successful. Everyone has their own job and everyone is good at what they do," senior Grace Scouten said, 2, Sparks Fly Hands on his work. sophomore Robin Liu uses a Dremel on a piece of metal for his robot. "Our team, the Enderbots, takes the building process differently than the rest of the teams in our building," senior Alexis Woodcock said. "We spend a lot more time on the planning process like prototyping and computer-aided design, and then spend less time on actually building, whereas the other two teams spend more time building." photos by Ethan Banks 3, Social Butterfly In the fieldhouse, sophomore Sarah Pambianchi emcees for the Corning FTC qualifier in early January. "The unique structure of the program makes the tournaments competitive, and collaborative," senior Avery Pambianchi said, "We're all here to learn, and I think that's the important thing to take away." 4. Under Pressure Before competing, senior Taras Goral examines his team's robot to make sure it's ready for the next match at the FTC qualifier. "I think it is amazing how people can collaborate. It's a safe environment where ideas are shared." freshma Neal Singh said. "The people there are so respectful and open-minded to your ideas and when one of them works it is a super exciting feeling." photos by

Gorge-ous Hike Rainbow Falls at Natkins Glen State Park is a popular destination along the Gorge Trail, which runs just under two miles

ong and passes 19 waterfalls ong the way. The park won third lace in 2015's USA TODAY Best tate Parks Reader's Choice poll and just completed a \$6.5 million ntrance and visitor's center. photo v John Menard BY CC-SA 2.0

WATKINS GLEN STATE

PARK: "I go to the Gorge with my family when my cousins come up from California; they only come once a year so it's nice to see them. We walk around the Gorge and through the waterfalls." Madison Wright, 9

WATKINS GLEN INTERNATIONAL RACE

TRACK: "I go to the races each year with my dad; we go for his week off. My favorite part about the races is being able to spend quality time with my dad and seeing some of my favorite drivers. My favorite driver is Jimmy Johnson, #28. We always get pit lane seats so we get to go down and get old nuts off of each car." Cassidy Galusha, 10

SENECA LAKE: "I love

Seneca Lake, I try to spend as much time up there as possible because it's always beautiful and also very private. My favorite things to do on the lake are work on my boat and fish. It's a great place to live for the summer, and it's always fun to spend time with my brother there."

Adam Zingler, 12

BEN AND JERRY'S: "I think that Ben and Jerry's is better than other ice cream places. I usually go with my mom and my sister, junior Maclaine Zink. We go once in a while whenever we're in the area and doing things down there, we stop by because we like the ice cream."

Elizabeth Zink, 10

reporting by Lucy Hilker

money, especially if I can't go to every game

"My favorite part of going to the games is that I really love the atmosphere because everybody is there having a good time, and everyone is really friendly. You can really make friends with somebody who is sitting next to you

"I think that the Enforcers are better at helping out with the community than the community, they go to local stores and will have things where younger kids can come in and get pictures with them. They are a really great team and I really love going to Kaylyn Conway, 12

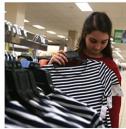




Amidst the losses of several shops in the Arnot Mall, students who visit the mall often or work there are affected by the large number of closings

SHOPPER: "I shop at American Eagle often, and I love that store. It's one store I really don't want to see leave. I'm fearful of the stores closing because the mall will lose so much business that it might close down. I think we need to get popular name-brand stores in order to bring in new customers to keep the mall open." Derek Tucker, 11

EMPLOYEE: "The stores closing is sad. The are saying that in 2020, they might change some of the benefits to the full-timers at Sears. But I'm only part-time so nothing of mine will be touched. Business still comes into Sears and we still make a good profit. My favorite thing about working there is the opportunities that I have. I just got promoted to a different



Top it Off Shopping in JC Penney's at the Arnot Mall, freshman Amanda Bansil examines a t-shirt. "I like how the mall provides things to do besides shopping, but there is a lack of shops, which makes finding new clothes hard," Bansil said. JC Penney's is one of the remaining department stores at the mall, after the closings of Macy's Taylor Holly, 12 and The Bon-Ton. photo by Alivia Jiang

After the Jackals Hockey team was sold in 2017, hockey left the Elmira area, but with the new Elmira Enforcers, avid hockey fan senior Kaylyn Conaway has another team to follow

"I started going to the Jackals games when I was seven with my aunt, and then I went a lot with my friend. I was upset when they closed the Jackals. I was so excited when I heard that there could be a new hockey team coming. I was just hoping that they would be good. I love the Elmira Enforcers games now. They play pretty good so I'm happy about that. I started going to the games in the beginning of the season, and then started to go more, and Jackals were. The Enforcers do a lot with the now I've been going to pretty much all of them.

"I go to the games whenever I can, but I do not have season tickets because they are kind of expensive, so I just buy a ticket whenever I can go. It's just not worth spending that much

// Tesserae **Corning-Painted Post High School** Corning, New York

036 INSIDE • WE DOUBLE-UP Design by Ria Gupta Multiple Classes, Boys Swimming, Girls Tennis, Winter Apparel



tennis team partners up in

what kind of shot she's going to

hit, because I trust her." photo

provided by Skylar Treadwell

an intrasquad scrimmage

partner, junior T

Ain't That Paint During Advanced Drawing and

nton paints a cactus. "Emma is in the Portfolio Development class. She's spinning a ton of plates-all of them well-and she's applying to some really competitive schools, which is helping fuel her directions. She's a really inspiring student," Wolf-King

on works through music

v turns on the

e plays his trombone alongside freshman

Painting with art teacher Bir

As band director Br

for her lighter, sophomore

Literature 10R, senior Cob

said. photo by Ria Gupta 2. Hold the T

with the Concert Band, freshman

chorus this year because I enjoy singing and being

surrounded by my friends in chorus, and my section

by Sophia McNamara 3. Fired Up While reaching

gas for the flame test lab. "I'm taking IB Chemistry

and Honors Physics. I feel like I have a wider range

wanted to try that." photo by Alexander Brown

the class as they act out a play. "I take Language

and Literature 11 and Language and Literature 12

I decided to double up this year to graduate early

because I want to join the U.S. Marines," senio miel Filkins said. photo by Sophia McNama

4. Speak Up In seventh period Language and

of what sciences I know, rather than just focusing on

one." junior Walter Towery said. "I doubled up since

I really liked chemistry, but I hadn't taken physics, so

for Performance Band is great," Smith said. photo

"I take Anatomy and Physiology and Chemistry Honors, I know I want to do something in the medical career field, so I figured I should see if I like Anatomy and Physiology. I'm enjoying the class, and it is preparing me for what a career in the medical field might be like. It's a really good class, and it's fun. It tells me how hard it will be to be in the career I want to be in, and that I need to study for it. When I know I need to get something done I just get it done, so it's not hard to manage the workload."

DOUBLE MUSIC:

This year, I'm taking chorus and band; each one is every other day. I doubled up in music because I liked chorus in middle school and I like band, so I wanted to do both. Doubling up is giving me two 100s to boost up my GPA and it is giving me more musical skills. I don't plan on doing music for a career, it's just a hobby."

TRIPLE ENGLISH:

"I actually moved here two years ago, but I failed Language and Literature 9 twice, so in order to graduate on time, I had to take Language and Literature 10, 11R and 12R this year. If I can get those done, I can graduate on time, and then finish doing my schooling that I want to do for performing arts. I want to become an actor or performer, so by earning all my English credits and graduating on time, I can hopefully pursue that."

DUINTUPLE ART:

"I'm taking five art classes this year. I'm currently in IB Visual Arts SL, Advanced Drawing and Painting, and the Portfolio Development class, and then next semester I'm going to be taking Studio in Design and Studio in Graphic Design, I'm planning on majoring in art for college, so taking all of these art classes has really helped me develop my portfolio. I have really benefited from making a lot of work and having an actual time to be able to do art, instead of just at home when I'm busy with other work like college applications."



ve During varsity swin practice on Dec. 5, junior D kickboard. "River Hawks helps me more with my technique, whereas varsity is more focused on events," junior R said, 2, Catch Your Breath In the middle of the main set freshman Ryan I finishes, and there's some distance workouts and some sprinting workouts," McNutt said. photos by Ria Gupta

TAKE A

Members of the boys varsity swim team take practices a stroke further by swimming with the Corning-Painted Post River Hawks on top of their standard team commitment COMPARE:

"The coaches make sure that they link the practices for people who do both, so the sets are pretty similar for both varsity and River Hawks. It's not as stressful being in varsity meets after doing River Hawks, and doing both is a really good idea if you want to commit to swimming and become a lot better at it."

"The coaching can be pretty similar, and we do these things called APs, which is Aerobic Pacing, so a lot of times we do those in both varsity and River Hawks practices. Most of the people who do both River Hawks and varsity are really good, and they tend to be more motivated and know how to motivate me to do better."

CONTRAST:

"Varsity is more drill work, and it's more focused on what event you're going to participate in at meets. For varsity, we warm up by doing eight 50s and then doing four 50s and then we get into what we're going to do at the meet, unlike in River Hawks, where we work on technique."

"The practices tend to be different between completes a lap of flutter kicking using his the two, depending on different days. Also, River Hawks doesn't go to the weight room before practice like the varsity team does, particularly because there's also a lot of his freestyle stroke. "In River Hawks, a lot of younger kids in River Hawks. Varsity practices it is just mainly swimming, so starts, turns and are more intense and high-paced, whereas River Hawks is calm and a little easier."



"My friends didn't want to go inside at all, so I had to man up and face the cold. I also had a hood on the jacket, so I used that for when it was raining."

"I wore a scarf and gloves for my accessories, to keep me warm. My puffy green coat and scarf is all I need to stay warm, so I was good to go."

Sparkle attendee senior Kelly Jones bundles up and adds layers to her outfit to fight the 40 degree weather on Dec. 1 by wearing a turtleneck, coat, scarf and more

> "It was really cold, and it was also raining for a part of Sparkle. I wore a turtleneck with my green puffy coat and a scarf." Kelly Jones, 12



Nicole Wendlandt and senior Rachel Plumley,

were fun and didn't yell at me when I missed."

with reality on Sept. 5 as get to know a new building reporting by Alexander Brown

"I was expecting a lot of people and more freedom with the phones and everything. I was expecting challenging classes so I prepared myself for that, I also expected to be able to play after school sports and I knew there were clubs like Key Club." Eric Reazor, 9

"My middle school teachers said 'high school is just a bigger middle school,' so not much adjustment was to be made. I was moving with the same group of people and I had the same group of friends with me, so I expected high school to be fun."

get ready,

Snorkelers and scuba

plunge underwater

divers must manage the mix of emotions that flood

through their minds as they

"I've been scuba diving for about a year now. I

went with the Venturing organization, which

is a section of Boy Scouts. You prepare to

dive by putting on a wetsuit, and then you

also have to get an air tank and a mask on.

and down and it feels like you're on the

moon with the gear on. The thing that

freaks me out the most about scuba

diving is the dark unknown. It freaks

me out about what's down there, but

there's always this feeling of wonder

with scuba diving. It was hard putting

on a mask and going underwater

the first time but it was a fantastic

"I started snorkeling by just

how much fun he had and all the videos he'd bring back. I've

been snorkeling since I was

and you go down, you're always

worried when you get back up

watching my dad snorkel, seeing

experience and I will never forget it."

eight. When you take a breath of anxiety from big fish and stuff

whether or not you're all the just stay there for a second and

way to the surface and you take a deep breath, and regroup

Nicholas Sweet, 12

take a breath and that's scary.

through because I love being

in the water and seeing all the

cool things, but also a little bit

like that. To feel better, I come

back up to the surface, maybe

mentally and go back down."

Griffin Huff, 10

It's mostly excitement that runs

Having the suit on gives you this weightless feeling where you could just jump up

REALITY:

ER: "There were a lot more responsibilities than I thought there would be. There is a lot more commitment to classes and homework for after school. I had to make more time for homework and studying outside of school."

DF: "The transition into high school wasn't really that difficult because it's so similar to middle school. The only difference was just the first day getting used to everything. It follows the same pattern; you go to class for a period, the bell rings, and then you go to the next one. It wasn't that stressful."

don't dive

low platform to diving with their arms first reporting by Sophia McNamara



Falling For You At the JV volleyball game against Horseheads on Oct. 23, sophomore na Keeler and eighth grader Olivia Keegar dive onto all fours in an attempt to save the ball "In volleyball, it is essential to stay on your toes at all times, but there are some times where you just can't get to the ball quick enough," freshman Parker Wolfe said, photo by Alexis Woodcock

"I usually slide onto the floor with my arms out to pass and I flick my wrists to pop the ball back up into play, and then roll back onto my feet so I can keep playing. I like to remember to get myself facing the setter before diving and to keep a flat platform so I can pull the ball up with control."

Abbygale Kerwan, 10 "You have to get lower, so that your platform is lower to the ground. Then you lead with your hands first so that you'll be able to slide on the ground. Then, you have your stomach hit the ground before you hit your knees, so that you don't ruin your kneecaps." Coline Schwesinger, 9

DON'T:

"You want to avoid directly landing on your hip and you use your arm to help with that. You don't want to land on your hip because you can potentially hurt it really bad and cause bruising."

Kaitlyn DiNardo, 10

"What you want to do is not land on your elbows, but instead your forearms and hands, because if you don't it will hurt your elbows and then hurt your shoulders. It didn't really take me too long to adjust to diving correctly, because I kept getting hurt when I was doing it wrong. However, for some people it is really hard to break bad habits." Emma Keeler, 10

performs a 303C reverse one and a half dive. "I really like how I feel while swimming; it's exhilarating and it's almost like a whole different world because you are underwater and all of the sound is blocked out, junior Lucy Hilker said, photo by Cerena Crowl 2. Spread Your Wings and Fly At the meet against Vestal on Oct. 16, junior Leah Palmesano comes out of the water while performing the butterfly stroke. "We did a lot of team bonding before the season started," freshman Vanessa Turner said. "We had big and little sisters, so an older person on the team would have a younger person on the team and they'd be their mentor." 3. Whatcha Wading for? Prepared to start, freshman Camryn Hauptm participates in the 400-yard freestyle relay against Horseheads as senior Lauren Thomas and freshman Meagan Meeker look on. "It is challenging as a freshman because you meet new people, but we started before the school year so it helped that I knew some people before I came into high school, freshman Alina Levine said. photos by Andrew Phan 4. Take a Deep Breath Competing against Ithaca on Sept. 12, senior Zoe Dessoye starts an open turn. "The seniors made sure I was doing the sets correctly and that I knew what I was doing," freshman Ava Marie Ruland said, "We always had parties and get-togethers after meets, just to hang out and be friends outside of swimming. We were a really big family." photo by Ria Gupta

Girls Swimming, Scuba Diving, Volleyball, Freshman First Day

against Horseheads on Oct. 9 junior Tay

1. Catch You on the Flipside Mid-dive at the meet

aspect this season, but we're really just closer as a team," junior Sara Mattos said. "It made it much easier to get everything done that we needed to. The first couple weeks are always a little difficult because you don't know each other, but once you get into it, it's much easier and now we're all really, really close." Such relationships were not

only fostered in the pool or in the locker rooms, but also outside of school. "This season, we did a lot more bonding stuff like hanging out outside of practices and meets. We had different dinners and activities so that we could bond as a group," junior Hayle Schack said. "We were a lot other more in ways that teams that don't bond wouldn't be."

From rookie freshmen through captains and seniors,

varsity swimmers found it easy to fit in with the team. "When I

met the whole team they were all

really welcoming and really nice. Even though I wasn't the best,

before and after practice."

"During my senior meet, everyone made me feel so special and loved. Whenever

I would race there was always someone cheering for me. This doesn't just apply to me, the girls came together and cheered for everyone," senior Katherine McKane said. "We even came up with a cheer for one of our divers, junior Taylor Roberts. It was 'T-A-Y-L-O-R, Taylor, Taylor, she's our star! Go Tay, go go go Tay!""

veterans and rookies alike were accepted and incorporated into the team. "My co-captain, junior Leah Palmesano, really tried to keep a positive environment," McKane said, "At the beginning of the season we made posters closer, and we were there for each for our first meet, and at the end of the season, she made paper plate posters for our sectional meet. Overall, we wanted to make sure everyone felt like they were a

they were all trying to help me get better," freshman Amanda Bansil said. "If you were struggling, they would come up and help you, and they'd make sure to talk to you "There wasn't really anything different about the swimming Along with the freshmen

part of the team."







1. Double Team With junior Clayton Vaugh and senior Hunter Wright closing in on the play, sophomore Maxhemilian Stansfield and junior Jacob Riker tackle their opponent from Binghamton. "I'm a defensive tackle because I'm a bigger size than

everybody else," junior Jacob Townsand said. "I'm supposed to take up the blockers in order for the linebackers to make tackles." The team came up short in a 50-21 loss to the Patriots, 2. Guard Your Man In a mid-afternoon game against Horseheads on Sept. 29, senior Adam Zingler and sophomore Hunter Newman bring down their opponent. "If you have a strong defensive line, it's harder to move and get through it," sophomore Samuel Wakeman said. "If they don't get moved, then your linebackers won't get touched and they'll be free to make the tackle." 3. Safety Patrol In order to prevent Horseheads from gaining yardage, junior Seth Hogue leaps for his opponent on the third down. "Safety is one of the many defensive positions," senior Hunter Wright said. "They're almost like a free man, so they're like a free hitter without an immediate assignment." The Blue Raiders pulled out a 28-21 victory. 4. Drag Him At the game on Oct. 19 against the Vestal Golden Bears, senior Dillon Herritt holds onto an opponent's jersey. "On defense I am a free safety," sophomore Hunter

Newman said. "Since I am in coverage, my job is to help with stopping passes that come through, and I am late to the run." photos by Alexis Woodcock

> Which belt was the hardest to earn? "Definitely first-degree black belt. It was the first time I did the whole test. There was running, power breaking, all kinds of tactics, and sparring one-on-two."

How often do you get a new belt? "For the white, gold, orange, and yellow belts every month you can possibly get a new belt. For the other five belts, you have to wait longer to test for them." Iman Priestley, 11



The offense may put the points on the board, but a game's success could ride on the strength, attitude and focus of the defense reporting by Nicholas Jubilee

The outcome of varsity football games Garrett Sakona said. "There, I have to be often depended on whether or not faster and stronger than them and keep the defense stayed strong and fulfilled trying to stop the player from getting ahold their mission-and did so as a unit. "The different defensive positions just have to

work together, and everybody has to execute their task, it could cause injuries or even a their one eleventh of the job that needs to loss to occur. "If one person doesn't execute be done every play," senior Robert Mechalke their job, that just causes mayhem, and it's just said. "They also need to do it better each and every play in order to hopefully stop the junior Jacob Townsand said. "It could hurt offense from scoring."

Regardless of position, the team had to or they could just end up failing to do their now their roles in and out to be effective. "I job because they have to pick up the slack by play both offense and defense. On defense I play quarterback so I have to guard the receiver from the opposing team," junior

doing someone else's job." "Say, if I don't do my job, and I don't block anyone, they'll be able to go right through the hole I've made, make a run for it and potentially score," senior Howard Brown said. "But if I do my job right, he won't be able to get past me and he won't be able to score." Even when their opponents started pulling

away, the defense had to be solid to get the team back on the other side of the ball. "When you're down by a lot, as the defense you have to try and be strong and stay positive," Townsand said. "You just have to play your hardest, not quit, and get up after every time that they knock you down, and just hit them harder every play."

When a certain position didn't accomplish

going to impact somebody else on the field,"

them in some way, like they could get injured,

SPLIT AT the root

reporting by Ella Perry To make it through a split up home, three students handle the hardships of their parents' divorce in their own way

"It's hard because they have different parenting styles. Having divorced parents is not always as bad at the beginning. I stay with my dad when he has his days off, and I stay with my mom when she has her days off, If I forget something, I tell my mom I forgot this and we go to my dad's and get it."

Samara Mallernee, 10

"The hardest part is probably having different things in different houses. If I forget something at my mom's and I'm at my dad's, it's rough for school. Also, I have my wardrobe split in half between houses. If I forget something, my mom lives 30 minutes away so it's annoying. As time goes on, having divorced parents gets a lot easier." Ryan Leszyk, 10

"When you're the oldest, you really have to grow up quick to take care of the younger siblings and make sure things are communicated correctly between parents. At first, it's really hard to plan ahead with making sure everyone has what they need for the time that we're going to be with the other parent. I also think it's hard to adjust to the different environments of each house." Chanel Salbego, 9

strength, sophomore Boh Ruffin and junio Iman Priestley move from belt to belt as they gain experience in Taekwondo reporting by Ella Perry

What goes into Taekwondo?

"We train, sparr, practice forms and break boards of different thickness with our hands. It takes dedication, fitness, and motivation."

What do you get out of Taekwondo?

"It helped me with self-confidence. When I began I didn't like talking to new people, because everytime I took a test I had to go in front of a crowd of 15 people, and with higher belts more people come to watch and it's really nerve-wracking."



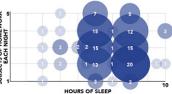
Fighting Form During a Taekwondo test, sophomore Boh Ruffin performs the Koryo form in front of his peers. "The most challenging part of Taekwondo for me is physical because I am not flexible and I also have poor form," Ruffin said. "It is harder to do certain types of kicks during class." photo provided by Boh Ruffin

beat the

Between juggling school activities and homework, two students cope by planning out their time and sacrificing sleep reporting by Sofia Buduchina

"Two of the three clubs I do are sports, so it's a big time commitment. It's hard to find time for all the homework I get, but I was able to put in a study hall for this semester to help do all my work. Other than that, sometimes I have to stay up late, but usually I spread out all my activities so that I am able to fit everything in my schedule."

Elyssa DeRosa, 9



"I'm a part of Drama Club, student council and Interact Club. Since I take some International Baccalaureate classes, there is much more homework from those classes than regents classes. I don't get a lot of sleep, and barely have free time during study halls. I'm constantly doing homework and when I get home I stay up really late finishing my work."

Jenna Nickerson, 11



Indoor Drumline, Music Production, Girls Soccer, Prism Concert

"I definitely felt like I wanted to guit Injuries are just another part of playing soccer for three members of the girls JV and varsity reporting by soccer teams Alivia Jiang

sometimes because all those girls that I used to be able to keep up with, I can't now. I just had to push myself, and I definitely came out in the first game I played. I was crying after the third game when I was on the bench and I was like, 'I'm not doing this I can't, I'm not getting any better, I suck,' so it was definitely hard." Chanel Salbego, 9

When I hurt my hip, coach Julie Pierce knew omeone who had the same injury, so as soon as it happened, she knew I needed to stop playing and sit out for a while. The trainers helped me get through my injury because they were always there to wrap me up before practices and games. My teammates were so supportive and included me even when I was on the sidelines." Katherine Weinstein, 12

"At practice, one of my friends shot on me. I dove to the right, and my wrist bent all the way Back in the Game Before the girls varsity soccer game against Horseheads, senior Katherine back, and it basically just snapped. As a goalie, Weinstein runs through a line of high fives from it was kind of sad because I couldn't be part of her teammates. "This injury really affected me. I had to adjust my mindset to try and understand a team anymore. When I did come back, it was that there was a low probability that an injury scary because I had to wonder if that was going like this would happen again," freshman Naomi to happen again. The first time someone shot Evans said. "It was hard not being able to play with my team, but it was nice to be there to at me, I was scared to dive for the ball. I had to support them." photo by Kelly Hoyt learn how to adjust to diving again."

Naomi Evans, 9



Numerous artists from both vocal and instrumental groups perform around the theater to give spectators a surround sound effect at the Prism concert on Feb. 5





"THE PRISM CONCERT IS INTERESTING BECAUSE YOU ARE SEEING AND HEARING THE MUSIC COME FROM ALL AROUND YOU."

— Grace Cavuoti, 11—

Intense practices on

veekdays and weekends, and

rigorous competitions were

just at the surface of what the

indoor drumline did during their

season. With competitions just

around the corner, members of

the indoor drumline trained all

winter to beat other lines in

The group traveled to

competitions almost every

"Our practice is rigorous

but otherwise it's not too

rehearsals each week

weekend, and held multiple

when we have a competition,

bad, we just try to make sure

sophomore Shane Lavigne said.

separately from one another and

Organization was key when

it came to practice and getting

has put more organization into

my band life because of how

"Before we compete, usually

the pit and battery practice

then we practice together."

their work done. "Drumline

we understand the music,"

the state.

1. Wind Up In his first year in band, freshman William Haxton performs with the Concert Band at the Prism concert. "Instead of just having the music coming in front of you, it is coming from all around which creates a really different experience for the audience," junior Alex Hoover said. "It's really fun to have the performances all around the theater." 2. Pulling Strings At the Prism concert on Feb. 11, senior Natalia Alonzo performs the violin, "I had a solo, which I practiced for with the marimba I have at home. I practiced a lot and it was my All-County piece so I already spent a lot of time with it," junior Dennis Jacob said. "I was closer to the audience than most people are, which is a little more nerve-wracking because normally, I'm back on the stage so people don't really see me as much." photos by Lauren Thomas

1. Helping Hands As they break for instruction, senior Aiden Bailey gets help with his music from indoor drumline caption head Jordan Ripley. "A lot of the competitors that we've gone up against have been pretty difficult. They have all gotten higher scores than us but we just work harder," sophomore Elizabeth luyler said, "To better ourselves we have been practicing different parts that we need to stay together on to try and make us more of an ensemble than individuals." 2. Bang It Out Standing on a prop, senior Benjamin St Clair yells while playing the snare drum. "I've gotten more confident because with drumline, I'll be going and competing in a really exposed spot," junior Aubrey Bowes said. "Performing is something that I've never really done before. It reall helps in other aspects too, because it helps me get rid of nerves when I go in for auditions and solos or somethi like that." 3. Like You Just Don't Care Members of the indoor drumline raise their drumsticks above their heads during a rehearsal at Erwin Valley on Feb. 11. "One of our sets this year has drills and props, which is different from the standstill show," junior Alex Hevey said. "We are always pushed to do the best we can and it is really helping us get our set down." 4. Dut, Dut, Dut Eyes focused ahead, members of the indoor drumline keep in time with each other as they practice their music. "I think the best way

to work as a team is to understand the needs of your teammates so that you can figure out the best way to get your work done," sophomore Sabrina Ault said, photos by Elizabeth Hogrefe







week to prepare

championship show

for a late-season

reporting by Lucy Hilker hard as they can to get the best out of us. We are always ready to work together and we are always super close."

With one year under his belt, junior William Edwards got into the right mindset for competition season. "I am very competitive and our whole team is competitive as well because when people need to get into that mindset, then they do," Edwards said. "I think we will be pretty successful; we have gotten used to the intensity of it so we know what's going on and what we need to do. We also have a lot of good people this year."

Despite the amount of work, the members of indoor drumline had the opportunity to make friends that they may not have met before. "Drumline has helped me meet people who enjoy the same things as me because, before, in performance band, I never had a section because I was the only person in pit," freshman Vanessa Turner said. "I have gotten really close to my fellow marimbas-junior structured the program is," junior Jerry Hou, senior Julienne Tsang Alex Hevey said. "Our instructors and sophomore Sabrina Ault are always there pushing us as and the fellow student leaders."

The opportunity to create original songs with the school's recording studio allows student musicians to express themselves and explore the world of music

reporting by Cassidy Owens-Kashorek

What were the first steps

// Tesserae

High School

Corning-Painted Post

Corning, New York

you took to compose a song? "I went through Electronic Music first, and then worked my way towards the more complex material. I had to learn all the basics in Garageband before I could start producing using the program."

Marquelle Filkins, 11 How did this class help you with your music development?

"It has really helped me learn and grow with my pieces from when I used to produce my music in my bedroom. I like to use the equipment frequently, we have a lot of really nice and expensive equipment. A lot of this isn't available at other schools."

Benjamin Sterbenk, 10 Did you ever feel stuck in one of your works and how did you work through it? "I've definitely gotten stuck when trying to make a beat. What I typically do is take about a five to ten minute break to get my mind right



their song at the Mac inside the recording studio. "The most difficult song I've made was probably the first one when I joined the class with everybody in the class in the song," Towner said. "It was just a really big project and there was a bunch of people just singing and writing." photo by Ethan Banks

and get back to work. If I can't do that then I try to work around it. If something doesn't work and I have another idea then I go to the second idea, but then if something there doesn't work then I'll go back to the first idea until I figure it all out." Michael Bankston, 10

What was the most important thing you worked on? BS:"I'm really passionate about getting my peers' music out there and I have worked a lot with freedom of speech because we have a bunch of rappers that have a lot to say."

// Tesserae Corning-Painted Post High School Corning, New York





CAMPUS • WE GET RESULTS

students take Studio in Photography to improve their skills and learn more about photography

reporting by Batoor Shah

Why did you take the Studio in Photography class?

Nikolas Sullivan 12: "I took the photography class because I find it interesting to take photos and it is a way to share my work with other people. I like the idea of taking photos, and the class is really fun and interesting. We've been learning about the different aspects. Like when you take photos of train tracks, the leading lines are really cool and I like the look of it."

What do you like about art teacher Lisa Rossi-Sullivan's art class?

Max Mayfield,11: "One thing I really like about Rossi-Sullivan's class is that we focus on almost every aspect of photography. We have done landscapes, portraits, close-ups, and more, and I like being able to choose what I photograph. Whenever she gives us a test, we take photos with different kinds of lighting, and she gives us free time to go out and find what we like for ourselves."

MM: "I enjoy doing landscape photography and I love to capture photos when I travel because it shows me how beautiful nature really is. I like to take photos on top of a hill or mountain, and I try to capture pictures of sunrises or sunsets."

Do you plan on pursuing photography outside of high school?

Ravyn McIlwain, 10: "Photography is actually a thing that I want to do outside of high school. I want to go to college for photography, and I thought taking this class would help me understand more about the camera and techniques for taking photos. This way when I go to college I will know a little bit about cameras and photography."



irve During seventh period Studio in Photography, senior curves on a photos for his 'Photoshoot Number Three project." "For me, the best part of this class is doing photoshoots," senior Se "My favorite project we've done so far is probably the 'Photoshoot Number One,' where we had to get the right lighting and position to what we thought was our perfect selfie." photo by Andrew Phan

class make toys designed to help improve hand-eye coordination in children reporting by Aaryaa Donthu

From digitally designs to a finished 3D print, students in technology teacher Douglas and Total Por Segood's first period Design Technology and Total Por Segood's First period Design Technology

As they learned about the formation of hills, streams and valleys, science teacher Thomas Ring's Earth Science students used an augmented reality sand table and a light projector to represent changes in elevation on the Earth's surface. "Our teacher brought us over to a two feet by two feet sandbox where a light shining down from the projector above showed the height the sand was at." freshman Josiah Wieland said.

"I really loved when Mr. Ring made a town

and different channels out of the sand and when the rain flowed through it and flooded the town," freshman Alexis Lapierre said, "It's an interesting way of understanding the topic because it's different than just reading or watching a video because you actually get a chance to interact with it."

way to grasp the concept more easily. "I am a visual learner, and the visual representation of elevation and the different types of maps that showed the Earth's surface was really helpful to me," sophomore Chelsea Cambra said. "I liked learning about the heights and depths of the Earth's surface and how they relate to the waters and streams ending up being where they are, I also liked learning where the streams would be in comparison to the hills."

students were asked to complete a series of questions that tested their understanding of the elevations and depressions in the earth's surface, "We used the sand tables to look at the topographic map as a 3D model and used it to answer some questions that we had





about the map itself," sophomore Jonathan Walter said. "Questions that we had to answer for it mostly had to do with the elevation and what caused the land to look the way it did. One of the questions that we had to answer was, 'what was the elevation of the top of the northern hill?"

as they were able to understand the topic better than before. "In my opinion, this lab helped me understand the topic better because it is easier to visualize it instead of reading it on paper," Lapierre said. "I would definitely like to do more labs like this in the future because it really engages the class and it helped me understand the topic we



reporting by Adesh Tiwari

Using an augmented reality sand table, Earth

Science classes gain a deeper understanding of

elevations and depressions in the Earth's surface

projects for Design Technology, nna pass time by laying with a 3D printed chess game. "It did not really take very ong to make my toy, the process vas really quick because I knew what I wanted to do for my project, reshman Roderick Burdick said. Once we were done we were able to do other things we wanted to do like playing chess with 3D printed her first period Design Technology works on designing her next project before she prints it. "First we had to do some research on the toys that we wanted to create, and then we looked at designs of other toys for ideas and then we started vorking on our own designs for the toys that we soon got to 3D print,"

otos by Alvssa Tenny

Check Mates After finishing their

go into forensic science." "I really wanted to go into the

special forces, specifically the Navy SEALs. I knew that it wouldn't be easy, but that it would be worth the work. Even after the test, I still

How did your ASVAB

career plans?

test results influence your

"Before I took the ASVAB, I

forensic science. I didn't expect

teaching. They opened me up to

more possibilities, and teaching

will definitely be my back-up plan,

but I think that I still want to try to

my results to point me towards



want to be a SEAL. I think that if I work really hard and believe in myself, I can get in. I have a mindset that, no matter what challenge I face, I will get thought that I wanted to go into

through it."

Joshua Brockway, 12

"Most of the men in my family have served in the military and it has always been something I have wanted to do. My ASVAB results suggested I would be good in a career involving the English language or investigation. I still plan to join the Marines when I get out of high school, then go into a career in law enforcement."

Both military-bound and otherwise, the Armed Services Vocational Aptitude Battery, or ASVAB, helps students consider new career paths

reporting by Laura Wentzel





. Peak to Peak While examining the topographic table. Science teacher Thor information about elevation with his class. "I liked the lab because it was super interactive," freshman or said. "We were also able to experiment with a bunch of things with the 2D and 3D effects because of how advanced the technology neiss Discovery Digging in the sand, i draws a line between the base layers of the elevated surfaces. "We did this lab based on a map, but we also had a hands-on thing where there was sand and light was projected onto it. Different colors were projected on the sand based on elevation," freshman Ryan McNutt said. "For me, hands-on stuff actually helps me learn better. My favorite part about the elevation sand lab was the sand; I've never seen anything like it before." ot Topic Bent over the sand table, freshmen Ryan McNutt, Lucas Za end model volcanoes, "Before the actual lab, we put a scale model volcano in water and kept filling it until it was full. Then, we went over to the sand table to go play in the sand," freshman Zackery Nelson said, "The volcano that was filled with water was kind of like a pre-simulation of the to see the different elevations of the topographic sand table, a light projector highlights the different heights of the sand. "I like making images in the sand. We tried to make sculptures of dogs and other animals out of it," freshman Lucas Zawko said. "This lab helped teach me the topic in a different and better way by visually showing the elevation. photos by Batoor Shah



The only student in Advanced Ceramics, I junior Jessica Pesansky learns new ceramics techniques through one-on-one instruction from art teacher Megan Wukovitz reporting by Elizabeth Hogrefe

What is a pottery wheel?

1. Midfielder Action On Sept. 20. against thaco, junior midfielder Abigail Dejneks sprints as che dribbles the ball across the field to pass to another tearmate. The midfielder position is important because it is the playmaker of the field," senior Erma Webster said. "You have to be able to make the plays, even if it means running from one side of the field to the other." photo by Lucy Hilker 2. Up Figo Celebrating a 4-0 victory against

Union-Endicott on Oct. 3, senior Lauren Beall high

fives coach Julie Pierce. "It is an amazing feeling

when we win games because all the games we

have played were tough and it was hard to pull

off a win," senior Gabriella Stalter said, "When

because we all knew that we gave it our all."

photo by Lorren Perry 3. All Tied Up After

we won we were empowered to continue playing

scoring a goal to tie the game against Ithaca on

of who scores, we all run together and surround

the person who scores," senior Lauren Beall said.
"It's a powerful feeling of unity and we truly come

together as a team." photo by Laura Wentzel

4. Concentration is Key At the game against

your surroundings while keeping an eye on the

don't

play games

at school

the ball as she tries to keep it away from the defender. "You constantly have to be aware of

ball while it is in your possession," senior Eli

asey said. photo by Lauren Thomas

Ithaca on Oct. 3, senior Riley Olms

Sept. 26, seniors Logan Olmstead, Emma Webster,

and Cleo Baker celebrate the success. "Regardless

"A pottery wheel is a machine that uses a spinning disk to shape clay into pots or other round, ceramic objects."

What is wheel-throwing?

"Wheel-throwing is making a piece of pottery on a pottery wheel." How do you prepare before you throw?

"I cut a piece of clay from the block, then I wedge the clay into a ball and throw the clay into the center of the wheel."

What is the first step on the wheel? "The first step is to put your clay as close to the center of the wheel as you can and get your

center of the wheel as you can and get your hands wet, then start to center your clay."

What is the next step?

"Next, you start bringing up your walls by pinching two fingers and pulling up. You just put your thumb in the center and it'll start making a little divot, and then you use two fingers to bring the well up."

How do you complete the piece?

"To complete the piece, you use one hand to guide your piece where you want it to go and use the other hand to stabilize it. After you've completed your piece, you cut it off the wheel and let it sit in the kiln room for about two to three days to let it dry a bit." Jossica Pesansky, 1



The Wheel Deal Fashioning a bowl, senior Sacha Mayolet sits at a pottery wheel during his Studio in Ceramics class on Nev. 3. "I think the wheel is pretty great," senior Kaitlyn Wilson said. "You get to manipulate the clay, and it's pretty high-speed." photo by Elizabeth Hogref.



// Tesserae Corning-Painted Post High School Corning, New York

Successos like an early-season nine-goal shutout of the Binghamton Patriots didn't just happen—communication and teammates'

"It's really important to know the strengths of the people you're playing with," junior Charlotte Nevins said. "If you know what your teammates are capable of, you can use their skills to help score and stop the other team's offense."

talents helped push the varsity girls soccer team

to a seven-win record, with every win a shutout.

To better their performance on the field, the team tried new drills to see which ones worked best for their team dynamic. "We worked a lot on three versus two's during practice, which gave us a sense of how the game would feel and how comfortable it would be during our games," senior Lauren Beall said. "Overall, we had fun and intense practices, and strategized throughout practice in hopes that it would improve our record."

Hard work paid off as they ended the season with a total of seven wins, six losses and one

tie. "It feels rewarding to score a goal," junior Gianna Chicarielli said. "Assisting a goal is just as important because you were a part of another person's success and it emphasizes the meaning of playing on a team."

To help boost self-esteem and support, the team cheered each other on as they worked towards a successful season. "Everytime a goal is scored, we are all screaming and cheering," senior Kenna Newman said. "Sometimes I come home with a sore throat because of all the screaming that happens during gemes. No matter how bad we do or how well we play, we all love each other and we are one big family."

"It's very important to reflect over what

happened," senior Emma Webster said.
"We would support each other so we could keep our heads up, move on and focus on the next game."



Throughout the season, the

girls varsity soccer team works

by attempting new drills and strategies as individual players

and as a team

towards improving their record



"OCCASIONALLY THERE ARE THE QUESTIONS THAT COMPLETELY MESS ME UP AND THAT'S WHAT HELPS HERE." Oliver Guy, 11

in lunch or advisory. It helps pass the class time when we aren't doing an activity. I normally play Geometry Dash and Stick War." "I played solitaire on my laptop during in almost every class during the class acing your reporting by Jaelyn Snyder last few weeks of last year. I didn't English teacher Mark Armstrong holds download Team Fortress 2 because multiple SAT reviews after school each week in order to help students feel it is against the laptop policy." Noah Hursh, 12 more prepared for the upcoming tests "It's hard to play games at school Group Effort At a no-calculator math SAT review session on Nov. 17, English teacher because they have been cracking strong helps juniors Adesh Tiwari, down on things you can do and eighth grader Ashti Tiwari or a practice SAT. "He gives us practice SATs and we go through them. Then he corrects them on your computer, but I played a lot in class during AP World and explains why the answers are right to the History last year." questions we had a hard time on," junior Ana ley said. photo by Jaelyn Snyder

"I normally only play video games

O5O ON CAMPUS • WE PUT IN THE HOURS Design by Kaitlyn Williams

ng by Alyssa Tenny Making up for a gap in music instruction, students pursue their passions with a new club—Legacy Strings

Why do you play a string instrument? Michelle Nishimoto, 12:

"I play the violin. When I was about five my mother made me start an instrument and it was either piano or violin and I far, we've played a range of chose violin. I think I saw a girl genres including both classical playing it on tv, so that is why I chose it. I started playing in this area, but I've gotten into orchestras in Rochester. I've been playing this instrument for such a long time I kind of got scared not playing it and continuing practicing skills."

Why did you join Legacy Strings?

MN: "I am an IB student and we have to do a CAS Project, and music teacher David Smith approached us and talked about a new program he wanted senior Natalia Alonzo and I to start. So we decided to do it as our CAS project. This is significant because there are no string programs in our district."

What's your favorite part of Legacy Strings? Seth Waddell, 9: "I like that everyone has a say in what music we play. Over the weekend the members can

> To get into the Christmas spirit, students participate in their youth group by volunteering and wrapping gifts at the Immaculate Heart of Mary Roman Catholic Church in Painted Post reporting by Cerena Crowl

1. Gift Gratuity Towards the end of the event, sophomore Anna M finishes wrapping a gift. "I volunteer here because I need volunteer hours, and it is the right thing to do," freshman Jord "My favorite part was the pizza and the feeling inside that you get when you do the right thing." 2. Under Wraps With her church youth group, the first piece of tape on her gift.
"One of the most precious things that you can give is your time and your attention. My favorite part is singing and wrapping presents—it's pretty fun," freshman John Hazlett said. photos by Kaitlyn Williams

find a song they want to play and during the next meeting we propose our songs, and if we all agree on one, we play it. This has pushed me to learn different genres of music. So music and pop."

Natalia Alonzo, 12: "I really

like that Legacy Strings can be

such a relaxed atmosphere for strings because in the string world that is hard to find. I really like that it has the potential to help encourage more people to play strings and to join or be involved in things. It might also encourage people to start learning string instruments. As a string player, I would like to see more of a string presence in this area. I would like this club to lead to a string program being reintegrated into the district."



Music to My Ears After school, seniors Julienne Tsang and helle Nishimoto practice the cello during Legacy Strings. "I like the fact that it's so easy for a bunch of students that all have something in common to get together and play some said. "One of the things that Legacy Strings has done for me is expose me to new types of music genres." photo by Alyssa Tenny





"IT'S HUMBLING TO REMEMBER THAT NOT **EVERYONE HAS** THE MONEY TO **GET GIFTS, AND** THAT WE ARE **ABLE TO HELP** THEM OUT."



14, members of the Competition Band Color Guard listen to visual caption head Fimothy Allen while he gives instructions on moving the new props. "My favorite part about rehearsals is hanging out and goofing off with everyone. During rehearsals I pick up sophomore Tyler Palm and run away with him, just because it is fun to try to scare him," junior Gavin uez said. photo provided by Kira Farley 2. Spin With a Grin To warm up before the Vestal Golden Circle of Bands

competition on Oct. 13, members of the

Competition Band Color Guard prepare to do drop spins. "My favorite memory would be the Ditty music videos we made about our section leader, junior Etha Kang, on the bus," freshman Kayla Me said. "With the flutes, it's always crazy on the bus—it is always a lot of fun." 3. Note of the Day While practicing their drill, wind players run through a section of their music. "My favorite part about band is getting to spend Saturdays with your friends. I find it really fun," senior ski said. "I met a lot of new people from different bands at the competitions and we still keep in touch." photos provided by Tina Gerbino

While after school events are going

on and students are still at the school,

Knapp work to make sure the school stays

custodians John Personious and John

clean. "We go all over. They call us for

everything. We set up a team so that, if

there is a play on this end of the school,

then we have a couple of people doing the

things that have to be done there. If there

is a basketball game then Knapp and I will

be down at the other end, so we make



sure that it gets done," Personious said. In addition to cleaning the school, Personious and Knapp help students get in

their community service hours. "One thing that we do for people who get in trouble on sports teams is we let them do community service." Personious said. "There was a guy that did 60 hours for us. He went up to the high school learning center and just graduated this year."

In supporting community service hours, the custodians were able to help students get back on track. "Before he came here to work, he was almost in the process of quitting school. So we changed him. He even said so himself—that we helped him get through school," Knapp said.

"I like talking to a lot of the students. I love to work, I like doing my job, it's fun and it's not repetitive," Knapp said. "Most of the students are pretty courteous and get out of our way if we are using the broom, and they don't stand in our way. I've seen a lot of good things and a lot of bad things, but as far as a bad day I can't think of one."





drama club, banquets and athletic signings after school hours, custodians John Personious and John Knapp

. Fixer Upper On Dec. 10, near the cafeteria, custodian John Knapp uses his screwdriver to fix an outlet. "All of the different events such as drama and sports banquets that are going on here need the cafeteria, theater or gym," Knapp said. "So, we clean the cafeteria three or four times a night just on our shift." 2. Sweep It Up After the school day ends, custodian John Person the floors of the B100 hallway. "Getting stuff done is a lot easier f you have a good crew, and if you have good people that do what they are supposed to do." Personious said. photos by Aaryaa Donthu

11:00 A.M. REHEARSAL AT THE SCHOOL

"We work on the three segments of our show-the opener, ballad and closer—to get better, clean them up and work on our connections between other parts of the band. Then, we work on different parts of our show as a full ensemble, ending with a full run through of our show." Angela Schmidlin, 11

5:25 P.M. WARM UPS ON SITE

"Once we get there, we start in small groups, so the pit is together, drumline is together and then the winds are together for music rehearsal. Next, we have to have someone lead our stretch block-either senior Arianna Pereira or freshman Jason Case." Olivia McLellan, 10

6:55 P.M. GATE TIME

"Before we compete, I just hype myself up. I say little things to myself like, 'You've got this man. You've got this. Don't mess up.' I also check to make sure my saxophone is not broken, and check to make sure my microphone is on every minute." Albert Song, 11

7:09 P.M. PERFORMANCE

"Even if people messed up during the show they still feel really good about our overall performance. As members of the color guard, we had a lot of dance breaks this year, which let us focus on different types of performing besides just equipment."

Georgia Smith, 12

S:00 P.M. RETREAT

"Retreat is after everyone is done performing, and the drum majors go back out onto the field. We all wait and receive scores. At States, it is exciting because there is a lot of anticipation between everyone." Benjamin St. Clair, 12

10:00 P.M. ARRIVE BACK AT SCHOOL

"You go as fast as you can putting things away, so you can unload the truck and get home as soon as possible. There is definitely a lot of teamwork, because you depend on each other to get everything unloaded as quickly as possible." Elias Royce, 10

HERE, WE DO.

// Tesserae Corning-Painted Post High School Corning, New York

EDUCATED EXPERTISE

Staffed by different teachers each period, the Learning Lab caters to the many learning styles of students seeking help

reporting by Lucy Hilker

HANDS ON LEARNER:
"I learn by physically doing things.
Me physically doing something
helps me understand things.
The Learning Lab makes time
for me to spend on classes and
go over stuff that we did so I
can understand it better. I learn
best in a quiet environment, and
the learning lab is quiet. If I'm
struggling, the people in there can
help me work through it. I go once
a day and my grades have gone
up since I've started going there."
Mason Botolle, 9
Mason Botolle, 9
Mason Botolle, 9

visual person, so if somebody shows me how to do it and I look at diagrams and pictures, I really understand it. If there is a diagram involved then they can show me both ways and then I can start to learn it. It's really helpful when you go in there and you have friends who have taken the course or are doing the same thing you are. But I would struggle because if I don't get the help in school I'm on my own at home trying to figure out what's going on because my parents don't know

what's going on."
Peyton Ryan, 10





reshman Morgan Malarke ompletes her homework in the earning Lab. "I usually come to he Learning Lab during second, hird and sixth period because I nave problems in math and english and I like to get extra help from tudents and teachers," senior Marissa DeWert said. photo by Batoor Shah 2. Get It Done Hard work, junior Ethan Kang takes a break from his homework to have a snack, "The Learning Lab is a quiet place where I can do my omework in and not be distracted by people in study hall or the library," junior Abigail Landolf said. "If I couldn't go to the Learning Lab, my grades would be affected because I probably wouldn't get any homework done." Students an utilize the Learning Lab all nine periods of the day. photo by ucy Hilker

SAVE: BACKBOARDING

"Backboarding is a really important skill that you need to know, because that is how you get the victim out of the pool. When you are backboarding a victim you want to try and keep their head from moving as much as possible. Getting the straps over their body is really difficult because you have to swim around them with as minimal movement as possible. I feel confident doing both spinal backboarding and regular backboarding because I can do them both and get the person out safely. I wanted to take this course because I am hoping to lifeguard over the summer, and the CPR part will really help when I am applying to medical school." Alyson Chapman, 10

SAVE: SPINAL RESCUE

"Spinals are really important to know because if the victim is already injured and you don't do it right then you could injure them even more. You go and you get the person, but instead of doing a regular rescue you have to stabilize their head and their neck. You have to put them on the backboard and strap them in so that when you do pull them out they aren't going to move around and injure themselves more. I wanted to take this class because I've always really liked swimming, even though I don't do it as a sport—I thought it would be a good way to get a job." Katie Hale, 10

SAVE: DEEP WATER RESCUE "Some of the saves are a little hard and

they take a lot of practice. It is a really fast-paced course for something that takes half the year. Deep water saves are pretty important because they are at the bottom of the pool and you have to be able to bring the person back up. If someone is at the bottom of the pool you have to get yourself down there to their level and you wrap your arms around them while you use a rescue tube and pull yourself up and tuck the tube between you. Then you try to get them to the wall safely. I think that lifeguarding has a very important skill set to be able to save someone in case of an emergency." Sara Mattos, 11



FAITH FORWARD

As a member of the newly created Connected Christian Club, senior Aaron Thompson takes his faith and religious beliefs beyond his church reporting by Cassidy Owens-Kashorek

"It's the first year we've used the name Connected Christian Club, but the club's been going on for the last two years. Every Wednesday, me and six or seven others get together, hang out and make a video related to our faith. It's nice to be around other people that share my faith.

"I think that it's valuable to be around other Christians. It can be hard feeling like you're alone in some way. Being around other people you can relate to and being able to make friends helps you hold onto your strength.

"Being a part of the club is different from a church setting because you're around people who are already your friends. It's one thing to be at a church and have church friends, but it's different to see people you already know and to get to know them better."

Aaron Thompson, 12

SERVE the time

The end of the school season doesn't mea the end of tennis for senior Nikitha Reddy and junior Trisha Bhatia, who continue to work with their mentors in the off-season

Whother it was with a parent at the Erwin Valley tennis courts or with a coach at Cornell University, senior Nikitha Reddy and junior Trisha Bhatia made sure to take advantage of time during the off-sesson to prepare for their matches at school in the fall. From May to when the tennis season started in August, Reddy worked with her father on a weekly basis at the Erwin Valley tennis courts to prepare. "My dad helps me practice. He played singles tennis in high school, so he knows what he's doing," Reddy said.

Bhatia also used the time to improve on various skills. "During the off-season, I practice with my dad a lot, and I practice at a camp in Ithaca that occurs every other week at the Cornell University tennis courts." Bhatia said.

Practicing with her father influenced Reddy's game performance during her school season. "It's always beneficial to work with him. Because of his experience playing in high school, he knows how to play and what I should be working on to improve as a player for games." Reddy said.

Work during the off season helped Bhatia's overall preparation for matches. "Practicing during the off-season has



1. Eyes on the Prize Keeping her eye on the ball, senior Nikihā Reddy moves into position to return back to her opponent from Union-Endioct. "During my practice sessions, I play like I would during a game, because nothing best practice when you are actually playing," Reddy said, photo by Ria Gupta 2. Game On Atthe grift varistly tening game against Horseheads on Sept. 12, junior Triaha Bhatis akes a ready stance for the upcoming serve. "I personally practice a lot ton serving, and on Woubles and "at net' skillig." Balta said. "When I work at Cornell, I see that everyone works differently, so you get to learn how to work which others, and also how to change your gene so you're always improving," photo by Elia Perry ou're always improving, "Photo by Elia Perry ou're always improving," photo by Elia Perry ou're always improving, "Photo by Elia Perry."

allowed me to pley better in games because it gives me more experience with other people who are better than me, so when I go to a match I'm more prepared," Bhetis said. "The camp and extra practice contribute towards me being a better teammate and pleyer, and it helps me to work harder and improve my skills."



things in your head while you do the physical thing helps a lot, and once you get them out you have to know what to do from there," junior Tyrus Friedrichsen said. 2. Jumping Into Action With a drowning victim in the water, senior Aiden Bailey practices a stride jump to take action to save them, "To perform a front active victim rescue you swim up to them and push the rescue tube under their arms and then push them to the other side. If they are on their back then you put your arms on their shoulders and then tilt them back onto the rescue tube." Bailey said. "It's a big responsibility and it takes a lot of determination." 3. Up For Air With a deep breath, sophomore Alyson Chapma comes up after being saved by junior Sara Mattos, "I thought that getting a lifeguard certification would be a good backup in case I couldn't get another job," Kia Eshraghi said. photos by Cassidy Owens-Kashorek





DRAMA AT DENNY'S

Family dinner at the Painted Post Denny's is a tradition that the Drama Club upholds after every Friday night performance of musicals and plays, including this year's performance of 'The Addams Family'

1,954 Population of Painted Post

942 FT Elevation

1953

Year Denny's was

From crew to cast members, all Drama Club students are welcome at Denny's for an annual tradition after Friday night performances.

Before arriving en masse at Denny's, senior stage manager Nicholas Rayeski had the job of organizing the late-night dinner. "I call Denny's and talk to their manager and tell them approximately how many people are going to show up and how long we're going to be there. I don't think I've ever called and they've been upset or said 'no,'" Rayeski said. "'Addams Family,' in particular, left me a little frazzled because our theater director, Bryan Kelley, paid out upwards to \$800 for everyone. That was very interesting to have somebody dish out that much money for Drama Club. He said that he wanted to give back to all of us amazing kids."

Family Dinner As the night proceeds, seniors Deserai Shepard, Cassidy Owens-Kashorek and Sophie Szutkowski order food after the Friday night performance of The Addams Family. "It was complete chaos. I don't even think it was about getting the food itself but about taking a breath after the show. We stuck around until 12 to one in the morning," senior Austin Parrish said. The show was directed by Dean of Students,







"For 'Addams Family," it was a really small cast, and it was the first time I have been in a show with such a small cast, so it was really nice to be able to connect with each other. It was nice to have a cast of like 30 people that you could become close friends with," senior Jennifer Roush said.

After going to Denny's, Drama Club members thought it helped connect the cast and crew. "I am not exactly sure whether, in a positive or negative way, Denny's helped bridge the gap between actors and tech crew because, as we went on with the musical you get different bonds with different actors and techies along the way, so it really depends on the person," freshman Alexandra Galligan said. "I think it was definitely a great way to get everyone together in a very stress free environment to just chill for once."

As a third year Drama Club member, iunior Silas Weiland felt that Denny's closed the gap between cast and crew members. "Denny's is a place where we all can talk freely amongst each other, and that is really interesting," Weiland said. "I would say Denny's definitely closes that gap, or it really displays how small that gap is. When you are surrounded by all of your friends, it does not matter if they are techies or actors. We are all friends and just part of Drama Club."

After the Friday show, freshman Piper Holleran, a Drama Club tech crew member, made a musical connection to the club's past. "There was a guy that works there that was actually part of Drama Club back when he was in high school. He came over to the group and he had a little ukulele and he started singing songs to all the cast and crew members and that was really cool," Holleran said.

At the end of a two-and-a-half hour show, the theater cast was able to relax in the seats of Denny's. "There is an equal amount of chaos in both Denny's and the theater, but it's definitely louder in Denny's. It's way more relaxed because it's after the show so everyone is way less stressed out," senior Felicia Lash said. "This year has been a lot more chaotic than other years, so getting to relax after the show is nice. It's something we do that makes us a family."

Some members of the cast and crew continued the night after Denny's. "I think that Denny's is really a lot of fun. It's like a pre-cast party because you just did two shows, and it's a way to hype everybody up for the next two nights. It's another way to bond and have fun," sophomore David Maxim said. "Myself and six other guys



we went straight to his house and played video games until 6 a.m. Then we all crashed and woke up and spent the whole day Saturday healing ourselves before the statue has been an area landmark for 125 years. Here are five things you might not know about THE Painted Post

outfits, juniors Robert Kesterson, Matthew Reif, Otto Sutton and Alex Hoover march in the annual Painted Post Halloween parade. reporting by Adesh Tiwari "My favorite part of the parade was seeing From dressing up in all the little children get excited when all the little children get excited when Catherine Sartilli said, photo provided by Robert Kesterson 2. Mons-terrific After night of music and costumes, puniora Abjasil

Dejneka and Talia Christiansen pose for a photo. "It was really fun to perform 'Thriller' with all my friends, and dressing up in costumes is definitely the best part. Usually we all get together to get ready before the parade," Christiansen said. photo provided by Talia Christiansen 3. Honey I'm Home

so we staved at Denny's until two o'clock

in the morning, but then right after that

Saturday night show."

Greeting each other with a hug, juniors Jenna Case and Elizabeth Tucker show off their 'Winnie the Pooh' costumes. "This was one of my favorite parades because it's very relaxed and we get to dress up in our costumes instead of playing in our normal uniforms," Tucker said. "It's also one of the first parades of the year and gets everyone ready for the season." photo provided by





HISTORY Reporting by Laura Wentzel HAPPENED HERE

227 years before Twitter, Senecas used an un-painted post at the junction of the Cohocton, Tioga, and

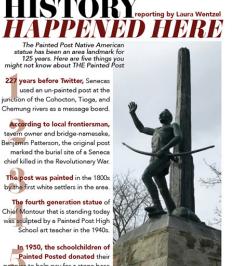
According to local frontiersman, tayern owner and bridge-namesake, Benjamin Patterson, the original post

marked the burial site of a Seneca chief killed in the Revolutionary War.

The post was painted in the 1800s by the first white settlers in the area.

The fourth generation statue of Chief Montour that is standing today was sculpted by a Painted Post High School art teacher in the 1940s.

In 1950, the schoolchildren of ainted Posted donated their pennies to help pay for a stone base for the new statue.



Sunday night youth group at Immaculate Heart of Mary RC Church is an important part of their week reporting by Kaitlyn Williams

"I've always grown up going to Sunday school, so going to youth group is very normal to me. I really like it because it's on Sunday night, so it's a good way to end the weekend and start the next week. A lot of my friends are there so we get to hang out and talk.

"We start off by having the first 15 minutes in the game room, playing ping-pong or things like that. Then, we go into the main room, and that's usually where our lesson is. We talk about the Gospel and things like that. We also have snacks and usually end the day by going over to the church for adoration for the last 10 minutes.

"When I moved here four years ago, youth group was at Rogers Hall, next to Immaculate Heart. I like it there because it is right next to a church so we can go in there for adoration. There's also a TV game room, which has pingpong and pool tables, and a bean bag room there—it has everything.

"Rogers Hall is where my mom became the youth minister. It's pretty weird because my mom is running it, but I try to make the best of it. I am always making jokes about it and she's always making jokes about it. Everybody knows so we're used to it.

"I like the socialization aspect of it. Not everyone comes every week and there's different people that come each week. I like seeing everybody there. It's a nice way to learn new things because you are surrounded by all your friends.

"Youth group is meant to be fun and different. It's less like a class, which is nice and it's a place you can go to if you want to know more about God. If you want to slowly learn about it or are interested in it, it's a good place to be.

Madelyn Beale, 1



FAST &

With distances ranging from 55 meters to 3200 meters, members of the indoor track and field team play to their strengths, meeting the demands of their distances in a variety of ways

With track meets nearly every weekend, members of the indoor track and field team used different techniques to finish strong in their races, no matter how long or short they were.

Whether during practice or at a meet, freshman Brianna Urban pushed through the workouts to not only get faster, but also to practice not quitting partway through a race. to give up, I just remember that I've trained so hard," Urban said. "Even in workouts, I have to beat the person in front of me, or at least try to beat them. I am a very competitive person in the first place, and just being there makes me want to go harder."

Even though indoor track and field is mainly an individual sport, this didn't stop members of

on, especially during the relays. "I'm an anchor leg, or the last leg, so I'm basically screaming at them for the first three legs to go faster. Once I get the baton, I go as hard as I can," sophomore Richard Priestley said.

Running also caused team members to experience different mental states in different races.

"When I have a hard race, there's a lot of different thoughts depending on how I am feeling on that day," junior Otto Sutton said. "Some days you're just kind of terrified because you're thinking that it is so long and other times, you're feeling good and you know you have a chance to catch the people in front of you so "During races, when I feel like I want it just depends on what type of day

> In order to prepare for meets, sprinters practiced running longer distances than they normally would in their specific events. "The workouts that we do in practice help me with my races because the stuff we do in practice folds over into the meet," Priestley said. "So, 400s help me with my 200s because they help me with my mental toughness."

a hard race. I usually think about how this or my race," senior Elizabeth Casey said. sophomore Sean Kahabka makes the last What pushes me to keep going in hard races is the incentives of what may come to actually race," senior Camden Zaidel said. "If I'm questioning the race, I just so I don't want to waste the opportunity." 4. Relay or Not On the first leg of the practice, and I know that I can do them if focus on trying to stay even; then I don't really focus on the pain." photos by Brennan Frost

enior JT Ryan prepares to take another stride while he runs the curve. "When I'm in is what I've been training for," sophomore lelyn Beale said. "If I completely mess up, it kind of sucks, and I know the feeling that you get after having a bad race. I always just want to try to prevent having a bad race, so I just push through." photo by Brennan Frost 2. Eyes on the Shot Standing in the hrowing circle, freshman Robert Ohl gets n the ready position to execute the power throw. "In order to get into the zone before ny races, I just try to think about my goal "By doing that, it helps me to stay focused uring my race." photo by Lauren Thomas Flyin' High With the hurdle below him, ump in the 55 meter hurdles race during he track meet at Ithaca College on Jan. 19 afterwards, and that I have limited chances remember all the work I've put in towards it, 4x400 meter relay, junior Jayla Skeete runs the curve before passing the baton to her teammate. "I like to focus on hitting the times that my coaches want for each split," senior John Cleary said. "I've done them in

Running 'Round In the 1600 meter race,









1. Two's A Show During their practice on Jan 29, seniors Sydney Crouch and Jacob Se "Our coaches, Kira Farley and Cheyenne Kepner, help point us in the right direction with our technique and to build our strengths and work on our weaknesses," sophomore Gabriella Gerbino said. "They encourage us to be better and they push me to reach my full potential." 2. Flying High At practice, senior Georgia Smith works on her flag routine for the show. "We usually practice once or twice a week, depending on the day, and we work on different parts of the show," reshman Jason Case said. "Sometimes we rui through some of the show multiple times if we feel that we need more practice on that particular part. 3. Pizzaz Party In their beginning set, the winter guard team starts a runthrough of With rifles and flags flying in the air,

I am usually very nervous during a competition, so whenever I mess up during a competition. I try to tell myself that it is going to be okay and then I continue on with the show. If I stop because I mess up, then it will mess everyone up, and that is not good. Everyone encourages each other, and that really helps a lot." June White, 9

"If I ever mess up during a competition, I try not to make it obvious, and I try to turn my mistake into a move so that no one knows that I made a mistake. My teammates motivate me before the show and say that even if we mess up, it's okay, During a competition, if another team member is nearby, they tell me that it's okay and that motivates me to keep going on and to do better on the next move."

Tessa Watson, 10

"Whenever you make a mistake during the competition, you cringe a little bit on the inside because you messed up, but you keep going and you can't make it noticeable to the audience and the judges. You can't just stop in the show when you make a practice their duo routine portion of the show. mistake, so you tell yourself that it's okay and then you move on and make it to the end." Kristen Myers, 12

their routine. "During our practices, it has to be very concentrated, but it's also always very fun," and a unique performance to go alloy with it mambers of the Winter Guard sophomore Alexis Erhard said. "As a team, we with it, members of the Winter Guard have to work together so that we can be the best that we can be, and we well support each other." face while performing in front of large photos by Lorren Perry crowds during shows



body knows what to do." photo by Andrew Phan 2. Cutting the Cord Competing in the 200 meter backstroke, junior Sara Mattos swims against Horseheads on Oct. 9. "Strength training makes you stronger and makes you go faster. Usually, we do it with a partner and it's really nice because we would cheer each other on and want to put on more weights in order to do better and get a little

stronger from the last time," sophomore Abigail McKenna said. photo by Cerena Crowl

eporting by Sara Gamen-Munarriz To improve their strength and

endurance, the girls swim team practices with resistance cords and



DURING STRENGTH TRAINING, I TRY TO BE POSITIVE AND **TELL MYSELF THAT I CAN DO** IT AND KEEP PUSHING MYSELF THROUGH. NO MATTER HOW **MUCH IT HURTS, YOU JUST KEEP PUSHING.**

Layla Melozzi, 10

. #Goals In a pregame huddle on Oct. 2,

the boys varsity soccer team prepares to face Union-Endicott for their seventh game of the

season. "I learned that every mistake is not a

oig mistake and you just have to move on to

outton said, photo by Alexis Woodcock 2. Alive and Kickin' Mid-kick, sophomore Nolar aniels tries to send the ball downfield during

an Oct. 1 game against Johnson City. "Knowing

year, we'll have already played on the team with

the underclassmen, and we've already bonded

which puts us ahead." photo by Andrew Phan

3. Fancy Footwork During the game against

Athens on Sept. 21, junior Seth Grottenthale

about soccer by far are the practices. They've

always been so fun, from hanging out with

your friends to the team building drills and

scrimmages that coach Chad Freelove put

on for us," freshman Nicholas Butler said.

chases down the ball. "My favorite part

that we have a young team helps us because

the team chemistry gets better as time goes on," junior Duncan Howard said. "For next

help the team succeed " sophomore Hugo

// Tesserae **Corning-Painted Post High School** Corning, New York

making the choice to step away from the rigorous program reporting by Brennan Frost

Program students are required to take six IB credits in order to graduate as IB diploma candidates. Students are required to score a total of 24 points across all of their exams in order to earn their IB diploma. However, the time commitment demanded by the full program wasn't a good fit for every candidate.

Early in the school year, junior Nicholas Tinz-Burdick made the decision to drop full IB. "As an underclassman, the work wasn't bad or hard. It was just a couple hours a week and nothing too bad," Tinz-Burdick said. "Friends and upperclassmen told me about the IB program, but I came to the decision to join the program myself instead of hearing it from counselors or teachers. The only class I dropped was Spanish. I don't have regrets on that because I was thinking ahead of time that I was probably going to drop it anyway."

Junior Gabriel Palacio faced the problem mid-October, and decided to drop IB French SL. "In the beginning, it is a bit slow and you just need to time-manage to do all the work that they want you to do," Palacio said. "I didn't really need to do full IB to apply to the school that I wanted, or to have the outlook to the colleges that I want-I should just focus on what I like."

lightening the load helped balance busy schedules. "I decided to drop out of full IB because I play three sports and then I am in two clubs so it just got to be too much work and I couldn't handle doing everything," junior Erin Austin said. "I wish I stuck with some of the classes just because I feel like I might have been able to squeeze in probably one more class, but I'm glad I didn't stick with full IB because it just would have been too stressful.

As the work piles up and reality

sets in, IB Diploma candidates learn what's ahead—some



Are You Ready? During math period College Readiness nath class, senior Arianna rita works on homework on March 27, "I learned that definitely am more math and cience based, that's where y strengths are, and my classes are those rather than language based," junior noto by Ethan Banks

your goals





Spots on the varsity roster give uderclassmen the opportunity to learn the difference between lower and upper level soccer reporting by Bailey MacAuley



Did being a younger member of the team discourage you?

"No, because throughout the season, I've learned from teammates and coaches that. even though I'm young I can still try and work hard to compete against all the older guys from different schools, and learn skills from my older teammates." Micah Cornfield, 9

What was the most memorable part of the season?

"The bus rides home and to the games were fun, and so was the locker room before games because we would always just

have fun, blare music super loud, and make jokes and laugh, and just really bond." Steffen Kercher, 10 What did you learn from your

upperclassmen teammates? "Everyone on the team was really able to step up to the challenges. I think we're great at playing soccer even though we're a young team. The guys are very hardworking and always look for a challenge."

How was the transition from JV to varsity? "It was hard because other people are a lot bigger and the style of play is different with the pace and difficulty. In JV, practice is a lot more spaced out and there's less pressure, but in varsity, the environment is less forgiving." Nolan Daniels, 10

How did you work through challenges as a team? MC: "We lost against Elmira, which really hurt us. It was hard for us to come back from our losses there. I learned to persevere because we have a lot of potential and can beat the tougher teams, but we just have to perform like we have before.

4. Showstopper Tangled up with a Union-Endicott opponent, sophomore Steffen Kercher fights for possession of the ball. "This season, my teammates have taught me that anything is possible as long as you work hard as a team, sophomore Noah Hunkele said. "We went into the season as underdogs, and ended the season strong and as a team to watch out for. 5. Fútbol Frenzy After beating a Johnson City forward to the ball, center midfielder senior Nicholas Flemmer passes the ball down the field. "The difference between JV and varsity is big. The competition gets better, more physical and playing is way faster and you can't back down," sophomore Tony Perkins said. The varsity team defeated the Johnson City Wildcats 2-0. photos by Alexis Woodcock



FIND YOUR WAY

After moving 4,000 miles from Brazil to the U.S., sophomore Luisa Dainese learns just how different schools are in reporting by Sara Gamen Munarriz

"I have been here for four monthssince the beginning of the school year. When I was about three, my dad got a job at Corning, so we moved and lived seven years here, then I went back to Brazil for six years. I'm back now, and although I have grown up here, I consider myself as Brazilian.

"My school in Brazil was really small, it was only high school, too-it was literally a house. There were four classrooms and we stayed all in one class. It was really small, but it was also nice because everyone was really close, and I knew everyone.

"I grew up here, so when I first moved back to Brazil I was a lot more introverted, I was very quiet. In Brazil I was able to make more friends easier, so I became more extroverted. It was easier to be more social in Brazil since, in American high schools, we change classes every single period, although people here are still pretty open.

I"I'm in student council and I might join track. I think being active in the school activities makes socializing a lot easier, because it makes you have a direct interaction with a specific group of people. You have to be open for different friendships and try very hard on adapting nicely and being open to everything."

After coaching for 32 years, girls varsity volleyball coach Irene Furness guides the girls through one final season reporting by Kaitlyn Williams



a record of 9-1 in her final season, coach Irene Furness enjoyed a successful final season with the varsity volleyball team.

eans the loss of a mentor who has been pretty much learned everything I know about to her. volleyball from her," junior Olivia Tanneberger said. "It is going to be really tough without ner next year, because I don't know anyone who knows volleyball as well as she does."

Throughout the season, Furness gave he girls advice that helped them improve their playing. "The varsity level is a lot more ntense than JV. Coach would give me little critiques and such throughout the season, and she treated me like one of the varsity players when I got moved up," sophomore Alexa Waksmunski said.

role model to the team, "She has been my coach for the past four years, and last year she was the person I went to to talk about For many on the team, Furness' retirement problems in my life with," senior Madison Gorges said. "I have gotten very close with rith them from the start. "Coach Furness has her over the years, so she has just been a taught me all of the basics to volleyball, so I huge part of my life. I have always looked up

> The advice Furness gave applied to players' lives outside of volleyball. "Over the years, Coach has told us to shake things off. You can't worry about a mistake for too long," senior Rianne Nickerson said, "This carries on to other sports, and certainly school stuffit will keep me motivated. Coach always makes sure that her girls are doing well and excelling. Her advice helps me get over challenges besides just volleyball and she always steers me in the right direction."



1. Set for Success To start the game against Union-Endicott, the varsity volleyball team runs onto the court through a tunnel of JV players. "As a team, we all worked really hard to push ourselves to our best, and had a successful record in the end," senior Taylor Slavin said "My favorite memory was when we teamed up with the JV team and played games the whole practice." The team put up a 3-2 win over UE after five games. 2. Just Did It After ending her speech, team captain senior Rianne Nickerson hugs coach Irene Furness during senior night on Oct. 23. "This season, we started off really close because we have been together before. Going to Disney World really helped us all get along better even if we don't hang out outside of volleyball," senior Sydney Eighmey said. photos by Alexis Woodcock 3. Slay the Play In a Sept. 19 game against Binghamton, senior Lauren Ball hits past two Patriot defenders. "I thought the season went well, our record was a lot better than last year. I learned a lot more from the older girls on varsity," sophomore Kristin Macintosh said. The girls won with a score of 3-0. 4. Get Served During the game against Binghamton on Sept. 19, senior Madison Gorges serves the ball. "At the end of the season I chose Taylor Slavin for my senior speech. During my speech I talked about how she passed the tradition of getting hit in the head at practice everyday to me. It was funny to hear everyone in the stands laughing," junior Lorrer Perry said. The girls won the game with a sco 3-2. photos by Peyton Spring



interlude freshman Sylvie Dickerman aric junior Brenna Remchuck, their

Remchuck and freshman were sidelined by injuries. Sylvie Dickerman, finding At a cross country meet in ways to fill spare time having to sit out from after injured her foot. "It was really school sports with injuries muddy and there were curves I

Routines are a big part of many athletes' lives, but for freshman Sylvie Dickerman and reporting by Kaitlyn Williams regular after school practices For junior Brenna were put on hold when they

helps them cope with Owego, Dickerman fell and

treble on

and at the Vestal Golden Circle of Bands Competition on Oct. 13, the Competition Band faced a score-altering time penalty

Spin to Win While performing at the Crystal City Competition on Sept. 22, senior Kayla Farley executes her rifle work "My favorite part of Competition Band is when all the flutes are watching out for each other—we are like a family," freshman Gabrielle Ball said. "I love the memories. Like when we went to Atlas, and we got to hang out together outside of band." photo by Aaryaa Donthu

"The penalty affected everyone when I first learned about the differently. If you're like me, you penalty because I knew we get kicked down with a penalty lost to the people in front of and you just want to stand up and fight harder. The best way to counteract crap in your life is Matthew MacDougall was the to fight back against it and come back stronger. The only way to get better is by failing, and the only way to win is to fail." Aiden Bailey, 12 than it actually did."



"I got really mad about it us so the penalty was the only reason we lost. Sophomore reason we got the penalty the judges thought he was a parent, so they thought it took us longer to get on the field Jonathan Wolter, 10

had to run through. There was a bunch of divots and I fell, but my foot didn't start to hurt until a couple days after the meet, Dickerman said.

Remchuck injured her knee at a Corning Ultimate Cheer practice. "I was doing a front walkover at cheer practice and when I came up my right leg twisted wrong and my knee dislocated," Remchuck said. "When it first happened I was in shock for five minutes, then I started feeling pain."

Rather than participating in sports, Dickerman and Remchuck found other ways to fill up their time. Dickerman went to the weight room instead of running. "During my workout I did upper body first. I did the assisted pull up machine," Dickerman said. "Then I used the row machine. and after that I did core.

As time progressed, Remchuck's injury started to heal, more," Remchuck said.



Brenna Remchuck, 11 allowing her to participate in some activities at practice. "For the first couple of weeks I

wasn't really allowed to go on my knee, but as the recovery time goes on I am able to do

get off the

How does it feel when you fail a test?

Bo Farrell, 11: "It's not a good feeling.

answers towards the test or quiz."

Madigan Wakefield, 10: "I feel kind of

disappointed in myself because I studied a

to rub it in, but there isn't really anything I

Are your grades high in importance for

BF: "I want to have good grades so then

I can hopefully get into a good college.

and get extra help."

over failing a test?

When faced with a bad grade, sophomore Madigan Wakefield and junior Bo Farrell choose to get over it and focus on preparing for future tests

reporting by Alyssa Tenny

Grades are just important because they show how much you're improving. It proves Especially if you study hard and you go in and to your parents that you are doing a good you think you are doing good but then you job at school and you're not wasting your struggle with some questions and don't know time on the education." some of the answers. Next time you have to MW: "Yeah, my grades are pretty important

work hard to make sure you have the correct to me. I've always been a good student, and I like to know that I'm doing my best and getting good grades on the stuff that I do."

lot for it, did all of the work and worked hard What are some ways that you try to improve your lower grades? to do my best. It is really annoying when you

didn't do as well as everyone else in the class BF: "I spend more time just trying to focus because you know that you could have done more in class and then asking the teacher better. The people that did better also tend more questions. Then, I go home and spend more time trying to make sure that I can do about it except study harder next time know what it's about and what the teacher is asking for so that I am preparing for whatever comes next "

MW: "I'll see if that teacher has any policies you? If so, does that make it harder to get on test corrections or any extra credit options. If not I'll just work my hardest and try to do better than I did last time."

DENISON PARK . SOUTH CORNING

DISC-OVERING A NEW HOBBY

The Denison Park disc golf course offers a place where a group of friends can unwind as they wind up

1994 was established

The year the course

5607 FT

Course length

63 PTS Average score on the Denison Park disc golf course

For senior Logan Bunch, disc golf began as a family affair. "I started playing four years ago with my dad, and we just started playing at Denison because we thought it would be a cool new hobby, and then I got senior Derik Lisi into it, and then he

played on the same number of holes as golf, with a nearly identical rule set. "It's a lot like regular golf, you have your drivers, putters, and stuff like that. You start off of a tee pad, and then you normally throw your driver, then you throw more of a mid-range, and then you actually throw it into the basket," senior Jacob Freeland said.

Like many sports, disc golf comes with

its own quirks and traditions. In this case, it's backpacks full of frisbees that define a player's experience. "We have buckets of frisbees. You just collect them over time because you don't use the same disc for the

Long Shot As his friends watch his form, senior Derik Lisi throws his disc at hole one on Oct. 25. "My Denk List throws his disc at hole one on Uct. 25. "My favorite part is probably all the challenges, and it's almost like a man against himself, It's a different type of sport where you're not facing someone else," Lisi said. "It's just you competing a gainst yourself," photo by Alexis Woodcock





Disc Golf in Denison Park, Bowling Alley, Salvation Army, Hospital Volunteers

FEATURE • SOUTH CORNING, EAST CORNING, GIBSON Disc Golf in Denison Park, Bowling Alley, Salvation Army, Hospital Volunteers

whole round," Bunch said. "It's like golfing where you need a different club for different shots, so you just end up collecting them and then you don't want to get rid of them."

Beyond Denison Park, the sport has taken many players to other courses in Upstate New York and Pennsylvania, though it took Lisi a bit farther. "This fall I went to Leicester, Massachusetts and I played the number two course in the nation. I played 10 courses up there over the span of a weekend, Lisi said. "It's about six or seven hours away. I went with 10 guys from the Corning Disc Golf League."

Senior Lucas Rossington has also experienced playing at far away courses. "I went out to California this summer, not to play disc golf but to visit family, and there just happened to be a disc golf course nearby, so I played there," Rossington said. "It was a lot different because, in California, the courses are more wooded so you have to be more technical and hit the line you're trying to hit. At Denison, where it's very open, you can hit a bigger gap and not worry about the accuracy of it."

Though they remain friends, competition is not lacking within the group. "I think the social aspect draws me in more because with that comes competitiveness against each other and competing to see whoever gets the lowest score," Chamberlin said. "Sometimes if I'm bored I'll go out by myself and just try to get better at it so I can beat my friends when I do play with them," Rossington said.

A common theme among the players is the value of the friendships they have made through disc golf. "You become friends with everyone and get closer with people, so you learn each other's strengths and weaknesses," Bunch said. "I've definitely made a lot of good friends that I normally would not have made. I've met people that are 25 years old that I would have never been as close with them as I am now through disc golf," Lisi said.

With the games often taking hours complete, players have to stay focused even when things go wrong. "There's always going to be times where you have a bad shot or you lose a disc. You just have to roll with those adversities and keep going, because the round isn't over and the game never stops," senior Nikolus Nickerson said. "You have to deal through all the frustrations and the difficult times, and always keep on throwing."



Denison Park, the group watches as shot. "I'm going to New York City next year for college, so it's going to be hard to find a lot of disc golf courses around there," Nickerson said. "But I can always see myself coming back and playing disc golf, because it's something that is just so fun and I enjoy so much. I definitely want to keep it in my life for as long as I can." 2. Not wing Away His Shot After flinging his disc, senior Lucas Rossin watches to see where he'll throw his next shot from. "My favorite part about playing disc golf is that it's cheap. All the courses are free to play, so it's just a fun game to play with a group of guys," senior Jacob Freeland said "It'll probably be something I take to college, because it'll be something to do if I have down time." 3. Get a Load of Disc In preparation to throw his disc senior Jordan Haggard warms up his hands in the cold weather, "Being outside and being with friends is just a really fun time," freshman Aid in said. "Although, a lot of imes if the weather's bad, it's definitely not fun to be out in the pouring rain. photos by Alexis Woodcock



257

Wayne's high game

300 Michael's high game score, February 2018 score, Winter 2018

> Family bonding and sports go hand-in-hand for sophomore Wayne Bellucci Jr. and junior Michael Hoffman-Bellucci as they bowl together five days a week at the Crystal Lanes bowling alley reporting by Lauren Thomas

RIGHT UP

"I got into bowling because my

dad was bowling, and it's a family sport for us."

Wayne Bellucci, 10: "My first time ever visiting my family up here, I saw them bowling and I just stayed and joined the league."

MHB: "We have about five or six family members that bowl. Bowling helps me bond with my family because we always see each other, and it's just a way to stay connected." WB: "It's just a fun activity; it let's you get to know your family better, it's one of those things we can get along while doing. A specific time I enjoyed bowling with my family would probably be when I first started bowling, because that's when you guys were teaching me the most."

MHB: "I only don't enjoy bowling with my family when I'm having a bad day bowling."

WB: "I would also say I don't enjoy when one of us is having a bad day because it affects everybody else, and you have to go home and deal with it, you can't just leave it at the bowling alley."

WB: "My favorite memory with my family was seeing everybody achieving what they worked so hard for in practice, with Wayne's 257 and my brother's 250ish score—to see them all get what they deserved with the work they put in."

MHB: "My favorite memory was when I started bowling. It was such a fun time because I was new up here and hanging out with Michael and Matthew, and seeing them bowl was just fantastic."

PROS:

"I just love the people that work there. They are all very nice and it's gratifying helping the patients feel better when they are not reporting by Lorren Perry in their prime. I have learned quite a lot about myself. I didn't think I could be so assertive and professional, and really blend in." Chloe Lafosse, 12

It's a really cool experience and Amidst busy schedules, it has given me a lot of insight four students donate their on what the hospital is and how time, helping patients it works. It's never boring there and staff at the Corning Guthrie Hospital at its new and there's always something campus in East Corning interesting happening. We get to learn about the different procedures and how the staff interacts too, so that's cool." Sahiti Vemury, 10 CONS:

"I know that there are shifts that are up to four hours, and it's not always the most exciting thing to be volunteering there. Sitting there for four hours can be pretty draining. If I stopped volunteering it would be because of the time commitment." Amanda Flick, 12

"I don't have any sort of medical license so the things I can actually do are extremely limited, and sometimes there isn't a lot of work for me to do. It can get

boring after awhile just doing monotonous tasks. Some tasks include opening doors in locked wings and doing paperwork that the parents have to fill out."

Talia Christiansen, 11

"Sometimes if I find a shirt that is kind of like a polo shirt, I crop it. Or if I find a pair of jeans that I don't think have enough stress in them, I put patches on them or bleach them. I just decide on the spot whether or not to change the clothes. I donate a lot of my clothes there, so I just go there to shop and see what they have." Abagail Bartenstein, 11

A new hobby for juniors Vanessa Kelly and Abagail Bartenstein, thrifting allows them to use the low prices and unique finds to their advantage to make the clothes their own

reporting by Mia Perry

"I make alterations to my clothing to make them more my style. In this outfit, I cropped my pants which I got at The Salvation Army, I also got my shirt at Salvo. The advantages to shopping at Salvo is you can get more clothing for less money, and you can make them the way you want to without spending more." Vanessa Kelly, 11



Loving It On Valentine's Day, seniors Abigail Horton and Caleb Worthington make cards in the library. "This project is important because some of these veterans, especially " in our area, might not have a really strong support network when they get back and I think it's worth taking some

During the days before Valentine's Day, students who are taking Studio in Design made Valentine everything that they do every day cards for the Veterans as a side project for the class for our country."

reporting by Sara Gamen-Munarriz

"For the Valentines for Veterans, we took a whole class period of art and really took our time and created cards that would make them happy. I made three cards and I put my own twist on it and I tried to create unique things. I would take pictures out of magazines in order to create an original design for Valentine's Day.

"I think Valentines for Veterans s a good idea. It lets them know that we care and we respect

Brooke Calkins, 12

focuses on pouring unfiltered pond water fo her Group 4 project. "We made sure to choose a project that all subjects could be equally involved in and each contributed to the initial questions and hypothesis," senior Anna McKane said. 2. Keep it Steady With their eyes focused on their experiment, senior Cole Moore and junior Riley Davis work together to figure out the mass of a AS A GROUP." brick. "Being in IB Biology SL helped me during the process of the project because Elif Can, 10 already knew most of what we needed for the development of the project," senior Devon Reed said. 3. Focus Ground Despite the time crunch, junior Saege Holleran works precisely to make sure that her experiment is

1. Spill it On Jan. 25, junior Chloe Chervenic

as accurate as possible. "Computer Science

helped me analyze things from a step by step

perspective and be able to parse over what

most outcomes could be " senior Tucker

Greene said. photos by Lauren Thomas





Ball for Me At the final girls varsity basketball game, junior Erin Austin gives a speech to recognize the seniors. "On the bus, varsity sits in the back and JV sits in the front, but you can always see JV and varsity talking on the bus the entire time so I think that bond between the two teams was something I really enjoyed this season," sophomore Aaryaa Donthu said. The senior night game against Horseheads ended the varsity season with a 25-50 loss on Feb. 6. photo by Alexis Woodcock

CHEMISTRY:

"I'm taking HL Chemistry as a sophomore because when I transfered from my old school, my schedule got messed up, and I had already taken Honors Chemistry in ninth grade. For our Group 4 project, we looked at how windows in homes affect heat loss. As the chemistry expert, I helped the team by looking at different materials like insulators versus conductors as well as looking at fossil fuel reactions and different types of gasses and harmful gasses that get released. The day of the presentation, it was a little stressful, but we finally worked well as a team because we all wanted to work hard and do our part." Mary Parker, 10

BIOLOGY:

I'm taking IB Biology SL. The majority of the Biology portion was researching, so I looked up a lot of websites and found a lot of the information for Biology since the other sciences worked more on the experimentation part. We built a mock wooden home, so we used plywood and glass slides for microscopes, putting different amounts of windows in each home. Then we put a heat

time. In the professional world, you have to be working with different people and you have to be able to know how to work with them well, which is what Group 4 helps with."

Mason Swan, 11

and then measured heat loss over a period of

"There were two biology experts in our group so that made us choose a very heavy biology topic. The topic of this year's Group 4 was 'In what ways can technology allow our community to be more green?' My part was a lot of research, but the Physics and Chemistry experts

were more in charge of the experiment." Chase Merrill, 11

"I was responsible for thermal physics, which we haven't covered yet in class so I used that as an opportunity to get ahead a little bit. It wasn't too challenging, at least the part I did. I think working with people who study other sciences is important because it shows how each science intertwines, and how nothing is completely separate from anything else. My group worked really well together, but I don't think the Group 4 concept is critical to understanding multiple sciences or working in a group."

Connor Carrigan, 12

4 project, which gives them a challenge to work with peers and tackle a real-world science problem





Differing Opinions Juniors Josephine Schelling and Oliver Guy discuss the answer to a problem at a Academic All-Stars match on March 4. "My favorite part of competing within Academic All-Stars is how the pressure forces you to do better on the questions they ask," sophomore Wesley Wu said. photos by Aaryaa Donthu

members of the Academic All-Stars put other schools to the test by participating in various competitions reporting by Brennan Frost

The Academic All-Stars team, advised by history teacher Karen Palmer, traveled to other schools and hosted matches where they competed against other teams in trivia competitions. Question topics came from core academic areas of history, math, science, and English.

Academic All-Stars competitions required collaboration between teammates from the moment one teammate hits the buzzer, to the moment another gave the answer. "You're supposed to collaborate with your team before you give the answer or else you'll get penalized," junior Arthur Kagle said. "Most days, we try to discuss answers before we give our answer to the judges."

When teammates ran into trouble during a match, they had to be prepared to ask for help from the rest of their team. "Usually, if it's the first round of the competition, then you are able to get guestions wrong because it takes off only one point, and you can pass on the question and it'll just go to the other team. In the second round, you just don't have to answer," junior Maximillian Urban said. "In the buzzer round, or the second round, you do not want to guess on guestions that you think you could get wrong because that takes off more points. You get more time to answer questions, so usually you can talk things through a little more carefully; you can be more considerate of your responses."



teams work on developing new skills throughout the season

"MY SHOOTING ABILITY REALLY IMPROVED WITH ALL THE PRACTICE. MY **TEAMMATES WERE VERY** HELPFUL WITH THE DRILLS, AND A LOT OF PEOPLE **BECAME MY FRIENDS BECAUSE** OF THIS TEAM." Aarushi Bharadwaj, 11

Hands in the Air Mid-shot. ophomore Hannah Plumley works her form at practice on Feb. "'11 Man' was my favorite drill cause it helps with our threeon-two and two-on-one practice," mior Stefany Booker said. 2. ome Pep in Your Step Before a game against Vestal on Dec. 20, nior Rachel Plumley goes for a basket during pregame warmups. 'Having the basics down, and building the muscle memory gives me more confidence to try new things with my ball handling, like going behind the back or between the legs," Plumley said. photos by

Why did you decide to begin researching lung cancer?

"During the summer, I was looking for things to do and wanted to link my interest to chemistry and hopefully learn some more about it. My mom, thankfully, has connections with someone that does research at Binghamton University, and we managed to ask her and she was open to letting me hop on. I wanted my research to have a big impact to help a lot of people. I ultimately want to be able to use research in a way to improve life, so this was a perfect thing for me to undertake. Both of my parents are deeply involved in chemistry for their jobs, so they would always say the random things they did at work that were chemistry related, which developed into a deep interest to chemistry, so it's definitely something I enjoy a lot."

When and where did you begin your research?

"I technically started this research freshman year. I took chemistry my freshman year and then in the summer, I started researching. I do my research at a location called the ITC, which is just off of the Binghamton University campus. It's a technology center, which has a large facility dedicated to chemistry laboratories. The group that I'm working with is called the Jones Research Group. The main person that is helping me is Jin Lee; she's the person who introduced me to all this and was the one who was like, 'Here's a possible idea we can work on and here's a solution."

For the annual Terra Science and Engineering Fair in Rochester, junior make sure that you get your lab skills good Jerry Hou works on discovering an affordable way to detect lung cancer at an early stage

1. Slow and Steady With his eyes locked on his instruments, Hou mixes two solutions in the fume hood in chemistry teacher Katie Gray classroom. "The reaction we use is the reduction of nitrophenol and aminophenol. Once the reaction takes place, the nitrophenol turns into aminophenol and turns clear," Hou said. "We really wanted to focus on this color change from yellow to clear and it just so happens that we were able to use nanoparticles, which basically we can synthesize in a laboratory." 2. Prep Time Before showing his molecular drawing of an organic compound to the rest of his class, junior Jerry Hou makes some finishing touches. "When I heard about Jerry's research. I was actually kind of impressed because you normally don't see a student in your classroom

taking the initiative to do something completely on their own," chemistry teacher Susanna Seip said. 3 Show and Tell Displaying his molecular drawing of an organic compound, Hou explains his drawing. "Jerry is highly capable, he is very bright, he can definitely be engaged in certain topics," Seip said. "Some topics are much more interesting for him, and he really tries to do the best that he can." 4. Bonding with Chemicals In Gray's classroom, Hou mixes two different chemical compounds in order to run his experiment. "The main thing I want to make sure of in our research is that we actually discover something based off of our findings, and that it hadn't just happened to work once based on some other thing that we don't even know," Hou said. photos by Alexis Woodcock

What was your goal for the research?

"Essentially, what we're trying to do is to

find an easy and effective way to detect lung

cancer in the early stages that will hopefully

be able to be used other places because

it's inexpensive. So far, we have developed

a proof of concept from a general idea that

was proposed. We're doing research on

lung cancer detection using a method of

biomarkers. These are things such as proteins

carcinoembryonic antigen, which we call CEA

for short. There's naturally a low amount of

CEA in your body at birth, but when you get

hit with something such as a tumor in lung

cancer, the amount of antigens in your body

rises dramatically, so we're hoping to use this

pattern. If we are able to detect that there is

a larger amount of CEA in your body, then

we are able to prove the existence of lung

one that we're researching is that it's the third

well as the leading cause of death in the U.S."

most common type of cancer in the U.S. as

"The research is for sure difficult. There are

a lot of things that occur during the process

back and think, 'what could have happened

and how can we prevent it from happening

again?' There are a lot of mistakes that occur

and sometimes, you have to take a step

while synthesizing, especially, which can

cause future things to be a mishap, so it's

important to spot these errors quickly. I for

sure made a ton of mistakes when I first did

this, and even now, I still do. It's a lot of very

dainty and delicate work, so it's important to

enough to be able to consistently do these

things without messing up a lot."

What challenges did you have

with the research process?

cancer. The reason why lung cancer is the

and acids, which are naturally in your body,

so we are focusing on one that's called a

reporting by Ella Perry

By experimenting and combining different materials and techniques, Studio Art B students take new approaches to their pieces

Instead of using just one medium students in Studio Art B found their creativity in many different art forms. "I like to sketch because I feel like I can put what I envision in my mind down on paper and see the possibilities," freshman Katie Hoeffner said. "I also like using colored pencils because it makes my projects more vibrant."

Beyond sketching, two other types of art that students mixed were ceramics and glazing. "After you have finished a ceramic sculpture," freshman Gracie Price said. "Glazing can be used to add texture and color to make the piece have character. I like ceramics because it empowers me to think outside the box and create quirky and diverse pieces that, at times, may complement who the artist is as a person."

Students in Studio Art B mixed their favorite art types in ways that complimented their style. "I experiment with my art styles by mixing it up and making it look cool and weird," freshman Robert Dates said.



1. Sketchin' It While drawing in his notebook in seventh period, sophomore athan Jacobson plans his future project. "I experiment with my art styles by using different media and just going with what does something interesting or that I like," freshman lannah Shaddock said, 2. What's the Plan? In Studio Art B, sophomore Mary Parker takes notes for her upcoming project. "I like art because it's expressive. For our next project, we are doing paper maché," freshman Ale nny said. "I am making a Polaroid Camera, and I am really excited about making it." photos by Ella Perry



OR2 ON CAMPUS • WE CREATE Design by Laura Wentzel

As a requirement for the IB diploma program, the CAS project encourages students to do something for the good of the community. "Seniors Sean Tovey, Nabeel Mukhtar, and I wanted to do a race for our CAS project," senior Ethan Mai said. "We started thinking about doing a 5K cross country race, but when we went to reserve Denison Park, we found out the insurance was too expensive. Then we came up with the idea of having the race on the school track."

Prior to the event, Tovey, Mukhtar, and Mai worked together on the planning. "We started to organize the race by contacting Suzy Karpenko, who manages the facilities the district uses. She sent us a form to fill out in order to use the track," Mukhtar said.

The team wanted to make their race based on the game 'Fortnite' in order to attract a younger audience and raise more money.

"'Fortnite' is an extremely popular game amongst the youth and we thought that by appealing to the popularity of the game, we could encourage kids to donate money or at least show up to the race," Tovey said.

1. "I wanted to create a locker sign that

was funny, yet meant something to her,

because she's a very good runner. The

ribbons are silver, so they remind me of

2. "I decorated my person's locker the

energetic and just full of energy. I used

her personality, because she got really

excited when she saw it. It was special

for her because this year was her first

and last time doing cross country."

way I did because she is always fun,

lots of colors and stickers, and a fun

saying to reflect her personality."

3. "I would say the sign I made matches

her happy and sparkly personality."

Brynne Ketchum, 12

Victoria Collins, 10

Faithe Ketchum,



. Sucked In Trying to escape 'The Storm,' junior Max' runs away from freshman William II. "We ran around the track fast enough so that 'The Storm'the people in ponchos-didn't get 'The Storm' did end up catching up to me but it was still really fun. Here Comes the Storm At the V-bucks for Veterans race on Nov. 12. freshmen William Russell, Jac regorski and James Gensel and senior Ethan Mai act as 'The Storm, "Ethan said to give everyone who was racing a 20 second head start. Essentially, our goal as 'The Storm' was to slowly speed up and eventually catch everyone," Gense said. photos by Adesh Tiwari

reporting by Adesh Tiwari For their collaborative Creativity, Activity and Service project, seniors Ethan Mai, Nabeel Mukhtar and Sean Tovey organize a race in support of



the beginning of the school year, the Makerspace is a place to create projects using thread, a 3D printer, paint and more. "I think my favorite part is the great things that are created there, ne diverse group of students that use the space and the interaction that they nave." librarian Stacie Martinec said. photo by Adesh Tiwari 2. Stitch in

With a smile on her face, freshman son uses a sewing machine in the Makerspace. "In the Makerspace, I have fun making designs out of Perler beads," senior Kaitlyn Wilson said, "I also like to draw. I like to use different materials, like felt when I make mixed media projects." 3. Crafty Christmas French foreign exchange-student, junior Martin, prepares for the holiday season by making holiday-themed cards out of cut-out letters. "As the student assistant of the Makerspace, see kids using so many different artistic mediums. They really like the beads that melt together when you iron people use string to make friendship bracelets, or use markers to paint a scene together. Lately, the Makerspace nas seen many popsicle stick artists." hotos by Laura Wentzel



Actors in the fall musical 'The Addams Family' imagine their characters' tradition, members of the cross backstories, collaborating with country team create each other's locker signs—can you match the creator with the sign at right? makeup artists and costume designers to bring them to life

reporting by Laura Wentzel 1. Tragic Beauty An Ancestor from the Victorian Age, senior Jennifer Roush has eye makeup applied by junior Frances Mack. "We basically got complete creative freedom to name our character, figure out the era they would live in, what they did in life and how they died," senior oush said. "I am a witch from the Salem era. I died from being burned, not at the stake, but by setting myself on fire from a faulty spell." 2. Reflected Sorrow Before the all-day dress stein, who plays a weeping bride Ancestor, uses eyeliner to draw on tears. "We—the Ancestors—got to choose our character's backstory so that we could better express ourselves on stage," freshman Jes Jones said. "I'm a flapper who died by getting choked, so my makeup has a bruise across my neck." 3. Ancient Ancestor After applying lion claw marks, junior Rayna Krise adds the finishing touches to the makeup of junior Silas Wie

an ancient Roman Ancestor. "The costume designers created an outfit to fit with each character. I'm a conquistador. My makeup has a huge gash on my face and I wear armor and a conquistador's hat. Everyone's costume is very different," freshman Karter Hooey said. "I lo all the hard work that goes into producing the show," photos by Laura Wentze





"I do all kinds of different projects in the Makerspace, I do beads, and I sometimes weave bracelets. I draw and color, too."

"I like to sit in the Makerspace We make things, and sometimes play UNO. I like to draw a lot. I made posters for majorettes once-it was really fun." Emma Stewart, 12

"I make different things with Perler beads, draw, crochet and make different art with beads. My favorite project is the Perler beads because I can be creative and make many different things with many different colors. It is really fun and helps the time to go by."

What is your favorite tool or material to use in the Makerspace?

"I really like to sew on the machine. I have always been really into sewing, and it's the first machine that I was taught to use, and the only machine that I have access to whenever I need it." Melanie Jackson, 9

"My favorite tool to use in the Makerspace is the machine that can cut paper. I like to make letters with my friends and talk with them, and cards for my friends and my family. The paper cutter makes it easier for me to make the edges of the paper straight than if I did it myself with regular scissors." Louis Martin, 1'

> Why did you start making hings in the Makerspace TH: "I started off going into the library. One day, the librarian said they had a cool project in the back. She asked for some help and I helped her, and it was so much

"I started coming to the Makerspace because of my friends and I wanted something to keep my hands busy. Then I realized it made me feel creative so I just kept coming back." Jacob Serdula, 12

In their free time, students take advantage of the opportunity to be creative in the newest addition to the library, the Makerspace



4. Helping Hand As she works with her aide, freshman A rianna Manning strings beads onto a necklace on Dec. 4. "My friends and I make stuff with beads of different colors and shapes," senior dula said. "I love working with beads at the Makerspace." photo by Laura Wentzel

reporting by Sophia McNamara Members of the indoor track and flop to the top field team navigate the unique challenges of high jumping as

at the Cortland Invitational, freshman Gavin Gonzalez competes in the high jump on Dec. 29. "At first, my technique was pretty messed up. I wasn't doing that well in the beginning, but as I got practice, my form started to get better," Gonzalez said. "To improve, I did exercises to help with kicking my legs up and bending my back." 2. Can't Hold Me Down Focused on her form, junior Elizabeth Gre scissor kicks over the high jump bar to the mat on the other side. "Like with most jumpers, my technique when I first started was a cannonball form where my butt was low and then, as I got better, it was higher," sophomore Sear Kahabka said. "As you're going up, you've got to wait until you start arching and then flip up

// Tesserae

High School

Corning-Painted Post

Corning, New York





STRIKING perfection



1. A Moment to Spare Before his turn, freshman Noah Freeland receives advice from coach Eri Kizis. "I've been in the bowling program for four years. Towards the middle and end of regular season, I bowled every match," senior Tanner Kiz said. "When I bowl, I generally just think of where I need to place the ball on the lane and the rotation of the bowling ball." photo by Alexis Woodcock 2. Strikes 'R' Us During the match against Elmira on Dec. 5, senior Cheyenne Balch follows through her shot. "I focus on creating a line where I want to throw my bowling ball and make sure to tune out any distractions when I'm on the approach." senior Paige Gethin said, "Every match, I am in the mindset that I am here to win, not to just try my best." photo by Peyton Spring

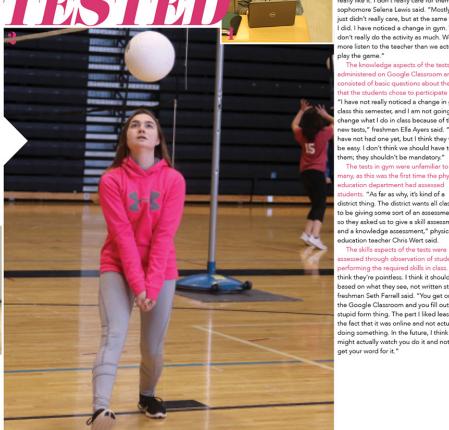
Looking to make a run at Sectionals and beyond, members of the boys and girls bowling teams utilize different strategies to improve their skills I try to make sure I have the same hand

position every single time if I'm throwing a strike, and to adjust my hand position when I'm getting a spare. I make sure I don't drop my shoulder, because when I do that, I pull it, and then it goes either into the gutter or only hits a 10 pin, I am known as 'Twinkle Toes,' because I run when I do my approach, so I get told to slow down and not run. Usually, I try not to overthink my shot because I overcompensate what I did on my last shot." Alexis Woodcock, 12

'If something in a match wasn't going well, I tried to keep myself calm, because I get anxious whenever I'm in the spotlight. I try some deepreathing mechanisms, counting, and just try to keep myself calm and under control. Anxiety doesn't help you during a match because you're already all jittery and often your ball doesn't go the way you want. Usually, when you're throwing at your mark consistently, that part of the oil starts to break down, and it starts to dry up a little bit. So, you want to move from the normal spot you stand, shoot for that same mark, and it'll help a lot more." Devon Hamilton, 11

reporting by Sophia McNamara As students settle into the second semester, the physical education department implements assessments based on skills and knowledge learned in the various units I. Ready to Play Mid stride, freshman Trever Minarovich runs forward to grab the ball while playing handball. "Google makes it easy to do it. Google is a good path to use. It's probably the best path, because then we don't have to have kids sitting on the floor taking tests and wasting PE time when they could be playing. So, they can take the tests on their own time," physical education teacher Chris Wert said. 2. Bump, Set, Spike Eyes fixed on the volleyball, sophomore Katie Ha prepares to bump the ball during the volleyball unit. "I have not really noticed a change in gym. I feel like the tests are not needed. We can just learn by doing the stuff that we do in class," senio senger said. photos by Ria Gupta 3 Strike a Pose During the yoga unit, sophomores upward-facing cobra as they watch the video instruction. "I don't like having tests in gym. I think they aren't good. We should just do the unit. This semester, the gym teachers talk more," sophomore Rahul Karkera said. 4. Best to Test Focused on his laptop, sophomore Ryan Hughes completes the knowledge aspect of the physical education test on Google Classroom. "I like the gym tests because they are easy, but they are also annoying because we have to do it outside of school, which means that I have to remember to do it or my gym grade goes down," freshman Madeleine Quinlan said. "During gym we usually listen to the teachers review the tests with us more than we usually play and it gets kind of annoying after a while, especially if you know the sport really well." photos by Sophia McNamara





When students returned from Regents week, news about the newly nplemented gym tests spread around the school. "I heard about them through other students and just people talking. When I first heard about them, I just didn't really like it. I don't really care for them," sophomore Selena Lewis said. "Mostly, I just didn't really care, but at the same time I did. I have noticed a change in gym. We don't really do the activity as much. We more listen to the teacher than we actually play the game."

The knowledge aspects of the tests were administered on Google Classroom and consisted of basic questions about the unit that the students chose to participate in. "I have not really noticed a change in gym class this semester, and I am not going to change what I do in class because of the

new tests," freshman Ella Ayers said. "I have not had one yet, but I think they will be easy. I don't think we should have to do them; they shouldn't be mandatory." The tests in gym were unfamiliar to

many, as this was the first time the physical education department had assessed students. "As far as why, it's kind of a district thing. The district wants all classes to be giving some sort of an assessment, so they asked us to give a skill assessment and a knowledge assessment," physical education teacher Chris Wert said.

assessed through observation of students erforming the required skills in class. "I think they're pointless. I think it should be based on what they see, not written stuff," freshman Seth Farrell said. "You get on the Google Classroom and you fill out this stupid form thing. The part I liked least was the fact that it was online and not actually doing something. In the future, I think they might actually watch you do it and not just



What was the most important lab. After the lab, we were part of the lab?

"We had to communicate and keep everything constant throughout, so if one person's dropping the ball, they have to drop the ball the whole time. We have to have the math right and not just rely on one person to do the math, and make sure we check the math because we didn't check our math and we got a 70."



are used by physics students to ace their single shot at

eporting by Ria Gupta

What were the stress levels like during the lab? "The most stressful part was when we dropped the ball and looked at the target sheet, because the ball determined our grade for th less stressed because the ball landed near the center of the target sheet for our group." Thais Mai, 10

1. Ready to Roll In order to find the horizontal velocity of the ball, a ramp and through photogates "We had to find the trajectory of the rolling ball so that we knew where the target should have been when it landed," senior I make sure to double check our Kathryn Larrabee, 10 work and our equations."



Two-dimensional motion skills

data in her lab packet. "The lab was about conservation of momentum and we did calculations based on the mass of the ball and the ramp. We performed as expected since we did the calculations, and we got the correct answer," junior Ai v said "As advice I would say pay attention in class and pay sag said. "Next time, I would attention to what you put in your calculator to do well in the lab. photos by Aaryaa Donthu

// Tesserae **Corning-Painted Post** High School Corning, New York

LOOK AT ALL THOSE GOATS Reporting by Alfvia Jiang

With responsibilities including school, friends, home and caring for animals, students who help out on their family farms must balance their busy schedules to fit everything in

79.5 MI²

2,179

As a high school student, it is often difficult to balance homework and after-school activities and still have enough time for family and home life. For some Caton and Lindley residents, owning animals brought on a whole new set of responsibilities.

Junior Kelsey Johnson began learning these skills at a young age. "I was three or four when I got my first pony, and ever since then, my mom has shown me how to clean her stall and do her water and everything, while my dad has taught me how to drive the tractors and use the machinery correctly," Johnson said.

Farming has been a part of senior Cheyenne Balch's family for decades. "When I was about three or four, I remember my grandpa taking me

Feeding Frenzy On her farm in Lindley, freshman Alexandrea Wheaton brings a bucket of grain for her goats. "Owning animals







out on the tractor and just going out and following the cows around. My grandpa passed away when I was five, and so many of my memories from when I was younge are with him because he helped our farm to develop into what it is today," Balch said. "Farming has been in my family for 40 years now, so I just watch my family farm and pick up the techniques."

As farm-dwelling students got older, more work was expected from them on their farms, "Compared to when I was younger, I have more responsibility on the farm. I do way more than just feeding and watering the rabbits," freshman Alexandrea Wheaton said. Wheaton lives on a farm with 50 goats, three cows, three horses, three chickens and three rabbits. "Every morning, we have to come out and make sure they have hay and water for the day. At night, we make sure that they have hay and water, and on occasion, grain."

The large workload that came with farming affected time management with schoolwork. "School does get stressful because there's a lot to handle here at the farm and you always have a ton of homework to do," Wheaton said. Aside from homework, extracurricular activities were also a factor. "Balancing school and my activities is extremely hard, because I am involved with so many things, from band to bowling, and then I have to go home and stay up to take care of my cows. It ends up being pretty difficult," Balch said.

However, for some, farming was easy to balance with other activities when there was a proper schedule. "For me, it's actually not that hard to balance farming and school," freshman Dylan Almy said. "Chores don't get in the way, and over the past couple of years, my parents and I have worked out scheduling, so I'll get the eggs out after school, throw out a bag of hay for the horses, and then do my schoolwork."

As they grew up and took on other endeavors, many made plans to continue farming in the future. "The animals are our pride and joy," Almy said. To Balch, farming has been a part of her plans after she settles down and attends college. "When I grow up, I would love to have farm animals with my family," said Balch. "It has always been a part of my family and it's become who I am."

can you hear With homes in remote locations, it can be difficult for students to

SERVICE PROVIDER: SPECTRUM

"There is little to no service at my house so I was not able to do anything that I needed data or WiFi for, which was frustrating. My family had to get a booster that gives us service throughout our house." McKenna Goltry, 11

"Most of my teachers have online assignments or have listed assignments to be completed on Google Classroom, and without WiFi, I would not be able to access these websites, therefore lowering my grade in school." Trey Smith, 11

reporting by Cassidy Owens-Kashorek SERVICE PROVIDER: VERIZON 'Since most of my homework is online,

if I have no internet I'll have to finish my homework hurriedly before school or it'll be late. Mostly, it's really hard to make phone calls. It can be annoying sometimes because Snapchat and Instagram don't load as fast."

Tabetha Rowlands, 12 "I have good service, even living in the country. It is really nice to have good service because I've been able to stay in contact with my sister and other family members that do not live in Corning with relative ease."

Emma Brown, 12



While living in the country, it can be difficult to commute to town, but outdoor activities and the peace and quiet can make up for it reporting by Lucy Hilker

"The best part of living in the country is that it's very tranquil and you can step outside and take a nature walk whenever. I usually take walks during the spring and summer almost every other day, but not so much during the winter."

"I feel like living in the country is way

more quiet than the city. Also, there is

more availability of having way more

space to do outside activities. I like to

ride ATV's and just roam around my

yard in the summer and sit and relax

on my deck."

PRO:

CON:

"The disadvantages of living in the country are that you are further away from the city and school. Being so far out there makes me plan when exactly I'm going to leave if there's bad weather. It just makes me think and predict so I'm not late to either work or school. Nicholas Goltry, 12

"The internet connection in Lindley is really poor. The roads are also really messed up, which makes the long commute difficult to make. It also really sucks because I have to have three different busses."

Caylie Copp, 9





hem out of their stalls, freshma Wan Almy comforts one of his horses. "Over the past few years, prices of things that we use on the farm have gone up," junior Kelsey Johnson said, "Prices of bale twines have gone up; gas, obviously, has gone up, and the corn and wheat hat we use have gone up. So we have kind of cut back a bit and just stuck with the hav." 2. G.O.A.T Gazing out of their pen, freshman exandrea Wheaton's goats wait for the next bale of hay. "One of my favorite experiences is at my friend's farm when the baby goats are born, senior Chevenne Balch said. "It is so amazing to watch, because it's like ou can see the miracle of life right before you." 3. Almy Acres In from of his family farm's sign, freshman Dylan Almy holds his chicken, Lucy. Usually, before I wake up, my dad has already thrown out hay to the horses," Almy said. "We have to change the chickens' water every morning, as well as check up on the feed and refill the water throughout the day." photos by Alivia Jiang

DOWN BY THE

With their home within walking distance to the Tioga River, going down to the river has become a yearly tradition for siblings freshman Kiara Ball and senior Trinity Ball reporting by Alivia Jiang



going to the Tioga River? Kiara Ball, 9: "I have been going to the river ever since I was four years old. My house is basically next to the river, so it has always been really convenient for me to visit it."

How has living near the river impacted your family? Trinity Ball, 12: "It gave my family an activity to do together, and for free. We usually walk down there once a week so it has become

What are some of your avorite river memories?

KB: "I have memories of walking my dogs by the river with my family, swimming in the river and skipping rocks. During the summer, we swim in the river and jump off the Abutment, which is a huge stone on the side of the river that was once a piece of an old bridge."

Have you met new people while at the river? TB: "Yeah, I have met a few new people at the river. People in Lindley have gone down there to swim for years, so it's definitely become an important part of living in Lindley.

PREPARE WITH

As the Homecoming game approaches, the JV and varsity cheerleading teams prepare throughout the week to guarantee that the event will be successful



begin with

Every morning, senior Katelyn Beck stands outside of the cafeteria lobby doors to greet incoming students with a high five to encourage them to have a good day



Handing Out Smiles Bundled up, senior Katelyn Beck gives a high five to juniors Em just put on my coat and fight through it; I want to make everyone's day, every morning," Beck said. photo by Cassidy Owens-Kashorek

"I'M HOPING STUDENTS WILL FEEL LIKE THEY MATTER TO PEOPLE. **EVEN IF THEY FEEL LIKE** THEY DON'T MATTER AT HOME, THEY'LL KNOW THEY MATTER HERE."

- Katelyn Beck, 12

IN MRS. HILLMAN'S ROOM

'We made posters for the game against Auburn so that it could raise spirit for the football team to do well. One of the posters said 'Beat Auburn!' and it was placed by the gym. It really helped create spirit for the game because it showed that there was something going on around the school." Keli Smith, 10

OCTOBER 2: THREE DAYS BEFORE AROUND THE SCHOOL

"We had to go all out for spirit week to encourage spirit throughout the school. The most people dressed up for Tourist Day. We wore Hawaiian shirts and khaki pants to look like tourists." Morgan Malarkey, 9

OCTOBER 4: ONE DAY BEFORE IN THE FIELDHOUSE

"At practice, we went over all of our cheers and made sure that they were perfect. One cheer we practiced a lot was 'A-T-T-A-C-K em Big, Old, Gold!" Chandler Erway, 11

OCTOBER 5: THE DAY OF, EIGHTH PERIOD ON MEMORIAL FIELD

"The pep rally wasn't hard to prepare for this year because we didn't have to make a dance and teach it to everyone on JV and varsity. We just welcomed all the teams as we do for the boys every game as they come to warm up."

Arianna Mattison, 12

8 P.M. IN THE FIELDHOUSE

"This year, the dance was after the game, so as far as the crowd goes it was a little dull, but we still all had fun. We were all excited about the dance after. We still kept a good attitude. You have to take pride in what you're doing and accept the fact that it's what you signed Logan Wright, 12

POST-GAME IN MEMORIAL STADIUM

"After the game ended a couple of us stayed after and helped clean everything up. In my mind we won because everyone there was very pumped and put their all into the game. I would say all our work paid off because we were joined together as one, supporting the Gabrielle McLean, 12

Believe and Achieve At a match against Vestal on Sept. 11, ser

cheer after winning the poin "Hearing my teammates cheering definitely makes it easier. Knowi that they are there and they aren perfect either, so when you make a mistake, you know everyone does it and everyone's cheering each other on," sophomore A Chang said. The varsity volleybal team won the game 3photo by Lauren Thoma



To better themselves as players and teammates, the girls volleyball team encourages each other through cheering and giving each other tips

reporting by Lorren Perry

ht leads the cheerleading

in Section IV, cheers, chants and personal shows of support after every point won and lost help volleyball players fight through their matches.

going to be perfect 24/7, and everyone makes mistakes—you just have to get up and do your best," freshman Molly Bierman said.

When a team member made a mistake, junior Sadie Sharkey stepped in to give tips to help them in a positive way. "If a girl makes an error or something like that, I always try to tell her what she should be doing right instead of what she just did wrong or maybe give her a tip to help her out. Instead of emphasizing the negatives," Sharkey said. "I try to put more emphasis on the positives."

encouraged each other in order to get their heads back in the game. "With my teammates cheering me on, it makes things a lot easier because I'm very hard on myself, so it just reminds me that everyone makes mistakes, and that just helps me to bounce back from them and keep playing at my best performance level," senior Lauren Morris said. "Hearing my teammates cheering just makes things a lot easier to keep motivating myself to keep trying my best no matter if I make a mistake or not."









Dame match on Oct. 3. "I overcame challenges by getting help from coach and working with other teammates to build stronger bonds," junior Trisha Bhatia said. photos by Cerena Crowl 2. Rookie Season A first-year member of the team, junior Erin tin hits the ball against Elmira at the match on Sept. 20. "The highlight of my season was to hang out with my teammates and play with them," 3. Ready for Anything Racket in hand, junior Riley Davis anticipates the return from her opponent from Horseheads. "Tennis is a huge mental game, It's all in your head," senior dwell said. "When I was really confident or other teammates would pump me up and cheer me on, that really helped." 4. Return to a hit from a Notre Dame player. "We photos by Sofia Budachina were in Syracuse for a tournament, we played three teams one day," junior e Wendlandt said. "We went to Syracuse and went to the mall and did

photos by Monique Tovey

1. We've Got Issues To contribute t the debate on Oct. 24, freshmen G eicher and Sydney Hewit share the input on their favorite movies. "There's times when I don't have a strong opinio about something, and it's nice to hear other people's opinions and get informed about it when I don't know about a certain topic," Speicher said. 2. Pursu of Dispute At the whiteboard, junior Cory Bigelow collects ideas for future debate topics. "In my first Debate Club meeting, it was about favorite movies My opinion wasn't changed because it





Debate Club members make persuasive arguments and hear from their peers about current issues every Wednesday after school

don't settle

won't settle for a losing season, focusing on team bonding and individual accountability as they finish with a 7-5 record reporting by Brennan Frost

In a season filled with new faces and new roles for veteran teammates, members of the girls varsity tennis team turned to each other and Coach Timothy Ball as they worked to finish above the .500 mark.

New to the team and the community, second singles player, freshman Abby Wente had to adjust to a new playing environment. "Being the only freshman on the team, I had to adapt with the other girls and learn new stuff about them, and I had to learn to adapt to play differently. In Michigan, we played the game differently. Also, I had to improve my playing, especially my serves," Wente said. "What motivated me the most was my parents and my inner perfectionist. I wanted to try my hardest because I want to play tennis in college."

For sophomore Alexa Cates, the season was not without its challenges, both as a team and for her individually. "Since there's top ten and exhibition, one challenge was figuring out who was going to play where, trying to figure out partners, and how everyone would work together. I think we did a good job figuring out where everyone should be and working together," Cates said.

Along with new playing environments, team members had to adjust to new types of play. Junior Riley Davis made the switch from

Pretzel to Prize During period 7B lunch, sophomore

to raise money for class council. "I enjoy fundraising.

Alexandria Naylor sells chocolate-covered pretzels

I gave the box to my aunt, because she works at a

so she sold some for me too," sophomore Nathan Jacobson said, photo by Cerena Crowl

county building and there are a lot of people there,

playing doubles to being the first singles player. "I had to overcome the challenge of it only being me out there playing," Davis said. "I was so used to playing doubles and having someone to cheer me on and help me out."

Throughout the season the team didn't settle for defeat, and continued to work,

even after a loss. "We all try to work our hardest at practice and try to show coach Ball everything that we have to offer, and we're all really supportive of each other, which is really nice," Cates said.

"Being a part of the team is being a part of something greater than yourself. You're all working together to establish a common goal," Davis said. "A team is like your backbone. You should always be able to rely on them to hold you up when you feel like you're tumbling down."



reporting by Gerena Crowl Fundraisers for class activities get students hustling as they sell chaccolate-covered pretzels, soup, and more CHOCOLATE BAR

DON'T

"When trying to sell for class council, you shouldn't continuously bother the same people if they aren't interested, and make sure you are going after the right crowd. You also shouldn't just show the form for the product. You need to explain what the money is being raised for because people are more likely to purchase the product." Jayla Skeete, 11

"Don't leave your box out in the locker room, because I have actually had money stolen and hocolate stolen. Make sure you are aware of where you are putting your money, because if it gets stolen, then you have to pay that money yourself.

Mariposa Maxim, 12

"Definitely have a professional business look, wear nice clothing, and have an open mind. Be an optimist, because everyone is going to want to buy what you are selling. Try new things and go to new people, not just your neighbors. Maybe go to teachers or different classmates."

Elena Ehrhart, 9

"Try selling to your friends and close family, and bring it to school, because a lot of the students will buy it if you are selling food. You also get to interact with all sorts of people, because food brings us all together."

Mckenna Hill, 10



INSIDE • WE BUILD

they prepare to put their ROV in the water, sophomore Joshua Smith and junior Juliann Preston attach the camera viewing screen and control panel to their ROV. "It was very confusing at times which cables went to which part, because there were so many," junior Zachary Davis said. "Sometimes it took more than one person to help attach the ROV to the control panel and to the screen." 2. H2robo After testing his ROV with the screen attachment, junior Anas Hassan puts the screen back in its case on Dec. 5. "Testing it with the camera is fun, because you get to see everything through the perspective of the camera," senior David Litreal said. "It's really cool, and I always like it whenever we are allowed to test our ROVs with the screen connected to the camera." 3. Final Touch With the time drawing closer to the due date of the project, sophomore Eric Li ensures that his ROV is intact one final time. "I think we did a really good job overall with our ROV, it was very difficult and I got annoyed many times, but it was worth it," junior Faith Kollhoff said. 4. Put it Together In technology teacher Kevin Scanlon's room, senio garmaa Feyling attaches extra pipes to her ROV. "The process of making the ROV was very difficult, because every time we thought it was ready we actually had to make more changes to it," Feyling said. "The process was very stressful, but it was a fun experience photos by Aaryaa Donthu

Emily Curreri, 11: "I went into color guard knowing most of the girls on the team already. I didn't realize how many new people would join the team, and how many friends I would make along the way."

Brooke Yorio, 10: "I expected I would make some friends, but I didn't know how close I would really become to some of them."

EC: "Lalso became friends with people I never would have if I hadn't joined the team. It allowed me to be a mentor towards them, and help them through struggles in color guard, and school and social life."

BY: "Yeah, I would totally agree with Emily on that. I've met a lot of people I would have never met and would have Pridget.lee01 never talked to. Emily gave me a lot of insight to the struggles of sophomore year, so that was beneficial."

EC: "I think that color guard helped me get used to being in high school, and helped me feel more comfortable at school, in general."

BY: "I would agree with that too. Color guard is a place where you can be yourself and not really care about what others think, because we all accept each other for our differences



reporting by Elizabeth Hogrefe Performance Band Color Guard, junior Emily Curreri and sophomore Brooke Yorio forge new relationships wearing the country's colors. "My









in the annual Performance Band Camp Olympics, members of the Performance Band Color Guard pose favorite moment from band camp was the day we dressed up as Ireland and almost won the march-off," cophomore Harley Pryslopski said. The team placed second overall in the Olympics photo provided by Bridget Lee 2. The Pom.com After heir first field show, the Performance Band Color Guard poses for their annual first-game photo. "The reatest part of being on colorquard the feeling of adrenaline coursing rough me during a field show," nior Halla Brill said. "Knowing hat all the hard work the team has put in comes alive on the field is amazing, especially because I get to share it with my best friends." photo provided by Talia Christiansen

1. Shamrockin' Representing Ireland

reporting by Aaryaa Donthu In technology teacher Kevin Scanlon's ninth period Robotics One class, students follow steps and pass challenges to make their own Remotely Operated Vehicles

Step 1: Experiment with Buoyancy "One activity was that we got three vials; one had to sink to the bottom, one had to float on the top of the water and one had to float in the middle, which was pretty hard. This was to help us learn about buoyancy and how to use Jett Moore, 10 it for our robot."

Step 2: Brainstorm Ideas for ROV "When we first started, we couldn't tell what we wanted to do, because we've never built an ROV before. My partner and I ended up putting a box type thing together, and we

Step 3: Design ROV

"I got a bag of pipes, and my partner and I connected the pipes, and found out what the shape of our ROV should look like."

Step 4: Test ROV in Pool 'It was very hard when we had to test the ROV in the pool. Sometimes the motors would not work, or the flotation would fall off and we would have to attach it again. Sometimes we also had to recenter the motors because if they moved, then it would affect the flotation of the ROV." Juliann Preston, 11

Flotation from the ROV

"At times the ROV was not buoyant enough to come back up to the surface or it was too heavy to go into the water. We had to add and take away flotation every time until we got just the right amount of floatation for our ROV."

Step 6: Complete Challenges Using ROV "After we were done testing our ROVs, we had to go through two challenges. We had a ring toss challenge where there were these rings and we had to collect them with a claw. We had to ended up using that the whole time and made do an up and down challenge where we had to minor adjustments." Alexander Alverson, 12 get our ROV all the way down to the bottom of the water and it had to come up to the surface."



In the Aerospace and Transportation class, students take on the task of building a working hovercraft

In order to build a functioning hovercraft, junior Tyrus Friedrichsen needed the correct materials so the craft would be light enough to hover, but still strong enough to withstand multiple test runs. "The materials we used were a piece of plywood, Foamcore, a garbage bag and electronics," Friedrichsen said.

Unlike required technology classes, which mandate use of MYP Design Specifications, students were able to do something different. "One of the resources we used was a plan from a website called 'Flight Test.' We had to revamp the plan to be what we wanted it to be," senior Nicholas Theurich said.

When a problem or question arose, junior Matthew Reif asked either his peers or technology teacher Charles Electricity in the Air Attaching the motors to his Garguilo for assistance. "It was an the few electrical components. "In order to make individual project, but we all help each the outcome better I probably could've asked other," Reif said. "In some steps I'm for help because I wasn't that successful with my not sure exactly what we are doing, and hovercraft and I don't really know why because my hovercraft never moved," sophomore Darrin I'll ask other people in the class, and Colwell said. photo by Ethan Banks Garquilo was a good tool to use as well."



To build up their stamina at indoor track and field meets, long distance reporting by Jaelyn Snyder



Going the Distance At the Section IV Indoor Track Sectionals meet on Feb. 15. junior Claire Mason turns the first corner "We do long runs once a week and workouts like thresholds which are mile repeats at a pace one minute slower said. photo by Cerena Crowl

"YOU DON'T WANT TO START OUT SLOW OR REALLY FAST. YOU WANT TO BUILD UP SPEED AS YOU GO. I KNOW THAT IF I DON'T DEAL WITH THE PAIN, I'M NEVER **GOING TO GET** ANY BETTER."

- Olivia Grinnell, 9-





How does the Pep Band find their voice?

"It starts with director Michael Simons and returning members. We are the ones who will be there to support our team when no one else will show up. Without us the games almost seem silent. The student section also relies on us as well. Without us there is no way they would be as energetic during games." Olivia McLellan, 10

What is the importance of having a Pep Band?

"Pep band is important because it helps motivate the basketball team to succeed and hopefully win. Without motivation, the basketball team might not play as well as they would without us there."

Jairam Hathwar, 10

What is the commitment like for members of the Pep Band?

"Pep band is pretty unique as opposed to the other band programs because it's an extracurricular. It's not required to be at all of the games. But, for me personally, when I signed up for Pep Band, I set a goal to try to go to as many games as I could to cheer on the basketball teams and just have a good time and contribute to the energy of the teams." Sara Frutos, 12

1. The Loudest Flautist Cheering on the varsity basketball team, flute player and senior As Halm yells to encourage the team to keep going. "I joined Pep Band because I wanted to get out more and I wanted to go where there was high energy. There was a lot of high energy here at the basketball games," junior Meaghan Malarkey said. photo by Brooke Yorio 2. Mellophone Madness To make their voices heard, juniors Jenna Case and Elizabeth Tucker play one of their songs during the time they had available. "We do cheers such as the 'Let's Go Hawks' song and we also chant different things and yell during foul shots th said. photo by Megan West





1. Breaking the Barrier At the start of the first pep rally of the school year, the varsity football team runs across the field. "The feeling is like 'yeah, we run this pep rally,'" junior an Adams said. "The pep rally is meant to get students hyped for the game so the players can focus on the game." photo by Ethan Banks 2. There and Back During the relay race between all grade levels, sophomore Noah B towards his teammates. "The relay was awesome, but using the soccer ball was really hard," Bange said. "We definitely could have won, because we were a good team, but I quess our competition was better." photo by Alexis Woodcock 3. Scream fo rit Seniors cheer for the spirit stick at the homecoming pep rally on Oct. 5. "Everyone would want their class to win so they would do as much as they could to show support," senior rtney Smith said. "There's so much energy, and you feel like a part of the school. It's nice to see everyone together, cheering for one goal." photo by Andrew Phan







Pep Up, Step Up At the JV football game against Horseheads on Sept. 28. sophomore Makayla West cheers with her teammates after the play. "We get the crowd excited and loud by saying offensive and defensive cheers," sophomore Sarah DiNardo said. "Also, "We had to think of different we do chants that are very energizing and they get the crowd very hyped up and happy." photo by Brooke Yorio multiple times throughout the

With a fresh season ahead, members of the

JV and varsity cheer squad come up with new cheers to get the crowds loud at football games reporting by Nicholas Jubilee

which cheer to use during a certain moment of a game? It depends on what is

nappening during the game. If it is a touchdown, we do a ouchdown dance. If they need to score six points in order to win, then we do the score six points dance. We focus on what the football players are doing so we know what we are doing is unified."

Monika Bustamante, 10

While you were making up your own cheer, what was going through your head?

things that we could use

What is the process of picking game that could be used in different situations. Since we were thinking about this, it made the cheers harder to make; but, in the end, they got the crowd very loud."

Shariah Monahan, 11

How do the cheers help to hype the crowd up and get them involved?

"Usually, with crowd cheers, we have them clap their hands, or say things that get loud and that usually gets everybody going. Then, the whole crowd just gets involved with it; it's really fun. It's a good experience, and I love having people go along with it and getting loud."

Monika Bustamante, 10

reporting by Nicholas Jubilee With famous singers from their playlists on tour during summer and the school year, students







his friends and family at the Dierks Bentley concert held at Darien Lake stops with them to take a picture in at the OTR tour in Buffalo, NY on front of the stage. "I think my favorite Aug. 19. "My favorite part about part about the concert was being here for one of my favorite songs, Martuscello said. "The vibe was just very energetic and fun." photo provided by James Martuscello

1. Smirks at Dierks Surrounded by 2. Put your Hands Up Arms in the

air, junior Toni Major and her friend Morgan Dygert pose before going to watch Beyoncé and Jay-Z perform the concert was when they put the videos of them and their family on the screen," Major said. "It really showed their love and unity with one another photo provided by Toni Major

off all the different groups at our school and what they can do. When I performed with the band, I was a little nervous at first in front of the whole school, but I ended up liking it. It was a cool opportunity and it wasn't as bad as I thought that it would be. Overall, it was a good practice leading up to our upcoming competitions." Brielle Friends, 9

"The pep rally was fun, exciting, and a lot of people were there. There were a bunch of representatives from each grade who competed in a friendly competition to show off their school spirit. The performances were energetic and everyone seemed to like them, but I enjoyed watching the relay race the most compared to everything else."

Daniel Hoeffner, 11

rallies in my opinion. It's especially great when the weather complies and the cheer team can cheer out on the football field. I'm glad we had the ability to play music when everyone was walking in and leaving, and during minute breaks, to keep all the kids hyped. However, I wish we had more periods to do the pep rallies so we're able to play more games." Mercedes Sullivan, 12

"I think that this year's pep rally was very energetic compared to last year. There was a lot of excitement and it was fun to be out on the field with the other athletes and club members. It's always a lot of fun to see everyone gathered together supporting one another. Being able to walk out with my soccer team made it much more special because they are like a second family to me."

Noah Hunkele, 10





1. Roll With It Mid-release, senior Tanner Kizis represents the varsity boys bowling team wearing black and gold. "We all really bond as a team, and it is just nice to have a second group of friends to go to. Messing around and Lorren Perry 3. Up My Alley As he releases hanging out at practices really help the team bond," freshman Noah Freeland said. "My favorite memory was going to and winning at STAC—it was very exciting." 2. Rock 'n Bowl While competing against Union-Endicott on senior night, senior Alexis Woodcock prepares to bowl. "We have a lot of diversity on our team. We have a lot of free-flowing, easy-going Freeland, Tanner Kizis and I and talked to us kids. We also have very serious people that are very competitive," junior Cory Bigelow

said. "We also have very quiet kids like junior the moment and he gets really into it he bowls against the Binghamton Patriots. "The best part is the coach, Eric Kizis. He is the main reason I joined the team," senior Brice Carr said. "In ninth grade we didn't have a lot of bowlers, we didn't have enough to make a team, so coach Kizis came up to seniors Jac about it. Kizis talked me into it and it's been a ride ever since," photo by Alexis Woodcoc

reporting by Kaitlyn Williams than five days a week, members of the bowling team build bonds with one another through their





OUT ALL THE TIME. WE TRY TO KEEP THE **TEAM MORALE UP NO** MATTER WHAT."

"BEING ON THE TEAM

IS LIKE HAVING A BIG

FAMILY BY YOUR SIDE

THE TEAM WORKS SO

AT EVERY MOMENT.

Brittney Millhollen, 12

CPPtv and Tailwind News allow students to belong to a program where they can utilize their voice reporting by Alyssa Tenny

A lot went on behind the scenes of CPPtv broadcasts, and most of it was run by the students, "I do teleprompter and sometimes switch the TV from the background to the weather," sophomore Deyton Dickson said. "I put the script into a website and press play; it's the script that the anchors read. The people are super nice and welcome."

CPPtv isn't the only thing these students are running, they are also in charge of making sure that their peers know what is going on at their school. "In the class, we do graphics for basketball games and stuff like that. We'll write Corning versus whatever team, where it's at and what time It isn't just games and shows, my friend and I made a graphic last marking period for Semi. It's



1. Breaking News At the end of the day, sophomore Brody Bartenstein edits the script before going on air. "I joined because I wanted to help out with the news and go around school and explore what's going on. My favorite thing is giving people social media. This has made me learn that I interviews and seeing what their responses are," sophomore Kierstyn Saylor said. 2. The Anchor Type Before going on air, junior Erin Austin finalizes her script. "My favorite thing was having freedom in that class and it was cool learning how to use all of the computer stuff," freshman Jillian Austin said. "I am the producer, so I run the show, It's pretty easy; I set everything up and press 'live.' I have to sign into the computer and open the file for CPPtv and

news out there about whatever is happening," sophomore Ashleigh Woodcock said. "When I first got there, I didn't have many friends, but I became a lot closer with some of the people there and hangout with them almost every

After going to Ithaca College

for a school trip, sophomore Alexandra Behn decided she wanted to try something new. "I work on Tailwind News, which is our online newspaper, and for the first semester, I worked on a book which is just a combination of the articles. It's something new that we have never done before and I work on it myself," Behn said. "We took a trip to Ithaca College and I saw that the Ithacan, which is their newspaper, made a year interview, which is a book combining all of the articles from that year. I liked the idea of it and wanted to do something like it. Ithaca is actually one of the colleges that I am considering going to."

Others in the class have realized what they want to do later in life because of the opportunities that the class offers. "I've realized through doing the broadcasting for basketball that this is what I want to do with my life," junior Alexander Winsor said. "CPPtv is kind of like a stepping stone. It gives me a background on it which will be useful in college."

go from there." 3. On the Air At 2:58 p.m., freshman Landon Burch goes on air to give the introduction of the CPPtv broadcast. "In CPPtv. I'm on the social media team and I just find stuff to talk about on IGTV or other have to go off and find my own thing to make it better and more helpful for everyone, sophomore Lindsey Warner said. 4. Category Four Storm In his CPPty class, sophomore Sean Powers reports the weather for the day. "In the future, I want to be involved in the media scene and go to college for broadcasting," sophomore Brody Bartenstein said. "I get to have experience with all of the technical stuff and write stories every other day for CPPtv." photos by Aaryaa Donthu



Football fields, art studios, and classes are just a few of the places where students feel like they belong

"I belong in an art studio

because that is where I feel most comfortable. An art studio makes me feel calmer and happier. Art is how I express myself and how I articulate my emotions towards certain things. My favorite type of art is drawing and painting. For subjects, I like using people. I like to make art alone, its comfortable and easier that way. I hate people watching over my shoulder while I'm trying to do something." Korynn Batterson, 10

"I probably belong playing football. I've been doing it for the past 11 years. My favorite part about football is having something to do so I don't have to sit at home and do nothing. I started playing because I figured it would be something fun to do. I play center and defensive tackle, I like them because every play is contact and you don't have to wait around doing nothing. I would like to continue playing because it is something I like doing." Braeden Hudson, 9

"I really think I belong in Photojournalism. Right now I like hanging in the media lab, and I really get along with everybody. I get along with everyone in class. I pick a spot in the room and just start talking to the people there. In Photojournalism, we really communicate more with each other than in other classes. We have to talk about what photos to take, what the project is, and what's going on in the class. I look forward to going to class everyday just because of the people in the class." Logan Remchuk, 12

1. Flowering Art For part of her study hall, sophomore Korynn tterson draws a flower design "Art studios are great because they are usually bright and have a relatively calm atmosphere. I enjoy this because it is not super chaotic. Batterson said. "I work on art in my room because it is like a safe haven. No one comes in there, and don't come out. I get to be in there just enjoying painting." photo by Cerena Crowl 2. We Just Click On Feb. 13, senior Logan Remchuk uses Photoshop to edit his photo for the 'One in Eight Million' project. "My favorite thing about Photojournalism is the projects," Remchuk said. "Right now we are working on a project where we interview someone about a certain activity. We then make a video with a slideshow of pictures of them doing that activity." photo by Sara Gamen-Munarriz



and relaxed atmosphere, freshmen Dillon Kennedy

and Charles Loucks spend some down time on their

play Clash of Clans with about 15 people in school,"

phones. "I usually play games on my phone, and I

sophomore Braeden Rease said. "It's brought us a

lot closer because we'll make jokes and find stuff in

the game that's funny, and then we'll make inside jokes." photos by Elizabeth Hogrefe

RELIGIOUS PRACTICE: FASTING

"We fast because it's a self-control method. It says in the Qur'an to fast to have better self-control. When you don't eat and you can stick to that, it will help you better your life. It's difficult to continue fasting while in school because Ramadan is during some of the school months. Instead of going to lunch, I will sometimes go to a teacher's room or find somewhere else to go so I don't have to see other people eating. That way, it is easier to continue fasting.

RELIGIOUS PRACTICE: PRAYING

"It is definitely difficult to do the main five prayers-Fair, Dhuhr, Asr,

Maghrib, and Isha'a-during school or when I am away from home. Usually, when I'm at school around lunch time, I would have already done Dhuhr, but because I can't do it then, I have to wait until I get home and combine them all together." Ameena Hamenoo, 9





the year, the boys varsity go team turns into an ongoing club with a focus on fundraising

WHO:

Marshall and Benjamin Tubbs WHAT: brainstorm ideas for fundraising Benjamin Tubbs, 10: "We usually

for the boys golf team. "Charles, Benjamin and I are the leaders of the golf club and we meet to plan new and what we are going to do at fundraisers," junior Alexander Winsor the fundraisers. The last time asid. "Sometimes it is hard to come up with cool ideas that haven't been used before." **photo by Kelly Hoyt** fundraising golf tournament, so

we were talking about how to thank our sponsors for it."

Charles Marshall, 10: "We meet up after school whenever we can to plan any future fundraisers and events that we want to do." WHERE:

CM: "We meet in the high school cafeteria whenever we need to talk about fundraisers or make decisions as a whole club."

BT: "We could use the money to buy better equipment and also right now to get people into our winter sports academy at the mall-basically off-season work."

"We met at gymnastics and got to know

KEEP MF

follow just because some of the topics I talk

Why did you decide to make one?

SA: "It just gives me a nice place to vent.

perspectives on what's going on, so it's

interesting to hear what they have to say."

EA: "Just for fun. If I took a funny video, I

because I feel like the people who follow

Do you feel like it allows you to get

DE: "I don't ever have the chance to talk

to my friends at school so I think having a

AS: "I think some people use Instagram

to make them look cooler than they are.

It's made us more personal because if

finsta is a good way to keep up with them."

someone is sad you can reach out to them."

Do you think finstas are a positive thing?

used to start drama. It allows people to get

stuff off their chest, but if people just use

SA: "I think they are a healthy thing to

have. I think they're a good way to let out

and to know that everything you're going

through is normal, and it's all okay."

your personal frustrations and get feedback

them to complain about other people, then

AS: "I think they're healthy if they're not

more personal with your friends?

wouldn't post that on my regular account

A lot of people will say nice things that will

make my day better. Everyone has different

about are sensitive."

me wouldn't care."

it can be unhealthy."

In an age where we can

friends' lives

communicate like never before,

secondary Instagram accounts,

or finstas, to keep up with their

What do you post on your finsta?

that have gone wrong in my life."

Surav Amin, 10: "Most of the time it's

just new or interesting things that have

happened in my life, or rants about things

Alexis Swan, 12: "Originally, I would just

post pictures of when my friend and I were

together. Now I post funny pictures that I

a lot more for what you put on those."

Who do you let follow your finsta?

Ella Ayers, 9: "Normally, just my friends

or people that I know, because I'm just

requests if I don't know them."

Devin Enderle, 11: "People that I

posting funny stuff. I'll deny people's follow

personally know and people that I'm really

wouldn't put on my rinsta. You get judged

students take advantage of

each other a little bit," senior Smith said. "We ended up going to school together in second grade and that's when we really got to know each other and

1. Prom Pals Long time friends reporting by Ethan Banks seniors Lydia Smith and Chloe McEuen experience their first prom together. but distance won't keep

and Lydia Smith from





Although their friends may have left town, seniors Lydia Smith and Mark Parsamian stayed connected through social media, FaceTime and text, and often visited with their friends that moved away.

At the end of her junior year, Smith had to say goodbye to a long-time friend. "My friend Chloe McEuen moved to Detroit due to her parents getting job transfers and they wanted to be closer to family," Smith said.

Many common interests brought Parsamian and senior Michael Fyfe together. "We had many classes together my freshman year, and we ended up playing tennis together and found that we had many similar interests. Then he moved to Canada because his dad got a business opportunity," Parsamian said.

Smith often communicated with McEuen on a day-to-day basis. "We Snapchat and Facetime almost everyday to keep in touch and she has visited three times since she moved at the end of the 2017-2018 school year," Smith said.

Parsamian and Fyfe contacted each other, however, due to the distance. Fyfe was unable to come back frequently. "I text him from time to time and we comment on each others but distance won't keep Instagram photos just to keep up with how our seniors Mark Parsamian lives are going," Parsamian said. "He came to keeping in touch with visit once last summer and we all got together their far away friends in a big group and spent some time with Fyfe."







Coming Museum of Glass, YMCA, James Martuscello, Cross Country Routes FEATURE • NORTHSIDE & RIVERSIDE Design by Elizabeth Hogrefe



NORTHSIDE + RIVERSIDE



Student volunteers and part-time workers at the Corning Museum of Glass take advantage of the unique working environment the glass museum creates with both tourists from all over the world and local field trips visiting regularly

1951 Opened

Year the Museum

10 ACRES

Of Coming Museum of Glass Campus

Pieces on display

50,000

With a world-class museum and hot glass studio just a block away from the school, students had no lack of opportunities to volunteer and gain work experience. Sophomore Andrea Giganti turned to CMOG in order to meet requirements for her classes at school. "I started to volunteer at CMOG because I needed to obtain volunteer hours for my health project," Giganti said. "Also, there are many opportunities to volunteer at CMOG, which means that I am able to interect with other volunteers and form bonds with people from all over." Both being inspired by her family and

wanting to try something new, senior Leah Storms decided to volunteer at CMOG early on. "I started volunteering when I was in

Viteous Volunteers in front of the Dale Chihuly soulpture, sophomores Anyes Domthu and Share Lehman take a break from volunteering at the Corning Glass of Museum. "Volunteering makes me feel helpful and they make you feel really importent. You are helping people out and making an impact." Lehman said. "It helps to know that you are working towards something. When you have to do applications and when you are looking at colleges, volunteer hours are especially important." photo by Ethan Banks



EATURE • NORTHSIDE & RIVERSIDE Design by Elizabeth Hogrefe

seventh grade. My sister got me interested because she started volunteering the year before and had fun with it, so I thought that I would give it a try," Storms said. "My parents also wanted to educate me and my sister from a young age of the importance of giving back to the community, so that also influenced my decision to start working at CMOG."

After meeting the age requirement, Storms decided that she wanted to have a larger role within the museum. "I'm a part of the Guest Services Department as a Guest Services associate," Storms said. 'I sell admissions tickets, sell and make eservations for the 'Make Your Own Glass' ickets, sell memberships, stand around the nuseum at various posts to answer quest questions and all-around help guests in any way that I can to ensure that they have the

With many stations to volunteer at during his shift, there was one that junior Kia Eshraghi did not enjoy as much as the others. "There were stations that the three different volunteer groups rotated through throughout the day, such as organizing, You Design It, We Make It,' helping to open doors, the glass shows and more," Eshraghi said. "My least favorite station to rotate through was the 'You Design It, We Make It' station because there was never anybody there."

best experience possible."

Even though a bulk of the teens olunteered over the summer, occasionally opportunities arose throughout the school vear that allowed volunteers to help out. "I volunteer at the museum mainly during the summer for a week, and sometimes during the school year for a couple of hours if there is a volunteer week over February break, or an event going on where they need extra help," sophomore Sahiti emury said

People from all over the world traveled the museum on a regular basis, which caused workers and volunteers to interact with people who weren't from this state. or even this country. "My interactions with oreigners are eve-opening and I am openminded to other cultures," Giganti said. "Whenever I get to encounter foreigners from different countries, I get to learn more about them and their cultures. Even if some can't understand English, just them showing kindness and politeness is what really counts. Being a dual citizen of America and Lithuania myself, I can understand how difficult it must be being surrounded by a different culture and living up to standards and expectations. So, I welcome others for taking the time to explore boundaries outside their culture.

that's

Between volunteering and working out, students seize different opportunities at the Corning YMCA

reporting by Elizabeth Hogrefe

1. Head Over Heels Mid-roundoff, junior Brenna Remchuk practices before teaching a YMCA youth tumbling class. "It's a good way to get out of schoolwork for a little while and just have fun teaching kids something that I enjoy," Remchuk said. "The Y has a very good energy. Everyone's motivated and everyone always supports each other," photo by Elizabeth Hogrefe 2, Pull Your Weight During a biweekly workout, senior Quintin Fisher and sophomore Owen Fisher work on arms at the YMCA's workout facilities. "I go to the Y to get healthy and stay fit, and I've been going for about two years," freshman Keaton Edv "My favorite thing is working out with my friends."

3. Buckets In the YMCA gym, senior Hzyll Calunsag goes up for a basket during a pickup game with friends. "It's very competitive at times, especially when it's a full court, but basketball is kind of an escape to everything around me in my

life," Calunsag said. photos by Andrew Phan





CAUSING A RACKET
What started as a gym unit developed into a family
tradition for senior James Martuscello, as members

of the community gathers for the annual Martuscello Badminton Tournament in Houghton Plot reporting by Elizabeth Hogrefe

"I have four older brothers, and they started the tournament a few years ago after they had played badminton in gym. The tournament is held in our front yard, usually it is around the third week in July, and starts around six and goes until about eight. For three days it's constant badminton, and friends and family come when they can.

"It's grown to about 30 people, varying from family, to friends, to people who just love badminton. We're all super competitive, so the tournament definitely creates and strengthens bonds, but we also still trash talk each other.

"The tournament sort of started my interest in badminton, now I go to the YMCA on Mondays, Wednesdays, and Fridays to practice. Because of my love for badminton I met people from around the world, and I've definitely made some lasting friendships because of it."

James Martuscello, 12



MAKE A

country and track and field teams take routes through Northside and Riverside

reporting by Aaryaa Donthu



Practice Makes Perfect Out on a practice run on Dec. 14, freshmen Olivia Grinnell, Julia Hluck, and sophomores Megan Coon and Madelyn Beale run and we do bonding experiences, even on the dike towards the high school. "Sometimes, I go on long runs and sometimes I go on short runs but it all depends on what I feel like doing that day," freshman Margaret Cleary said. "On a long run, I run for roughly an hour, but when I am on a short run I run roughly a half an hour and then I go to the weight room to workout." photo by Jaelyn Snyder

Where did you go for a typical run? Sara Togni, 9: "Whenever I go for a run,

I usually run with freshmen Margaret Cleary and Cristina Gaskievicz or one of my other friends. I usually go on the dike towards Tops and then take the bike paths that lead to the middle school and back towards the high school."

How did running make you feel?

JT Ryan, 12: "Running makes me feel better about myself and gives me time to truly think about what I have done and what I am going to do in the future, whether it be running or school-related. Even though running can sometimes be painful for me, I don't think that I would be able to function without it to a very large extent."

What is your favorite part about running? Kyle Zaidel, 10: "I'd say the family aspect of it and the dynamics of the when we are not running, like we go to dinner together. We also go on runs together as a group, which makes the runs fun and we talk and have fun and that, in a way, is also a bonding

moment."



With a meeting every Thursday, young artists in Art Club collaborate to support each other in their artwork How is Art Club different

than taking an art class?

Sacha Mayolet, 12: "In many art classes, you are supposed to do projects. Sometimes they aren't fun to do and can become annoying, but with Art Club, you are able to do any type of thing you would like and not be restricted."

What do you find most helpful about the atmosphere of the club?

SM: "I find that it's really friendly and that everyone is there to have fun and improve. Everyone there is nice to each other and we help each other out no matter what you are doing. In general, it's just a great atmosphere and fun place to be in."

What is your favorite project that you have completed in the club?

Noah Goldwyn, 10: "One of my favorite projects was when we made rice snowmen out of socks and other materials. It was a fun time with my friends and I really enjoyed it. Doing it at Christmas time also made it a very fun experience."

"I started doing henna in eighth

grade. I got into henna designs because originally, I was actually drawing on my hand with pen, and it started to get into my bloodstream, which was really bad. So I found a henna kit online, ordered it, and then started doing it.

"I usually do henna on myself, and I'll often make my sisters be my quinea pigs for new designs. I also do it on a bunch of family members, and my friends from dance, such as sophomores Matyson Copp, Kaitlyn Walz and senior Gabrielle McLean. I either come up with designs on my own, or I will go on Pinterest and just look for ideas. Whatever I want to design, I draw it on my hand.

"I've seen a difference from when I started in eighth grade to now. My designs have gotten better so I just keep practicing. I want to be an art teacher, so it plays into what I want my future career to be. Henna gives me something to do when I'm bored, and it really interests me, so I never get tired of it."



Fresh Coat of Paint With atercolor paints, sophomore briella Gerbino paints a canvas urple as a part of an art project. "All f Art Club I've been doing a lot of awings or working on some of my mas said. "I like art because I find t to be a pathway that allows me to express myself more " 2. Down to e Wire Smiling as she works, senior artney Smith uses pliers and mallets create metal hearts for a necklace. ve to watch people draw and do all orts of different artwork because it's un to see other people's perspectives y way of their hand movements, shman Cameron Kirk said. "A big part of the way people get their style hile they're drawing comes from their erspective on the world. My personal erspective is very optimistic and silly

so something I would draw would be really goofy-looking." **photos by** Cassidy Owens-Kashorek

2

Pointe of No Return While Christine travels through the dark mist, junior Trisha Bhatia performs as a Spirit of Darkness. "My favorite part of the story ballet is being able to meet nev people," freshman Shannon Andrewlavage said. You can get to know people better throughout the rehearsals and performances, which is really fun." 2. Think of Me As the show winds to a close, senior Amanda Flick presents the hantom's mask. "Dance allows me to relax myself and have fun," junior Madeline Burns said. "I love meeting new people through the story ballet and connecting with my friends from school." 3. Just Keep Tapping Tap dancing to the beat, reshman Bridget Lee and juniors Angelea Collin and Rachel Rebis perform the ending number. "I have done the story ballet for four years," unior Claire Mason said. "I come back every year because tapping is so fun and upbeat, and I also love the team aspect of the story ballet." 4. Show Stopper Starting off the show, freshman aura Smith dances in the chorus line. "I love participating in the story ballet because it is so un to be a part of something that tells a story, sophomore Lydia Keys said. "I just love being surrounded by so many people who love dancing just as much as I do." photos by Alivia Jiang

When deciding what to wear, students choose outfits that help them express who they are

"My outfits really depend on how I'm feeling that day when I pick something out. Usually, on a nice day, I wear bright and bold colors. I feel like that expresses me because it's out there. I really like flowy things, like sheer fabrics. I have a few special pairs of pants that I love to wear all the time and I have a couple of dresses that I like to wear." Natasha Matusick,11

"To decide what I wear for the day usually depends on vhat clean clothes I have. I regularly wear Nike, American Eagle and Patagonia clothing because they are comfortable and look good at the same time. I like sports, so I usually wear clothing that involves the sports that I play and like."

At the Patty Ozer Story Ballet

performance of 'Phantom' on

Feb. 2, dancers use different

characters while performing

techniques to connect with their

Michael Kapral, 9



Since eighth grade, iunior Jenna Gridlev has had a passion for henna art and designs







photos provided by Jenna Gridley



171 Patty Ozer Story Ballet has become a yearly tradition for many C-PP students. "I started dancing at 171 Cedar Arts when I was three," freshman Brielle Friends said. "My parents started me out with dance. They because, in the original show, the Angel of gave me the option to do either softball or dance. I chose dance, and I've done it ever since. I've been dancing for so long, and I love it because it's something that I can do in come up with what I wanted the character my free time to get rid of stress."

The plot of this year's story ballet, 'Phantom,' provided several unique roles for the dancers to embody. "I played a Spirit of Darkness, one of the Phantom's minions," sophomore Evelyn Piech said. To get into character, Piech changed her facial expressions and body motions. "I used my facial expressions and tried to look evil and bad. I try to make my movements as big as possible, and use expressions a lot—not just facial expressions, but also

expressions with my body. For example, if

a new character senior Sarah Roush had to develop her own persona for the show. "This role was hard to put together Music does not really exist," Roush said. "Since the character does not exist, there was nothing to go off of, so I just had to to be. I felt that I was playing Christine's other, darker side, but also trying to protect her like a motherly figure. It was really cool to create this whole new character that is like an alter ego of Christine."

For freshman Laura Smith, her inspiration while performing came from a mentor. "My dance instructor, Patty Ozer, has been a really big role model to me and she's been very helpful throughout my whole dance journey," Smith said. "She has shown me that dance is a place where I'm able to be creative, and I always feel like I'm able to be 100% myself while I'm dancing."

To inspire her performance, Friends had a motto that she recited before going on stage. "I always tell myself, 'Dance with the heart, because dancing with your feet is one thing but dancing with your heart is another," Friends said. "By dancing with your heart, you can convey your emotions to your audience, which helps them see the story of what is going on onstage."



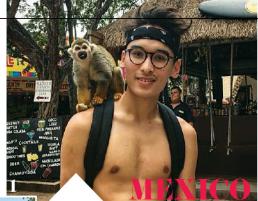


"Over February break, I went to London with my family. Specifically, we went to South Kensington area right next to Earl's Court Metro stop. We went to London to celebrate my dad's birthday. We went to this one bookshop, 'Hatchards,' which is the oldest bookshop in the U.K. It was great; I got some nice literature to digest. I also went to the Great British Museum, which had a bunch of really cool sculptures and historic relics. My favorite part about London was seeing the mix of different cultures. I especially liked traveling through the metro; you could see a lot of culture within and once you left it, you could see a bunch of beautiful architecture. Overall, it was a pretty great trip." Grace Cavuoti, 11

1. London Calling Out and about in a picture of a nearby phone box. "The phone box was located just outside of Earl's Court metro stop. Around that were mostly a lot of restaurants, a few pubs and some grocery stores. I think the brickwork exterior of the Earl's Court stop was beautiful," Cavuoti said. 2. Live, Love and London Standing outside the Tower of London, Cavuoti and her family pose for a picture. "The Tower of London was quite an experience. We specifically went to the where the Crown Jewels are located. It is really interesting, before you enter the building there are some placards that teach you about the history of the Crown Jewels," Cavuoti said. "When you get to the Crown Jewels themselves you have to stand on a conveyor belt and it moves you past them."







. Monkeying Around On his way back from the Mayan Pyramids, senior Ethan Mai stops for a picture with a onkey on his back. "We saw this guy vith a little monkey on his back and e said to me, You want to hold a monkey for a picture?' and I said 'sure The monkey's name was Ricky Martin and that was pretty funny," Mai said. Climb On Preparing to climb one of ne Mayan Pyramids, Mai poses with is family for a photo. "The pyramid vas super tough to climb. It was very slippery and there was this rope that ou needed to grab onto when you eeded to climb the steps," Mai said. At the top, there was the best view er because you could see the whole ngle." 3. SpecTacolar Mai had the dish Taco al Pastor in a restaurant in Tulum, "The food was really good, especially Taco al Pastor; it was nothing ke American tacos," Mai said. "You ould watch the meat being grilled on a stick over a fire. It was really nexpensive; you could pay 15 dollars and get a meal for your whole family. hotos provided by Ethan Mai

reporting by Adesh Tiwari

"My family and I vacationed in Tulum, a town on the coastline of Mexico's Yucatán Peninsula over February break. It was a relaxing break from all the IB exams and Internal Assessments. My family and I went to some Mayan Pyramids. I climbed one of them-that was some experience My favorite part about Mexico was the food; it was super good and inexpensive. I had a good time, but unfortunately, there were a lot of waves at the beach so we vcouldn't do much there except snorkel in underwater caves. The people in Mexico are very relaxed and were always hanging out. This was great because, when you are on vacation, you want to feel relaxed and have a Ethan Mai, 12



reporting by Laura Wentzel

"I'm planning to pursue a college degree in music, specifically trumpet performance, so auditions are an important part of my application process. I qualified for live auditions at nine schools all over the U.S. One weekend, I flew to Indiana University and then to an audition the next day at the University of North Texas. Another weekend I auditioned at the University of Southern California in Los Angeles, then took a red-eye flight and arrived in Bostor at 5 a.m. the next day for my audition at the Berklee College of Music. Some of my auditions were closer to Corning such as the Eastman School of Music in Rochester, and New York University in NYC. The traveling aspect of it was pretty crazy, but overall it was a really fun experience." Avery Pambianchi, 12

Jazz Jam At the University of North Texas, one of nine music schools where senior Avery Pambianch auditioned he plays his trumpet in a small ensemble. "Indiana University and Eastman really stood out to me because they felt personal—a really friendly environment," Pambianchi said. "Once I find out where I have been accepted, will decide where I will go to follow my passion. photo provided by Avery Pambianchi

OH, THE PLACES

college visits, students take advantage of the chance to get out of Corning and experience other parts of the world







reporting by Batoor Shah

1. Motorcycle Mania Before going for a ride on their motorcycles, Singh poses with his brother and cousins in front of their house. "I had a lot of fun with family especially my cousins." Singh said. "One thing that we did was ride motorbikes ogether and we visited a lot of emples." 2. Home Away From Home Over February break, junior Adarshpa ach returns to his homeland. India. o reunite with his family. "I was born in ndia and I moved to Corning when I was nine years old. We go to India at least once every year around Christmas break to spend time with my family members that still live there," Singh said. photos provided by Adarshpal Singh





The competition cheerleading eam was the only sport offered at the high school that didn't have any own school," freshman Kerri Gulkisome competitions, causing team nembers to have to travel to all of their meets. "I think it is different that we don't have any home competitions, is at least two hours, and that keeps but on the flip side it's actually fun," senior Armani Jackson said. "We get to see so many other teams, and their Gulkis-Agner said. oractices, from a different point a view. t's cool to be around teams that went to Nationals. It also gives us better opportunities to learn and see new

stunts we haven't seen." Some members of the team were inclined to the idea of not having

reporting by Merica Griffin

Without any competitions at their home gym, the competition cheerleading team travels for

a home meet. "I wish we could have our own competition to represent our Agner said. However, the lack of home meets didn't affect the team's determination. "Each of our practices us determined. I am very determined to keep learning and get better,"

Besides giving her opportunities to travel to different places, Jackson felt competitive cheerleading helped her see promising opportunities for her future. "It definitely opened my mind about more possibilities in my future. I never thought that I was going to make the team," Jackson said. "Once I tried out and made the team it made me feel like I had actual value, and it was more than people let it on to be."

cophomore Maiha Fairchild and junior Shariah Monahan cheer during the STAC championship on Feb. 16. "It feels good to know other teams, and I look orward to competing with us the following year knowing we won the previous year," freshman Kerri Gulkis-Agner said. 2. Take Flight At the STAC championship, senior Amber Little flies during one of the team's stunts. "Cheerleading differs from other sports because it takes a lot of team effort, and i vou lose people it's hard because you have to redo your whole entire cheer routine," sophomore ha Fairchild said. "We lost a lot of girls this year; that made us only a seven-person team. It wa hard to make an entire team out of that, but we did it and made the best out of what we had ' The cheerleading team placed third in the competition. photos provided by Andrew Legare

1. Can't Hide our Hawk Pride

n the midst of their routine



Elena Ehrhart, 9 provided by Elena Ehrhart

// Tesserae **Corning-Painted Post High School** Corning, New York

ROCUSIN

half of the team was failing two or more classes, the team had to uphold the student athlete rules about failing grades. "If the girls were failing two or more classes, they had to do five hours doing their school work after school to fill that and get to a passing grade," Volpe said. "The first time, the fiveweek grades came out and five

When competitive

cheerleading coach Rebecca

Volpe realized that almost

cheerleaders were failing, so it changed the dynamic a little bit. I made the decision to have the five pulled out and make a team of seven to show them what it would be like to perform if they weren't passing."

After their first competition in Bath, where five of the cheerleaders had to be pulled out of the routine, coach Volpe found an opportunity to use the issue to teach the girls an important lesson, "You can't become a dermatologist, a surgeon, a teacher or a even a construction worker out there in the workplace if you don't have good grades and graduate from high school," Volpe said

> The competition in Bath also made the team realize the effect that failing a class or having a low attendance had on their teammates. "If they can't show the effort during school, then they don't show their effort for the team and it makes things easier when we know who is ready to compete, because preparing for a competition is already stressful," senior Armani Jackson said.

> After Volpe pulled the girls out, he rest of the team had to come up with a way to adapt the routine to the smaller team. "We have actually come together more as a team because they had to work harder to pull off the routine without the kids that were failing and from there we were able to bond together and realize how much we need each other," Volpe said.

reporting by Ethan Banks

THE NEW kids in town

New and veteran members of the Drama Club try out for the musical 'Hairspray' on Jan. 15 and 16, which includes both a singing and an acting portion





1. Prep Time During media night for 'Hairspray,' junior Josette Burke rehearses as Tracy Turnblad. "We get our sheet music and the dance tutorials are on YouTube, and when you get to the auditions you sing and dance individually and then as a group and in a couple days you get call backs to see if you made the part or not," Burke said. "I got the lead of the show and I wasn't

too nervous when I got there."

I was nervous to audition because it was only my second audition for the high school, but as soon as I walked in my nerves calmed down. I practiced every night little by little so I could be ready for the audition and know the songs and dances I needed to." Ashlyn Ball, 9

"When I first walked into the audition, I was really nervous. I think having people in the room with me that I knew made it less nerve-wracking. It helped me calm down. After the audition was over I felt sort of relieved. I was still nervous to find out who got the part I was going out for, but I knew that if I didn't get that part, that I would be fine with any part offered. I was really worried about all of the work that this is going to take, I knew I could do it but it would be a challenge."

2. Singing Stars On Feb. 26, the cast of 'Hairspray' runs through a dress rehearsal. "I was a bit nervous going in because I have never worked with any of the directors or the choreographers " freshmar Alivia Jiang said. "As soon as I went to the first practice and they ntroduced themselves, I got to know all the other dancers as well and it made things a lot easier for me." photos by Nicholas Jubilee

BURN BABY BURN

Friday night football games light up as the majorettes twirl fire batons, a skill that takes many hours of practice to perfect

reporting by Brennan Frost

Twirling the Night Away At the varsity football game on Oct. 19, junior Mikayla Nelson performs with her flaming When did you start baton during the halftime twirling with fire? show. "I decided to take the general," senior Jacque photo by Peyton Spring wanted to try it."



risk of twirling fire because Hannah Mealy, 11: "I started I just really love twirling in twirling fire sophomore year Smith said. "It's really fun and exciting, I was kind of opportunity and I thought it scared the first time I did it was really cool, plus I saw all the but, overall, it was one of my favorite parts of majorettes." upper classmen doing it and I

How do you feel when you twirl fire? Emily McIntosh, 12:

'I mentally prepare by reminding myself that not every twirler gets the chance to do something so amazing. While twirling with fire, I feel his adrenaline rush and feel awesome being able to do something so great but at the same time I'm usually HM: "It's really fun but kind of scary sometimes because you have to make sure you're focusing on what you're doing." team moves further into their season the team is affected by the decision of pulling out cheerleaders who are failing two or more classes

1. Can't Hide our Pride At their senior night

halftime performance on Feb. 6, the competition cheerleading team ends their performance with the Junior Hawks cheer team. "This is my second year on the team," sophomore Elyza Greene said. "Usually, I'm a base, but I do whatever coach Rebecca Volpe needs me to do, the job of a base is to hold the flyer's feet and the majority of her weight above us." photo by Alexis Woodcock 2. Go, Fight, Win During one of their practices, sophomore Monika Bustamente, junior Montana Nichols and senior Armani Jackson spot sophomore Aleandra Loucks. "I'm a back spot, which means that you help support the two side bases and help support the flyer and release some pressure from the side bases," Jackson said. 3. Cheer your Heart Out Competition cheerleading coach Volpe helps the center stunt group-sophomore Sarah Dinardo, junior Shariah Monahan and flyer senior Amber Little—improve their form. "What I look forward to the most in a meet is to get out there on the mat and show everything that we have to make a good routine and do our best out there," sophomore Elyza Greene said. photos by Sara Gamen-Munarriz

reporting by Aaryaa Donthu

During games, members of the boys JV basketball team make use of the opportunities they get to try out new





"I TAKE RISKS DURING GAMES BY BEING AGGRESSIVE AND LISTENING TO MY TEAMMATES AND STAYING WITH THE GAME PLAN, **ESPECIALLY WHEN** IT IS A CLOSE GAME AND IT IS HARD TO MAINTAIN FOCUS."

position, freshman Isheunesu Maphosa secures the ball against a Binghamton Patriot defender. "Really everything depends on what the defense is doing, and knowing how to read the defense is key," sophomore Sean Powers said. "Knowing the strengths and weaknesses of your opponents by watching a film can really help with making good decisions during a game." 2. Put it Up While playing against Northstar Christian on Nov. 27, sophomore Jalen Henderson throws the ball up in attempt to score a basket. "During a game, I'm really nervous, especially when I do a new move I have never done before or I am attempting to score because anything can happen," freshman Mason Smith said. The feeling when you make a basket or make a good assist is incredible." photos by Alexis Woodcock

1. Triple Threat While in a triple threat



WANETA LAKE • FINGER LAKES

THERE'S NO PLACE LAKE HOME

reporting by Mia Perry

The Finger Lakes region, known around the country for its scenic views and numerous water features, is a summer home away from home for many local families

813 AC

29 FT

Maximum Depth

1098 FT
Above sea level

Whether they've lived on the lake for generations, or less than a year, the families that spend time there all share similar experiences of family bonding, learning new things, and a routine much different than their everyday lives.

Though they have only lived in their lake house for one summer, sisters and sophomores Sarah and Kaitlyn Coluccio still made connections with their fellow lake-dwellers. "At the lake, everybody waves to each other because everybody's happy to be there," Kaitlyn Coluccio said. "There is more of a community feel at the lake because you see a lot of people when they come up on the weekends during the summer, and you interact with them all the time."

Being a part of that community also meant taking part in its traditions throughout the summer. "On the Fourth of July, there's a ring of fire. All of the houses around the lake

Just Add Water As fall temperatures arrive, sophomores Kaitlyn and Sarah Coluccio ait on their dock, enjoying one of the last lake days of the year at Waneta Lake. "In Corning, we drive everywhere, but we take walks when we're at the lake," Kaitlyn Coluccio said. "There's a restaurant across the lake, and we can just drive our boat over instead of driving," photor by Lauren Thomas







have fireworks going off, so you drive out and look around," Sarah Coluccio

The sisters chose to broaden their lake community even further by inviting friends from home to share

in the experiences. "My friends came up-sophomores Kathryn Larrabee and Chloe Freeland-and we sat on the roof of a shed. We watched the fireworks until they stopped, and then we could look up at the stars. The stars are amazing up there, because there are no lights from the city. You can see everything and it's beautiful."

The first summer in their house on Waneta lake, the Coluccios found that new experiences were abundant there. "We're kind of on a go-go-go momentum," Sarah Coluccio said. "We do a lot more there because we're at the lake, and we want to take advantage of that. My mom's friend who knows how to wakeboard came over and taught us the basics. I'm still learning jumps. I need a lesson on jumping because I fall a lot."

For the Pambianchi family, living on Cayuga lake also meant family connections and new experiences.

"My parents like to invite a lot of my cousins over so it's a nice way to bond with my family members we go on boat rides and stuff together and it's a fun time," sophomore Sarah Pambianchi said. "We've gone through the canals a few times—it's awesome—sometimes we just boat up there to the top of the lake and go through the locks and stuff, so it's pretty fun."

Family connections are a large part of living at the lake, as sophomore Andrew Beall, junior Darien Beall and senior Lauren Beall have found from their families sharing a house on Keuka Lake for 22 years. "Having the house on Keuka definitely helps build our relationship with our cousins because we live so close together at home. It's made us really close because we are seeing them almost every weekend up at the lake and spending time with them," Andrew Beall said. "It brings my family closer too, because we all hang out outside and not just inside, and it sets aside more time for us to be together."

Increased family connections also



benefitted the Coluccios. "When we are there, we see each other a lot more. Because it's a smaller house, we spend less time in our rooms because we don't have our own, and we go out and do things together more than we would in Corning," Kaitlyn Coluccio said. "I think it built our family relationship more, because we have lots of opportunities for family bonding."

Go With the Flow On a boat ride, ophomore Sarah Pambianchi and enior Avery Pambianchi enter the Cayuga-Seneca Canal. "We've gone hrough the canals a few times—it's wesome. Sometimes we just boat up there to the top of the lake and it's pretty fun," Sarah Pambianchi said. The 'ambianchis have a house on Cayuga ake, photo provided by Sarah Pambianchi 2 Stars and Strings

With the rest of the summer ahead of ner, junior Darien Beall celebrates the ourth of July with cousin Kaley Beall. Having a house on Keuka Lake has nade me a lot closer with my family ecause I spend so much time with them there, and now it's my favorite place." Beall said. "We don't have WiFi there, so it gives us more time to bond without any distractions we would have Corning." photo provided Darien un setting behind them, senior La eall, graduates Kellan and Kaley Beall, ophomore Andrew Beall and junio en Beall stand on their dock with amily. "My family has had a house up there for over 20 years on Keuka Lake, ince before I was born," sophomore andrew Beall said. "It makes summers a lot more fun because we are there most every weekend." photo provided by Lauren Beall



CAMPCLOUT

Over the summer, students attend camps like Gorton, Cory, and the Keuka Yacht Club sailing camp and find thier favorite places there reporting by Lorren Perry

West Side of Keuka Lake

Why: "Any day where there is heavy wind is my favorite because the boats go really fast and it's fun. I love this spot because it's really beautiful. Also, you learn how the wind acts when you are around a certain part of the lake so often. I am around the area so much so I kind of have an idea of what and how strong the wind is going to be, depending on the direction. You go there so much so you really learn what the place is like, and it's kind of like a home." Max Gustin, 11

Favorite Location: The Cabins, Camp Cory

Why: "The cabins are the one place where I feel like no one will be judged. I am able to meet people at Camp Cory in the cabins that I still talk to today. Inside the cabins, there are about five bunk beds with lots of space inside and there are 11 people in each cabin. Before we go to bed, we play a game inside the cabins where the counselors ask everyone a question and we all answer it and then after the game, we talk for a little bit."

Favorite Location: Fire Pit, Camp Cory Why: "Away from the camp, there are a bunch of trees and logs that you can sit on and that's where the big fire pit is where we have the campfire. I like it when we go and have the big campfires as a



On Point By the shore of Waneta Lake at Camp lake while juniors Harrison Lynch and Luke Speich look on. "I enjoyed spending time at the waterfront the most, since it was a place where you can go with your friends to just relax and have fun. It embodies what summer camp should be," Speicher said. Camp Gorton offers both Cub Scout camp and Boy Scout camp programs. photo by Lauren Thomas

whole camp and when we sing a bunch of songs like the 'Twinkie Song,' 'You Can't Ride in My Little Red Wagon,' and the 'Baby Shark Song.' I like 'You Can't Ride in My Little Red Wagon' the best because each verse we got louder and louder until we were screaming." Gillian Mason, 9

Favorite Location: The Switzerland Inn

Why: "Each week, on Wednesdays, we sail across the lake to the Switz Restaurant, which is on the water, and we have lunch. I like to get a salad when we go there, but the fun is more the adventure of sailing over there than of the food. What makes it an adventuresailing to the restaurant—is that each time you go, the wind speed and direction is different, so you have to figure out what course to sail to get there, and when it's really windy you have the challenge of capsizing." Margaret Cleary, 9

athleticism to the water through





TUBING IS BETTER WHEN YOU GO WITH YOUR FAMILY. IT'S FUN TRYING TO HOLD ONTO THE TUBE, AND WHEN YOU FALL OFF." Callen Bartone, 1

Aquaholic Boarded on a jet ski, junior Madelin gets ready to go for a ride on Keuka Lake. I think it's fun because you can be out in the sun. but also you are staying active and having fun," Burns said. photo provided by Madeline Burns

THE CYCLE OF LIFE

Members of the local community gathe the annual Tour de Keuka on July 21 to celebrate the life of Stephen Campbell reporting by Kelly Hoyt

"Tour de Keuka is a community bike ride that takes place at Keuka Lake. In the past, it hadn't meant much to me considering I've never really biked much other than the occasional ride, but it meant a lot to my dad," senior Quinn Campbell

"In the last few years of my father's life, cycling became paramount; besides his family, cycling was his one true love, and the Tour de Keuka was a perfect outlet for

sharing the passion with hundreds of other cyclists in the community.

"This year, they dedicated the 45-mile-long ride to my dad because that's the one he did for most of the vears he did the Tour de Keuka. It let us, as well as many friends, family, and even strangers rejoice in his memory. That's something I will hold with me and cherish for my entire life.

"As a family, we created a team dedicated to awareness about the cancer which my father passed from, Epithelioid Hemangioendothelioma, back

in February 2018. To me and my family, this was a very joyful and effective way of sharing his memory because cycling had become such a huge part of his life, and the Tour de Keuka was representative of both his passion for biking, as well as his dedication for the community and people in his life.

"The event introduced me to cycling, which since then, I have had great enjoyment doing. I like to think that I've carried on his legacy by cycling, even taking it as far as not doing cross country this year so I could bike."





1. Slippery Slopes On the ski lift, sophomores Emma Krauss, Alvson Divens and junior Clemenc Paris make their way up to the top of the hill. "My favorite part of skiing is being able to be outside and spending time with my friends," sophomore Evelyn Keys said. photo provided by Emma Krauss 2. White Out Outside of the lodge at the Swain Resort, sophomore Ryan Hughes and his friends get together to take a picture. "I used to both ski and snowboard, but I found that skiing was a lot easier and going on flat ground was not as hard," sophomore Devin Page said. 3. Snow Time On the Pines Slope, sophomore Ryan Hughes makes his way down the hill. "The first few times I didn't know how to do anything," sophomore Alvson Divens said. "The last time I was able to

go up the ski lift by myself and go down slopes photos provided by Ryan Hughes 4. King of the Hill Completing the slope, sophomore Emm Krauss celebrates getting to the end. "My dad got me into skiing and I have been skiing for five or six years. I do it because it's fun to get out of the house and do something," sophomore Jacob Brady said. photo provided by Emma Krauss

> 1. It isn't Rocket Science At the end of the day, sophomore Lydia Keys works on her notes in Astronomy. "Typically, we go into class and science teacher Audra Gensel gives us a fact about something that was either yesterday or in the week," junior Lexis Maurer said. "We do quizzes, but we don't have as many as most classes." 2. To Infinity and Beyond In Astronomy class, seniors nin St Clair and Timothy Townsend spend time working on notes. "Science is my favorite subject to learn in school besides art," senior Sabrina Dubois said. "I want to use the knowledge for different art related things like drawings. photos by Nicholas Jubilee

In Astronomy class, students learn what is beyond their classroom by studying the stars and everything in between reporting by Alyssa Tenny

What made you want to take Astronomy?

"I've always been interested in stars and learning about planets. We learn about asteroids, moons, dwarf planets and all of the different theories. We started with how they thought the Earth was the center of the solar system, and now how scientists realized that the sun is the center of the solar system. We are learning about the



out of this

Einstein theory and the theory of relativity right now." Timothy Townsend, 12

What is your favorite thing about Astronomy? 'My favorite thing about

Astronomy class is learning about the stars. So far we've learned about how they change and the astrological signs." Lexis Maurer, 11

What is the most interesting thing about the class?



of other life forms. I want to use the knowledge for different art related things like drawings and research." Sabrina DuBois, 12 "The most interesting thing is that every day when I walk in, science teacher Audra Gensel has something new in the

about this class is the possibility

science-astronomy world of news. She always has something new discovered." Zachary Tsakis, 12

Do you plan on using this formation in the future?

will definitely use this formation in the future, even ough I don't plan on becoming nything like an astronomer. he stars are what I'm most nterested in I mean who vouldn't want to learn about the stars?" Jameson Palmer, 11

BEGINNER: "This was my first INTERMEDIATE: "I year snowboarding; it was really fun. I was scared at first because you can get hurt easily, but I but we had lessons. There were teachers and they just took us on different slopes and showed us

have to check in a lot."

usually go skiing every week, or at least, I try to. You explore experience is really fun. It's the slopes by going up the learned quickly. It was a challenge, mountain on the ski lift and then you can see from there the terrain and what you are capable of doing and just go around. I started off on the bunny from there. I like the steepest slope and then we went to bigger slopes, the black diamonds, ones. We kind of just followed the those are my favorite. They are I usually try to stay on the teachers and went with friends. the most challenging and it I went on three different slopes. gives me the most adrenaline. My favorite one was the one that I ski because it's a great way for on the terrain park. The bars just went straight down. I also me to be away from school and were scary to do the first time liked that we had a lot of freedom all the stresses that life brings; there, we could pretty much go it is very relaxing. It took me a wherever we wanted to and didn't few years to get the technique to really master it." Emma Krauss, 10

Kang said.

reporting by Cerena Crowl

sophomore Nicholas Jubilee

On Fridays after school during mid-winter.

learn how to ski and snowboard

students go to the Swain Resort where they

ADVANCED: "This was

not my first time skiing. The

you can just hang out with

your friends and I do like the

sport. With the club, it's only

about four weeks in a row, but

outside of that I go about every

weekend. When I go exploring,

wooded trails and the terrain

park. I can do jumps and bars

but after you do them once you

realize that it's not that bad. I

started because my friend Tyrus

Cori Sutton, 11

Friedrichsen got me into it."

like a day or a half a day where

Ryan Hughes, 10

agressed, members of the oys swim team developed ew skills. "This past year has aught me a lot, from stroke echniques to new workouts in the weight room. Even as we approach the end of our season. we continue to learn about

For many swimmers, it was as well as their confidence. "I or an injury," junior Mitchell would really like to improve my Koralewski said. "Whenever confidence, because I am scared someone does that we mock to try every single dive. Even the each other for it. We definitely simple dives I am terrified to try," push each other to complete

Over the course of the season members of the boys swim team get the chance to explore new events, skills and techniques

said. "My favorite part about diving is seeing how strong I am mentally. Diving can be a more mental sport, so I like to see how far I am willing to go for a dive."

With their teammates' encouragement, many swimme were able to improve throughou the season. "My teammates adequate nutrition," junior Ethan definitely help me improve. We push each other to complete practice and to not give up or practice and be better."



Splash-tastic Cheer At the meet against Horseheads on Jan. 11, freshman n McNutt watches and claps for his teammates as they compete. "In practices we start off by doing sprint 100s and after that we listen to what the coaches planned, then we warm down, sophomore Jett Moore said. photo by Brooke Yorio 2. Dive Star While competing against Watkins Glen on Dec 13, sophomore Nicholas Jubilee performs a back somersault straight dive. "I was freshman Benjamin Smith said. "The first time I dove I felt like everyone was watching me, but then I realized it's just what it is and you have to go for it. Even if people are watching when you fail it's going to be fine." photo by Ria Gupta

In order to expand their range of moves, the wrestling team explores new cradles and takedowns reporting by Alyssa Tenny

"A takedown starts from top to bottom Cradle is when you are already on bottom and trying to get up; bottom being the mat and top is when your're standing up. Coach Cameron Daudelin comes up with different names for the moves so that he can yell them out while we are on the mat without the other team knowing."

"I learned a new shot this year, it is called the 'John Smith Single.' This shot is a takedown used from further away, like when they back up and you can't quite reach them. To complete the move, you lower your level, shoot in, grab their ankles and apply force to their shin with your shoulder causing them to fall



gets ready to take down his opponent. "My favorite thing is being with my team and them cheering us on," freshman nedy said. "Our coach pushed us pretty hard this year on conditioning for matches and taught us a lot of moves." photo by Andrew Phan



"Zac Efron inspires me to do what I love and that, with hard work and your head in the game, you can accomplish your goals in life."

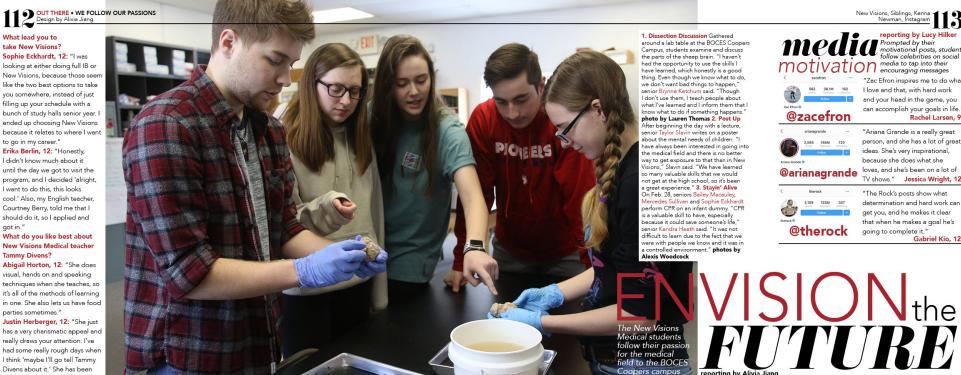
@zacefron

@arianagrande

"Ariana Grande is a really great person, and she has a lot of great ideas. She's very inspirational, because she does what she loves, and she's been on a lot of TV shows." Jessica Wright, 12

"The Rock's posts show what determination and hard work can get you, and he makes it clear that when he makes a goal he's going to complete it."

Rachel Larsen, 9



// Tesserae **Corning-Painted Post High School** Corning, New York

HERE,

What do you like best about New Visions Medical teacher Tammy Divens?

What lead you to

take New Visions?

to go in my career."

Sophie Eckhardt, 12: "I was

looking at either doing full IB or

New Visions, because those seem

like the two best options to take

you somewhere, instead of just

filling up your schedule with a

bunch of study halls senior year.

ended up choosing New Visions

because it relates to where I want

Erika Berlin, 12: "Honestly,

I didn't know much about it

I want to do this, this looks

until the day we got to visit the

program, and I decided 'alright,

cool.' Also, my English teacher,

Courtney Berry, told me that I

should do it, so I applied and

Abigail Horton, 12: "She does visual, hands on and speaking techniques when she teaches, so it's all of the methods of learning in one. She also lets us have food parties sometimes."

Justin Herberger, 12: "She just has a very charismatic appeal and really draws your attention. I've had some really rough days when I think 'maybe I'll go tell Tammy Divens about it.' She has been helping me a lot with my desire to go into nursing with the nursing program here in Corning." How has being in the

course affected your plans for the future?

AH: "Honestly, New Visions gives students really good opportunities, because colleges will look at it. Because we do clinicals, we can see what we like from getting clearance into the hospitals. It made me think that might want to be a nurse instead of spending 11 years in college to be a doctor.

SE: "I learned that I actually don't want to work with people-I want to work with animals. I grew up in a household that was very pet-oriented. I swear my family had every pet imaginable, from cats to parrots to snakes to a hedgehog, so I've just kind of grown up learning how to take care of them."





division one decision

reporting by Cassidy Owens-Kashorek

As decision time rolls around, senior Kenna Newman makes her choice to sign with a school that offers her a spot on their Division I girls lacrosse team

Speaking and Signing Before her signing, senior Kenna N addresses her friends and family. "When speaking, I was kind of nervous at first, because I wanted to say something meaningful and that showed how truly grateful I am for my friends, coaches, teammates and especially my family," Newman said. photo by Batoor Shah



signings, check out our coverage at

"I am going to Binghamton University next year to play Division I lacrosse, and I'm going to be studying biology pre-med. I either want to be an ophthalmologist or a pediatric oncologist.

"I'm really excited honestly—for me to be committing to a Division I school and being on a travel team is something that does not happen a lot for girls, so to be able to do that is really cool.

"I went up there a couple times and the team and coach were just so welcoming, even though they didn't know me. The campus is also really beautiful. I even sat through a couple classes and it just seemed like the right place for me

SIBLING

where they get

hands-on experience

duos find ways to participate in after school activities together reporting by Cassidy Owens-Kashorek

1. More Cowbell As the game heats up, freshman Trevor Halm uses the cowbell to stir up the crowd at a Vestal basketball game, "It's a lot of fun having someone else in my family that can relate to the experiences I am having in Pep Band," senior Ashley Halm said. 2. Hands In Dressed as Lurch for his role in the musical 'The Addams Family,' sophomore David Maxim holds a box containing Thing. "This year, I am a stage manager, so whenever he has questions or I can see things that he doesn't see, I can give him pointers on something he can change," senior Mariposa Maxim said. photos by Alexis Woodcock

TREVOR AND ASHLEY HALM: PEP BAND

"When I was in seventh grade, they invited siblings to come play with the band and I came. Playing with them was really fun and a really lively thing to do, because you just go there and have a lot of fun playing. It's awesome to do something with my sister." Trevor Halm, 9



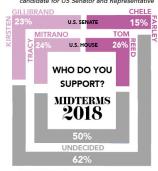
DAVID AND MARIPOSA MAXIM: DRAMA CLUB

"When I was about nine years old, my older brother was in a high school production. I saw him and I was like, 'that's something I really want to do.' This year, with Mariposa, it's pretty awesome because she does all the backstage things and is the stage manager, while I'm onstage, so working together is really fun."

David Maxim, 10

reporting by Sophia McNamara

As the Midterm Elections approach on Nov. 6, 150 students cast their vote for their preferred candidate for US Senator and Representative



DEMOCRAT: "I support the Democrats for the Midterms, not just because they're Democrats, but because they support the same views as me and they're more liberal than Republicans would be. I know we can't change everyone's views, but I think they'll help make equality the norm instead of everyone having to debate whether inequality is existent or not. Laurel Shaut, 11

UNDECIDED: "I didn't necessarily support either candidate. I know enough about both candidates and their views, but neither of them swayed me one way or the other. I feel like people who don't have an opinion get a bad reputation, but I'm just very apathetic about the whole thing."

REPUBLICAN: "I watch the news a lot so I know stuff, like I know about politics and stuff, so I support the Republican party the most. I support their stance on immigration the most." Lexee Makitra, 10

Taras Goral, 12



From speeches to sprints, the cross ountry team prepared for meets ogether. "Our team prepares for races by taking an easy day on the day before, which usually means running an easy three to five miles," senior William Stratton said. "Coach Raymond Lawson gives us a pre-race speech about what we should be focusing on for the following day."

"I think a lot of us feel a little anxious before the race," freshman Sara Togni said. "Right before the race starts, we all meet with one of the coaches near the start line and they'll give us a little advice. It takes some of the nerves away so you are more excited to run. It really improves my performance because I'm more focused on doing what the coaches want than just getting through the race."

Surrounded by teammates and competitors, the cross country team competed in races that were all over one mile long, "The first mile always goes by really fast," sophomore Elif Can said. "The second mile I kind of want to give up, but I don't ever give up. I say to myself, 'You've come this far, you can't just give up now, just run and finish your race the best you can."

With each meet varying in length, some runners developed their own way to get them through the races. "During the race you have to kind of block it all out. I try not to think about how tired I am and I focus on not letting myself stop. I think about how much I want to be at the finish line, and how much I want to be done with the race," freshman William Russell said.

"If you beat your personal record everyone congratulates you, even other eams will congratulate you. After that, if we win the meet as a team, we'll be starting to talk about stuff and going, 'Hey, that was a great race," junior Collin Hauptman said. "What I do is I don't eat bad things before a race, but after the race I go, 'I've got a week until the next race,' so I go and I eat the best junk food I can find, and I sit on the couch and eat that for the rest of the day."



Ethnic foods can serve as a link between the kitchen and culture, is also used for special occasions



lelting Pot To add more flavor to the on the top, like almonds or boiling Basmati rice, junior Kia Eshraghi prepares saffron water. "The first step is to boil the water, and next you have to chop and grill onions," Eshraghi said. "Once the onions are grilled, add chicken, and then add saffron water to the rice." 2. Sweet Stop While pouring her Kheer into bowls to serve it, freshman Maheen Mukhtar is our special holiday that follows pauses for a quick taste. "Each family has one food the Lunar calendar, but it doesn't they like personally, and they all have different ways of making it," Mukhtar said. "Which is why if have a specific day that it's eaten you have different people making it, the food will like Christmas."

taste different." photos by Alexander Brown

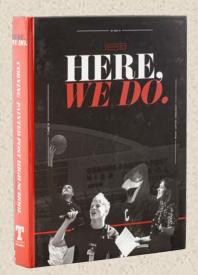
flavor. We have this dish maybe like once every two weeks, but it as special family recipes connect like the Iranian New Year, which is students to their heritage called Nowruz and is celebrated on March 21. It lasts for eight days, and traditions include jumping over the fire, and on the final day there's a setup with seven 'S's' that look like fish. What I like the most about Iranian New Year is the food." Kia Eshraghi, 11

PAKISTAN

think Pakistani food is really distinct compared to American food; it has more spices and it is more interesting. You start out making Kheer with boiling milk, and add rose water, sugar, and rice. Put it all in and then gradually mix it, leave it, and then mix it until it is of a thick consistency. You can add nuts pistachios, and then you just eat it. Kheer is not really used for special occasions; it's just dessert It is also eaten during Eid, which

Maheen Mukhtar, 9





FEATURE • EAST CAMPBELL & COOPERS PLAINS

BOCES, Camp Tesserae, Owen and Quintin Fisher, Camp Bell Campground



GST COOPERS EDUCATION CENTER • COOPERS PLAINS

READY TO WORK

At the Coopers Plains BOCES campus, students explore possible future career paths in fields such as woodworking, welding, cosmetology and criminal justice through hands-on experience

30.000

services in the

Southern Tier

Students currently

enrolled in BOCES

BOCES campuses in New York state

<u>13</u>

Career and Technical Education programs offered on campus

In 2019, a daily walk through the schoolhouse gates doesn't define a high school education. At Boards

of Cooperative Educational Services, or BOCES, students walked onto a college-style campus that diverged from traditional high school classes to offer vocational training and a segue into either technical colleges or directly into the workforce.

"BOCES is a lot more focused, and they can help you a lot better than a normal high school can," senior Reagan Hanrahan said. "One of my best friends, he's a sweetheart, but he's a very outgoing person. So in a normal classroom, he'd be considered a class clown or super disruptive.

I Came, I Saw Inside the house being made in collaboration with Habitat for Humanity, senior Brandyn Clark saws sheetrock to cut out a door frame during his heavy equipment BOCES course. "I've developed my teamwork skills, and learned that not everything is about me," senior Cody Smith said. "That was new to me. It also surprised me. I didn't expect that I would get more used to working with people when I started the course." photo by Alexis Woodcock





But up there, he can take that energy and put it toward actually doing his schoolwork because they've found a way to make it work."

As opposed to what many might see as busy work, BOCES forewent a lot of paper in favor of more hands-on work. "I have a love for cars, and auto technology gives me a chance to work on them and learn how to fix them and appreciate them," senior Carson Weiskopff said. "There's something new every single day, no matter what. It's never the same thing over and over again.

It was the BOCES curriculum that really set it apart for students. "The class runs in two ways. One, there's the education part where you sit down and write on paper and all that," junior Jacob Whittier said. "Then there's the actual part of the learning program, where you actually hands-on weld metals. It's always been my dream to bring things together in some way. shape or form. I couldn't really do that with people, because I hardly have any people skills. But with metals, it didn't seem that hard."

The Coopers Plains campus itself lent a hand to BOCES students' learning. "It's open at BOCES," Hanrahan said. "At the high school, everything is super close together. Even though at the high school, we have our long hallways, it's all indoors, so it's stuffy. At BOCES, it's super open. It helps you clear your mind, especially if you have anxiety like I do. Being able to step outside and take a deep breath and go 'okay, get yourself together,' is very helpful."

A BOCES education was never about just here and now; its curriculum worked to send its students into the workforce and prepared them as such. "I needed to find a career, and I figured that working on cars is pretty interesting. Not many girls are into that," junior Emily Ormsby said. "After high school, I'm going to go to UTIthe Universal Technical Institute-in Orlando. A guy from UTI came and talked to us at BOCES and gave us information, and I was really interested

BOCES became a new option for students and a new challenge in its own right. "I would say BOCES isn't for the faint of heart," Whittier said. "There has been a couple times where I was like, 'should I do this? Can I do this right?' Then I was like, 'yes, I can. Because I'm still learning. Everyone is still learning."



"WE CAMPED MORE WHEN I WAS YOUNGER, BUT MY **FAVORITE PART OF** THE CAMPGROUND WAS THE WOODEN SHIP, THE CASTLE AND THE MERRY-GO-ROUND AT THE PLAYGROUND." Abby Chang, 10

reporting by Ria Gupta As they light campfires and set up tents, campers and their families spend time with each other and with nature at the Camp Bell Campground



S'more of Camp Located on State Route 415 in Campbell, NY, the Camp Bell Campground is an RV and trailer park with 96 campsites, mini-golf, horseshoe pits and more. "I enjoyed camping at Camp Bell Camparound because there was always something to do and it was very relaxing," senior Katelyn Beck said. "We usually didn't have a schedule while camping and we were able to do whatever, whenever we wanted, and it was very family-oriented and welcoming to everyone." photo by Alexander Brown



eiskopff said. "My least favorite thing is

problems." photos by Alexis Woodcock

How did you start going to the Coopers Plains dog park? Owen Fisher, 10: "We would always take our Quintin Fisher 12: "It's nice for them to dogs to the dog park when we were at our grandparents' house, and it's a good way to let dogs. It gets them comfortable with other them have fun. When Gigi was old enough, and people and dogs. Before, Stan and Gigi wasn't as small, we would take her there to have would bark at other dogs and go crazy, but me fun. We go once every two weeks now." now they approach them and sniff them,

What type of training did you do? OF: "We do agility training at the park for Gigi; What does the park offer she runs around a bunch of obstacles, which gives her exercise and agility. She got really good at it towards the end of her last training, There's a lot of people there who know a and we are going to start training her again next lot about dogs, and they're there to train summer. I'm excited for her to showcase her them to get better at agility and stuff. It's a skills, because she improves her agility quickly." learning process, but they're very helpful."

How did it help Gigi and Stanley to train at the park? have an open field to run around with other and they're not as crazy as they would be."

that other parks don't? QF: "They offer actual classes for your dogs.



reporting by Ria Gupta

COVERAGE TEAM ROOKIE: "It was definitely a new experience and it helped when the year officially started because it helped me ease into the idea of yearbook. There were instructional lectures by other yearbook advisers, which taught me a lot, and also a lot of bonding experiences, like get-to-know-you games and rock climbing. Camp taught me how to work with new people and open up to them and trust them, and to get them to the point where they can trust me, too."

VIDEO TEAM ROOKIE: "Going to camp gave me insight into what I was getting teach the rookies everything that they need myself into, and allowed me to feel at home to know for the year. Camp's really important with people I'd never known before. For the video side, we first learned how to use a camera, we filmed some footage, and then put it into a project that showed me what I was going to be working on all year. Adviser really important because it helped me make Michael Simons truly cared about what I was new friends." doing and that I was understanding what he 1. A Mountain to Climb On Aug. 11, video team was teaching."

COPY EDITOR: "The purpose of camp is to introduce rookies to what yearbook's all about and help them get comfortable with design and copy. We did an umbrella coverage book for the first time this year, so adviser Erinn Harris from Virginia showed us what it involved, which was really helpful when deciding what to do with our yearbook. I believe we all got along well together; it's always a little awkward talking to new people, but we all seemed comfortable with each other by the end."

At the second annual yearbook retreat, Camp Tesserae, members of the Tesserae staff participate in workshops and get acquainted through a weekend of activities at Watson Homestead Conference and Retreat Center



Laura Wentzel, 9 EDITOR-IN-CHIEF: "Having camp as a bonding activity for our staff allows us to because it's a time to get closer with the staff, and it helps with building relationships. As much as I love being on my phone, having that secluded area without cell service was Kristin Hauntman, 11

Cyrus Walker, 11 member sophomore Charles Marshall participates in a rock climbing activity. "Camp Tesserae is an opportunity for new and current staff members to connect with each other in anticipation of the upcoming school year," senior Alexander Brown said. "It helps get everyone on the same page, so starting to work on the book is easier." Other team-bonding activities included a movie night. swimming and a campfire, 2, Taco 'Bout Awesome Using ingredients catered by Little Boomers' Burrito Bar, senior Cassidy Owens-Kashorek makes herself a taco on the second day of camp. "Camp introduced me to the video team and taught me what Premiere—the editing program we use—was Junior Lewis Wightman, who's been doing video for a lot longer than I have, helped us understand different camera angles, but he also helped us become a team," sophomore Samantha Ward said. Belinda Lint, 11 photos by Alexis Woodcock



To show her appreciation for technology and the environment, math teacher Jayasree Mangalagiri purchases environmentally friendly Tesla

Why did you decide to purchase a Tesla? "First thing is, I am a technology-lover, so if there's something new I want to try it and be one of the first ones to do it. Secondly, I am also a 'tree hugger.' I try to bring my own water bottle everyday and try in every way I can to help the environment. I would say a Tesla helps me keep that mindset going because it pollutes less than typical cars."

How do you fuel your car?

"I just plug it in. Let's say my battery is at zero, it will take eight hours to fully charge with the charger I have at home because mine is not a supercharger, It charges enough to drive 308 miles, and if using a supercharger it would only take two to three hours to fully charge. How long the battery actually lasts though depends on a lot, especially the weather. Like if you have the air conditioning on or heating it will make the distance it goes vary, since that uses some of the energy."

What is the best part about your Tesla? "The ease of using it and how it's all digital. The pickup is really smooth, so after I stop and have to pick up and go, I barely feel it. Like BMW also has a quick pickup but it's not as smooth as the Tesla, since it's electricity so it just goes. Everything is digital, and really simple. The dashboard is just a monitor, and a steering wheel, of course. Air flow and music is all adjusted on the monitor."

Do you think a Tesla is a good investment? "Yes, I think it's a good investment because the car ride that used to cost me like 20 dollars to go to Rochester and come back now costs me about six dollars, so now the price is a fourth of what I spent before. A Tesla has a small carbon footprint too, and is very economical for long distance trips, in my opinion."

Jayasree Mangalagiri, Math Teacher



family was all over it. It took about a year and a half to actually get the car. They took too long to deliver it so ourselves," Mangalagiri said. photo by Rob O'Dell



1. Listen up Ladies During a timeou in the basketball game on Dec. 13 against Elmira, the girls varsity basketball team receives advice from coach Tate Williams on what play to run next. "During a game, to keep my energy up, we have this thing with Sara Gamen-Munarriz where we would jump and high five each other during warm ups," sophomore and JV player Elif Can said. "Also, before the game would start, we'd go into the locker rooms and coach would give us a pep talk, which helps to keep my energy up " photo by Alexis Woodcock 2. Who's Open? After receiving the ball, senior Emma Webster looks for a teammate to pass to. "Before tournament games I eat bread, cereal or vegetables, which are all rich in Certai di registatara, complex carbohydrates, "junior Anrushi Bharadwaj said. photo by Brooke Yorlo 3. Let's Go Team Stepping around a Horseheads defender, sophomore Kalea Faulk goes up for a layup. "Before game and tournament days I usually try to get about eight hours of sleep like what's recommended." senior Erin Terwilliger said. "Eating at the start of the day really helps and is very important to feel well and do you good in the games because it brings up the energy." photo by Megan West 4. Tunnel Vision in a game against Binghamton, senior Kenna owman looks for a teammate to pass to. "Before games I tend to eat pure eucalyptus leaves, "sophomore Sophia McNamara said. "Before, I would eat an eucalyptus asparagus mixture. That wasn't good enough. Now I eat only eucalyptus and I'm all the better for it. photo by Nicholas Jubilee



an addiction or a lack of energy, reasons for drinking coffee throughout the day vary between students

"I bring in coffee every day. I make it at home because I don't want to waste my own money getting it at Dunkin' Donuts every day. Coffee helps me focus during class. I tasted my first sip of coffee when I was little and I didn't like it at all, but now my favorite flavor is caramel."

Kalea Faulk, 10



"I get my coffee from my house and sometimes in the media lab. Coffee helps me for school because if I don't drink it I get a killer headache because I am addicted to it. I started drinking it when I was 13 and I drink it every day now."

Matthew Snapp, 12

BEFORE GAMES

"On tournament days I usually wake up at around 6 a.m. because most of the time we have to be at the school by 7 a.m. or 7:30 a.m., depending on where the tournament is and what time we have to be at the location of our first game. Normally, on game day I try to eat a lot of carbs in the morning like bread, so that I have energy for the game. Before games, I always feel nervous, so it is important that I am full and have a lot of energy to get through warm ups and the game."

Aaryaa Donthu, 10 "I usually eat toast with peanut butter and sliced bananas on it on days that we have tournaments. This helps me before the first game because it has protein, potassium

and carbohydrates, which I think are all very important prior to a game. It also makes me feel light on my toes because it's not a huge breakfast; it's simple, but gives me enough energy to play."

DURING GAMES:

"I prefer to drink water during my games because I think that it is the best way to stay hydrated, and I am not a big fan of all the sugar in certain sport drinks."

"To stay hydrated during the games I like to drink Powerade to get the electrolytes I need. Besides that, I drink a lot of water to just stay hydrated in general."
Stefany Booker, 10

IN BETWEEN GAMES:

"During a tournament, usually if we've been sitting around for a while, we will stretch and do different exercises to warm our bodies up, like jumping jacks or other exercises. If we see that there are extra basketballs available, we will practice ball handling drills and other types of activities like that. Practicing our ball handling skills and other skills helps us to do better in the game because not only our bodies are warmed up, but our skills are too." Madigan Wakefield, 10

"We usually only have one game, but sometimes when there is multiple games it's tiring. Having morning games is hard because we are used to sleeping in before the tournament because of break, so we usually wake and pump ourselves up by playing loud music in the locker room, and just getting ready for the game. Music helps loosen us all up and gets us excited and hyped up for the game."

Lauren Beall, 12



With tournaments lasting all day, the girls JV and varsity basketball team members eat, drink and do various things to stay energized throughout the day reporting by Nicholas Jubilee

reporting by Ella Perry Before the start of each football game, the JV and varsity fall cheerleading tea fuel up mentally to get ready for their performance

"TO MENTALLY PREPARE FOR MY PERFORMANCES I MAKE SURE THAT I'M HAPPY WITH HOW I PRACTICE BEFOREHAND, LIKE HITTING ALL MY STUNTS WITH THE MUSIC."

Makayla West, 10



Cheer This At the pep rally on Oct. 5, the JV and varsity fall cheerleading teams perform their routine. "In order to get our jumps ready we do partner stretches." have a partner and they push down on our back to make sure we are going down all the way in our splits." photo by Alexis

In preparation for regionals on Nov. 24, members of the girls and boys cross country teams train themselves both physically and mentally prior to races



// Tesserae **Corning-Painted Post High School** Corning, New York

Practice makes perfect for the bovs basketball teams as they begin the season with new training routines and new coaches reporting by Alexander Brown

OUT THERE • WE TRAIN

With a change in coaches for both the JV and varsity boys basketball teams also came a change in training routines which required them to adjust. "With the new coach, Bill Hopkins, it's a little different because we have to change our whole offense to fit what he wants. But I feel like it is helping us in the end," junior Erik Kopf said. "I think the most effective part of our training routine is constantly playing everyday, because it is easier for us to learn our strategy better. I don't think there is any part of the routine that isn't effective."

While the training routine changed, a new perspective on how to approach the court was introduced. "The transition between coaches has been pretty good. There are some ideas that are a little bit different, like on defense. Overall, it's still just 'play hard defense, and do your best to win," senior Nicholas Flemmer said. "I think coach Hopkins really focuses on playing together as a team, and that really helps us, and I think it'll help the program in the future, too. We haven't had a great season this year, but we do have a very young team. It's definitely not as successful as it was last year, but I think going forward, we'll be able to have a lot of good seasons."

Routines and strategy weren't the only changes this year: there was also a shift in team dynamic. "Last year, we had a great coach, but we didn't have a lot of structure, and that kind of led to our bad record last year. This year, there has been a vast improvement as we've been able to have a record of 8-7 as of right now because of our scouting report and much more structure throughout the team," sophomore Owen Walker said. "Structure has a big thing to do with the new coach. Last year, I feel like it was a lot of goofing off, but this year, it's definitely like, 'let's get work done, shoot at practices, as long as we work hard, everything works out.' I think it was an easy transition. Coach Johnson really made it a fun time, but still serious so we really learned how to work hard and prepare for games."









ball down the court sophomore Owen Walker makes a layup at the game on Dec. 11 against Vestal. "It's been pretty good adjusting to the new coach. The results this year are a lot better compared to last year," freshman Jayler King said. The boys won the game with a score of 82-68. 2. Leap of Faith Mid air, senior Jordan Haggard leaps over his opponents to claim the jump ball on Jan 1. "It was kind of difficult adjusting to the new coach this year because coach John esetch and coach Bill Hopkins had completely different ways of teaching basketball," senior Noah Walker said 3. Duck and Shoot As he shoves past opponents, senior Lucas Rossington closes the distance to the basket to take a shot. "I do dribble workouts and shooting practice. I also lift weights for strength," senior Cameron Laughlin said The boys won the game with a score of 60-58. 4. Basket Case Taking a shot. freshman Aidan Chamberlin makes a layup at a game against Johnson City. "I train for basketball by going to the YMCA. For my routine, I usually start out with shooting or ball handling and then get to more intense drills or pick up games," sophomore Benjamin Bouton said. photos by Alexis Woodcock

ONE WEEK REFORE:

"I started training for regionals by doing longer, more intense practices. We usually had a long run on Monday, short interval workouts on Tuesday and then some type of long workout, an easy two miles on Thursday, and then a pre-meet on Friday if there was a meet on Saturday. I also train myself mentally for the race by focusing on my goal to run faster than I am comfortable."

Torrey Jacobson-Evans, 11

TWO DAYS BEFORE:

"Two days in advance, as a team, we get together in our coach's classroom and go over how to mentally and physically prepare for the race. The day before the race, we drive up in vans to the course and, as a team, we jog it and stop at every mile and half-mile and talk about our goals and what we should be thinking about at that specific checkpoint. Our coaches reassure us that if we stay positive there, the rest of the race will take care of itself." Angelea Collins, 11

reporting by Ria Gupta ONE HOUR BEFORE:

"About an hour before the race, we would warm up, so we would run for 10, 15, sometimes 20 minutes depending on the weather and how cold it is. Then we would do speed development, which is just another stretching routine before you actually start to warm up. The more you race, the more comfortable you get with being uncomfortable."

Brody Hayes Glick, 12



1. Fast Track With long strides, sophomore Matthew Hong runs towards the finish line at the McQuaid Invitational on Sept. 29. "Regionals is the race that you have to run to qualify for nationals, senior Bryce Derick said. "We did a lot of thresholds, long runs, and workouts to prepare, and I knew we had to run really fast if we wanted to qualify." photo by Cerena Crowl 2. Give Me a Hand At the Sept. 17 meet at Sperr Park, the girls cross country team does a team chant preceding their races. "I just try to focus on the fact that I'm doing this for my team and with my team, so it's not as much pressure individually and Liust try to think about the plans that the coaches have made for us." sophomore Alicia Lawson said. "I was definitely nervous for the race because there's a certain amount of pressure that you don't vant to let your team down, but I

ust really try to focus on one thing

at a time instead of the whole



commit tobe fit

ssessment, senior Erin Tucker is made up of small movements follows her path to become a with less reps and lighter personal fitness instructor reporting by Ria Gupta

"I signed up in September of 2018 to become an instructor even though I had been wanting to do it for a long time. It was in Ithaca, which was a good opportunity, because the instructors don't come to train in upstate New York a lot. I had to go to two days of training, each being ten hours long at 'Les Mills,' which is a worldwide organization that has classes, and BodyPump is one of them.

"In BodyPump, there is a lot

weights, so it's basically toning. I had to learn two tracks, which are routines, to prepare for the training, then I was assessed, and then the people at 'Les Mills' told me if I passed or failed make sure they are doing it right that track. My mentors were the for a safe and effective class. people at the track, specifically "The hardest thing is talking

it in for review; I just sent mine in recently. To be a BodyPump instructor, you have to really like BodyPump or else you can't complete the tracks

am instructing. I have to keep track of the counts, make sure I am on track with the music and maintaining form, and I have to talk to the participants and instruct them at the same time to

Maria Acquard and Kim George. and counting in my head at "If you pass, you have 60 days the same time while doing the to make an entire track and send movement with flawless form and technique. You also want to make the participants feel motivated to manipulate intensity, but not singled out if they can't do it."

Erin Tucker, 12



session at the Corning community YMCA on Feb. 28, senior Erin Tucker demonstrates the squat press technique. "It's just important to stay positive and make sure everyone feels comfortable with what they are doing, but most importantly, that I am being a role model, so it benefits them in the long run and they get the most out of the class," Tucker said. photo provided by Erin Tucker

Lydia Robinson, 11: "Definitely be social, talk to all the visitors. If everyone has questions, be nice, because not everyone is from the area or may be from a different country. Have fun with your job; meet your coworkers and become friends with them because you are you have to stay calm and help going to be seeing them a lot."

Dakota Lyon, 12: "I do try to make it easy on my crewmates helping me. Also, when it is busy, I try to do my best to help them get their orders done, whether it's helping make drinks or bagging up food "

to help settle them into the work routine

eporting by Alexander Brown

LR: "Don't get frustrated. We have a lot of days where it gets really busy. We can have a lot of tourists coming in and the Corning Museum of Glass studio can be packed full with people running around, switching stations. It can be frustrating, but people out where they need it."

DL: "Don't get frustrated. I usually tell employees to stay calm while working because during a rush, if you freak out or aren't calm, you have a higher chance of making an error, and it's a lot less fun for everyone."



From the fast food to museums,

students with iobs train new employees

Get that Cash Filling a smoothie order, senior Dakota Lyon works a shift at McDonald's. "When you get a job at McDonald's you start off with orientation, which is where you go in, look at the facility and meet vour coworkers." senior Paige Serdula said. "Then you have two weeks of training where you work side by side with someone most likely a crew trainer." photo by Alexander Brown

124 OUT THERE • WE GIVE LOVE Design by Kaitlyn Williams

revolutionary

potential, Individuals and Societies teachers act as confidantes and work to engage students in and out of class reporting by Cerena Crowl

In order to stay connected with their students, individuals and societies teachers Karen Palmer, Jeremy Morse and Kimberly Hufnagel made the effort to reach out to and connect with their students.

Taking time out of the class period, Palmer had her students answer a couple of questions as a way to start the class. "It's just a simple 'What is your name, how are you doing and why," Palmer said. "I do that before each class or just about every class and kids have an opportunity to say 'I'm feeling terrible' or 'I'm feeling great.' I also ask them questions like 'What is some wisdom that your grandparents brought to you?""

Another way that teachers showed their connection with their students was by finding a ommon interest. "I try to show support through humor, or try to strike a conversation about what they're interested in," Morse said. "In my experiences, it's along the lines of video games or it's something I can't do but they can."

When students missed school for an extended amount of time. Hufnagel took the time to teach them at home. "I was afraid that this particular student might drop out of school. I had a connection with this student outside of school, so I went to guidance and suggested helping that student because I don't like the idea of kids dropping out of school," Hufnagel said. "I loved it. Home teaching includes teaching the student all of the different subjects. I get work from the other teachers like math and science."



. Got a Friend in Me During a fifth period honors global class, individuals and societies teacher David vallaro pulls up a video to show the class, "When it comes to making connections with students, I think it is important to understand what they have an interest in so I can incorporate that into the classroom " Cavallaro said, photo by Cerena Crowl 2. Blast From the Past Preparing to have a class discussion, Karen Palmer holds a flamingo named 'Pingo' that is used when students are chosen to participate in the class discussion. " think anytime a teacher acts like a human and shows a student that they are understanding, the students then respond the same way," David Rich said. "Then the classroom becomes a better environment." photo by Sara Gamen-Munarriz



their peers in the relay, holding signs that spell 'Free Justin' in order to support sophomore Justin driguez after he was suspended from playing basketball. "My favorite part was the winter guard performance. They threw the stuff up in the air and danced and were all matching; it was just really cute, sophomore Emma Brown said. 2. Slam Dunk For the Pep Rally dunk contest, freshman Aidan Chamberlii brings the basketball under his leg and prepares to dunk. "My favorite part of the pep rally is being with my friends and enjoying ourselves," junior Au nouinard said. "Seeing everyone in the school come and rally together in one big event is also one of my favorite things." photos by Ria Gupta 3. Trusty Steed With senior Nikolus Nicke an inflatable horseback, the seniors prepare for the start of the relay race between the classes. "I think they need to expand who can participate in the pep rallies because they don't involve the whole student to go down there and try them, but I'm not an athlete or anything." photo by Aaryaa Donthu 4. Make it or Brake it As a new addition to the pep rally, freshmen Caden Keough and Devan Currie work together to change tires at a 'pit stop.' "The winter guard performance was my favorite part of the pep rally. Even though they messed up at the start, it was a really good recovery and they took it very well. They really have a passion for what they do," senior A Wigley said. photo by Ria Gupta



For the first dunk, I tried hitting the ball off of the backboard and then trying to get it in. For the second one, they were all velling my name; all my I tried going underneath the basket and then in mid-air turn around and dunk it, but I caught traction on my foot and fell. For my first one, I know got a ten from freshman assistant principal, Michael Gill. He stood and my second one I'll be completely because I didn't really want to know

"I tried to do a windmill and a threesixty windmill. A three-sixty windmill is when you turn around and move your arms in a windmill form. When I missed, I thought there were going to be more rounds so I did easier dunks, but as it went on they said that there were no more rounds. I just kind of felt bad after because I could have done better. It wasn't my first time being judged for my dunks. Last year on my club basketball team we did something just like this."

Zayan Mohammed, 9

a lot of fun. When I made the dunks, friends were screaming my name and going crazy. It made me laugh. The 'Free Justin' thing was kind of a joke. It was about our friend who was out for a game because of what happened in Horseheads. I thought it was pretty held it up, saying that he liked it. For fun but I wish assistant principal David Harrington or history teacher George honest, I didn't look over at the scores Bacalles would have done what he did during the Homecoming Pep Rally; he what I got." Jeffrey Yuelling, 10 hyped us all up. I wish he would have done that again." Landen Burch, 9

> "I was cool to be out there just hanging out in front of everybody. I didn't really know I was doing it until I was there. I was fine with being judged because I mean, people are judging you everyday you just got to live with it. I was pretty impressed by sophomore Justin Rodriguez's dunks. The audience was super loud and they were clapping; everyone was just having a good time."

Max Freeman, 10

wine and

reporting by Alyssa Tenny

Why did you volunteer at the Wineglass Marathon? Rachel Plumley, 12: "It was a team event that we all did for tennis-kind of like team bonding. It wasn't like we were obligated to do it but just being there for the community was pretty cool. Just seeing the runners coming was pretty motivating to work hard since it was very cold and rainy."

What was most impactful about your experience volunteering? Erin Thomas, 9: "The

most impactful thing about volunteering was being able to help people be able to run to the end. It made me feel good to help people. We handed

At the Wineglass Marathon on Sept. 30, members of the Interact Club and the girls tennis team show their support for runners by making signs and handing out refreshments

out water and Gatorade to the people as we stood beside the road. It made me feel good to see the smiles and get the 'Thank you's' from the runners. We were around the halfway mark and I think we really gave them that extra boost."

How did volunteering make you feel?

ET: "It was fun except for the rain The volunteering made me feel great. Helping other people makes me feel good about myself. My favorite part was hanging out with my friends. I would definitely do it again.

RP: "Helping other people felt really good. Just knowing that people were there depending on me to get them water and encourage them made me feel good."





1. Refresh Your Run Alongside Interact Club members, senior uintin Fisher cheers for oncoming runners as he prepares

to hand off refreshments. "I heard about the volunteering position through Interact Club, and we dolf said. "What I like the most about volunteering at Wineglass is helping encourage the runners push through and finish the race. photo by Kelly Hoyt

2. Signs of Support Out in the rain, senior Svo the Wineglass Marathon runners with the girls tennis team. "I invite the whole team to the bike path to hand out water, be supportive of runners and give back to the ommunity because they are always oking for volunteers," coach thy Ball said. "I actually ran it last year as well, so I ran and then when I finished I came right back around. My faster mile was when I passed my girls going through the bike path." photo by Ria Gupta

IS IMPORTANT **BECAUSE THE CLUB** DOES IT EVERY YEAR. AND IT SHOWS PEOPLE LOVE ON VALENTINE'S DAY, I KNOW THE MONEY **GOES TOWARDS HELPING THE**

"THE ROSE SALE

SCHOOL, SO I WOULD

BUY ONE AGAIN."

reporting by Kaitlyn William

To fundraise and spread love on Valentine's Day, members of Sister Cities sell and deliver roses to students

ome-bud-y to Love To support Sister Cities, freshman Madeline tiz buys a rose from freshman elle Friends and sophomore od on Feb. 13. Receiving the rose made me really happy," senior Jaron Wilson said. "The rose surprised me because I wasn't expecting to get one. I sent roses because I though it would be something nice to do. photo by Sofia Buduchina

FIRE HOUSE • BEAVER DAMS

IT'S GETTING HOT IN HERE

Firefighters that volunteer at the Beaver Dams and Hornby fire departments see firsthand what it takes to serve their community

4.741 Total Population EST. 1826

111

C-PPHS Students

Hornby

Actively refuting the stereotype that teens are lazy and disengaged, student

volunteers at the Beaver Dams Volunteer Fire Department risked their personal safety for the sake of helping their community. "I love to help people and the idea of being a volunteer firefighter is that I'm helping people for free," freshman Ashley Willis said. "I don't really get anything out of it and I don't really want anything out of it except the pleasure of helping people."

Until volunteers turned 18, or 16 in some departments, they were junior firefighters and had some restrictions on what they could and couldn't do. "As a junior firefighter I am only allowed to go to brush fires and tree downs," senior Alisa Willis said.

It's a Family Thing For over a year, senior Joshua Brockway, sophomore Concetta Brockway, juniors Ross Hall and Alexander Barber and senior Michael McChesney have been volunteering at the Beaver Dams Fire Department. "It was kind of scary riding in the fire truck for the first time. Your adrenaline is pumping but then you're like "I'm ready for this and nothing can hold me back," Barber said. **photo by Alexis Woodcock**





We can use the Indian Packs—a backpack full of water-to hit hot spots in brush fires. For tree downs, we move the branches that have been cut up "

As firefighters, the volunteers had to learn how to save other people and also themselves through required classes and trainings. "The craziest thing that I've had to do would have to be my previous class, which was ice water rescue," junior Alexander Barber said. "They cut a hole in the ice and you have to selfrescue yourself once without ice picks and once with ice picks."

Every year, the fire departments put on the Harvest Festival and Trucker Treat at the fire hall on Halloween. "We have these firefighter games, where they have the hose and they have to shoot a ball. It's two fire departments against each other and whoever gets the ball to the other side wins," Ashley Willis said. "It's crazy because everyone gets soaked and there's a lot of yelling 'higher, lower, just right, keep it there."

Firefighting wasn't all fun and games though; they had to learn to deal with losses of fellow teammates and their families. "Losses are very hard," sophomore Jeremy Willis said. "We have pastors come in every once in a while, especially with big emergencies. We've lost a lot of people. There are some very sad things that we have to go through."

Firefighters did what they could to help those in need. "There are some people that you might not deem worthy of saving, but as a fire department, you can't think as yourself, you have to think as a community. There are some people you don't like, but you have to save them just as quickly as those you do like," Jeremy Willis said, "I keep emotion out of it. I just think, 'ok, this person is going to get hurt if we don't get them out, we've got to get them out."

Being a firefighter came with many responsibilities and they had to know what they were able and unable to do. "My first structure fire was nerve wracking because I didn't know how bad it was. The family lost everything but photos. It took from 2:30 p.m. to 6:45 p.m. to put the fire out," junior



Mackenzie Wakeman said "The

can't respond."

most challenging thing is when I'm

in school and we get a call out and I

The unique experiences of the

relationships amongst them. "When

student volunteers fostered closer

you're looking death in the face,

it's amazing how close you get to

people," senior Joshua Brockway

is like a brother or sister to me."

said. "Everyone in that department



. Suit Up To maximize speed and accuracy, junior Ross Hall practices for an emergency call. "We learn the basics we need like how to use the jaws of life, make sure we know our gear inside and out and that we know where everything is on the trucks," Hall said. "It took me three or four months to get comfortable with all of the gear. 2. Playing with Fire During their training, junior Alexander Barbe and seniors Michael McChesney and Joshua Brockway practice putting on their air packs. "I joined because the other members of the fire department are nice. It's mportant to me because I do it with ny brother Joshua," sophomore tta Brockway said 3. Locked nd Loaded As Deputy Chief Kirk h instructs them, the crew locks their face respirators into place. "On training days, which is Mondays, we usually do truck checks for the first hour, then go through some training. We do some medical, some hose training and some other fields." senior Alisa Willis said. 4. This Girl is on Fire At a Monday training, junior putting her gear on and taking it off efficiently. "My best memory is telling my grandpa that I wanted to do it and ending up doing it, Wakeman said. "He was very proud because he was a member." photos





by Alexis Woodcock

"I got my first ATV when I was four. Once, I was going too fast when I was six and I turned too fast and I rolled over four times.

all over and having fun. I have friendly competitions with my friends such as freshman Trever Minarovich and I ride every weekend with my cousins. Whoever goes the fastest and doesn't wreck wins.

"I taught myself how to ride. Watching all of the adults do it made me interested in riding. My least favorite part about riding is that you have to fix the ATV when it breaks and when you are stupid with it, then you have to fix it a lot. I stuck with riding because it's something that I find fun in and something that I can do outside of school." Michael Bonham, 9



five hunting tips and need-to-knows from freshman Austin

Know the Best Places to Look for Deer John Landolf, 11: "The deer make the spot perfect, find a cornfield and sit right there—it's your best bet. Deer like the cornfields because . they are hungry and they go there to eat. Look for a good tree for cover and maybe a bedding spot. I sometimes use a tree stand that has good cover. Get a trail cam and put it on a tree to find the deer. We have a specific spot, it's a tradition to go to the cornfield we go to. We've been going there for four years because I always get a deer there."

Not Everything Happens as Quickly as You Would Like

Michael McChesney, 12: "I hunt to put food on the table, but you have to be patient and you have to have a passion for it. My least favorite things are the cold mornings. You just put your stand in a tree and hope to God-it is pretty much a game of luck. Watching the sunrise come up, watching the woods open up a little bit-it relaxes you a lot more."

Let Someone Else Know Where You Are Austin Fritsch, 9: "Always hunt with a partner. If you aren't hunting with a partner, make sure people know where you are going. If you fall or get injured and someone doesn't know where you're at, you might sit there for days or you may die from a serious wound. Make sure no one is around while you are hunting and if there are people, make sure you know where they are at all times."

Be Smart and Aware of Your Surroundings AF: "Sometimes you are in a tree so you can see mostly everything because there's no leaves in the trees. Make sure that if you are in a tree stand you are wearing a harness. You have to make sure in the hunting course you take you learn how to take in your surroundings. It's important to know your surroundings before you do anything and be aware

Know Your Restrictions and Safety Laws MM: "Make sure you use your safety at all times, and that you know the laws so you don't go to jail or hurt someone. When hunting, I don't load the gun until I'm ready to go so I don't have to worry about it falling out of the tree stand and shooting me in the face. I make sure I follow the rules by not doing anything stupid with it."

while hunting."





1. It Takes Two After hunting, freshman Austin Fritsch and his friend Dale stand proudly beside the day's kills. "Hunting is all-around a good sport," Fritsch said. "My favorite part about hunting is getting out in the woods, sitting there, sometimes with a family member, and having a good time. photo provided by Austin Fritsch . Early Bird Gets the Worm In his hometown, senior Michael McC poses with a doe he shot with his father "My favorite part of hunting is watching the sunrise," McChesney said. "My best memory would have to be the second day of hunting season this year. I shot an eight point. Then my dad came out in the afternoon and we smacked a doe. It was pretty interesting trying to get that deer out of the woods." photo provided by Michael McChesney

HERE,

// Tesserae **Corning-Painted Post High School** Corning, New York

LET'S REVIEW

hearing a sentence in English, sophomores Elizabeth Huyle and Andrew Griffin compete to hit the Spanish translation of the verb on the board. "On Quizlet.live, I'd be able to learn and study more. I can't learn as much with the Fly Swatter Game, because other people are doing more things. It's not just me, so I can't focus by myself to review," sophomore 2. Quicker Clicker While

waiting for the next question, sophomore Collin Davis clicks the correct answer while playing Kahoot, "Kahoot helps kids learn better, because it makes it a fun experience and helps them learn through a fun way. I think it is fun because it helps with vocabulary, rather than just doing flashcards," sophomore Murphy Doud said. photos by Aaryaa Donthu





"The Fly Swatter Game gets you talking with people a lot easier, and it gives you a physical interaction with the words. Instead of just looking at them, you have to tap them with a flyswatter. The Fly Swatter Game puts you into larger teams of people, but on Quizlet.live, you are just one person with a small team."

Elizabeth Huyler, 10 When you make learning fun, nore people try and remember etter. I prefer the Fly Swatter Same over Quizlet.live, because we are standing up, being active, and participating more. It is fun and competitive; you want to now the words and win."

BARS: "Before I start, I have to

With many different ways to review information learned in class, both physically and technologically, world language teachers Annette Ćorbalan and Laurelyn Simons choose the Fly Swatter Game and Quizlet.live

reporting by Kaitlyn Williams

COMPARE

"Both Quizlet.live and the Fly Swatter Game are similar because they are both used to help students learn their vocabulary in a fun way. They are team based. With both games, we review vocab to prepare for our auizzes."

Morgan Lakota, 10

"In the Fly Swatter Game, Mrs. Corbalan tells us a verb in English, and we have to find it on the board and swat it. Then, she tells us how we need to conjugate it. It is similar to Quizlet.live games because on Quizlet, live, you have to find a verb, then conjugate it; so the games are Alyson Santamaria, 10 definitely similar." Sarah Buman, 10



HOME AWAY



Athletes hit the road, traveling near and opportunities to compete with the best reporting by Brennan Frost

. Scooping up Success As she plays or a travel softball team, freshman yia Rijo goes for a ball on the infield I did my research and I found the best eam in North Carolina," Rijo said. "I got many suggestions for this team, and the competition is good down south." Rijo plays for Team NC, U15 Softball, photo provided by Atalyia Rijo 2. Icy Fresh Stick in hand, sophomore Benjamin Saurbaugh skates down the ice playing for the U16 Binghamton Junior Senators Hockey Team. "It's the highest level for my age group, and the competition is a lot better than it is in Corning," Saurbaugh said. photo provided by Benjamin Saurbaugh



to the high bar, freshman Br Terwilliger prepares to jump, and then do a pullover into another move during the second event in her competition. "I joined the gymnastics team because my friend sophomore Kaylie Jacobs convinced me to. I enjoy all of the friends I have made," sophomore Teag Brown said. "I really improved my flexibility this season by practicing at home and at practice." 3. Beam Dreamin' Preparing for a backwards roll, senior Sydney White sets herself up with a technical move to get a higher score. "I love getting to learn new skills and working with the other students on the team because everybody really enjoys what they do and they're very supportive," Following an Olympic rotation,

would "Junior Frances"

" vault "Junior Frances"

" and I both love cheese, and we started a tradition where we would always eat cheese before a st, junior Ialia Christiansen said. There is a video that we recreate ason of me taking a "Can entire b"." and just yelling 'I love cheese,' and



sophomore Kaylie Jacobs said. the girls gymnastics team "My favorite event is floor because competes in all four events; really enjoy tumbling and getting vault, beam, floor, and beam into the dence and the routines.

photos by Kelly Hoyt 4. Jumping reporting by Cerena Crowl

salute to the judges before anything else or they take points away. At the beginning. I would start with a pull over. Then, once I get on the bar, I would do the routine assigned to me, which was a back hip circle. Since I can't get on top of the bar, I would just do that and then a front hip circle. I really like bars because I have improved a lot on it this year. I was able to do a pull-over, knee swings, and a back hip circle. It is really challenging because you need a lot of upper body strength, which I don't have from doing track. So, I needed to do a lot of push ups and FLOOR: "Floor is my favorite event planks. That is what makes it fun and exciting." Akiha Tagawa, 10

VAULT: "When you vault, you run as hard as you can and jump on a springboard and put your hands on the vault and flip over. You have to stick it every time. The team is always so supportive, and amazing,

and it is one of my least favorite events, so my team is there to help me." Bryn Terwilliger, 9

BEAM: "I just go through the routine mentally, and I can warm up, so whenever I fall, I can just think about that skill specifically while competing. Beam is my favorite because it is the event that requires the most focus and is personally more of an inconsistent event. Therefore, I'm always working towards a goal on that event and as a team collectively."

Emma Brown, 12

Sara Gamen Munarriz, 10

because you get to use all of these skills that we practice, but you do them in a dance. So, everyone puts a little bit of their personality in their floor routine. First, you choose the music. Then, you create the dance moves that go with your personality, and you do the tumbling passes."





During the annual fall pep rally, the classes compete in a relay race to show their school spirit reporting by Alyssa Tenny

Hop to It As junior Charlotte Nevins competes in the relav race, her teammates cheer her on "During the cheering competition everyone gets really excited and that entices them to do better in the competition. We all just yelled and screamed and stood up. It was a milestone in my high school career Every pep rally is," junior Erik Kopf said, photo by Alexis Woodcock

"EVERYONE WAS CHEERING FOR PEOPLE IN THEIR GRADE AND BEING FRIENDLY WITH EACH OTHER. THEY WERE SHOWING SPORTSMANSHIP AND CAME TOGETHER DURING THE RELAY RACE."

Kaila Stefanini, 11

1. Mind Game Before the match junior Cameron Kenefick prepares to take a practice putt to warm up. "One of my favorite things about the golf season was my teammates," freshman Jason Ford said. "Three that were super encouraging were juniors Alex Winsor, Cameron Kenefick, and Edward Gigliotti." 2. Puttin' in Time Eyes focused on the second hole, freshman Luca Neally putts from the fringe. "The season went well. We had a winning record, and it was a lot of fun playing with all the guys," junior Edward otti said. "I play golf because a few of my friends play it and it's a good lifelong game." 3. Tee'd Off After driving the golf ball in a match against Binghamton, freshman Carson follows through. "I have golfed since I was seven and I just decided to start competing," freshman Connor Murphy said. "Golf is just relaxing when you're out on the course and you get to meet a lot of nice people." 4. The A-Game In the midst of the match on Sept. 27 against Binghamton, coach Michael Clarke instructs golfers on playing strategy. "My advice to new players

would be to always try your best when

you practice," freshman Alex Chen said, "If you're new to the game, don't

practice too much though, it might be

DRIVING US Jaywalking, hall-blocking, and coffee addictions are just a few of the things that really get under the skin of C-PP HS students and teachers It drives me crazy when... "...we get an overwhelming amount ...people don't use the rosswalks on Market of homework on a daily basis. I have Street. Instead, they heard that when ...people are cranky you cram a student's out right in front of because they couldn't cars. Even when I am head with information. get to Dunkin Donuts. driving really slow, it is it actually makes They won't admit they still dangerous." them dumber and have an addiction." not smarter." Westley Williams, 12 Earth Science Teacher Cameron Kirk, 9



For the first time, Key Club hosted a fall blood drive to give students and staff the opportunity to donate for the good of the community

Giving Equals Living At the blood drive on Oct. 2, freshman guidance secretary Sally Groover squeezes a stress ball as she gives blood. "I was a little nervous because last time, they had trouble with the needle in my vein and "I used a SignUp Genius to fine, "Groover said. **photo by Nicholas Jubilee** set up time slots for the event.



experience before and "Beforehand, I was really nervous. I had never donated blood before but wanted to do something good, so I decided to try it out and see what it was like. It was totally worth it. Afterword, I felt really satisfied; the whole experience was pretty cool." Julia Damore, 11

How did you organize Spanish teacher Kimberly Larsen-Thistle helped me coordinate with the Red Cross. The day of the drive, the Red Cross was pretty self-sufficient and it ran smoothly. I had Key Club volunteers there to help where they could."

Jeanette Butler, 12

For the second year in a row, the boys golf team had a new head coach as elementary school teacher Michael Clarke stepped up to the job. Even though golf is an individual sport, Clarke worked to improve the overall team performance and their ability to be effective his father, has a straightforward motivation as a group. "The new coach made us even better than before. He helped everyone come together. We did a lot as a team this year," sophomore Nicholas Hepburn said.

"It was a really fun season. The team had a successful year, and there was a very positive atmosphere as well," junior Tyler Thomas said.

The upperclassmen on the team assisted the rookies in several ways.

"They helped us by giving general tips on improving our golf game and also how to transition into the team smoother." freshman Connor Murphy said. "We were competing against each other in a sense, to earn a spot in matches, but that was also helpful because it made us all work harder. We also joked around and had fun too."

The golfers had different motives that drove them to join the team this year. "I play golf with my grandpa a lot and we always have so much fun," junior Edward

Gigliotti said. "I want to be on the team again next year and play a few varsity matches. I don't plan on playing golf in college; I'll just play it recreationally after high school."

Thomas, who started played golf with to keep playing. "I just play to keep getting better and better every year and to beat everybody else," Thomas said. "Just get out there and practice driving, chipping, and putting. Just make sure you're practicing on a daily basis and you'll get better and better every day."



After passing her driver's test on the third try, senior Ariana Gleason gives her top 5 tips on how to ace your road test...the first time

- 5. "Do everything the permit book says, like making sure that you stop at the stop sign and not past it. Simple things like that are what your driving instructor is looking for."
- 4. "Practice driving a lot. After the first time I failed, I drove a lot more and tried to become more comfortable behind the wheel. Take the test when you know you are ready."
- 3. "Be comfortable driving around a lot of other cars and in areas where the speed limit is 30 mph, because that is where you will be taking your test. Practicing on the highway at 55 mph isn't really going to help you pass the test."
- 2. "Try not to stress about it. When I took my test for the third time, I got myself into a good mindset, was very calm, and I finally passed. Remember that even if you fail, you will just have to take it again."
- 1. "Use caution behind the wheel. Always respect your car, and whatever you do, just make sure you drive with both hands on the wheel."



Third Time's the Charm After passing her test on the third try, senior Arianna Gleason prepares to drive. "Just make sure everything you do, you do precisely and you think about it before," Gleason said. "Try not to do anything just because you are trying to be overly confident." **photo by Alexis**



OUT THERE • WE DEFY STEREOTYPES
Design by Ria Gupta Bowling, Girls Who Code, Male Makeup, Engaged Couple

Why did you decide to join Girls Who Code? Raina Barboza, 11: "I kind of see it as a challenge, and I'm very competitive, especially in engineering and computer buys byte science. I feel as though, even if I'm a woman, I should be able to code no matter what, and despite it being a male-dominated field. I want to make sure that I have my impact on it so that when more females join it they can see the example that was set by me."

What have been the rewards of being a part of Girls Who Code? Gargie Deore, 11: "You learn out-of-thebox stuff, and I know down the road I won't do anything based on coding because it's not my thing, but I still want to learn it because it's interesting. We do cool stuff too; a few weeks ago we went to elementary schools to teach little kids coding."

Have there ever been situations where you've been the only girl coder in the room?

> RB: "I was once in a group where it was all guys. We had to make an app and they were all gearing towards male-dominated topics like sports. Male coders also have the tendency to get distracted, so I was the person that was making sure we were on task. I also had different ideas towards what kind of app or what kind of audience it would be directed towards. As a female coder, I wanted to make sure that the app or code was not just directed to males, but to females as well."

What is your advice for other girls out there who want to learn to code? GD: "I think that they should code so that it's

no longer a male-dominated thing. Coding is really interesting and society should sophomore Solenne Becker said. The change its point of view because it shouldn't be said to be either a male or female thing." | Alexander Brown

reporting by Ria Gupta let the

As they are introduced to a

male-dominated field, fourteen female students from the district participate in the new Girls Who Code club



Lookie Here During the Jan. 8 meeting, juniors Trisha Bhatia and Mia view the newest post on their Girls Who Code Google Classroom stream. You make your own programs and you learn how to use variables and numbers n Girls Who Code," freshman Anastasi on said. "My advice to other girls is you're interested then you should try t because it's really fun and you learn a ot." 2. A Bit of Advice Seated among her fellow programmers, sophomore er code from club advisor Jayasree agiri as freshman Sophie Cher looks on "My mom thought that, since l eniov robotics, ioining Girls Who Code would be a good choice for me. club met after school every Tuesday



hugs coach Barbara Smith at senior night

on Jan. 28. "I don't like those stereotypes because bowling is still a sport—I am still doing something," freshman Noah Freelai

said. "When people say bowling isn't a sport, I either ignore them or just say that I am still playing a sport. You're not just standing there, you're still moving around and thinking about the game in different situations." photo by Lorren Perry 2. Knock 'Em Down In front of the lane sophomore Brody Amidon releases his ball at the Crystal Lanes Bowling Alley at a match against Binghamton on Dec. 19. "Every time you go to a bowling alley, they put oil down on the lanes. Every single day it is different and each lane is different from each other, so you have to adapt really quickly," freshman Lucas Gwin said, "Throughout the game, the oil starts to break down so you have to adjust to that, too." The boys shut out the Patriots, 5-0. photo by Alexis Woodcock 3. Stare For Spares Focused on ball on Jan. 28 at a match against Union-Endicott. "I like bowling because you can do it by yourself and it is an individual sport as well as a team sport," freshman Ella Perry said, "The stereotype that I hear the most is that bowling is not a sport. Hearing this makes me feel angry because anyone can participate in bowling and it is a sport because you compete against other teams.

photo by Lorren Perry 4. Gotta Bowl In her followthrough, sophomore Rachael Borden stares down the lane after her ball at a match against Elmira on Dec. 5. "To block out stereotypes, I don't listen to what people have to say about bowling and by just having fun, hanging out with my friends and laughing but being serious at the same team lost 1-4. photo by Peyton Spring



reporting by Sophia McNamara

As bowlers practice their technique and perfect their aim, they must also deal with negative assumptions others make about bowling as a sport

While some people stereotype owling, for the 31 members of the bowling team who devoted their free time to practices and matches, bowling was much more than just an occasional pastime or hobby. "People will say that we're not that strong because we only lift bowling balls, or that bowling is just an activity, it's not a sport," freshman Meghan Sturdevant said. "Some of them can be really offensive to bowlers, but sometimes I just let them go and I don't let them affect me. They not the other players. You're not usually come from people that don't know so much about bowling, and they anything," junior Destiny Buman said. should get their facts straight."

Just like with other sports, members when you're bowling." of the bowling team had to remain dedicated in order to improve. "It is a sport, because it requires the same amount of focus and concentration," senior Alexander Chang said. "Bowling "If one of your teammates is having requires balance and muscle memory to be consistent."

Bowlers encouraged others to experience it for themselves before they cast the whole sport in a negative

light. "I mean, I get that everybody has their own opinions and it's good that everybody has their own opinions, it's just that you've got to give it a chance at least once," sophomore Rachael Borden said. "They're incorrect about it because they haven't actually experienced it; they haven't played a game of bowling, or watched a bowling match on TV or witnessed a bowling match live."

With many distractions at the bowling alley, players had to concentrate on their own performance and not the things around them. "It's more just about yourself, focusing on yourself, not on what everyone else is doing. You worry about yourself, seeing if the other players are open or "You have to focus on who you are

In bowling, every person's score adds up to make a team total, which urged bowlers to support their teammates in order to win the game a bad day, you have to step it up and make sure that you're having a good day, and you can support your teammates and help your team win," sophomore Isaiah Beschler said.

RAISE*a brow* by Alexander Brown

Despite the stereotype that makeup is not for men, junior Devin Enderle chooses to embrace his personality and wear makeup regularly



can't wear makeup is just stupid. Guys should embrace features that they like or don't like, and enhance their looks without being made fun every now and then. I get of for it. I just do my brows. I have to shape them, clean them and pluck them. After that, I fill them in with makeup. I think that toxic masculinity is what is stopping more men from wearing makeup, and also the fact that guys feel that if they wear makeup they are deemed not masculine

"I think the fact that men

me as I got bullied for wearing simple looks, because I wear tight fitting clothes or makeup judged and called a woman and, on days I wear makeup, I get some side comments comparing me to a YouTuber, James Charles. My advice for men who want to wear makeup, or just defy any stereotype at all, is just do it. Trust yourself."

"Toxic masculinity affected

Devin Enderle, 11

reporting by Alexander Brown Marriage is the next step for seniors and engaged couple Destini Jemison and Michael DiNardo, as they prepare for proposed. We were in private actually been talking for awhile, in the chorus room, just me and

around a year and a half, but we him. We made it our own little met at one of the school dances. t was one of those things where we decided to be friends and see here it goes, but it ended up being more than that. We have and proposed." been dating for about two years."

Marry Me Engaged on Jan. 18, Michael DiNardo, 12: "We just Nardo take a selfie saw each other at the dance, so together during a Hawk Day. "I we started talking and we really was very nervous going into the proposal because I was worried she just clicked."

would say no," DiNardo said. photo provided by Michael DiNardo DJ: "We weren't where everyone else was in the school when he

MD: "My family told me I was too young to propose. When it was just us, I got on my knee DJ: "Tons of people have told us that, usually when you get

engaged in high school, it will not last because you might go to college and find someone else. I'm very open and I just tell them that no, they're wrong-this is it."



As they kick off the second half of the winter sports season, the wrestling team puts in hard work and dedication by following specific diets



"I went vegan the summer after my freshman year. I decided to go vegan because I really care about the environment. milk is coming from and that the animals Since I started getting into politics, I've always been a big fan of the topic of climate have a clear conscience. change. I've always been interested in the environment and taking care of it, and I reduce my own personal impact.

are just born to die for human gratification.

An animal dies, but it never had a chance

products are coming from. It's good to put a lot of thought into it. If you know where your aren't being treated badly, then you can

"The hardest thing about being vegan is eating out. If you go to a restaurant, you know that the cattle industry's impact on the just have to say you're vegan all the time. environment is really awful. So I wanted to And I know that's the stereotype, saying 'I'm vegan, I'm vegan,' but if you don't say it, "I don't like the idea that these animals you're not going to get vegan food. I don't think I'll ever stop being vegan, though, because it's way more rewarding. It's just to live and you get 10 minutes of gluttony. one thing to feel better about yourself for I know it's hard in today's society, but you doing—you're saving the planet. I became happier because of it." Julee Gillemot, 12

farming industry reporting by Elizabeth Hogrefe





Before they entered a new season, embers of the wrestling team derwent months of preparation to empete in the weight category they esired. "I compete in the 138 lb. weight class and following my diet to get down to his weight was a big challenge I faced," sophomore Jacob Rizkallah said, "At first, t was really hard to follow certain diets because you would see your friends or classmates eating the foods you want and that would make following the diet harder."

With the whole team following diets, a pecific one that was followed was the 'noeating diet." "The whole team had to follow their own diets but the 'no-eating diet' is a diet that is used by someone who wants to lose weight and they would have to go for hours straight of eating barely any food," junior Damien VanEtten said. "It seems crazy but it works and it helped me get to the weight that I needed to get to."

Encouraging each other helped the

team stay on track. "Whenever I walk in the hallway or see my teammates who also have to follow certain diets, I know that I am not alone," freshman Charles Loucks said.

1. Take Down Street Before taking his Horseheads opponent down, freshman C arms around his opponent. "Being in my specific weight group was a tough challenge because it was hard for me to suddenly cut down 10 pounds," junior Davis said. "I had to watch what I ate, which as hard but worth it in the end." The team pulled out a close win against the Blue Raiders, 37-36. 2. on Jan. 9, sophomore Chase Daudelin attempts to core a point. "Sometimes it is really hard to keep our opponent pinned to the ground, especially if u're tired," junior Drew Witham said. "It can also tough when your opponent is the same size and has the same strength level as you." 3. Locked In /hile gripping his opponent around his head, junior ev attempts to take his opponent vn. "One of the biggest challenges I faced during natch was what specific move I was going to do cause sometimes it's hard to think of what to do the moment," freshman Camden McConnell said photos by Andrew Phan 4. Get in Position As she ces her opponent from Addison, freshman Emily dolf gets into her ready position on Jan. 11. "I as very nervous during my first match but it was my rst year and first time wrestling," sophomore De said. "It was scary at first but I focused on what I earned during practices and listened to my coaches, which helped a lot." **photo by Kelly Hoyt**

"We encourage each other and tell each other that soon all of this pain will be over and we can go back to eating our favorite foods again."

In order to help reach their goal of making or losing weight, the boys also did various conditioning and weight exercises at practices and on their own. "Sometimes at practice we do different types of conditioning and cardio workouts that can help us to build muscle or lose weight," freshman Camden McConnell said.

Rizkallah and other wrestlers went to the YMCA and did their own workouts in addition to practices. "Most days I go to the YMCA and I will do either a cardio workout or a strength workout, or sometimes a combination of both,"

In the end, many of the wrestlers were their choice. "Knowing that you achieved your goal and qualified for your weight class is amazing," VanEtten said. "It gives you the confidence that you can achieve something and it also allows you to participate in the level of competition that you want."

For competition or for enjoyment, sophomores Alana Hill, Aubrey Dickens and junior Laurel Shaut pursue their passion of horseback riding

When did you start riding horses? Alana Hill, 10: "I started riding when I was two years old. My grandma had horses so she let me sit on the horses. I couldn't ride on my own because I was two years old." Aubrey Dickens, 10: "I started riding in fifth grade because I had a friend who did a horse camp at Foxmoor Farm. I convinced my mom to let me do the horse camp that summer and I was hooked ever since." Laurel Shaut, 10: "I started riding when I was

in seventh grade because it was an activity I got to do at a camp and I really enjoyed it. Then, it turned out one of my dad's coworkers had a barn so I was able to start riding."

How do you feel when you compete and how often do you practice?

AD: "I compete for the horses. I love the horses and competing comes along with that. They love to do it because they get to show off-they want to win just as much as you do. I practice about four to six times a week." AH: "I get very nervous before a competition, but breathing and relaxing really helps. Once I get in the ring I'm okay, I just get nervous outside the ring. In the indoor ring, during the winter, we practice about once a week."

What is your favorite part about horseback riding?

LS: "I really enjoy being around the horses and interacting with the horses. It's really interesting to see what they think because they are really smart, and they all have really different personalities



Hold the Reins Waiting for a clinic that works with dressage and flat work to start, sophomore poses with her horse, Fifi. "I have a ribbon wall, but they are kind of all over my room. I have a box where I just throw them all in, because there are too many." Dickens said. Some of them are just handouts but the ones I'm actually proud of, I hang on the wall." photo provided by Aubrey Dickens

"I HAVE TO BUDGET **EVERYTHING SO I HAVE MONEY FOR EVERYTHING I NEED** AND NOT JUST THINGS I WANT."

- Jasmine Langdon, 11 -

reporting by Ethan Banks

Over the course of a week, food expenses like coffee and fast food build up for students who eat out regularly

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CORNING COMMUNITY COLLEGE • SPENCER HILL

HIGHER ED FOR THE HILLS

With the option to finish their last year of high school at Corning Community College through the Accelerated Senior Year program, members of the senior class get a jump start on their college education

Majors offered

4.929

Total enrollment of CCC

550 ACRES

Area of the CCC campus

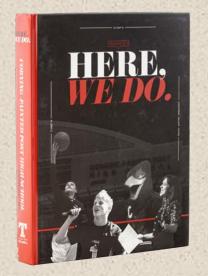
With one year left in her high school career, senior Amanda Flick

had to decide between the BOCES New Visions Medical program and attending Corning Community College." I decided that I wanted to go to CCC about halfway through my junior year," Flick said. "When I was originally considering it, I wasn't really sure if I wanted to do it because I'd no longer be a high school student, I'd be an actual college student along with other college students. I just weighed the pros and cons and decided that completing my senior year at CCC would just get me where I wanted to be."

For senior Colin Conneely, he felt the biggest change from high

Campus Stroll At Corning Community College, seniors Emilia Driscoll, Amanda Flick, Kenneth Kittleson, Jada Stowe and Natalie Powers walk alongside The Commons. "I absolutely love being in college because the schedule is a lot more flexible," senior Alexia Pratt said. "You have a lot more decisions to make based on what you want to pick classes-wise, and you have a lot of freedom, which is something I struggled with a lot in high school." photo by Lauren Thomas





school to college was in the social scene. "The biggest difference is who I talk to up there because a lot of the time, it'll be in like my gym class that I talk to someone, and then in my English class nobody really talks. Everyone just sits there and takes their notes, and the teacher lectures the whole hour and that's about it," Conneely said. "Everytime I go up there, there's maybe like four or five people that I know by name, but there is hardly anyone up there that I actually talk to or know. Most of my friends are down at the high school, so I don't see them as much because I don't have classes with them."

Teaching styles varied between professors at CCC and teachers at C-PP HS, which affected the students' learning. "It's more important in college classes for students to put in effort to read the textbook and do their part. Another example is that in my calculus classes, the professor just gives us formulas to memorize. He goes through every single proof of the formulas to show where they come from," senior Danielle Cohen said. "This is really important because it's nearly impossible to memorize all of the formulas, but if you have the logic to back it up, you are able to recall them or mathematically find them. Professors don't hand everything to you, you have to put in the effort yourself, but they do have your best interest in mind."

With her future goals in sight, Cohen knew going to CCC would give her more opportunity, and give her the chance to do her best. "Taking my classes at CCC for senior year just made more sense for me. Because of the colleges that I was applying to and the major I have chosen, the International Baccalaureate courses that I would have been taking would not have transferred," Cohen said. "I wanted to set myself up to be as successful as possible when I go to college, and CCC seemed to offer the best option. I would get an experience with college schedules, college courses and professors before I went away. Being halfway through the year, I can also say that the IB courses don't prepare you as much for college as they are advertised to."

"I think it's kind of like a stepping stone to real college. I still have the help of the guidance counselors down here and the advisors at the college. It's preparing me for college, but I still live



at home, and I can still see all of my friends, and I still have help," Conneely said. "But when I go to college next year most of that is kind of gone. I'll still be living with family, but I won't have any of my friends. So it's like I'm separated and living two lives between the high school and the college."

With the closing of Corning Free Academy, students go back in time

through their memories of the school

memories. It was my first time attending a

public school and I made some pretty great

letters 'CFA' out of people on the grass with

"My favorite memory from CFA is when we

played Northside for the last time ever for

lacrosse. It was a fun and hard-fought game

against good friends, but eventually ended

anything about going there because we have so many more privileges at the high school."

in a tie due to weather. I don't really miss

Sylvia Leonard, 11

Alex Nazarczyk, 12

friends. I remember when we made the

all of the grades as a farewell.

"Something I miss about CFA is the

MIDDLE SCHOOL **MEMORIES**



Free at Last The last two classes that attended Corning Free Academy attend C-PP HS as juniors and seniors this year. "I went to CFA for my first year—sixth grade—and then went to the middle school. I liked it better than the middle school because you knew everyone since it was smaller," junior Hailey Schooley said. "I miss the friendships I made there because everyone grew apart when the schools were combined." photo by Alexis Woodcock

rreshman Maheen Mukhtar and senior Nabeel Mukhtar call Market Street their home reporting by Sofia Buduchina

1. Study Buddies Gathered in a classroom, seniors Kenneth Kittleson, Jada Stowe and Natalie Powers study together. "I would definitely say I like CCC better than the high school. My favorite part of going to CCC is the different classes they offer because it makes me feel like I'm getting a lot out of my education," Stowe said. "I don't dread going to school like I did in high school because what I'm learning is interesting and career specific." photo by Lauren Thomas 2. A Place for You and Me The Commons, one of the many facilities at Corning Community College, offers a place for people to study, eat and meet with their advisors. In addition to The Commons, CCC also includes Perry Hall. Perry Hall is an 85,000-square-foot, three-story dormitory building that can house more than 300 students in 84 suites to provide students an on-campus living experience, photo by Alexis Woodcock 3. Double Time In IB SL Math Studies, senior Skylar Treadwell completes a worksheet. "I do a half day at CCC and half day at the high school because some of my friends in the grade above me told me it was a great way to get a headstart on college," Treadwell aid. "I've had a really positive experience at the college, but I am glad I kept half of my day here because all of my friends are here and I enjoy the senior experience ere as well." photo by Ethan Banks



reporting by Nicholas Jubilee

At the Spencer Crest Nature Center, students hike the 250-acre park on a network of marked trails

. Take a Hike While walking a trail. a group of friends stops to pose for a picture. "My favorite memory is when was there with my best friend, Taylor, who came up to visit me one day," senior mith said. "She wanted to io somewhere that would remind her of nome. It was during the time the sun was setting and it was a really pretty view. photo provided by Jacob Serdula 2. Ore Nothing On their hike at Spencer rest Nature Center, sophomore Caitlin allo and her friend Sydr it down to take a picture. "My favorite part about hiking is probably just being away from the city and all of the noise, senior Jacob Serdula said. "Just getting to be in nature and to relax your mind is something that is really calming." photo provided by Caitlin Oropallo

When and why did your family decide to move to Market Street?

Nabeel Mukhtar, 12: "We moved to Market Street four years ago, in July, because of my dad's work. We used to live in North Carolina, and when we boutiques moved we needed a place to live and we were just going to \$1,250 rent the apartment for a month Median rent for an and then buy a house, but that apartment on Market deal didn't follow through, so Street we just decided to stay." Do you like living there? Maheen Mukhtar, 9: "I like

living on Market Street because NM: "The worst part is it's very easy and there's a lot to do. I can meet up with friends and go eat or shop since it's all very close by. I mostly spend my free time in the apartment, and if we need

something, we can just leave and grab something, like pizza. goes by and pulls its horn, When I hang out with friends, we usually go get food or ice other than that nothing really cream if we don't stay home." bothers me about living there.

29

Number of restaurants on Market Street

16

Number of stores and

What is the worst part about living there?

probably hearing big trucks go by up to the hill or highway because they hit the gas at the stoplight outside our apartment, and it's just really loud all the time. Then sometimes a train which often wakes me up. But



After moving from North Carolina four years and





reporting by Ella Perry

Whether it's hitting the weight room twice a week or using drag suits, members of the boys swim team use different techniques in and out of the pool to improve their times

A wide range of after school activities help first-timers discover

and I love being around the water, so I just decided to go for it. I was always interested with on the diving board. I absolutely love diving for the school because I have a great coach and teammates that always encourage me." Benjamin Smith, 9

"I started cheerleading this year, but I've been wanting to do it for a long time now. I you go at it with your entire heart." mostly started cheer because I liked getting a sisterhood and forming long-lasting friendships. My favorite part about cheer this season is the memorization of all the cheers, and at the games it's just so much fur looking in the crowd and seeing everybody smiling and clapping for you. When I cheer, I feel like I'm almost in a trance. It just feels good and natural." Caitlin Oropallo, 10

"I have always really liked the idea of diving, "I used to go to plays with my family when I was little, and I will always remember this one with acting from that moment. A friend of

new opportunities and passions

actor; he seemed to have this magnetism to in seeing what kind of tricks I could come up him, and all eyes were on him. I fell in love mine came into my life this year and told me that I would be perfect for the part of Uncle Fester from Addams Family. It doesn't matter when you start something it just matters that Austin Parrish, 12





needed really good grades so that could stay on the team," Oropallo said. "I'm definitely going to cheer again next year in the fall, and I might also join a competitive cheer team next year." photo by Lauren Thomas Dive Right In During the first boys swimming home meet on Dec. 13. Smith completes an nward dive pike. "The first time I went in and met the coach I immediately knew that she was a great person and knew what she was doing," Smith said. "Then when I got on the board I instantly loved it and knew that I would go far with it." photo by Ria Gupta The Moon and Me In character as Uncle Fester, senior Austin Parris performs the song 'Full Disclosure' in the production of 'The Addams Family. For most of my high school life I was n this shell and a friend of mine came into my life and pulled me out of that shell," Parrish said. "In order to get the part of Fester I had to lock myself in he practice rooms and just practice my nes over and over again." photo by

1. Loud and Proud At a fall

sophomore Caitlin Oropal

cheerleading practice on Aug. 20,

cheers for the upcoming football

games. "Cheer has made me strive

or better grades in school because

What is the point of wearing a drag suit? "They're good for practices. They help you

improve your form and the resistance helps increase your strength during your strokes. However, you don't use it during meets because they will drag you down."

Walter Towery, 11 How often do you go to the weight room, and how does it help you?

"I go to the weight room two times a week. Weight room helps build strength and muscle, which translates to more power in the water and faster times. Coach Anthony Furstoss gives us workouts which include things like walking lunges, bench press, single leg squats and push presses. My favorite workout is back squats because it strengthens the muscles in my legs and is the most beneficial to me."

Ethan Kang, 11

What motivates you to improve during practices and meets?

"Something that pushes me to get faster is my teammates. They cheer and shout

on the sidelines to encourage us to go faster, but also, just competition-wise, they

make me faster. I want to be better than my teammates. Workouts are different everyday, but a good one is resistance bands. You put the resistance bands around you, and they're attached to the blocks and you swim while it pulls you back; it makes it harder to swim and helps you build power to your strokes."

ush for Distance At a boys varsity swim actice on Dec. 19, junior ikes a deep breath before he pushes off of the wall. "Interacting with teammates and having really good support system around you is my orite part about swimming," junior An n said. "You can really depend on them, and they're a fun group to hang out with outside of imming." photo by Belinda Lint 2. Kickin' Eyes locked on his kickboard, junior Rober n completes a part of the daily swim orkout. "Sometimes during workouts, we use drag suits. The point of wearing a drag suit is hat it adds resistance so it makes it harder to vim so if you wear it at practice, and then you o to a meet and take the drag suit off you will

photo by Ria Gupta 3. Hawk Outta Water As he gathers his strength, sophomore Nich lee uses the hex barbell to perform deadlifts

the weight room. "I go to the weight room twice a week. Generally, it just makes you more

fit and it helps out with swimming because a lot of it is muscle strengthening. When you're in

the sprints, it helps with power and technique,

The adrenaline rush and being part of a team is

my favorite part about swimming," sophomore Bryson Bruce said, "I swim the 50 free and

sometimes the 200 and 400 relay. The 50 is my

favorite because it's a short burst of energy and

it's one of my better strokes.

photo by Ella Perry

Perry 4. Pumpin' Iron In the weight room,

n Fisher said. photo by Lorren

TV Hou does his last set of bicep curls

Besides going to the weight room, what methods do you use to get faster in swimming?

"We swim these sets called Aerobic Pacing-they are very hard; they are near sprint-level swimming and you have to do it multiple times without breaking. We swim a lot of distance sets so we'll swim high vardage on a high interval and we'll have some reps but high yardage is hard too. Also, during practice in the pool my teammates go fast and I want to go fast, so I try to keep up with them and not get behind."

Daniel Hursh, 10

A Need for Speed After the last corner, senior v Butler heads for the finish line at the McQuaid Invitational on Sept. 29. "It's been great to see Lindsey grow, it's one of the things that you look forward to as a coach," track and field coach n said. "I've seen her grow not just as an athlete, but as a person. I couldn't be prouder of who she's become." Butler placed fourth overall, with a time of 17:18.1, leading her teammates to an 8th place finish overall. photo by Cerena Crowl



reporting by Nicholas Jubilee

After participating in four out of the 17 sports offered, senior Lindsey Butler discovers her talent for distance running in cross country and track and field

"I started doing track my freshman year. I did jumps and short sprints, and I did lacrosse in the spring. Junior year, I quit lacrosse and did outdoor track, and senior year I did my first year of cross country. My favorite sport now is obviously track and field, because every practice is so much fun, and the people are really awesome.

running. All of my siblings did cross country, so it's kind of a family thing. They never made me do it, but it was a good way to stay in shape.

good at track. Junior year I went to states for the 300 meter and I got tenth. Looking back that's actually terrible, but at the time I was like, 'this is awesome, I really have a future in running.' Then in outdoor I got second in the 800 meter after only running it three times, and that's when I was like, 'okay maybe I could do something with this.'

cross country team. I'd definitely like to be an All-American by the time I graduate. My dad was an All-American for pole vaulting, so I'd like to one-up him.

sports I've done in school, but I do miss playing outside of school. But it's hard to miss them when I'm having so much fun with track."

// Tesserae **Corning-Painted Post High School** Corning, New York

OUT THERE • WE FIND OUR VOICE







Chants and cheers are an important part of swim meets for members of the girls swim team, and it sometimes leads to the girls losing their voices reporting by Kaitlyn Williams



"It's hard to hear the cheering when you're in the water, but you know they are cheering, which helps you go faster because you have that support. I have lost my voice from cheering at a meet against Horseheads. Our relay team was three seconds off of theirs. It was really close and exciting so we were screaming really loud."

"We cheer each other on all of the time. Cheering motivates me and makes me want to do better so I can be there for my team like they are always there for me. It's important because you are a team and need great way to show you are supportive of one another and that you're really a team." Aleksandra Marjanovic, 10

"Usually by the end of the meet we've lost our voices completely because we are so excited to cheer everyone on. I feel cheering gets your motivation up, so it makes you feel like you can do it. When you turn to get a breath you think 'yeah, my teammates are cheering me on,' and you get a good feeling in your chest." Meagan Meeker, 9

1. Peer Cheer At the meet against Elmira on Sept. 7, the girls swim team cheers from the end of the pool. "Knowing that people are cheering for you is incredibly motivating," junior Sara Mattos said "Being able to see people on the side of the pool really pushes you to move forward." 2. Scream Team To encourage their teammates at the swim to stick together, and I feel like cheering is a meet on Sept. 7, sophomores Kaitlyn Coluccio. pigail McKenna and junior Taylor Roberts cheer their teammates on. "My favorite part about swim meets is being with my friends and having all the support from them. If you don't get the time that you want they are always there to cheer you on r your next event," freshman Car said. The team defeated the Express 106-65. photos by Kristin Hauptman 3. Inspire a Fire As freshman Camryn Hauptman swims breaststroke at the meet against Ithaca on Sept. 12, junior Abagai Bartenstein cheers her on. "The environment of a swim meet is probably the best part. There's the pre-race litters and the adrenaline rush that comes

with it. Then, there's all my teammates, family and

friends cheering me on," senior Katherine McKane

said. photo by Ria Gupta

CHORUS LINE

Concerts, Karaoke Fridays and music lessons are just a few reasons why many singers choose to join chorus



reporting by Ella Perry

Although there are many ways that people can share their voice, some choose to present their opinions through political marches

on March 24, 2018, freshman Sydney Hewit supports her opinion with a poster she made. "Everyone was super upbeat and excited but serious at the same with so much negativity, it is easy to feel time because we knew that we were there protesting something important." Hewit said, photo provided by Sydney Hewit 2. Stride for Pride While participating in the Washington DC Women's March, Jordan Edger's family surrounds her for a group photo. "Being an cause and help other people." activist is important to me because it's a way for me to let my voice be heard, and I believe in justice and respect for all," Edger said. photo provided by Jordan Edger marches is that it gives me a good feeling.



. Activist for Change At the March for Gun Safety Why do you participate in marches? Sydney Hewit, 9: "In a world filled hopeless, but when I actually get involved and make my voice heard, I know I am doing something to fight for a good Jordan Edger, 10: "The best part about I get to put my voice out there and fight for my rights and the rights of others."

> How many marches have you been to? SH: "Actually only two, one for gun safety and one for International Women's Day. was also in a pride parade a few years ago, which is kind of similar." JE: "I have gone to three. The women's march in Washington DC, a women's march in Seneca Falls, and the March for Our Lives here in Corning."

While the members of the many chorus classes performed and practiced in similar settings, they all had different reasons for joining their respective choral groups. "I joined chorus because it is something I enjoy doing. School can be really stressful, and when I do teachers, David Smith and Judy something I love doing it is easier on Harriman-Carlson, call each section me and a good way for me to relieve down one at a time to go over the my stress," sophomore Rhyleigh Arnold said. "I was really little when I discovered I liked singing. People were always like 'you're so good,' so I joined chorus. Singing is a hobby for me, not something I see

on a variety of songs and skills. "We take a lot of time on the songs to make sure we are ready for them. We practice a lot, so no one is not ready for the concert," freshman Destinee Townsend said. "The holiday concert was really good; it was better than I thought it was

as a career, but if something did

whatever I could get."

come my way I would certainly take

going to be. I don't like being in front of a lot of people usually, but since we practiced so much it made Tellest To Zion.' "Chorus concerts are it easier "

When songs were challenging, chorus members spent time breaking them down. "The music song. Then they go through the song with you to help you," junior Hannah Burlingame said. "If there is a problem we go right to that part to work on it. We will do little parts of the song until we get it right." Karaoke Fridays offered a break

from preparing for performances. "I joined chorus because chorus

In preparation for their concerts, is fun, my friends are there and I chorus members spent class working love to sing. My favorite part about chorus is every Friday because we have Karaoke Friday and it is so much fun," junior Esther Basabakwinshi said. "The most important part of chorus is just singing and being with your friends. When you like to sing, it makes your better," senior Ana Laura Rodi day when you sing everyday."

at the Prism concert on Feb. 5, senior Shepard sings 'O' Thou That fun, but sometimes embarrassing when kids don't sing and just stand there," sophomore McKenzie Bibalo said. "The important thing about chorus is to actually try and put in effort," 2. Circle Up During the Choristers' preformance of 'Will the Circle Be Unbroken,' seniors JT Ryan, Dessove, and junior Olivia Smald preform their solo. "My favorite part about chorus is getting to hang out with my friends and sing with them," freshmar n Kosinski said. "I joined chorus because it was something I wanted to do, and I didn't like any of the other options fo

my art credit." 3. Full Circle At the Prism

concert on Feb. 5 members of Charisters

I joined chorus because I knew a lot of

people. I like music in general, so listenin-

perform Will the Circle Be Unbroken

1. Sing Your Heart Out While performing

to it sparked my interest in singing," freshman Gavin Grinnell said. "The most mportant thing about chorus is getting to know how to sing better and how to further improve." photos by Lauren Thomas 4. Sing Up a Storm For their first concert of the year, the sixth period Mixed Chorus sings holiday songs. "I joined chorus because it is fun and I love to spend time with my friends in chorus. Also, the teachers, David Smith and Judy Harrima Carlson, are really nice and welcoming. Chorus helps improve my English by helping me learn how to enunciate words

osadas said. photo by Bailey MacAuley







represent themselves, students express what makes them stand out from the crowd reporting by Bailey MacAuley

1. Prepared to Fly One of the competition cheerleading stunt groups, comprised of sophomore Sarah DiNardo, junior Montana Nichols and senior Armani Jackson, hoists the flyer, senior Amber Little. "Everybody on the team helped each other, especially when we would look up videos, and we used a lot of resources like our coaches and each other because everybody came from different backgrounds," sophomore Monika Bustamante said. photo by Alexis Woodcock





"I'm very independent. I pretty much do my own thing and what's expected of me. I don't worry much about anyone else. I started out really shy as a freshman, and I met a lot of my friends and got rid of a lot of old friends, and that's how I became so independent, because I don't have time to waste

"I'm a female in the building trades program at BOCES, and people don't expect females to be in that workforce. I'm definitely trying to prove people wrong and do good work, because females tend to not take those roles but I step up to the challenge.

"At BOCES, I'm the president of the class; it's very stressful and there's a lot to do all year. You can't sit back and watch people because you have to focus on your work and that of others.

"My independence is different because I don't depend on people. Of course I'll raise my hand at school, and if there's something I can't figure out then I'll go to someone, other than that, I'm very to myself."



is that I have a very unique style. I'm inspired by my favorite musical artists such as Trippie Redd, Travis Scott and Lil Uzi Vert. I like their music because it helps me cope with a lot of problems. I make my own style and if other people don't think it's cool, I just know that it's my personal decision and I'm confident in it

"The best part of my style is my shoes, because I'm always up to date with new shoes that come out, and I'm always looking for shoes that are different that fit my style. Fashion is something that always brings something new to my life, it's something that I think makes people want to be my friend or know more about me

"Anyone can express themself through their style, you don't have to be like everyone else and you can really just be yourself and that can be whatever you want to create. Style is important because you don't need to say words for people to get to know you, they can pretty much just look at you and can tell what you're all about."

Kevin House, 9

"I used to play for a recreational league for golf and I was pretty decent at it, but I couldn't stick with it. I just couldn't really get the feel of it, so I decided to just stick around with baseball. I thought golf was a fun sport because I can play with my dad and my family.

"My friends don't know that I played golf. If they found out that I played golf, they would probably laugh at me and say that I am an idiot, just because they know me playing baseball. They have never seen me play golf. People would not expect me to play golf just because it's more of a laid back sport rather than up on your feet, hype. I'm a hypebeast. Baseball is hype and more energetic. I think it takes more skill.

"The stereotype with golf is that you are not really good at any other sport and that you are scared to play any other sport. Golf was fun, but it started interfering with other stuff so I stopped playing. I would debate about playing golf again."



"I would say being funny is the most important characteristic of my personality. If my friends are having a bad day, I always find a way to make them laugh. I've always been funny, I got it from my grandpa and my dad.

ILLISTER

"When I was little, my dad and mom split up, so my grandpa was always there for me. He's more of a father figure to me than anything, he taught me how to make people's day and how to have fun. What I like the most about making people laugh is just watching their reactions, I don't really know how to explain it but it's a good feeling.

"When making jokes, I usually just go with it, whatever's happening where we're at, I'll bring up some inside joke or something. When you can make people laugh it's easier to make friends because it's a way to connect and just be friends or become better friends by talking to them."

Alexis Johns, 12

"What makes me stand out is probably the birthmark I have on my chin. I don't really notice it, so most of the people who I'm close to don't notice it either, but when I meet someone new, they usually say that it makes me unique and special because no one really has a birthmark on their face like I do.

"As a kid, I used to hate it a lot because people would ask what it was and I had to explain it all the time. They would say that I had something on my chin and me not thinking about it, I would wipe my chin and they would make fun of me about that and I had to repeat again that it is just a birthmark.

"The older I got, the more I started to accept it, and love myself with it because having a birthmark on your face is so unique that nobody else that I know has it. It has become part of me and over the years I have learned to accept it and I even like it."



works all season long to create an environment vhere new members can learn from their more experienced teammates reporting by Brennan Frost 🙏 🕽

2. All Smiles As part of her routine, sophomore Elyza Greene cheers at the girls varsity basketball game on Feb. 6. "My favorite part of competition cheer is that we get to meet new cities," sophomore Maiah Fairchild said. "We had to really work as a team because we have a really small team. 3. Say it Loud, Say it Proud With the 'H' sign to spell out 'HAWKS,' sophomore

Makayla West performs in the halftime show at a home basketball game. "I think that the season went well for what we had, but I think that it could've been better if more people were on the team," sophomore Sarah DiNardo said. "Having less girls also benefited us because we were able to bond more as a team, which helped us a lot while competing." photos by Alexis Woodcock

When members of the competition cheerleading team had trouble with a specific skill or routine, they reached out to

teammates and coaches for help. "We had a lot more new people this year because a lot of people graduated. A lot of the underclassmen had some experience from other teams and fall cheer, but a lot of them hadn't done the tumbling, flying and the stunting," senior Amber help," junior Shariah Monahan said. "During Little said. "They would ask me about parts of a practice, if another stunt isn't working, a lot of I'm a flier, and the stunt teams would change dance or how to do better with flying. When we times our coach will ask us what we think, and every competition, so I would have to learn were learning the choreography, people would ask me about certain parts of the routine. They would ask me how to improve and how to move together and be more consistent." their body in the air. I think the coaches helped

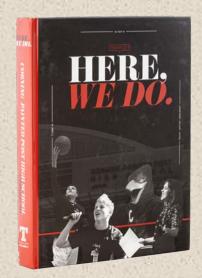
us all a lot because they would encourage us and tell us what we needed to fix, and my teammates helped, too."

Upperclassmen and returners to the team were there to help the new cheerleaders when practices started to become less difficult," they needed assistance. "This year, I was one of the more experienced bases on the team, so it was more underclassmen asking me for we can suggest things that work for us that have helped. It helps all the stunt groups come got help from my coaches and my bases. If I

For younger members, joining the team

meant adjusting to rigorous practices and adapting to change. "At first, practices were

really difficult because we did workouts at the end of practice. Once we learned our routine. sophomore Makayla West said. "Then STAC came around, and Finals, and practices started getting more difficult again because there was only seven of us because of the grade policy. a new stunt in a matter of a week. I mostly was doing something wrong, my bases would correct me or the coaches would tell me."



18 SPRING SUPPLEMENT
Thematic design by Kristin Hauptman

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SPRING SUPPLEMENT







// Tesserae **Corning-Painted Post** High School Corning, New York

SENIORS CLASS OF 2019



Natalia Alonzo Alexander Alverson Khaled Alzahrani Ian Anderson























































// Tesserae **Corning-Painted Post** High School Corning, New York

People **155** ONE last time with her four years of high school coming to an end, sonior Emilia Driscoll posts on Instagram about her final experiences with school traditions

> on it and I'll remember what I was doing, and so other family members and friends can look on my Instagrar

and they'll know what I'm up to," Driscoll said.

Driscoll posts pictures from her first day of kindergarten and first day of senior year. "Having all these lasts as a senior is really weird honestly, but it kind of just shows that life is changing," Driscoll said. "It'll be different but there will still be

Last First Day Side by side,

a lot of firsts and lasts that are

super exciting."













emilia.driscoll Honestly can't believe I just finished my last day of my last band camp, it was a long week but I know it's

going to be worth it in the end. Love this band and this section. #livinforthecity #whitesabersnext?



Nicholas Caputo Tiffany Carey Brice Carr Connor Carrigan

> Elizabeth Casey Elizabeth Casner

Kaylee Castellana

Katelyn Cervoni

Danielle Cohen Harley Cole

Kaylyn Conaway

Talia Cole

Brooke Calkins

Hzyll Calunsag Quinn Campbell

Lillianna Caporaso

















is nice. Sometimes it's really cringy, but I never delete anything " photos provided by Emilia Driscoll Colin Conneely

Nickolas Cordero

Shaylan Comaire

Last Pep Rally Ready for their final

in her black spirit wear with seniors Amanda Flick and Ariana Gleason.

"When you're a freshman, it feels like high school is going to go on forever and that it's never going to end, but

then when you get to your senior year you're like, 'Oh yeah this is ending.

said. "It's pretty nostalgic and having social media you can look back on

It's really almost done, Driscoll

homecoming pep rally, Driscoll poses



Hailey Cosier Dante Cox Nosh Crawford

Kailey Crooker Sydney Crouch Jasmine Cundiff















// Tesserae

High School

Corning-Painted Post

Corning, New York

For the first time in his bowling career, senior Derik Lisi bowls a 300 game—the highest possible score—during the last match of his final high school season reporting by Megan West

It was our last match, and it was on a Saturday, so it was low pressure. We knew that we just had to keep bowling the way that we were capable of. Everyone kept striking, and for me to get a bunch in a row wasn't that big of a deal.

"Usually if I start out really well with the first couple frames, I'm like, 'OK this could happen,' but I don't get my hopes up or anything. When I had the front nine, then I was like, 'I can make this happen.' The ninth frame was when it really kicked in that getting a 300 might happen

"Then, there was a ton of pressure, but when I'm bowling I get in a mindset where I kind of don't look at anything and I don't really notice what's going on around me. I just stay focused. There was a ton of pressure that was put on me, but I try to make myself think like it's just another shot.

"Everyone was watching. The whole bowling alley actually stopped and was looking at my last three shots. After it happened, my team was really excited and happy for me because they knew it was something that I worked really hard for. We actually bowled our highest team series ever that day, and it was our last match. It was like thirty points off a state record, I think

"It's been cool that people know about it. I think of it like if a golfer was to get a hole in one in a tournament, everyone would be talking about it. People in the community will walk up to me and say, 'Hey congrats on the 300.' That's really cool, like I'm getting the recognition that I feel like

"It was really nice to finish with a 300 and my highest series ever. It's almost like something that you'd make up-the last high school match, and you end on a 300. It was like a dream come true. I've been bowling since I was two or three and that was always the end goal as a bowler."



well. I've never gotten a 300 before now," Lisi said. photo by Alexis Woodcock



Zoë Dessoye

Marissa DeWert

Joseph DiNardo

Gedwin Dominguez

Mark Dobbins

Emilia Driscoll

Sabrina DuBois Tyleof Durham

Alexis Durkin Sophie Eckhardt

Hunter Dickerman

Samuel Dickerman























































Alexander Fee Sugarmaa Feyling

Braedyn Empson Kayla Farley

Jamiel Filkins Brooke Fillmore

Quintin Fisher

Nicholas Flemmer

Poised to Strike In a match against Binghamton on Dec. 19, senior Derik Lisi finishes his approach and releases his ball. "This year my scores averaged right around 220, which is pretty good. If you're over 200 you know you're bowling pretty

























// Tesserae **Corning-Painted Post** High School Corning, New York

158 SENIORS Design by Megan West

When she was auditioning for 'West Side Story,' senior Ashley Halm met music Carlson made a lasting impression. "I was to the piece." just stunned by how put together she was, kids," Halm said.

From this rehearsal, Halm's relationship with Harriman-Carlson only grew. "Getting to spend a lot of one-on-one time with her working on music really gave us time to develop our relationship. I also got to know her Over the years, all the extra help and through All-County Auditions and NYSSMA festivals because she's always there, either accompanying us on piano or just being there always supported me and never really told

During Halm's first lead, she learned a lot from Harriman-Carlson as they worked on Halm's performance of 'Children Will Listen' in before hers, which I think is really inspiring. 'Into the Woods.' "We both really connected She is obviously very musically talented, but to it, and we took half an hour one day and just talked about the piece and what it meant never afraid to joke around with her students to each of us. It really helped me develop that and develop relationships with us." character a lot more and develop an emotional connection to the show, which helped me perform it better. Having very good technical proficiency in music but never really getting

Since her freshman year, senior Ashley Halm has looked up to music teacher, Judy Harriman-Carlson, who has taken the time to help Halm with her musical endeavors reporting by Abigail Dejneka

an emotional connection to it is something I've had an issue with for a long time, so she's teacher Judy Harriman-Carlson for the first really helped me to take time to think about time, but it was at rehearsal that Harriman- the emotional connection that I should have

Fine-tuning Halm's lead wasn't the only even having to deal with this huge cast of 50 time Harriman-Carlson put aside time to help her. "I have her cell number, so at least once a weak I'll text her and I'll be like 'Hey do you have time to squeeze me in this period to cast with my first lead in a musical and having work on audition music,' and she'll say 'Sure,' and squeeze you in no matter how busy she is, and she can get very busy."

> support from Harriman-Carlson had a big impact on Halm. "Harriman-Carlson has me that I couldn't do something. She's constantly doing something, but she always finds times for others and puts their needs she never takes herself too seriously and she's

"Because of her, I'm definitely more confident in my own ability and in teaching others about music by relaying what she's



Make Their Heads Spin In her lead role as Amber Von Tussle, senior Ashley Halm dances and sings during the song 'It's Hairspray' as a part of the spring musical 'Hairspray.' "I think having a lead gives me the chance to spend a lot of one on one time with music teacher Judy Harriman-Carlson, which really gives us time to develop our relationship," Halm said. photo by Elizabeth Hogrefe











People **159**







































Jaden Harris Brody Hayes Glick Kaiyia Heard Kendra Heath



Amanda Flick

Alexander Ford Tanis Franchi

Jacob Freeland



// Tesserae **Corning-Painted Post** High School Corning, New York

160 SENIORS Design by Megan West





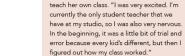












Because of her love of dance and children, Broderick planned on pursuing teaching dance in the future. "I start college next year and I plan on double majoring in dance and business. I want to learn more about the art and change it and move it and evolve with it. My end goal is to own a studio and help people find their passion in dance."

TEACHING

After starting dance classes at the age of four, senior Kayleigh Broderick takes her dance career to the next level at Stage Door Performing Arts Center by teaching a class of her own reporting by Abigail Dejneka Before senior Kayleigh Broderick could begin to teach dance classes herself,

she had to start small. "When I was 12, I

asked my teacher about opportunities to

work with little kids and she saw that I loved choreography and improv, so she asked me to assist in her younger classes," Broderick said. Last year, after five years of assisting on a volunteer basis, Broderick was asked to

Broderick put in over 30 hours a week taking dance classes, as well as preparing for the one she teaches, but according to her, it was all worth it in the end. "The most rewarding part is seeing them at the end in recital when they get so excited to go on stage and show their parents what they've learned, but also just seeing them come into class everyday because it's different than walking into a math class or a science class that you don't like where you're kind of like, 'Oh I don't really want to be here.' They run in and they're so excited to be there and it's really rewarding to see that I can help them









Umer Khan Gabriel Kio



Kenneth Kittleson Tanner Kizis





Winter Holiday-McDonald

Taylor Holly

Chelsea Holton

Dillan Horning































Natalie Kent Brynne Ketchum



Flying High During a dance competition, Broderick leaps into the air to execute a grand jeté. "I start college next year and I plan on double majoring in dance and business. I want to learn more about the art and change it and move it and evolve with it. I think my end goal is to own a studio and help people find their passion in dance," Broderick said. photo provided by Kayleigh Broderick

Kelly Hoyt Morgan Hurd Noah Hursh

Abigail Horton

Hunter Ingram Armani Jackson Madison Jake Destini Jemison

// Tesserae **Corning-Painted Post** High School Corning, New York



Rebakah Knarr Ethan Knowles Kayla Kollhoff Jennifer Koralewski

Mackenzie Kreamer

Stephen Kuenzli Jr

Chloe Lafosse

Cecilia Lapierre

Miranda LaVigne

Felicia Lash Cameron Laughlin

Cody Krise



































things we have done is help out a school in Horseheads that wanted

not have enough money to buy

the entire thing so they asked

evaluated it in terms of how it will

not many playgrounds in that area

so we thought this was a great

Group decided to give them

to buy materials through the













James Martuscello Arianna Mattison William Mattison IV Mariposa Maxim



Helping Hands With a donation of \$650 to go towards the backpack program, Gridley and other members of the Youth Philanthropy group partner with the Food Bank of the Southern Tier to end hunger, photo provided by Jared Gridley

give a little bit "I am part of the Inspired by a desire to become more involved in group called Rose's Youth the community, senior Jared Gridley works with Philanthropists which is part that benefit young people in local counties of the Community Foundation. Group and the Community reporting by Brooke Yorio We support and fund programs Foundation. The group as a that help youth within the Southern Tier.

> year because I was looking for anything that would help with community involvement. My one of the coordinators at the said that the group sounded application and I tried it out. I role in helping the community.

"I am the vice chair of the

to serve as the communicator between the Youth Philanthropy to build a playground. They did whole helps with looking at grant applications from different foundation. We looked at it and "I got involved my sophomore programs. We look at those grant applications and evaluate help the community. There were it and figure out how much money we are going to give quidance counselor talked with the applicant. We separate the idea. The Youth Philanthropy applications into needs and Community Foundation and she wants in the community. Our first priority is always community just like me. She showed me the needs. We also go check up on the organizations we have "One of the interesting

organization. My main role is

"I really like being able to meet new people, explore programs that are specific to our really enjoyed it and was able to helped out by volunteering there area and make a difference in the meet a lot of people who play a and experiencing what the funds community. It's something that is have done for their organization. behind the scenes that you don't really think of in everyday life."

full funding.

Jared Gridley, 12









Sacha Mayolet Michael McChesney Braiden McDaniel Madison McGettrick



// Tesserae **Corning-Painted Post** High School Corning, New York

164 SENIORS Design by Megan West Stop and Stare While visiting the Taj Mahal during her time in India, Arna McKare takes in the sights with her host sister. Gioing to India has affected my senior year, but I don't live in an alternate universe where I can experience what I here without consequences, McKare said. "I wouldn't have changed anything," photo provided by Arna McKard.























Rianne Nickerson Michelle Nishimoto

Taylor O'Donnell













Riley Olmstead



After going to school in India for 10 and a half months, senior Anna McKane has to readjust to life in Corning

reporting by Abigail Dejneka

Although senior Anna McKane knew studying abroad would be difficult, it presented unexpected challenges. "Herdly anything I took in India matched with what I would have taken here. In India, classes are different. You sit in one classroom and the teacher rotates. I got placed in a class purely based on what my host sister took, which was commerce; not anything I'm interested in. I want to go into medicine but for their more math-science based classes, the curriculum doesn't really align with ours so I couldn't." Because of the education mismatch,

McKene had some difficulties starting her senior year back in Corning. "I enticipated that senior year I would have to be taking Regents courses or courses with juniors, but not to the extent that I have. I imagined that I would still be able to take IB HL with juniors but at least it would still be IB. Instead I've had to go back and revert to the Regents level for a couple courses, which I never considered having to take. Because I'm no longer taking classes at my usual level, I have had to readjust to what

is the new normal." Even with these difficulties, McKane would not have changed how things turned out.

"Now, I have a more global mindset whenever I do the classwork for any of my classes, regardless of their level. I mean, yes I don't get to see everyone, but at the same time I have a new group of friends that I stay in contact with. I'm in contact with my host family everyday and with the exchange students that were there, as well."

"Even though my classes are all at different levels, I've learned that you just have to make the most of the class you're in. It's more the student than the curriculum that determines how far you take it."



Brittney Millhollen Alexis Milone

Christina Mizzoni Cody Moore

Cole Moore Leuren Morris Nabeel Mukhter

Meghan Mullaney

Gabrielle McLean

Robert Mechalke































166 SENIORS Design by Megan West People 167



Avery Pambianchi Austin Parrish



"This summer I'm doing a Coming internship. I participate in FTC Robotics so we got to know about the internship through that. I plan to go to college in Wellesley, Messachusetts. To prepare, I think I will buy notebooks that I like to write in, and try to get used to my personal laptop. I'm looking forward to sleeping in and not thinking about school."

"I'm travelling to California. I'm looking forward to the warmth, swimming, hiking and other things that we can do there. I'll hang out with friends instead of staying home alone."

"I graduated and now it's time to celebrate. I won't be attending other graduation parties because I'd rather make money; I will throw one for myself, though. Other than that I'm going to hang out by myself and also play 'Fortnite' with friends."































































Jonah Ross Luces Rossington Jennifer Roush Serah Roush



Mark Parsamian Sneha Patel



Tabetha Rowlands

Ashley Saltsman

Spencer Sanders

Matthew Savoy

Grace Scouten

Selina Schutz

Skye Rucci

JT Ryan



// Tesserae **Corning-Painted Post** High School Corning, New York





























Devonta Sinclair John Sine Ashley Sinn





How would you describe D&D to someone who has never played before?

Alexia Pratt, 12: "It's a game where a Armed with rulebooks, dice and their bunch of people come together to play own imaginations, seniors Alexia Pratt and Stephen Thomas meet up with through a story. It's kind of like one of those

ST: "It was hilarious." friends each week to play storybook adventures where you choose reporting by Megan West your own path, except it's run by a real some of them are not clear at all. There's always a chance that the player might want people who want to play Dungeons and to do something that they shouldn't be good at according to their stats, and then they roll well and do it perfectly."

Stephen Thomas, 12: "You can do pretty ST: "Around Christmas, Kayla was in charge all about the roll of the dice."

What are the roles that you can play in the game?

non-player characters. They describe the have and things like that."

ST: "As a player, you can choose from lots with you too." hundreds of spells available to you."

Crouch—was trying to get up onto a dock hang out and make new friends."

quietly, and she failed her stealth roll three times in a row. She was just bobbing in the water, trying to get out, and failing miserably."

How did you get your group started?

AP: "My best friend, senior Kayla Farley, person. Some of the rules are very clear, and asked me if I was still doing DM stuff and I said 'yeah.' She told me 'Well, I've got three Dragons.' I was like 'You're kidding, right?' because I've been waiting for literally four years for a group."

much anything. The rules are so loose that it of getting me a Secret Santa present, and allows for a very wide range of creativity. It's she got me a set of dice with an invitation to the group. It was a really nice surprise."

What is your advice to someone who wants to start playing D&D?

AP: "I'm the DM-Dungeon Master. That's ST: "You just need to ask around. First of all, the person who narrates and plays all of the you need to find someone who is good at storytelling, because without a good DM, no setting and the interactions that the players one will be interested. Our DM is amazing, thankfully. You need friends that want to play

of different character classes. Right now, I'm AP: "They don't even really need to be your playing a wizard. As a wizard, you get to do friends. I didn't know Stephen, I only knew some really cool stuff because there's like Sydney a tiny bit, and I didn't know senior Olivia Losito at all."

AP: "My favorite part about being a DM is ST: "You become really close with everyone, watching the players make up a plan, and though. You're with them through all of their then none of it goes the way they want it to. successes and all of their massive, hilarious Like, our paladin-played by senior Sydney failures. It's a good time and a good way to



















Kate Smith Lydia Smith Matthew Snapp **Emily Snyder**



// Tesserae **Corning-Painted Post** High School Corning, New York

Brandon Spaugh Gabriella Stalter Scott Stalter Cameron Stanbro

Jenna Stansfield

Emma Stanton

Zachary Steck

Benjamin St. Clair













10-year-olds for two weeks and Dessoye said. "I interacted with was there." French people in French. I went of the world: Stonehenge."

Although Dessoye also traveled with her parents, her a good friend of mine who was a way of life whether you're there experience in Europe inspired her foreign exchange student here in for one day or a year or the rest to seek out more independent Corning. I just loved the people of your life." travel opportunities. "With my there. I went hiking in the Serra

At 10 years old, senior Zoë family, it was really all domestic da Canastra National Park and Dessoye fell in love with travel U.S. trips, so I got in contact with then I lived on a boat for four when she had the chance to my guidance counselor. After a days off the coast of Rio, so you go to Europe by herself. "One pretty involved process, I finally day I just went to get the mail got the call saying, 'Hey you're and there was this letter that said, going to Austria.' It wasn't a trip "Congratulations you have been per se, it was legitimately a year her perspective changed. "I like nominated to join our abroad of my life. I got to experience all to think that I have a more open program.' I ended up going to aspects of another culture, not England and France as a People just the touristy parts. I learned to People Youth Ambassador. I German and went to school got to just explore with 20 other there all in German. I even had the opportunity to travel to 12 that stuck with me for a while," or 13 European countries while I

After Dessoye's travels in to the Eiffel Tower and I even got Europe, she moved on to South and New Year's I went to Brazil for two weeks and I stayed with opportunity to experience a new

can't get better than that." Because of all she

experienced, Dessove believed view of the world. I don't believe in stereotypes anymore like I used to. I've shaken hands with people from every continent, nearly every country. People are people no matter where you go and I think traveling definitely opened my eyes to that," Dessoye said. "My ultimate goal is to travel to all countries some day. Traveling just gives you an

Kerigan Sterlace Emma Stewart Caleb Storm Zachary Storm

Leah Storms Jada Stowe

William Stratton

Madison Sullivan























Alexander Taylor Erin Terwilliger Nicholas Theurich Caden Thomas







// Tesserae **Corning-Painted Post** High School Corning, New York

enough IS enough

Passionate about ending nicotine addiction, senior Sydney White finds a platform to spread awareness about teen tobacco use through the community program 'Reality Check'

"I have had family members who smoked and it hasn't ended well because they got hooked on it. When you start younger, you will get hooked and addicted to it easier. I have experienced it from my family and don't want others to have to go through it. It makes me angry that the tobacco companies know that it is going to hurt you, and they just keep selling it because of the money they gain.

"The goal of 'Reality Check' is to educate and empower peers to stand up to big tobacco companies and their deceptive marketing techniques. We do different things in the community to bring awareness. Last year we did a mural painting at the mall. It exposed the marketing tactics by showing the kids looking over the counters at the tobacco industry and all the cigarettes lined up at eye level with the kids. It was about making people more aware and saying 'we have seen enough tobacco.' That is what our motto is: 'We have seen enough."

"Another big project we are working on currently is helping in passing a new bill that would raise the age to buy tobacco to 21 instead of 18. We have met with big corporations in Albany and local representatives. I think that it's good to let them notice that the kids are advocating for it. We are the ones that are getting marketed to, and we are the ones who want this problem fixed. We are passionate about this. I think this bill is one of the biggest accomplishments our program has, and I think that it is going to get passed soon.

"It is empowering to everyone that is a part of it. Our little, tiny group is actually a part of something for the greater good, and we can see that we are making a difference. Even one person can make a difference in this area. We are a small group, but we are passing a bill. If you are small, think big, because you can make it happen."

Sydney White, 12



Sean Tovey

Connor Tozer

Skylar Treadwell

Alex Trenchard

Joseph Troccia

Zachary Tsaklis

Julienne Tsang

Erin Tucker

Adyn Ulrich

Noah Trussell













Joshua Waldron

Noah Walker

Dylan Warren

Keone Wallace





































Sydney White Andre Wigley Westley Williams Alisa Willis

Carson Weiskopff

Litia Werner

Jaron Wilson Kaitlyn Wilson Jared Winnie Sydney Wood

Alexis Woodcock

Hunter Wright

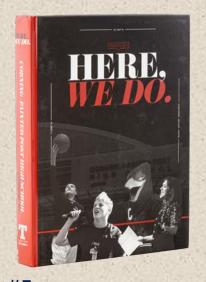
Jessica Wright

Logan Wright

Jessica Yeoman

Ted Xie

Samuel Woodhouse Caleb Worthington



// Tesserae **Corning-Painted Post** High School Corning, New York



























CLASS OF 2020





Esther Basabakwinshi Darien Beall Andrew Benjamin Aaron Betts Aarushi Bharadwaj Trisha Bhatia Cory Bigelow

Tanner Bigelow Kendra Bills Rain Bills Jaleigh Blanc Kennedy Blencowe Madelyn Bliss Angela Bockus

Stefany Booker Aubrey Bowes Quinn Bowler William Boychuck Emily Brarens Adam Brewer Halla Brill

Christopher Brockway David Brockway Ana Buckley Dominic Bulkley Destiny Buman Devon Buman Josette Burke

Not Pictured

Jared Allen Isaac Andrews Brandon Bills Elisha Blake Emma Brown Brandyn Clark Donald Combs Levi Coon Michael DiNardo Dylan Ellsworth Antony Franchi Jayson Hackett Cammaron Kelsey Mitchell Lewis Silvy Liebman

Frank Mattison Coby McAvinney Cory McAvinney Stephen McPherson Alex Nazarczyk Keegan O'Neill Brayden Olsen Alexia Pratt Joel Rawleigh Mercedes Sullivan Megan Thayer Timothy Townsend Eric Walker Austin Youmans



Adam Zinglei



"I want to go into musical education along with musical therapy. I've always loved listening to music and was just drawn to it. When I got to high school, I was confronted by a teacher who said I should take music as an elective and then I really fell in love with it. I'm currently taking Piano, Choristers, and IB Music. It is a lot harder than I thought, but it's always a lot more enjoyable to go to a class

that you're interested in." Joseph Dotolo, 11

"I want to go into the medical field and I felt that taking Care and Prevention of Athletic Injuries would help me learn more about that type of work. I haven't decided if I'd like to go in the athletic trainer area or to pursue something else, but I think this class will help me decide. I found that most of what I've learned I could eventually use in any kind of medical career, so this will definitely prepare me for the career that I eventually go into. My favorite part of taking electives is the opportunity to choose exactly what you want to learn about and have a good time doing it."

Emily Curreri, 11

"Aerospace and Transportation started out as an interest, but after I got to know more, I started considering it as a possible career. Building planes is just really fun. For this class you just find plans on the internet, print them out and then make your plane or hovercraft. As long as you complete your plane by a certain deadline and it works the way it's supposed to and doesn't crash and burn, then you're good."

Robert Kesterson, 11



Apprentice at Work In the Aerospace and Engineering Class, junior Robert Kesterson works on his latest project. "This is an engineering course, so you have math-based work, but you also get to do things that you don't get to do in other classes, like put things together. And, you actually get to see what happens when it does come together," Kesterson said. photo by Andrew Phan

McKavla Burkhart Camryn Burlingame Hannah Burlingame Madeline Burns



Kiely Caulfield

Grace Cavuoti

Harley Chapman

Chloe Chervenic

Gianna Chicarielli

Austin Chouinard

Talia Christiansen

Austin Clark

Dorinda Clark

Angelea Collins

Mia Colonna

Alexis Cook

Sienna Cook

Dylan Cornwell

Tristan Correll

Becca Cramer

Cerena Crowl

Robert Crowley

Emily Curreri

Tyler Copp

Olyvia Clary

Jakob Cole















"The guides took us around the whole school and showed us all the places you study, and the things you'll be studying. There were guides from all different parts of the program, and you went with the one you wanted to focus on. If you wanted to go for bigger animals, you'd go with the tour that matched. If you wanted to go for dogs and cats, you'd go with the people that worked with smaller animals. There was even a group for snakes and rats."

"The best part about the visit was when we went in what they called the 'study room.' It was a room full of skeletons and animal skulls, so you could study the bones and how the joints work and all the nerves. That was probably the coolest room we went in."

the old During his tour of the Cornell University College of Veterinary Medicine, junior Dalton Smith learns the ins and outs of college visits reporting by Abigail Dejneka

Find a School That

Caters to Your Passions:

"I started looking into vet school because I really like working with animals. Cornell was rated almost number one for veterinary science, so I wanted to look into that."

Don't be Afraid to Ask for Help:

"I got up there and I didn't really know where to go except for the wing that said 'Veterinary Science.' If I could do it over again, I would talk to someone to help me figure out where I needed to be instead of just showing up without knowing."

Start Your Visits Early:

"I was the youngest kid there. Most of the kids were either out of high school for a year and had worked for a year, or they were in their graduation year. I just went to see what it was about, and I ended up getting a lot of information that really helped."

Know What You Want to Get Out of it:

"I went for the tour last time, but I think I should've gone more to find out the specifications of what they want in a student that's going to the school."

Dalton Smith, 11

Daniel Gardiner

James Gardner







// Tesserae **Corning-Painted Post** High School Corning, New York

Kollin Godfrey McKenna Goltry Artem Goncharov Elizabeth Green Carter Gridley Jenna Gridley Seth Grottenthaler

Max Gustin Oliver Guy Ross Hall Angelyna Hamilton Devon Hamilton Michelle Hansel Anas Hassan

Collin Hauptman Kristin Hauptman Isaac Heath Michael Hennessy II Joneall Hernandez Rivera Alexander Hevey Angelleigh Hickey

Lucy Hilker Lauren Hill Sarah Hill Marissa Hluck Daniel Hoeffner Brady Hoffman Michael Hoffman-Bellucci

> Elizabeth Hogrefe Seth Hogue Saege Holleran Kurtis Hooey Alex Hoover Jerry Hou Natalie Houston

Colby Howard Duncan Howard Ethan Hurd Dennis Jacob Torrey Jacobson-Evans Tyrese Jamison Kyle Jankowski

Hannah Jardin Ada Jarosch Joshua Johnson Kelsey Johnson Arthur Kagle Ethan Kang Ridhikasri Kanniappan

> Eshita Kaspagu Vanessa Kelly Cameron Kenefick Natalie Kent Robert Kesterson Noah Khan Kyle Kimball









77 juniors surveyed

What keeps you up at night?

"I get a lot of homework—usually like two hours or maybe three. I'm pretty busy after school most of the time so I usually try to fit it in during the day. I save the big projects for any time I have after school."

Torrey Jacobson Evans, 11

"Usually, what keeps me up are different types of entertainment like TV and games. I like a lot of the CW shows, like Green Arrow and Flash. I also watch Supernatural and Badlands-I'm an action kind of guy." Tyrus Friedrichsen, 11

"I chose to spend more time on social media than going to bed because I'd rather be entertained than sleep. It's something more exciting. I mostly watch commentary videos and podcasts about politics. My favorite podcast is Joe Rogan." Austin Clark, 11



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180 Design by Megan West

Max Mayfield Ian McCarthy Dyton McCracken Connor McIntosh Hannah Mealy Chethan Meda Chase Merrill

Chase Miller Morgan Miller Noah Miller Shariah Monahan John Monk Jonathan Morse Theresa Mullooly

Gabrielle Nares Mikayla Nelson Mikko Neukirch Charlotte Nevins Kyle Nguyen Montana Nichols Jenna Nickerson

Derrick O'Brian Emily Ormsby Joseph Ott Gabriel Palacio Raphael Palacio Jameson Palmer Leah Palmesano

Domenic Palumbo Clemence Paris Abigail Perry Lorren Perry Mia Perry Jessica Pesansky Noah Peters

Donald Peterson Jr Andrew Phan Anthony Philip Kayla Pratt Juliann Preston Iman Priestley Hannah Putman

Rachel Rebis Matthew Reif Jason Reisinger Brenna Remchuk Dylan Ribble Clayton Rice Samantha Richards

> Jacob Riker Taylor Roberts Lydia Robinson Michael Roe John Rosettie Garrett Sakona Arianna Sardo







After playing the trumpet for eight years, junior Josephine Schelling volunteers with the American Legion at funerals for members of the Armed Forces

"I got involved with playing 'Taps' through our band director, Donald Allen.

He has worked with the American Legion for a long time. He was going away on a trip, and they needed someone. He asked me if I would be willing to fill in, so I went and played with the ritual team. I ended up liking it, so I continued to do that for the whole summer.

"The ritual team is this group of older guys, and now me. We meet up at the American Legion building and drive up to the funerals together. They hold a little funeral service, and then the rest of the ritual team fires of three rounds. After that, I play 'Taps.' While they're folding the flag, I'll play 'Amazing Grace,' or some other traditional military tune. The flag is given to a family member, they salute, and then we pack up and go. It's usually not very long—just a final service—but it's very meaningful for the people who are there.

"I think the most important thing for me is that I'm doing it for the family of the person who died. Obviously, it's them who this is most meaningful to. Everyone says that they would rather have a live performer than a recording—even a bad live performer that's what they all told me when I was like, "I'm not going to be any good. I'll mess up." It's still better than the fake bugle. It really means a lot to people just to have someone there who's willing to play for them and for the person they loved."

Josephine Schelling, 11



Jazz It Up At an early morning Jazz Band rehearsal, junior Josephine Schelling plays a tumpet tolo. "Playing is really about trying to capture the emotion of what's going on. There are different emotions each time, and you can always bring the performance to match that," Schelling said. When ahe ian't playing with the ritual team, Schelling also plays tumpet in the Competition Band and the Jazz Band. photo by Alexis Woodcock



// Tesserae **Corning-Painted Post High School** Corning, New York

Otto Sutton Grayson Swan Mason Swan Olivia Tanneberger Alyssa Tenny Kobe Terwilliger Max Thibault

Gabrielle Thomas Tyler Thomas Alexander Timmerman Nicolas Tinz-Burdick Adesh Tiwari Zackhery Torello Walter Towery



Damien VanEtten Isaac VanEtten Blake VanWoert Carley VanZile Clayton Vaughn Aidan Vichinsky Kade Wakefield

Danica Wakeman Mackenzie Wakeman Cyrus Walker Dylan Watson Nicole Wendlandt Warren Wheeler Jazlynn White

> Jacob Whittier Silas Wieland Lewis Wightman Mercedes Wilson Alexander Winsor Justin Wise Drew Witham

Natalie Witt Kayla Wood Zachary Wood Shaylor Woolever Isabella Wray Shawn Wright Katarina Wulf













AJ Hostrander Ryen Lanning Robert Leonard Mikael Myers Dominic Parry Dylan Pratt

Devin Griffith

Mikhail Saxbury Araya Smith Lorelei Swarthout JC Thompson Konnor Walker-Lutz Dylan Watson Micah Watson Elizabeth Daugherty Jayonna Reeves Kendall Wilson











Jeremiah Adams

Jerome Alston

Skylar Alverson

Brody Amidon

Rhyleigh Arnold

Maylyn Atwell

Sabrina Ault

Cameron Ball

Noah Bange

Preston Ballance

Michael Bankston

Brody Bartenstein

Callen Bartone

Madelyn Beale

Solenne Becker

Alexandra Behn

Noah Belanger

Isaiah Beschler

McKenzie Bibalo

Izabelle Belanger

Wayne Bellucci Jr

Andrew Beall

Korynn Batterson

Alek Barter

Shannon Barrett

Alexandra Anderson

Surav Amin

// Tesserae **Corning-Painted Post High School** Corning, New York

Design by Megan West

In order to get the most out of their free periods, sophomores Riley Ford and Malayna Buman find new places to spend their extra time at school reporting by Abigail Dejneka

For sophomore Malayna Buman, the relaxed environment of the band room made it a welcome change from the cafeteria, where she would otherwise spend her free time. "I started eating lunch in the band room because the cafeteria was crowded all of the time. It was kind of chaotic, and that's not really my thing," Buman said. "The band room is only five to 10 other band kids, and the band teachers don't really care if we're in there. You just sit wherever. If you're sitting in a practice room, there's chairs, and if not, people will use music stands as a table or stand, and use a cubby that's open. It's the same people every day, and you obviously know them, because you interact with them in band. Eating there is really great if you want to go and get away from your normal high school life."

Sophomore Riley Ford chose to spend her free period in english teacher Julie Pierce's room, taking advantage of the quiet workspace. "My friend, sophomore Megan Coon and I started going to Pierce's room, because we knew Pierce from soccer. It's usually the same people there every day, and we sit on the couches in the middle of the room, so it's a pretty comfortable environment," Ford said. "Being in Pierce's room is much better than being in a study hall, because it's quieter in there. I get a lot more work done. My favorite part about going is getting to listen to Pierce's jokes."



High Noon In the band room, sophomore Malayna Burnan enjoys her lunch with sophomores Ashleigh Woodcock, Elyza Greene and Alexandra Behn. "I like eating in the band room because it is not as crowded as it is in the cafeteria," Buman said. "I can also hear when my friends are talking to me because it is not loud like it normally is in the cafeteria." photo by Aaryaa Donthu

Mikayla Brucie Malavna Buman Sarah Buman Brayden Burchard













Katherine Copp Matyson Copp Nicholas Copp



flicks to action-packed blockbusters, reporting by Monique Tovey there is something for everyone 27% AVENGERS: INFINITY WAR 11% BLACK PANTHER 15% CRAZY RICH ASIANS

"'Avengers: Infinity War' was my favorite movie. I felt like it was the best Marvel movie in the series and I just really enjoy the Marvel movies. They're my favorite series of all time."

The end of 2018 also brings about the end of another year in the box office, and with everything from chick

Braeden Rease, 10

"My favorite movie was 'Solo: A Star Wars Story' because I like action movies and 'Stars Wars.' I think it gives a good backstory to Han Solo and it kind of lets you know what went on in his life." Jordan Edger, 10

"My favorite movie was 'Crazy Rich Asians.' I really like chick flicks and romantic comedies, and it wasn't like your typical American one either, so that added a new twist in it that I liked. I'm excited for the sequel. I would agree that a lot of second movies are not as good as the first, but I'm hoping that maybe this might be one that is equally good."

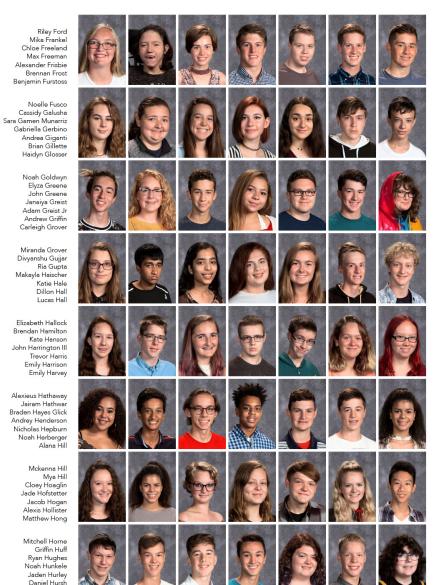
Anna Cook, 10





// Tesserae Corning-Painted Post High School Corning, New York

186 Design by Megan West



Elizabeth Huyler



After making it through their first full marking period of AP World History, sophomores' expectations of the class don't always reporting by Megan West

EXPECTATION:

"I thought it would be a lot of work, but that's about it. I didn't really know anything going into it."

REALITY:

"AP World History is really rough. Lest night, I did four hours of AP homework. No other class that I'm taking this year is even close to it. One thing that was unexpected is that I actually enjoy the class now. At first, it was just all work and I didn't have any fun. Now, I actually really like individuals in societies teacher Kimberly Hufnegel and all the other people in the class, so it's more fun than I thought it would be."

Braden Hayes Glick, 10

EXPECTATION:

"The teacher kind of scared me going into AP World History, so I was pretty on-edge. They try to scare you like that in the first few weeks, because they want to get rid of the people who don't actually care about the class."

REALITY:

"If you push through, I promise that you get used to it, and the workloed lightens up a bit. Even then, there's so many readings that you have to do. There's the AP textbook, and then you've got to read a novel and packets of information. You have to write about all of it afterwards. I definitely wasn't expecting all of the writing. The short answer questions are especially tough, and I did not know how to handle them. It gets easier, though."

EXPECTATION:

"My brother did AP World History, so that's why I decided to take it. I knew AP would be hard, but since my brother did it I knew it would be manageable."

REALITY:

"At first, I was more nervous than anything, but after a few weeks it feels like just another class. It's definitely more homework-heavy, though. My expectations for the class haven't really changed now that I'm in the class."

Robin Liu, 10



// Tesserae **Corning-Painted Post High School** Corning, New York

People **189**



Samara Mallernee Aleksandra Marianovic Charles Marshall James Maxim

> Kristen McIntosh Abigail McKenna Logan McKerrow Riley McLaughlin Olivia McLellan Sophia McNamara

> > Layla Melozzi Jordan Merchant Rolando Meyers Marshal Mitchell Didi Molingou Dominik Monk

Anna Morgan Emily Moshier Alexandria Navlor Hunter Newman

Madison Nichols Michaela Nichols Anastasia Nicholson Caitlin Oropallo Madison Owens

Sarah Pambianchi Kenzie Perkins Richard Perkins Nathan Perry

Elizabeth Peterson Hannah Plumley Yushi Portwood **Emily Powers**







Lucas Pratt Richard Priestlev Harley Pryslopski Lauryn Randall Drew Rankin Tobias Rankin Braeden Rease

Cody Reed Katherine Reilly Sydney Reilly Alexander Reppert Joseph Ribble Tyler Richards Kaylee Richardson

Jacob Rizkallah Quashaun Robinson Jakob Rodas Justin Rodriguez Derek Root Austin Ross Aiden Roth

Elias Royce Boh Ruffin Peyton Ryan Melody Sabatini Alyson Santamaria Benjamin Saurbaugh Breanna Sawyer

Kierstyn Saylor Jason Schlicher Trinity Searles Hannah Sebring Kyle Serdula Donovan Shav Colbe Sick

What sparked your interest in history?

without a class to teach you? "History is like different worlds that we can't get back to. The only way we can learn about them is by reading about them. I do a lot of reading, especially books like historical novels. I find it interesting to get a lot of different people's takes on a subject. I listen to also the Elizabethan era, so like 1590. classical music, too. It's another way for me to compare the things I read about and see how people lived and what their culture was like."

historical Victorian culture reporting by Megan West

that got me interested in her era."

"My mom is a professor of nineteenth century Victorian literature at Ithaca College. that she had to fit the Victorian model of a I grew up with a lot of books from that era, so I've always been interested in history and historical books. I have phases where I'm interested in different parts of history. "I especially like learning about the women I've gone through the Russian Revolutionwhich was 1916, the World War I era-and Mainly, I like to focus on strong women in history because I think they're fascinating. I

What's your favorite historical era?

"I really like learning about the Victorian Era because I find it fascinating how women had such little power, yet there was a queen ruling England—at least in presentation. That's really interesting because of the fact woman but also have all this power."

Who are your favorite historical women?

who we nail as evil like Catherine de Medici or Anne Boleyn. They often aren't as evil as we really think they are because of their situation. It's hard to put yourself in a world where they had no power, but they were recently started watching this TV show called looked up to. They were ruled by all of 'Victoria' which is about Queen Victoria, and these different people, but they still had to rule themselves." Evelyn Piech, 10

190 SOPHOMORES
Design by Megan West

When a video piqued his interest, sophomore Zachary Stephens picked up coding just over a year ago. "I was watching some YouTube videos and I thought it was cool how people could create video games and virtual realities through coding. I started watching videos on how to code pictures. I made a true-false and just continued from there," game, a coin flip and a 20 Stephens said.

started learning on a whim soon answers affect what the next became a larger part of his life. question will be. It doesn't sound it once you start," Stephens said "I started going on this coding like much, but there's a lot of website called Code Academy. I coding that goes into something went through lessons to help me just as simple as flipping a coin career in it. Now, coding is just learn. I was spending like an hour and getting heads or tails. I'm something I'm interested in. It's

Devan Simpson

Chanowa Skinner

Julian Slater

Megan Slater

Garrett Smith

Joshua Smith

Keyden Snow

Arista Squire

Theresa Southard

Brennan Spencer

Katelyn Stanbro

Jeffrey Stedge Owen Stelmack Matthew Stempin Zachary Stephens Benjamin Sterbenk Gavin Suber Hugo Sutton Quinn Symonds Akiha Tagawa

Jonathon Taylor

Torey Thompson Nolan Timmerman Monique Tovey

Maxhemilian Stansfield

Keli Smith

Cole Slavin

minutes here and there. Now, whenever I have extra time, I code."

As a new coder, Stephens found that he had to work his way up, starting with more straightforward projects. "I've been working on simple

games, not even with any

Even though he just started, Stephens still tried to advance his knowledge. "There's a lot of forums for projects out there. I look at them to help me with my own projects if I have a goal that's too advanced for me. Sometimes, I won't be able to finish a project, but I try my best, and most of the time I'm able questions program where it gives to complete them. A lot of it is This new skill that Stephens you different questions and the sort of difficult to grasp in the beginning, but you get a feel for

see if I would want to pursue a or two a week coding, just 15 mostly just messing around right more of an enjoyable pastime." With a virtual treasure trove of online resources available to him, sophomore Zachary Stephens teaches himself how to code during his free time

reporting by Abigail Dejneka



In Code Mode In his sixth period study hall, sophomore Zachary Stephens works on a coding project in the Learning Lab. "I like coding because you have the enjoyment of creativity mixed with math, which is kind of cool," Stephens said. photo by Andrew Phan











































Wyatt Neally

Shannon Marshall Clayton Rice Caleb Wells



Adam Bibalo Brandon Bosket Madisun Caslin Isabella Close Kyle Doyle Ronnie Evans Alexis Griffin

Taylor O'Shanick Kaden Robbins Summer Ross Sydnie Rothmund Joseph Swarthout Damien Warren



92 FRESHMEN Design by Megan West

FRESHMEN CLASS OF 2022

Eva Adib Hayden Allington Kayden Allington Morgan Allington Erin Allison Dylan Almy Alexander Alonzo

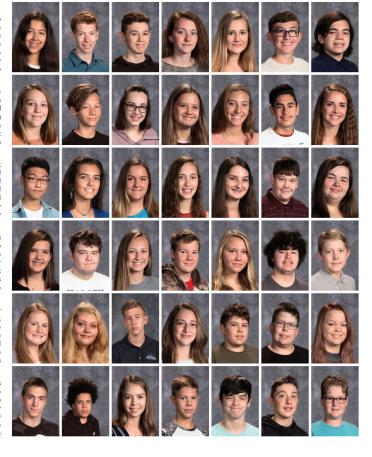
Shannon Andrewlavage Elijah Archuleta Berlyn Arnold Nia-Jade Arnold-Denming Jillian Austin Ismael Avila-Vazquez Ella Ayers

> Seungjae Baik Ashlyn Ball Gabrielle Ball Kiara Ball Amanda Bansil Clarke Barney Kendra Bartholomay

> > Melanie Bellucci Adam Bibalo Molly Bierman Lawrence Binder Mahaylia Blanc Brandin Bockus Michael Bonham

Kelsey Booker Paige Bostwick Mason Botelle Madalyn Bouton Noah Boutwell Ryan Breon Kacea Brooks

Cody Brouneus Quintin Brown Sofia Buduchina Damian Bulkley Isaiah Bulkley Landen Burch Roderick Burdick





Morganne Burkhart Nicholas Butler Gordon Butler III Bryan Canner

Jason Case Daniel Casper Joseph Catanese Cyrus Cecce

Jonus Cecce Alyssa Cervoni Aidan Chamberlin Kaleb Champlain

Antonio Chapman-Vitulli Ryan Charnetski Kaitlan Chase Alex Chen

Lucia Chen Sophie Chen Benjamin Chouinard Nirel Christian

Alexander Clark Ashley Clark Erica Clark Konnor Clark

Selina Clark Margaret Cleary Jessica Combs Jared Conklin

Daivian Cook Caylie Copp Kaylan Cornaire Micah Cornfield

spinning out of control

As the youngest member of the White Sabers Drum and Bugle Corps, freshman Jason Case has to adapt to both a large age difference and a difficult injury

reporting by Abigail Dejneka

In eighth grade, freshman Jason Case started off as a member of the Competition Band, joining Winter Guard later that year. As he progressed, he was eventually asked to audition for the White Sabers Drum Corps. "I had to apply and then there was an audition," Case said. "A lot of people ended up getting cut, but I just wasn't one of them."

Even though Case had the necessary skills, being the youngest member of the corps presented challenges. "The age difference made it difficult to bond with the team because I was the only one in middle school while a lot of members were full grown adults with children. The members of the guard were very accepting of the younger people, but others were a little less friendly. After a while, I got used to being with the older people, which definitely helped with my maturity."

After adapting to the age difference, Case's troubles were not over, as he tore a ligament right before his first show. "I did not really realize how bad the tear was, so I ended up performing anyway. After the show, I got it checked out and I had to sit out from rehearsal that week. I started to do limited stuff the next weekend, but I never really did the running around or the dancing on the field."

After taking time off, Case did some catching up on his own time and eventually started performing again. "Looking back on the whole season, I'm pretty proud of how I kept going through my injury. The best part of it though, was relationships that I built. But, that's also the hardest part, because it all ends abruptly."



It's Showtime Performing alongside other members of the White Sabres Drum and Bugle Corps, freshman Jason Case poses at the end of a set during a competition. "I was very young and inexperienced, so Ihad to rely on others at the very beginning," Case said. "I don't think I was prepared for how physically demanding it was." Photo provided by Jason Case



// Tesserae Corning-Painted Post High School Corning, New York

194 People 195

wise up

To ease the transition to high school for future students, Freshman Academy school counselors and current freshmen use their own experience to give advice on the best ways to settle in reporting by Abigail Dejneka

"The advice I give to all incoming freshmen is find something to get involved. We encourage all freshmen to go to activities fairs and get involved in clubs and activities to get them connected to the school. It helps them get settled in and that's the one thing I always encourage."

Mandy Freeman, Freshman School Counselor

"I encourage kids to get to know their teachers, to be able to approach them, to talk to them if they need any extra help. In the Freshman Academy they're pretty lucky because their teachers are pretty close, so just getting involved and working with their teachers and getting to know them will make freshmen more successful."

Julio Pusatori, Freshman School Counselor

"I thought high school was going to be this big scary place, but it's actually not that bad once you get to know your surroundings. If you study hard and don't slack off, high school is really not that stressful. You get used to it really fast. Joning clubs and being involved with after school activities or sports really makes a difference, too."

Eva Abid, 9

"The size is really the only difference from the middle school, so don't be scared. Just make sure you pay attention at the beginning of the year because if you don't you'll get lost. Other than that it's very similar to the middle school, so you'll memorize everything eventually. Don't worry, it's nothing serious."

Keegan Sulfivan, 9





Evelyn Fields Destiny Fix Abigail Flatt Jason Ford

Trinity Ford

Andrea Fowler

Noah Freeland

Brielle Friends Austin Fritsch Alexandra Galligan

Dylan Gardiner

Nicholas Gamer

Cristina Gaskievicz

Kendall Garrett

Chase Gaylord

James Gensel

Lauren Gerow

Olivia Gilbert

Madeline Gill

Gavin Gonzalez

Lacey Graham

Xzorian Green

Jack Gregorski

Merica Griffin

Gavin Grinnell

Olivia Grinnell

Kailee Gwin

Trevor Halm

David Hamilton

Trevor Hand

Stella Hardy

Ethan Hart

Kaylin Hanrahan Paige Hardee

Imanni Harewood

Kansas Hargrave

Nathan Harpster

Camryn Hauptman

Alexis Hawkins

William Haxton

Brandon Hensley

John Hazlett

Grace Heath

Seth Herbert Kadin Herman Rachel Hevey

Sydney Hewit

Jenna Hickey

Julia Hluck Katie Hoeffner

Lucas Gwin

Kerri Gulkis-Agner

Ameena Hamenoo

Riley Green

Ryan Geiger

Sydne Franceschelli



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196 FRESHMEN Design by Megan West





Although the majority

eporting by Abigail Dejneka

As a former student at All Saints Academy, freshman
Hector Mayolet tackles the differences between private school and public school, on top of the other challenges
of transitioning from middle
school to high school
anything or anyone," Ma

of his classmates attended together, freshman Hector Mayolet came from an entirely different background, attending All Saints Academy, "It was definitely tough to transition to high school, anything or anyone," Mayolet said. "I had to memorize all of the classes and teachers, whereas at All Saints, you were with the same teachers for 10 years. You knew what they wanted from you. They already knew you, but in high school you have to prove yourselfwho you could be and what

you could do."

Having new teachers was a big change, but connecting with classmates proved to be the greater challenge. "The hardest part was getting to know everyone. With the private school I had gone to, no one really knew who I was. It was like a test trial. I had to figure out what people liked and what they didn't like. It took a while, and it was all very different."

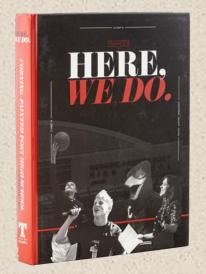
The social dynamic in high school also differed from Mayolet's private school experiences. "With public schools, you don't get to know people as well, but you know a lot more people. At the private different middle school.

school, you get to know everybody really personally. Here, you don't recognize too many people in the hallways, but at the private school you were basically friends with everyone."

"I ended up liking the switch, because I felt like I had more control. All Saints was really strict. You were required to take certain classes. Here, you have a little more variety. The choice of picking classes and being your own manager is really cool. I liked my time at All Saints, but I wonder where I would be if I went to a







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Cory Morrow James Morrow Laura Morrow Kamren Moshier Jenna Moylan

> Connor Murphy Brooklyn Naylor Luca Neally Zackery Nelson Allison Nordman Nicole O'Shanick Robert Ohl

Molly Moylan

Maheen Mukhtar

Madelyn Olson Madeline Ortiz Jade Padgett Courtlyn Palmer Ella Perry Jacob Philip Reina Powers

Gracie Price Thomas Pryslopski Hunter Putman Ethan Putt Madeleine Quinlan Eric Reazor Ella Reppert

Serenity Rice Allison Richtmyer Atalyia Rijo Ava Marie Ruland William Russell Myrlanda Sakona Chanel Salbego

Matthew Saltsman Grayson Saltzer Elyza Santiago Catherine Santilli Georg Sauer Evalyna Schroeder Celine Schwesinger

> Shaun Scott Jillian Seaman Gabriel Seibert Wesley Setzer Hannah Shaddock Caitlynn Shay Piper Sherman

> > Allyce Simmons William Sine Neal Singh Simran Singh Aidan Smith Benjamin Smith Brandon Smith





Caught on Camera Freshman YouTuber Mathew Thomas's most popular video reached over 731,000 viewers, but most of his content is aimed at his smaller, core audience. "Right now I'm trying to do a daily upload. I record after school, which takes an hour or two depending on the video. Then, I'll edit for about five hours and upload the video to my channel," Thomas said. photo provided by Mathew Thomas



Also known as 'Mathew Rhyze' on YouTube, freshman Mathew Thomas puts his life on display by posting videos for an audience of over 70,000 subscribers

reporting by Megan West

"I record my life. The simple way to put it is I make vlogs. I was inspired to start YouTube by friends around me who were making videos, and I've made a lot of my own videos now. One of my favorites is this short film on anti-bullying that has 20,000 views. I want to try to make a career and gain enough followers so that I can actually make videos for a living. I want to branch out and try making movies, like a documentary of my life.

"I was born without a nose. It's this condition called Frontonasal Dysplasia. It's where your eyes are widely separated, and there's no real formation of a nose. It's caused me to have about 40 facial surgeries for facial reconstruction. I've had to deal with it my whole life.

"I've been making YouTube videos for five years, and I got shouted out by this other YouTuber called FaZe Censor in a video that got 1.8 million views. I e-mailed him my story about how I've had 40 surgeries for frontonasal dysplasia. He replied back that he would be down to make a video together. He's a professional 'Call of Duty' player. We made three videos together, and all three of them were 'Call of Duty' gaming videos. After the first one, I was one of the top five fastest growing channels on YouTube.

"It's kind of crazy, having 70,000 followers. I try not to think about it. I try to just think of it as talking to a camera, but in reality I'm talking to actual people. I try to spread positivity to them. Interacting with them can sometimes be hard, though. There's a lot of haters. I try to make jokes about it, like, 'wow, thanks for the support, guys.' But there's actual supporters too, and that's really cool to see." Mathew Thomas, 9



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200 FRESHMEN Design by Megan West



Jayden Tyler John Unwin Ryan Updyke Brianna Urban Justin Vanderpool Aaron Vandusen Emily Vanzile-Partridge





Aidan Westmiller Alexandrea Wheaton Benjamin Wheeler James White June White Josiah Wieland Ben Wilcox

Reagan Wilcox Ashley Willis Taylor Willis Adreonna Wilson Anastasia Wilson Ethan Winsor Parker Wolfe

Hannah Wood Trinity Woodruff Fianna Wright Madison Wright Gracie Wright-Maio Lucas Wyrick Emily Youmans

> Skylar Youngman Donna Youngs Lucas Zawko Wyatt Zwiefel





















George Bacalles Individuals & Societies George Bacailes Inovilueis & Societies - Versity Football, Boys Modified Basketball; Joseph Bacalles Individuals & Societies - JV Football, Modified Indoor Track, Boys Versity Lacrosse; Deanne Bagley Nurse's Office; Janis Bailey Teaching Assistant; Timothy Ball Math, Girls Tennis - Boys Tennis, Senior Class Council; Frank Barber Assistant Principal - G.A.L.A.; Joan Barber 1:1 Teacher Aide;

Theresa Barrett Special Education -Sophomore Class Council; Joanne Bellardini Teaching Assistant; Courtney Berry Special Education; Ann Blood-Smith Spanish; Nancy Brackley Nurse's Office; Susan Brooks Teacher Aide; Alyssa Brown Special Education;



Katlynn Buterbaugh 2:1 Teaching



Kendra Allington Jeremiah Bilby Elijah Castle Dustin Conklin Seleena Constable Jessica Davenport Payton Davis Destiny Elliott Camden Filkins Cameron Hickey Elijah Leach

Jack Daniel Mann, Jr. Blake McIlwain Grant Merchant, Jr. Jada Ross Andrew Smith, Jr. Gabriella Starr Seth Swick Skyann Taft Jaheem Webster Julianna Westmiller













Cole Clerical Team; Russel Conway Math Annette Corbalan Spanish - Interact Club; Terry Cordero 1:1 Teaching Assistant; Diane Costello BOCES; Colleen Crane Physical Education - Girls Varsity Soccer, Girls JV Lacrosse;



// Tesserae **Corning-Painted Post High School** Corning, New York

202 FACULTY AND STAFF Design by Megan West

Jackeline Cronin Spanish; Michele Cross Special Education; Barb Davis Teacher Aide; Kristen Drehmer Math; Aurelie Dubus Teacher Aide; Leslie Dudek French - French Club; Wendy Dupree 1:1 Teaching Assistant;

Cindy Essick-Petric BOCES; Joni Fenderson Clerical Team; John Fesetch Dean of Students Keith Fisher Individuals & Societies; Sabrina Fiting Special Education: Jane Fitzgerald Teacher Assistant: Sandra Flick Physical Therapy:

Rebecca Fowler English; Chad Freelove Special Education - Boys JV Soccer; Mandy Freeman School Counselor Student Council; Sheri Freestone-Swart French; Kaitlyn French English - Freshman Class Advisor, Plume Literary Magazine; Sara Frunzi Social Worker; Amy Galusha Individuals & Societies:

Charles Gargiulo Technology - VEX Robotics; Audra Gensel Science; Jennifer Graham BOCES; Katie Gray Science - Science Olympiad; Bonnie Grinnell Science; Joelle Groff Resource Room; Sally Groover Clerical Team;

Judy Harriman-Carlson Music - Choristers, H-Notes; Alyssa Helsing Special Education Girls Swimming, Boys Swimming; Sharon Hemenway Teaching Assistant; Vincent Hill School Resource Officer; Stephanie Hillman English - Student Council, Varsity Cheerleading; Chris Hogue Physical Education - Boys Varsity Lacrosse; Sharron Holland Art - Connected Christian Club, Sister Cities Club;

Shane Holleran Individuals & Societies; Kimberly Hufnagel Individuals & Societies; Timothy Hughes Physical Education - Varsity Football; Michael Hurd Dean of Students -Drama Club; Linda Jankowski School Counselor; Michael Johnston Business - Boys JV Basketball, Varsity Softball; Meaghan Julian Science - Science Olympiad;

Mabra Karpie Math - Freshman Class Officers; Bryan Kelley Individuals & Societies - Theater Manager; Sharon Kendrick Business - F.B.L.A.; Becky Kittleson Clerical Team; Carolyn Kizis Math; Eric Kizis Special Education -Varsity Bowling, Varsity Baseball; Carrie Kniffin 1:1 Teaching Assistant;

Jennifer Kunze Special Education: Heidi Lane Clerical Team; Kim Larsen-Thistle Spanish - Key Club; Cheri Lascolea Nurse's Office; Raymond Lawson Individuals & Track and Field; Kyla Lester Science; Roberta Letts 1:1 Teaching Assistant;





Sharon Lowery Teaching Assistant; Barbara Mack Clerical Team; Jayasree Mangalagiri Math -Asian American Association, Girls Who Code Club; Ann Marcellin Math; Martie Marks Business; Stacie Martinec Librarian; Doris Maxwell Teaching Assistant;

People **203**

Corinne Mayer Physical Education -Gymnastics, Girls JV Lacrosse; Martha McBride Teaching Assistant, Brittany McCarthy 1:1 Teaching Aide; Robert McGee Math - Versity Football; Colleen McKinley Walls 1:1 Teaching Assistant; Jill McLaughlin School Counselor -G.A.L.A.: Ken McLaughlin Science:

Bridgett McLean Clerical Team; Colleen McLean Teaching Assistant; Kim McNaney Physical Education - Girls JV Soccer, Girls Varsity Lacrosse; Vanessa Miller English; Elizabeth Monroe Health; Tari Jo Morgan Teaching Assistant; Jeremy Morse Individuals & Societies;

Yvonne Moses Special Education; Kaleen Muldoon School Counselor G.A.L.A.; Laurie Nelson Special Education; Karen Nevins Math - Junior Class Council; Bruce Newman Science -Modified Football; Jennifer Nichols 1:1 Teaching Assistant; Mary O'Malia Teaching Assistant;

Penny O'Sullivan Teaching Assistant; Robert Orr English - Innovators Club; Douglas Osgood Technology; Rosie Pagana Special Education; Karen Palmer Individuals & Societies - Academic All Stars Masterminds Trivia Club, Model U.N.; Katie Paulison-Harris English - Tesserae Yearbook Connie Peet Clerical Team;

Before he was an administrator, assistant principal Mike Gill spent over a decade teaching a subject that has always played an important role in his life and if they meet me or see me



A Hint of the Past In his office, assistant principal Michael Gill stands proudly by his artwork. "I was really Painting, and sculpture. into sculpture in grad school, but it's really tough to do sculpture when you have small children. So, I converted back to my love of drawing and painting," Gill said. part of my life. It's like the family

reporting by Megan West at sporting events, they think that I was a physical education teacher or something. No one ever quesses art-ever.

"I taught art for 11 years. I was very lucky to get to teach at one of the schools in Elmira Heights School District—Thomas Edison High School. I was the only art teacher, so I taught every class from Studio Art, to AP Art History, to Advanced Drawing and

"Art has always been a big photo by Andrew Phan business. Both my parents are

didn't come from much. They struggled at home and they struggled financially, but I never did. They were able to make sure that I never had to worry about that stuff. Then, I had kids, and that student displays and seeing the makes you think about what your legacy is going to be. Although I would have loved to stay as an art teacher, I thought, 'Okay, I've been because it's a fresh set of eyes. there. I've done that. Could I step beyond and do more, like my dad

retired art teachers. My parents

"So, administration was the next thing for me. It was a great opportunity to work even more with kids and help the whole system be better for everyone involved. It's funny because, when you start sticking your nose in

did and like my mom did?'

things, you start getting asked to be more involved, and next thing you know, you're running the whole show. That's what happened to me.

"I love walking by our work we have there. We have some amazing artists here, we really do. I like seeing kids' stuff, When you look at artwork, it's really an interaction between you as the viewer and the artist. Visual art really has to stand on its own, because you aren't able to stand next to your paintings and explain why it is what it is. You bring the context to the work as the viewer. I'm inspired by trying to figure that out."

Mike Gill, Assistant Principal



// Tesserae **Corning-Painted Post High School** Corning, New York

204 EACULTY AND STAFF
Design by Megan West

$oldsymbol{TRIAL}$ and

As part of creating a new calculus-based course that will prepare students to enter college physics, Science teacher James Grandner has to face the learning curve of teaching an entirely new curriculum reporting by Megan West

What sparked your own interest in physics?

"I started liking physics once I got into my AP Physics course [as a student], but I learned really quickly that I was bad at it. I wanted to get good, though. I've never wanted to get good at something that I was bad at so much before. I've gotten better and better every single year. It's a good feeling to feel like there was something you were originally not so good at, and you really improved upon yourself, and it made you a better person in general."

Why did you think that there was a need for this kind of class?

"When you go to college it can be kind of overwhelming to jump into the kind of thinking you would do in a calc-based course compared to an algebra-based course. This is to get students prepared for the type of thinking and notation that they'll encounter if they go into higher level physics. Even coming out of AP physics, I was not adequately prepared for the kinds of thinking that I needed to do. I think that my students in calc-based physics will be much better equipped than I was."

What was the biggest challenge of starting a new class?

"A challenge for me has been figuring out how hard to make the content. I would start out thinking things would go a certain way, and then I would find out that the students were actually way ahead of me in certain areas or they were lacking in other areas. It got people talking more about what their experiences are and what would make the course better. I've actually had students specifically come to me and be like, 'I've noticed that this part of the course could be different because we've had this experience."

James Grandner, Science teacher



Teaching that Matters From the front of the classroom, science teacher James Grandner gives directions to his first period calculus-based physics class. "Deciding who would teach the class was a pretty big debate with science teacher Ben Bowers. He has a lot more experience than I do but I was really excited about doing it," Grandner said. "We flipped a coin in the end." photo by Andrew Phan

Jami Perry Math, Junior Class Council; Linda Phelps 1:1 Teaching Assistant; Wayne Pitts Teacher Aide; Megan Plate English -Senior Class Council;

> Terry Pruyne English; Jennifer Quackenbush Individuals & Societies - Debate Club; Kristie Radford IB Coordinator; Kathy Randall Teaching Assistant;

Liz Reppert Occupational and Physical Therapy, Michelle Root Teaching Assistant; Lisa Rossi-Sullivan Art; Nicholas Rossington Science;

Catherine Sanford Special Education; Julia Saul Special Education; Amy Savino 2:1 Teaching Assistant: Kevin Scanlon Technology - Girls Varsity Lacrosse, B.A.S.S. Club;

Lenore Schmitt Individuals & Societies; Becky Scouten Clerical Team; Susanna Seip Science - Chem Bowl Interact Club, Science Olympiad; Sylvia Serrano Brucie Clerical Team;

Jonathan Shaut Science -Environmental Club; Robin Sheehan Executive Principal; Laurelyn Simons French & Spanish; Michael Simons Technology - Pep Band, Tesserae Yearbook;

Julie Slechta Math; Barbra Smith Special Education - JV Volleyball, Varsity Bowling, JV Softball, Sophomore Class Council; Barbara Smith Classroom Teaching Assistant; Jami Smith Physical Education - Girls Golf:

Jamie Smith Special Education; Janine Smith 2:1 Teaching Assistant; Laval Smith Teaching Assistant; David Smith Jr. Music -Drama Club, Legacy Strings;

















Paul Spear Math; Tammy Spear Teaching Assistant: Jessica Stalica Special Education: Dennis Stebbins School Resource Officer; Cindy Steffen Teacher Aide; Glen Stevenson Math; Joseph Stork Music - Band, Indoor Drumline;

Heather Surine Special Education; Chris Sutton Teacher Aide; Kristine Taylor Science; Amanda Thompson Nurse's Office; Sarah Tingley Science; Candelyn Tong Special Education; Ted Tubbs Math;

Kerri Tullo Special Education; Ann /argeson Special Education; Chris Wert Physical Education; LoRinda Wescott Teaching Assistant, Dianne West Speech; Jessica Wilkinson Special ducation; Birgitt Wolf-King Art;



Tylor Adams Custodial Team Jonathan Allington Custodial Team George Betzer Teacher Aide Ben Bowers Science Zachary Briggs Custodial Staff Robin Buck Custodial Team Sandra Butler Teaching Assistant Renee Cady Math Christa Calkins English Kathleen Cavallaro Custodial Team Lori Clark ESOL Patrick Clark School Counselor Joseph Cleary Resource Room -Modified Cross Country, Modified Track and Field Katherine Cragg CNA Jennifer Deneka Science Janet DiNardo Teacher Aide Bill Earl Custodial Team Brian Ellison Music Haley Emmick Physical Education Nancy Falcetta Spanish Cindy Freeman Teacher Aide Debra Freeman Teacher Aide

Mike Gill Assistant Principal Peter Graham Physical Education James Grandner Science David Harrington Assistant Principal Aaron Horton Custodial Team Kathryn Hunter Teaching Assistant Thomas Jackson Custodial Team Nick Kapral Assistant Principal Brian Kessler Custodial Team John Knapp Custodial Team Stephanie LeClerc English Michael Letson Social Worker Heather McMinn Individuals & Societies National Honor Society

Megan Wukovitz Art - Art Club;

Modified Track and Field:

Rebecca Yeager Teaching Assistant;

Allison Zimmermann Special Education -

Joseph Melanson Business - CPP-TV, Cross Country, Indoor Track, Track and Field **Emily Miller Special Education** Christopher Padgett Custodial Team Austin Perrigo Custodial Team John Personius Custodial Team Julie Pierce English - Book Club, Youth Activation Committee, Girls Varsity Soccer

Julie Pusateri School Counselor -Student Council David Rich Individuals & Societies -National Honor Society Linda Riley Cook Manager, Cafeteria Thomas Ring Science Robin Robarge Librarian Brian Ross School Counselor Heather Ruggles Teaching Assistant Adam Ruth English Susan Ryan English Jeremy Shepard Individuals & Societies African American Culture Club Melanie Sheppard Custodial Team Timothy Sheppard Custodial Team

Megan Thomas Science - Chem Bowl Patricia Thompson 2:1 Teaching Assistant Delbert Thorpe Head Custodian Armando Toppi Teaching Assistant Kelly Wilkins 1:1 Teaching Assistant

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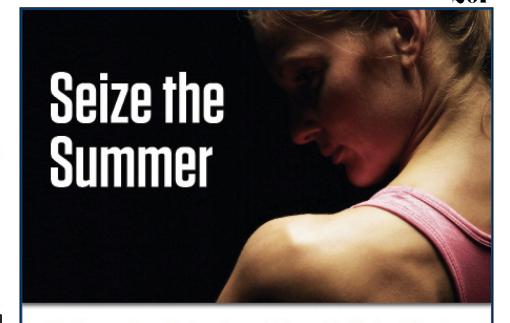
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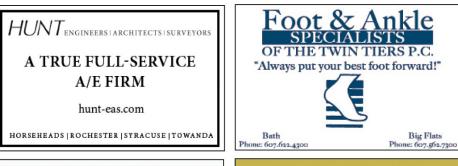








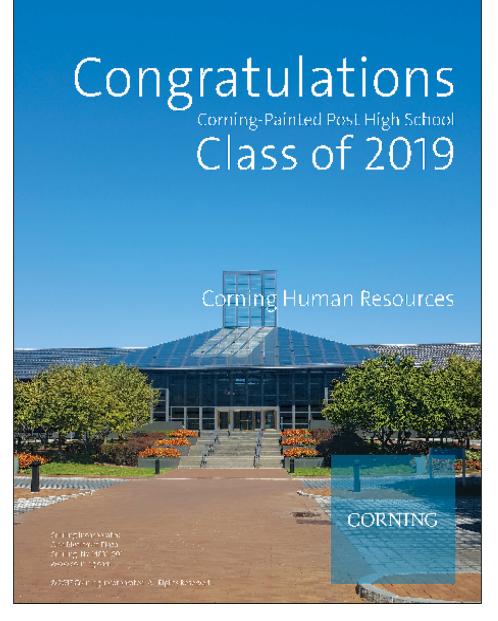








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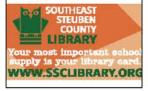


Three Birds Restauran

Love you, Mom & Dad

From the moment you came into our lives you have brought joy and laughter. We are so proud of the man you're becoming. We look forward to watching

you continue to grow. The world is







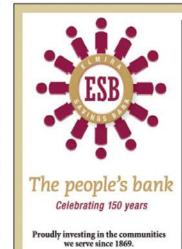






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"WE'RE NOT JUST A TEAM AT PRACTICE—WE **SEE EACH OTHER OUTSIDE OF** PRACTICE, AND IT'S FUN REALLY **GETTING TO KNOW PEOPLE.**"

Matthew Savoy, 12



Front Row: Georgia Smith, Abigail Johnson, Emma Stewart, Sydney Crouch, Madison Jake, Talia Christiansen, Alexis Tenny, Gabriella Gerbino, Seika Dingel, Arianna Manning Row 2: Gabrielle Bertrand, Sarah Dickerman, Bridget Lee, Jacob Serdula, Kayla Farley, Emily Curreri, Harley Pryslopski, Frances Mack, Ashley Clark, June White Back Row: Halla Brill, Elizabeth Hogrefe, Abigail Dejneka, Emma Stanton, Matthew Savoy, Matthew MacDougall, Brooke Yorio, Hannah Wood, Kristin Hauptman



Front Row: Anna Morgan, Sabrina Ault, Christina Mizzoni, Emily Landolf, Dylan Almy, Vanessa Turner, Lauren Gerow, Gillian Mason, Noah Freeland, Akiha Tagawa, Madeline Ortiz, Abigail Kohnke, Georg Sauer, Alex Chen, Jillian Seaman, Alexander Reppert, Adesh Tiwari, Jordan Fajardo, Spencer Sanders, Andre Wigley, Chanowa Skinner, Aubrey Bowes, Josephine Schelling, Malayna Buman, Lauren Thomas, James Gensel Row 2: Elias Royce, Ella Reppert, Borna Eshradhi, John Hazlett, Tobias Rankin, Meghan Mullaney, Ariana Gleason, Yushi Portwood, Raphael Palacio, Benjamin Chouinard, Connor Murphy, Alex Hoover, Dennis Jacob, Benjamin Wigley, Matthew McConnell, Kristen Myers, Morgan Lakota, Olivia McLellan, Kayla Farley, Sophia McNamara, Brennan Frost, Grace Scouten Row 3: Ada Jarosch, Shane LaVigne, Aiden Bailey, Braiden McDaniel, Jacob Ergott, Alexander Hevey, Aiden Roth, Tyler Palm, Maximillian Urban, Kenneth Kittleson, Connor McIntosh, Karter Hooey, Gabriel Palacio, Jerry Hou, Benjamin St. Clair, Braedyn Empson, Jonathan Wolter, Tyrus Friedrichsen, Jenna Case, Matthew Reif, William Edwards, Catherine Santilli Back Row: Eric Sweet, Richard Sauer, Connor Merkle, Nicholas Marchionda, Benjamin Ehemann, Saege Holleran, Nicholas Theurich, Logan Larrabee, Nicholas Sweet, Robert Kesterson, James Maxim, Gavin Dominguez, Collin Davis, Dustin Wheaton, Max Gustin, Jackson Smith, Avery Pambianchi, Louis Martin, Otto Sutton, Elizabeth Tucker, Stephen Thomas, Benjamin Sterbenk, Trevor Halm



Front Row: Kate Hanson, Kayla Metcalf, William Haxton, Gabrielle Ball, Christina Mizzoni, Felicia Lash, Maclaine Zink, Belinda Lint, Laura Wentzel, Ella Perry, Surav Amin, Jolina Fajardo, Jáden Hurley, Sophie Chen, Natasha Matusick, Sahiti Vemury, Morgan Lakota, Jennifer Koralewski Row 2: Angela Schmidlin, Kaila Stefanini, Cooper Lyon, Concetta Brockway, Isabella Aiken, Ashley Halm, Katelyn Beck, Julienne Tsang, Torey Thompson, Jairam Hathwar, Sarah Pambianchi, Cerena Crowl, Kia Eshraghi, Kyle Nguyen, Lucia Chen, Reina Powers, Evelyn Keys, Malayna Buman, Becca Cramer, Émilia Driscoll Row 3: Abby Chang, Charles Marshall, Robin Liu, Elyza Greene, Kaitlyn Williams, Alina Lewine, Eva Adib, Erin Thomas, Chloe Fresland, Keys, Sydney Hewit, Brielle Friends, Jason Case, Arianna Pereire, Mattison Edinger-VanAtta, Abigail Landolf, Olivia Losto, Roy Springer-Kessler, Vishal Madhudi Back Row: Bryson Bruce, Albert Song, Gavin Suber, Saqib Malik, Matthew MacDougall, Nicholas Mattingly, Savannah Lomax, Gabriel Losito, Hannah Pilkington, Sara Frutos, Oliver Guy, Grace Cavuoti, Kiely Caulfield, Katarina Wulf, Rhianne Zarek, Boh Ruffin, Kristen Myers, Jenna Case, Stephen Thomas, Jack Gregorški, Ethan Kang, Jonathan Morse



Front Row: Emma Stewart, Ridhikasri Kanniappan, Elena Ehrhart, Chevenne Balch Back Row: Elizabeth Casner, Emily McIntosh, Hannah Mealy, Jacqueline Smith, Jacob Serdula, Corin Theurich, Mikayla Nelson, Alexandrea Wheaton Not Pictured: Kaylyn Conaway, Hailey Cosier



Front Row: Wesley Wu, Mya Hill, Alana Hill, Elyza Santiago, Jenna Moylan, Kaylie Jacobs, Shreya Kamineni, Solenne Becker, Celine Schwesinger, Jacob Curreri, Adam Swan, Mr. Brian Ellison Row 2: Neal Singh, Lucas Zawko, Nicholas Garner, Talon Elliott, Nikhil Lahiri, Hector Mayolet, Alek Barter, Keaton Edwards, Laura Smith, Brianna Urban Back Row: Nathan Harpster, Robert Ohl, Christopher Mechalke, John Hursh, Daniel Hursh, Ethan Winsor, Ryan Leszyk, Matthew Hong, Kiara Ball, Imanni Harewood,

reporting by Megan West PLAYING TO

In order to balance "I decided to join Fall Concert Band her busy schedule because I thought it would be fun, and I and her interest in usually really like playing in concert band,"
Hill looks to the Fall sophomore Mya Hill said. "It's a lot of fun, Concert Band as an especially getting to know other kids when alternative to marching during the fall season it's such a small group. I've been playing flute in concert band since elementary school. I picked Fall Concert Band because I was more interested in it than the marching bands. I know Performance and Competition Band members commit a lot of time, and I have sports and other things out of school that I'm busy with.

> "Everyone has to march in the spring, and at first I was like, 'no, I don't really want to do it," but when I started getting to know other people and getting to go to different places to march on the street, I thought it was a lot of fun. I loved it, especially getting to know people and the band directors.

"I went back to Fall Concert Band this year because of the time commitment. Every weekend, my parents are busy. My dad works overnights and my mom's job means that sometimes she has to work on the weekend. It would be hard for us to go to competitions and football games.

"I would definitely tell people coming into band that Fall Concert Band plays really good music, and it's a fun way to get to know people. Music teacher Brian Ellison is really nice, too. Anyone thinking about it should give concert band a try."



Front Row: Chloe Drehmer, Rebakah Knarr, Kate Hanson, Jasmine Langdon, Alisa Willis, Julee Gillemot, Julie May, Carter Pavlik, Nicholas Jubilee, Todd Lu, Andre Wigley, Devin Enderle, Surav Amin, Josephine Schelling, Olivie Smaldone, Seike Dingel, Aleksandre Marjanovic, Joline Fajardo, Absgail Bartenstein, Ashley Halm, Mrs. Judy Harriman-Carlson Row 2: Taylor O'Donnell, Sarah Pambianchi, Leah Palmesano, Alexa Cates, Mckenna Hill, Emily Curreri, Brennan Frost, Brandon Spaugh, Caleb Chaffee, JT Ryan, Cyrus Walker, Steffen Kercher, Lucas Hall, Tony Petrins, Vanessa Kelly, Chloe Chervenic, Natalia Alonzo, Morgan Miller, Grace Scouten Row 3: Deserai Shepard, Kristin Hauptman, Katelyn Drake, Thalia Ducot, Mikayla Nelson, Josette Burke, Avery Pambianchi, Alexander Winsor, Stephen Thomas, Bernard Smith III, Chase Merrill, Samuel Woodhouse, Quintin Fisher, Nicholas Sweet, Kiely Caulfield, Olivia Brand, Sara Mattos, Morgan Hurd, Cheyenne Ribble, Talia Cole Back Row: Mariposa Maxim, Zoe Dessoye, Sydney White, Kathryn Larrabee, Joseph Dotolo, Silas Wieland, Deontae Lukatchik, Harrison Lynch, James Maxim, Daniel Hursh, Luke Speicher, Benjamin Sterbenk, Connor Tozer, Nikolus Nickerson, Matthew MacDougall, Halla Brill, Kaitlyn Coluccio, Lydia Smith

COMING UP reporting by Abigail Dejneka In search of a new direction

the Environmental Club takes aspects of the old Recycling Club and combines them with fresh ideas to revive the group

Formerly known as the Recycling Club, the

Environmental Club turned over a new leaf with a name change, new leadership and plans for projects that will have schoolwide impacts.

A leader in the club's rebranding effort, Environmental Club president senior Erin Tucker wanted to create a group that would be appealing to new members. "Recycling Club had a bad light on it because when people think 'Recycling Club,' they think about people sorting through trash to find recycling," Tucker said. "That was a big turn off for some people, but I feel like the fact that we don't sort through the trash anymore helps to get rid of that bad connotation from the ground up because that went with Recycling Club."

The club found a new direction by promoting larger scale projects that would make the school more eco-friendly.

"We're doing a big project every month or so to keep raising awareness for the environment. We're sticking stickers around the school on the light switches that say 'please switch this off.' We're also organizing a fundraiser for reusable BPA-free bottles to limit the use of plastic," Tucker said.

"In the faculty presentation, we suggested switching from styrofoam trays to biodegradable

trays, turning off the lights, and making sure people are recycling the proper items. That's the kind of basic stuff that we need to just have a little bit less of an environmental impact."

"The club has made me excited to learn more and see what else we can do to help. We're coming we kind of made a new club, switching from the Recycling Club. We're still finding our way, but it's going well," Tucker said.



Front Row: Mr. Jonathan Shaut, Erin Tucker, Elora Ferrie, Laurel Shaut, Andre Wigley Back Row: Robert Mechalke, Tabetha Rowlands, Emily McIntosh, JT Ryan



Front Row: Daniel Fee, Anna Cook, Vanessa Kelly, Jordan Edger, Surav Amin Back Row: Mrs. Karen Palmer, Albert Song, Ethan Kang, Luke Speicher, Seth Waddell



Front Row: Mrs. Susanna Seip, Sahiti Vemury, Erin Tucker, Abigail Horton, Seika Dingel, Emma Krauss, Todd Lu, Emily Landolf Row 2: Miranda Grover, Skylar Alverson, Nabeel Mukhtar, Abigail Landolf, Cyrus Walker, Kelly Hoyt, Emily McIntosh, Hannah Mealy, Ethan Kang Back Row: Jenna Nickerson, Erin Thomas, Stephen Thomas, Lewis Wightman, Megan West, Quintin Fisher, Nicholas Sweet, Elizabeth Hogrefe, Aaron Thompson

CLUB EVENTS ARE A LOT OF FUN BECAUSE I KNOW PEOPLE IN THE CLUB **SO I GET TO HELP PEOPLE AND HAVE FUN** AT THE SAME TIME." Sahiti Vemury, 10



Front Row: Michael Daigler, Mark Parsamian, Isaac Rizkallah Back Row: Taylor Roberts, Wesley Wu, Vasu Maisuria, Nirel Christian, Caroline Nevins



Front Row: Emma Brown (10), Ada Jarosch, Josephine Schelling, Grace Cavuoti Back Row: Katarina Wulf, William Edwards, Collin Hauptman, Kiely



Front Row: Laura Wentzel, Trisha Bhatia, Tatum Treadwell, Emily Powers, Solenne Becker, Ria Gupta, Brenna Remchuk, Belinda Lint, Gabriella Stalter, Esha Soni, Lauren Thomas, Alvssa Tenny, Emily VanDelinder, Suray Amin Row 2: Shannon Barrett, Javla Skeete, Emma Turco, Owen Stelmack, Emma Keeler, Alexa Waksmunski, Kristen McIntosh, Parker Wolfe, Emma Brown (10), Kelly Hoyt, Jeanette Butler, Peyton Ryan Row 3: Mia Perry, Allison Richtmyer, Payton Thomas, Eric Reazor, Sofia Buduchina, Alivia Jiang, Alexa Cates, Elyza Greene, Madeline Burns, Riley Davis, Thais Mai, Clemence Paris Back Row: Kalea Faulk, Drew Rankin, Jeffrey Yuelling, Abigail Dejneka, Elizabeth Green, Imanni Harewood, Kiara Ball, Lauren Beall, Lauren Morris, Jenna Gridley, Lucie Frind, Lydia Robinson, Nicholas Jubilee



Front Kow: Grace Scouten, Alexis Swan, Ratelyn Beck, Lean storms, Asiney naim, Citazoeur Casey, Alexas Sonins, Jabriena Statet, Michael Casey, Lean Storms, Anna Smith, Alisa Willis, Michael Daigler, Isaac Rizkallah, Noah Hursh Row 2: Erin Terwilliger, Jennifer Roush, Mercedes Sullivan, Georgia Smith, Olivia Losito, Cleo Baker, Abigail Horton, Erin Tucker, Skylar Treadwell, Julienne Tsang, Jessica Bansil, Andre Wigley, Rachel Plumley, Nikitha Reddy, Carolina Nevins, Logan Olmstead, Riley Olmstead, Nabeel Mukhtar Row 3: Emilia Driscoll, Kenna Newmen, Zoo Dessoye, Rianne Nickerson, Deserai Shepard, Gabrielle Bertrand, Jada Stowe, Amanda Flick, Natalia Alonzo, Mark Parsamian, Samuel Woodhouse, Quintin Fisher, Chéyenne Ribble, Nicholas Flemmer, Courtney Smith, Sophie Eckhardt, Katherine McKane, Nathan Lawson Row 4: Collin Neally, Tyler Wead, Cameron Reilly-Steele, Lauren Ball, Morgan Hurd, Taylor Slavin, Adam Zingler, Derik Lisi, Kelly Hoyt, Lindsey Butler, Emma Stanton, Megan West, Avery Pambianchi, Cole Moore, John Cleary, Mariposa Maxim, Emma Webster, Olivia Brand, Mattison Edinger-VanAtta, Stephen Thomas Back Row: Jordan Haggard, Connor Carrigan, Nikolus Nickerson, Lucas Rossington, Jacob Freeland, Damon Smith, Robert Mechalke, Sara Frutos, Sydney White, Lauren Beall, Lauren Morris, Jared Gridley, Brody Hayes Glick, Alexander Chang, Camden Zaidel, Nicholas Sweet, Nicholas Rayeski, Aiden Bailey

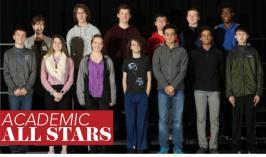


Front Row: Mrs. Jayasree Mangalagiri, Sophie Chen, Anastasia Wilson, Raina Barboza, Mia Perry Back Row: Solenne Becker, Sarah Coluccio, Gargie Deore, Trisha Bhatia

FAVORITE



Jennifer Koralewski Row 2: Arianna Pereira, Yushi Portwood, Hannah Masaki, Eva Adib, Alina Levine, Sophie Chen Back Row: John Hazlett, Andrew Phan, Piper Holleran, Saege Holleran, Amaro Chavez, Tyler Palm



Front Row: Max Thibault, Abigail McKenna, Josephine Schelling, Arthur Kagle, Ethan Kang, Jairam Hathwar, Wesley Wu Back Row: Ms. Karen Palmer, Oliver Guy, Nicolas Tinz-Burdick, Albert Song, Maximillian Urban, Westley Williams



Front Row: Kate Hanson, Brooke Yorio, Gabriel Losito, Jairam Hathwar Back Row: Mrs. Susanna Seip, Benjamin Ehemann, Max Thibault, Mrs. Megan Thomas

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Front Row: Mckenna Hill, Aleksandra Marjanovic, Surav Amin, Arianna Sardo, Olivia Smaldone, Abagail Bartenstein Row 2: Mrs. Judy Harriman-Carlson, Emily Curreri, Taylor Hurd, Brandon Spaugh, Karter Hooey, Gabriel Losito, Devin Enderle, Sugarmaa Feyling **Back Row**: Deserai Shepard, Joseph Dotolo, Silas Wieland, Benjamin Sterbenk, Halla Brill, Seika Dingel



Front Row: Torrey Jacobson-Evans, Kyle Zaidel, Jayla Skeete, Lindsey Butler, Nicholas Jubilee, Taylor Roberts Row 2: Alivia Jiang, Merica Griffin, Alexis Hawkins, Gabrielle Bertrand, Arianna Haskins, Samuel Wakeman Back Row: Imanni Harewood, Brody Haves Glick, Kristabel Uyinmwen, Litia Werner, Andrew Phan, Michael Bankston, Richard Priestley

"I LIKE THE **DIVERSITY IN IT NOW BECAUSE IT STARTED OFF AS ONLY BLACK PEOPLE AND NOW WE HAVE** A MIXTURE OF **RACES, SO IT'S** PRETTY FUN." Richard Priestley, 10



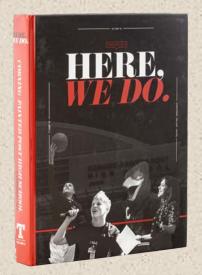
Front Row: Deyton Dickson, Erin Tucker, Gabriella Stalter, Aaryaa Donthu, Murphy Doud, Esha Soni, Jessie Jones, Sydne Franceschelli, Lindsey Warner Row 2: Noah Belanger, Nicholas Jubilee, Monique Tovey, Abbygale Kerwan, Kristen McIntosh, Alexa Waksmunski, Emma Keeler, Jillian Austin, Parker Wolfe, Sydney Hewit Back Row: Landen Burch, Brody Bartenstein, Kierstyn Saylor, Malayna Buman, Ashleigh Woodcock, Alexander Winsor, Erin Austin, Samuel Woodhouse, Hugo Sutton, James Ellison, Kalea Faulk



Front Row: Keyden Snow, Jordan Haggard, Nikolus Nickerson, Otto Sutton Row 2: Justin Rodriguez, Derik Lisi, Lauren Beall, Megan Coon, Kiely Caulfield Back Row: Riley Davis, Erin Austin, Alexa Waksmunski, Ada Jarosch



Front Row: Hannah Masaki, Lucia Chen, Paige Hardee, Dennis Jacob, Gregory Kobyakov Back Row: Eva Adib, Oliver Guy, Jared Gridley, Albert Song, Ms. Katie Gray Not Pictured: Nabeel Mukhtar, Jairam Hathwar, Arthur Kagle, Noah Hursh, Alex Chen, Ryan Charnetski, Mrs. Susanna Seip, Ms. Meaghan Julian



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FIRST PERIOD CHORUS

Front Row: Thereas Southerd, Jasmine Langdon, Marissa DeWert, Hannah Burlingame, Grace Speicher, Keitlyn Manuszewski, Alexander Alonzo, Kenneth Kunath, Jordan Fajardo, Kyle McEwen, Coby McAvinney, Cameron Bell, Destinee Townsend, Sara Togni, Selina Clark, Shreya Kamineni, Laura Wentzel, Bryn Terwilliger, Maheen Mukhtar, Molly Moylan, Jessie Jones, Evelyn Keys, Mrs. Judy Harriman-Carlson Row 2: Ava Marie Ruland, Elyza Santiago, Trinity Woodruff, Cooper Lyon, Madeline Gill, Trisha Benjamin, Jason Schlicher, Gabriel Losito, Benjamin Smith, Christopher Mattos, Alexander Frisbie, Aiden Mason, Allison Richtnyer, Erman Turco, Evelyn Piech, Montana Nichols, Faith Marmor, Naomi Evans, Ameena Bennoo, Sydney Hewit Row 3: Amelia Baker, Amanda Bansil, Isabel Barron, Sharish Monahan, Arianna Surita, Garrett Smith, Karter Hooey, Tanis Franchi, Ryan Charnetski, Julian Slater, Amaro Chavez, James Chaffee III, Kansas Hargrave, Ryan Costello, Madison Owens, Miranda Grover, Kaylee Richardson, Gracie Bostvick, Emma Boersen, Aarushi Bharadwaj, Melanie Jackson, Alivia Jiang Back Row: Lexis Maurer, Tianna Wood, Ana Buckley, Merica Griffin, Kathryn Brace, Wyatt Zwiefel, Jackson Smith, John Hursh, Christopher Mechalke, Daniel Casper, Micah Cornfield, Noah Efthimiou, Gavin Grinnell, Faith Hullings, Hannah Ike, Kelsey Johnson, Ashlyn Ball, Taylor Hurd, Madelyn Beele, Sara Mattos, Erin Thomas

"EVERYONE
IS SO GOOD
AT SINGING.
THEY'RE
REALLY FUN TO
LISTEN TO. I'M
EXCITED FOR
OUR CONCERT
BECAUSE THE
CHRISTMAS
MUSIC IS
AWESOME."
Amanda Kline, 11



Front Row: Nina Hotaling, Rhylaigh Arnold, Anna Cook, Justin Makitra, Deyton Dickson, Taegan Brown, Amanda Kline, Anastasia Wilson, Camryn Hauptman Row 2: McKenzie Bibalo, Destiny Buman, Esther Basabakwinshi, Seth Farrell, Aiden Kosinski, Elena Ehrhart, Cristina Gaskievicz, Ana Laura Rodriguez Posadas, Mackenzie Horning Row 3: Jade Hofstetter, Ashley Willie, Emily Youmans, Lawrence Binder, Matthew Dickens, Devin Enderle, Seth Waddell, Alexandra Anderson, Sugarmaa Feyling, Thais Mai, Alexs Hawkins Badck Row. Patrick LeBlanc, Jeffrey Yuelling, Noah Bange, Nathan Evans, Sean McKeiver, Benjamin Wilson, Armani Jackson, Emily Harrison, Mrs. Judy Harriman-Carlson



Front Row: Samantha Richards, Dylan Almy, Rachel Hevey, Ella Reppert, Elizabeth Huyler, Madison Roberts Row 2: Cassidy Galusha, Piper Holleran, Gabriella Gerbino, Merica Griffin, Paige Hardee, Olivia Thomas, Courtney Smith Back Row: Sacha Mayolet, Elyza Greene, Emily McIntosh, James Maxim, Sean McKeiver, Cameron Kirk, Catherine Santilli



Front Row: Sydney Reilly, Natasha Matusick, Arianna Sardo, Marshal Mitchell, Ella Reppert, Natalie Witt Row 2: Mrs. Kaleen Muldoon, Maggie Mertsock, Stella Hardy, Rayna Krise, Mr. Frank Barber Back Row: Mrs. Jill McLaughlin, Ethan Tozer, Anonymous Not Pictured: Natalie Kent



sets for Drama Club, the newly formed Art Club helps students find creative ways to get involved in the art department

INKTOBER:

"During Inktober, you get a prompt each day. You have to draw something that goes along with it, and you do all the drawings in ink. I gave up after the twentieth day but I was actually the one to bring Inktober up with the Art Club. I started it by myself because I saw a lot of other artists on Instagram and other internet forums posting their art, and I decided to jump on the bandwagon." Paige Hardee, 9

PLANNING FUNDRAISERS:

"From the beginning, we had a lot of plans of what we wanted to do, and we were proactive. Before Art Club started, I was designing shirts for art teacher Megan Wukovitz to have some sort of shirt fundraiser. We contacted Rainbow Lettering with a plan of how we wanted it to look and they sent us the final design. Then, we got the fundraiser started." Cassidy Galusha, 10



Snowy Night While other club members take time to work on their individual projects, co-president senior Courtey Smith gets a head start on Room D129's entry in the Holiday Door Decorating Contest. 'It's Starry Night, except it's Christmas-themed,' co-president senior Madison Roberts said. "It shows that this is an ant classroom, and it's still about the holidays." photo by Megan West



Front Row: Katelyn Beck, Mariposa Maxim, Abigail Horton Back Row: Connor Tozer, James Maxim, Aaron Thompson



Front Row: Brenna Remchuk, Alivia Jiang, Brooklyn Naylor, Jillian Austin, Mrs. Sharon Kendrick Back Row: Keyden Snow, Owen Walker, Erin Austin, Paige Hardee, Madeline Burns, Darien Beall



Front Row: Grace Speicher, Skylar Alverson, Olivia Smaldone, Luke Speicher, Noah Hursh Row 2: Mrs. Jennifer Quackenbush, Miranda Grover, Paige Hardee, Sydney Hewit, Emir Can, Albert Song Back Row: Gabrielle Bertrand, Ameena Hamenco, Taras Goral, Cameron Kirk, Jonathan Morse



Front Row: Quinn Symonds, Dillon Hall, Jaelyn Snyder, Ryan Breon Back Row: Jeffrey Yuelling, Bryson Bruce, Jacob Ergott, Skylar Youngman, Joseph Catanese



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Front Row: Arianna Manning, Seika Dingel, Sarah Roush, Jennifer Koralewski, Josephine Schelling, Theresa Southard, Leann McKerrow, Felicia Lash, Abagail Bartenstein, Surav Amin, Julee Gillemot, Sahiti Vemury, Rayna Krise, Ariana Gleason, Georg Sauer, Raegan Hanrahan, Ella Reppert, Ashley Halm, Laura Wentzel, Melanie Jackson Row 2: Quintin Fisher, Jennifer Roush, Cooper Lyon, Jessie Jones, Gabrielle Bertrand, Mckenna Hill, Josette Burke, Vanessa Kelly, Sugarmaa Feyling, Cassidy Owens-Kashorek, Sophie Eckhardt, Nicholas Jubilee, Emily Curreri, Madeline Gill, Justin Herberger, Kaylin Hanrahan, Olivia Smildone, Sarah Pambianchi, Thalia Ducor, Karter Hooey Row 3: Marposa Maxim, Evelyn Frields, Sarah Pambianchi, Thalia Ducor, Karter Hooey Row 3: Marposa Maxim, Evelyn Frields, Sarah Pambianch Reilly, Cameron Reilly, Stameron Reilly, Reilly Nikolus Nickerson, Sydney White



Front Row: Mr. Michael Simons, Monique Tovey, Mia Perry, Cooper Lyon, Jaelyn Snyder, Laura Wentzel, Ria Gupta, Aeryea Donthu, Ella Perry, Alyssa Tenny, Belinda Lint Row 2: Peyton Spring, Lorren Perry, Alyins Jiang, Cassidy Owens-Kashorek, Lauren Thomas, Gerena Crowl, Samentha Ward, Bailey MacAuley, Arianna Pereira, Adeba Tiwani, Lucy Hilker Row 3: Mrs. Katie Paulison-Harris, Abby Diepinska, Merica Griffin, Nicholas Jubliee, Sara Gamen Munariz, Kally Hoyt, Sophia Budachina, Charles Marshall, Kaitlyn Williams, Batoor Shah, Megan West, Alexis Woodcock Back Row: Andrew Phan, Cyrus Walker, Brooke Yorio, Kristen Myers, Lexis Maurer, Lewis Wightman, Alexander Brown, Kristin Hauptman, Elizabeth Hogrefe, Sophy McNarnare, Brennen Frost

"THE SISTER CITIES CLUB **WAS REALLY** CULTURALLY **DIVERSE, AND** I HAD THE **OPPORTUNITY** TO GO TO ITALY. SO I DECIDED TO JOIN." Mason Swan, 11



Front Row: Ms. Sharron Holland, Emily Powers, Shannon Barrett, Mia Colonna, Tatum Treadwell, Madeline Burns, Josephine Schelling, Vanessa Kelly, Anna Smith Row 2: Allyce Simmons, Brooklyn Naylor, Alivia Jiang, rushi Portwood, Alexa Cates, Katherine Weinstein, Owen Walker, Erin Austin, Mason Swan Back Row: Piper Holleran, Gracie Price, Imanni Harewood, Robert Ohl, Mr. Timothy Ball, Alexis Hawkins, Laura Smith, Brielle Friends, Mr. Chris Wert



Front Row: Ms. Kaitlyn French, Bryn Terwilliger, Madeline Gill, Ms. Mabra Karpie Back Row: Sofia Buduchina, Imanni Harewood



By selling everything from magazines to cookie dough, participants in the annual fall fundraiser help the Senior Class Council raise the money to put on events like prom and the senior trip to Hershey Park the fundraiser lasted





Front Row: Sahiti Vernury, Surav Amin, Ria Gupta, Peyton Ryan, Shannon Barrett, Tatum Treadwell, Emily Powers, Aaryaa Donthu Row 2: Emma Boersen, Emma Brown, Monique Tovey, Solenne Becker, Aleksandra Marjanovic, Alexa Cates, Mckenna Hill, Madelyn Beale Back Row: Sophia McNamara, Brooke Yorio, Kalea Faulk, Yushi Portwood, Nicholas Jubilee, Brennan Frost



Front Row: Mia Perry, Vanessa Kelly, Claire Mason, Jayla Skeete, Esha Soni, Emily Curreri Back Row: Mrs. Karen Nevins, Lydia Robinson, Maximillian Urban, Harrison Lynch, Charlotte Nevins, Madeline Burns, Mrs. Jami Perry



Plumley, Katherine Weinstein, Lauren Thomas Back Row: John Cleary, Nathan Lawson, Robert Mechalke, Kelly Hoyt, Mercedes Sullivan, Logan Olmstead, Taras Goral, Mr. Timothy Ball



Front Row: Ashley Halm, Maclaine Zink, Courtney Smith, Mercedes Sullivan, Rachel Plumley, Nikitha Roddy Row Z. Sydney Hewit, Errima Stewart, Jaelyn Sryder, MaKennah Hyer, Evolyn Fields, Ernily Youmans, Alexis Hawkins, Caroline Novins Row 3: Kolly Hoyt, Rebekah Knorr, Corin Theurich, Trinity Bell, Sugermae Feyling, Abogal Bartenztein, Gillian Mason, Modeline Gill Row 4: Jacqueline Smith, Jewell Dickerson, Alivia Jiang, Kiare Bell, Jenna Nickeron, Kaylo Metcalf, Alexanders Wheaton, Meghan Studdevant, Hugo Sutton



// Tesserae Corning-Painted Post High School Corning, New York

292 Design by Megan West Clubs & Organizations



Pront Row: Lauren Thomas, Emily Curreri, Ashley Halm, Surav Amin, Jolina Fajerdo, Leiney Zink, Belinda Lint, Jennifer Koralewski, Ella Perry Row 2: Modeline Ortiz, Gabriella Gerbino, Kayla Farley, Georgia Smith, Abigail Landolf, Arianna Fereira, Braiden McDaniel, William Edwards, Olivia McLellan, Yushi Portwood, Aiden Roth Row 3: Emily Landolf, Sophia Hollasch, Isabella Aikar, Katelyn Beck, John Hazlett, Charlishall, Tyus Fredirchsen, Georg Sauer, Jordan Fajardo, Brennan Frost Back Row: Kathryn Larrabee, Logan Larrabee, Trevor Halm, Savannah Lomax, Sara Frutos, Tyler Palm, Max Gustin, Robert Kesterson, Jenna Caso, Liz Tuckos, Saege Holleran



Front Row: Todd Lu, Ethan Kang, Emir Can, Albert Song, Talia Christiansen Back Row: Mrs. Karen Palmer, Nicolas Tinz-Burdick, Jonathan Morse, Maximillian Urban, Luke Speicher, Elizabeth Hogrefe, Abjail Dejneka Not Pictured: Elif Can





Front Row: Jewell Dickerson, Abigail Johnson, Tessa Watson Back Row: Corin Theurich, Hannah Mealy



Front Row: Georgia Smith, Emma Stewart, Marshal Mitchell, Sydney Crouch, Christina Mizzoni, Madizon Jake Row 2: Chanowa Skinner, Sarah Dickerman, Gabriella Gorbino, Jacob Serdula Back Row: Jason Case, Kristen Myers, Kayla Farley, Stephen Thomas, Matthew MacDougell, Alexis Erhard



Front Row: Natasha Matusick, Sydney Crouch, Rebakah Knarr Back Row: Lucas Hall, Natalie Kent, Olivia Losito, Rayna Krise, Adam Bibalo



Front Row: Abigail McKenna, Natasha Matusick, Ada Jarosch, Josephine Schelling Back Row: Ethan Tozer, Sabryna Stephenson, Rhianne Zarek, Katarina Wulf, Kiely Caulfield



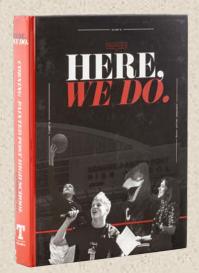
Front Row: Arianna Pereira, Aubrey Bowes, Julienne Tsang, Vanessa Turner, Rachel Hevey, Sabrina Ault Row 2: Spencer Sanders, Ben Sterbenk, Matthew McConnell, Braiden McDaniel, William Edwards, Ariana Gleason, Tobias Rankin, Elias Royce, Morgan Lakota Back Row: Tyler Palm, Benjamin St. Clair, Asad Ruffin, Jerry Hou, Saege Holleran, Jonathan Wolfort, Ariden Balley, Nicholas Theurich, Alexander Lander, Lander Lander Lander, Lander Lander



Front Row: Lauren Thomas, Faith Marmor, Ada Jerosch, Julienne Tsang Row 2: Kyle Nguyen, Jarry Hou, Grace Scouten, Braiden McDaniel, Adeah Tiwari, Jordan Fajerdo Back Row: Roy Springer-Kessler, Oliver Guy, Nicholas Sweet, Avery Pambianchi, Benjamin Ehemann, Kiely Caulfield Not Pictured: Josephine Schelling



Front Row: Eric Li, Sugarmaa Feyling, Joshua Smith, Matthew Dickens, Anas Hassan Back Row: Jett Moore, Alexander Alverson, Zachary Davis, Noah Peters Not Pictured: David Litreal



// Tesserae **Corning-Painted Post** High School Corning, New York

REFERENCE Design by Megan West

25 pts 1st STAC West

106-65

68-116

100.5-76.5

81-96

69-31

83-94

81-104

Elmira

Ithaca

Vestal

Bath

W

w

-----RECORD: 4-4

Maine-Endwell

Union-Endicott

Binghamton

Horseheads

51 pts 1st STAC Championships

142 pts 5th State Championships

32 pts 1st Section IV Championships

17 pts 1st STAC West 28 pts 1st STAC Championships 28 pts 1st Section IV Championships 87 pts 2nd State Championships

Front Row: Torrey Jacobson-Evans, Braden Hayes Glick, Lucas Hall, Matthew Gensel Row 2: Conrad West, Tyrus Friedrichsen, Ethan Mai, Brody Hayes Glick, Nikhil Lahiri, Adesh Tiwari, Alexander Hevey Row 3: Coach Raymond Lawson, William Stratton, Samuel Dickerman, Robert Kesterson, Jared Gridley, John Cleary, Matthew Hong, Coach Tim Ketchum Back Row: Max Thibault, Steven Segal, Collin Hauptman, Jack Gregorski, JT Ryan, Bryce Derick, Camden Zaidel



Front Row: Cristina Gaskievicz, Abigail Perry, Katie Hale Row 2: Julia Hluck, Olivia Grinnell, Faithe Ketchum, Grace Scouten, Alexandrea Wheaton, Sara Togni, Meghan Mullaney Row 3: Coach Raymond Lawson, Madelyn Beale, Sylvie Dickerman, Brianna Urban, Kendra Heath, Angelea Collins, Alicia Lawson, Madison Nichols, Grace Heath, Coach Tom Ketchum Back Row: Claire Mason, Evelyn Keys, Talia Cole, Brynne Ketchum, Cerena Crowl, Lillian Farrand, Victoria Collins, Lydia Keys,



Front Row: Meagan Meeker, Lucy Hilker, Hayle Schack, Lauren Thomas, Layla Melozzi, Abagail Bartenstein, Camryn Hauptman Row 2: Aleksandra Marjanovic, Ava Marie Ruland, Abigail Mckenna, Leah Palmesano, Amanda Bansil, Mckenna Hill, Vanessa Turner, Taylor Roberts Back Row: Sara Mattos, Alina Levine, Gracie Price, Kaitlyn Coluccio, Kiely Caulfield, Zoe Dessoye, Katherine McKane Not Pictured: Lucia Chen



Front Row: Lorren Perry, Chloe Chervenic, Kaylee Castellana, Sydney Eighmey, Rianne Nickerson, Madison Gorges Back Row: Toni Major, Lydia Robinson, Olivia Tannéberger, Lauren Morris, Lauren Ball, Sadie Sharkey, Taylor Slavin, Coach Irene Furnes

Maine-Endwell 3-1 Vestal W Elmira 3-0 3-0 Ithaca 3-2 W Binghamton 3-1 Horseheads 0-3 3-0 Owego-Apalachin Johnson City 3-2 W Elmira 3-0 W Ithaca 3-2 W Binghamton 3-2 Union-Endicott 3-1 W Horseheads ----RECORD: 12-1----

Front Row: Emma Keeler, Jenna DiNardo, Abbygale Kerwan Row 2: Kaitlyn DiNardo, Celine Schwesinger, Alexa Waksmunski, Parker Wolfe, Sofia Budachina Back Row: Coach Kevin Furness, Anastasia Nicholson, Kristen McIntosh, Madalyn Bouton, Abby Chang, Imanni Harewood, Molly Bierman, Olivia Keegan, Coach Barb Smith

> 1. Jump On It Facing off against blockers from Union-Endicott, sophomore Anastasia Nicholson tips the ball over the net. "In the beginning of the season we weren't really close because the sophomores didn't know the freshmen, but after we did a couple team bonding things, we got really close," sophomore Kristen McIntos said. "We all came to my house and watched a volleyball movie, and it was really fun." The JV volleyball team won the match 2-0. photo by Belinda Lint 2. Serve's Up Eyes locked on the ball, sophomore Kristen McIntosh serves during the final JV home game against Horseheads on Oct. 23. "My favorite memory from this past season was probably playing Horseheads. It was a game that we should have won, but it was a challenge for the team and a challenge for me," said freshman Madalyn Bouton. "We still lost the second game against them, but it was a lot better because we were more of a team that time." photo by Alexis Woodcock













// Tesserae **Corning-Painted Post** High School Corning, New York

23-48 L Elmira 45-34 W Union-Endicott W Ithaca 43-14 45-28 W Roosevelt 21-28 Horseheads 7-44 Auburn 14-26 Vestal 21-50 Binghamton 6-59 L Elmira ----RECORD: 3-6 ----

> <mark>Front Row:</mark> Clayton Vaughn, Garrett Sakona, Isaac Knickerbocker, Owen Zahradka, Bo Farrell, Ja'Ovian Fisher, Derek Tucker, John Furstoss, Austin Chouinard, Jamiel Filkins Row 2: Devonta Sinclair, Adarshpal Singh, Alexander VanZile, Dillon Herritt, Adam Zingler, Jacob Riker, Max Freeman, Hunter Wright, Justin Rodriguez, Matthew Snapp, Zachary Wood Row 3: Coach Michael Schmitt, Samuel Wakeman, Jacob Townsand, Robert Mechalke, Cody Krise, Brice Carr, Tyrese Jamison, Jacob Brady, Hunter Newman, Maxhemilian Stansfield, Noah Belanger Back Row: Coach Matt Rhodes, Coach Robert McGee, Joshua Waldron, Seth Hoque, Kyle Jankowski, Tanner Kizis, Erik Kopf, Blake VanWoert, Joseph Ott, Howard Brown, Coach George Bacalles, Coach Tim Hughes

6-20 Elmira 0-22 Union-Endicott 40-0 w Ithaca 6-43 Susquehanna Valley 14-22 Horseheads

36-28 W Auburn 36-8 W Vestal 42-6 W Binghamton

36-14 W Chenango Forks -----RECORD: 5-4

Front Row: Ryan Hughes, Kyle Curran, Lee Tuma, Gavin Gonzalez, Chase Daudelin, Cole Slavin, Nicholas Volpe, Braeden Hudson, Jason Schlicher Row 2: Ben Wilcox, Brody Bartenstein, Caleb Chaffee, Camden Sortore, Trever Braeden Hudson, Jason Schlicher New 2: Ben Wilcox, Brody bartenstein, Called Charlee, Camden Softore, Irek Minarovich, Kelly DuPree, Brendan Fairchild, Lucas Zawko, Coby Carr, Noah Herberger Row 3: Cooch Joseph Bacallas, Joseph Nichols, Keyden Snow, Trevor Halm, Neal Singh, Dillon Kennedy, Jacob Hogan, Jahmique Butler, Grayson Saltzer, Devin Page, Coach Geoff Waksmunski Row 4: Coach Charlie Havens, Zachary Stephens, Benjamin Furstoss, Robert Ohl, Breaden Rease, John Hursh, Brayden Cosier, Cody Reed, Daniel Casper, Nathan Harpster, Rolando Meyers Back Row: Christopher Mechalke, Kevin Brooks, Wyatt Zwiefel, Clayton Rice, Mason Smith, Zackery Nelson

1. On the Run With opposing players hot on his heels, sophomore Brody Bartenstein runs the ball down the field during the game on Oct. 13 against Vestal. The JV football team won the game with a final score of 36-8. photo by Alexis Woodcock 2. Can-do Attitude During a pause in the game against the Horseheads Blue Raiders on Sep. 28, sophomore Cody Reed gets hyped up with his teammates. "My favorite part of the season was being with all my teammates and just everyone going through the same thing together. When someone scores, everyone jumps around and gets excited," freshman Daniel Casper said. The game ended in a 14-22 loss for the JV team. photo by Brooke Yorio





Front Row: Gabrielle McLean, Cecilia Lapierre Row 2: Kaiyia Heard Back Row: Mercedes Wilson, Sarah DiNardo, Jewell Dickerson, Shariah Monahan, Logan Wright, Armani Jackson, Alexis Hollister, Chandler Erway, Kelsey Johnson, Isabella Wray, Keli Smith



Front Row: Monika Bustamante, Kerri Gulkis-Agner, Holly Kniffin, Elizabeth Peterson Row 2: Aleandra Loucks, Makayla West, Emily Youmans, Makayla Haischer, LaBrina Johnson, Kendall Garrett, Alexieus Hathaway Back Row: Morgan Malarkey, Caitlin Oropallo, Kennedy Blencowe, Laura Smith, Maiha Fairchild, Alyssa Butler



Front Row: Anjali Mangalagiri , Bryn Terwilliger Row 2: Akiha Tagawa, Josephine Schelling, Talia Christiansen, Montana Nichols, Teagan Brown Back Row: Sara Gamen Munarriz, Emma Brown, Tabetha Rowlands, Sydney White, Amber Little, Danielle Cohen, Kaylie Jacobs Not Pictured: Madelyn Collier, Frances Mack

Get In Formation In preparation for the upcoming season, members of the JV and varsity cheer teams attend a summer practice on Aug. 20. "You split off into groups to make up your own cheer with a group of like five or six girls and you try out in front of the coaches, group by group," senior Cecilia Lapierre said. "You do your chants, cheers dances, and jumps with your group, so you don't have to be by yourself. It doesn't single anybody out." photo by Lauren Thomas



Whether it's their first time trying out or their fourth year on the team, girls involved in fall cheerleading attend summer practices as they prepare to make their mark at tryouts in mid-August

"This was my first year and it was very nerve wracking-I was anxious every day. It was hard, but people like the coaches were very supportive and everything. Some of the girls were intimidating because they were really good and they did cheerleading last year, but a lot of them made me feel comfortable to express myself. It was fun getting to meet people and getting sisters, basically."

Caitlin Oropallo, 10

"Going in as a senior, I felt more at home because I knew the girls, I knew the coaches and I knew what the tryout process was like. I knew my skills and what I know I could use to help the other girls as they tried out. I have experience in helping younger girls with cheerleading from past teams."

Cecilia Lapierre, 12

112.325 2nd Penfield 108.55 3rd Batavia 112.0 Rush-Henrietta 117.95 2nd Home 2nd Home 3rd Penfield 113.15 113.3



// Tesserae **Corning-Painted Post** High School Corning, New York

298 REFERENCE Design by Megan West

0-2

0-2 2-1

3-2 2-1 1-0 1-2 1-2 1-2

0-0 2-0 2-0 1-0 1-0

1-0

221-238

215-210

218-228

203-200

197-196

169-166

Vestal

Elmira W Ithaca

> Elmira Athens

Ithaca Binghamton

Athens ----RECORD: 9-5-1

217-210 L Maine-Endwell 209-213 W Vestal 213-241 W Johnson City

W Elmira

L Ithaca 204-234 W Binghamton

W Union-Endicott

L Horseheads 204-229 W Owego Apalachin

L Horseheads

L Wellsboro 195-237 W Elmira 213-222 W Ithaca 200-228 W Binghamton ----RECORD: 9-5

W

W

W

W

Binghamton

Horseheads

Johnson City Union Endicott

Horseheads

Owego-Apalachin Maine-Endwell

1-4 Vestal 1-0 W Elmira 0-9 Ithaca 10-1 Binghamton w 2-1 5-4 3-1 1-1 3-4 1-3 8-3 4-2 Horseheads W Owego Apalachin Maine-Endwell Elmira Athens Ithaca Binghamton W Johnson City Horseheads 3-0 Union-Endicott ----RECORD: 8-5-1

Front Row: Jaylen King, Luke Johns, Benjamin Smith Row 2: Kyle McEwen, Aidan Smith, Nathan Webb, Ryan Charnetski, Gregory Kobyakov Back Row: Coach Chad Freelove, Nicholas Butler, Didi Molingou, Ethan Winsor, Sean Kahabka, Sasha Logunov, Elijah Archuleta Not Pictured: Talon Elliot, Khaled Alzahrani, Joseph Catanese



Front Row: Tony Perkins, John Greene, Stephen Kuenzli Jr, Drew Witham, Nicholas Flemmer Row 2: Micah Cornfield, Nolan Daniels, Steffen Kercher, Brennan Frost, Noah Crawford, Anas Hassan, Seth Grottenthaler, Vasu Maisuria Back Row: Duncan Howard, Noah Bange, Chase Merrill, Griffin Huff, Otto Sutton, Noah Hunkele, Hugo Sutton



Front Row: Jairem Hathwar, Cherles Marshall, Tyler Thomas, Luca Neally, Alexis Durkin, Connor Murphy, Alex Chen, Carson Crane Back Row: Coach Michael Clark, Benjamin Tubbs, Nicholas Hepburn, Edward Gigliotth, Andrew Beall, Cameron Kenefick, Alexander Winson, Jason Ford



Front Row: Alexis Tenny, Molly Moylan, Naomi Evans, Taylor Hurd, Jenna Moylan, Laura Wentzel Row 2: Peyton Ryan, Sydne Franceschelli, Katelyn Stanbro, Caylie Copp, Jillian Seaman, Sarah Coluccio, Gillian Mason, Murphy Doud Back Row: Coach Kimberly McNaney, Brockelyn Batzing, Chloe Freeland, Riley Ford, Sophia McNamara, Reina Powers, Madeline Gill, Chanel Salbego





Front Row: Alyssa Tenny, Ashlee Volpe, Erin Terwilliger, Olivia Brand, Elizabeth Casey, Gabriella Stalter Row 2: Gianna Chicarielli, Alexis Johns, Cleo Baker, Logan Olmstead, Katherine Weinstein, Caroline Nevins, Lauren Gerow Back Row: Charlotte Nevins, Emma Webster, Kenna Newman, Abigail Dejneka, Megan Coon, Lauren Beall, Riley Olmstead

| 0 W 1 L 0 W 4 L 0 W 0 W 3 L 5 L | Ithaca Binghamton Horseheads Owego-Apalachin Johnson City Elmira Vastal |
|--|---|
| 0 W 4 L 0 W 0 W 3 L 5 L | Binghamton Horseheads Owego-Apalachin Johnson City Elmira Vestal |
| 4 L 0 W 0 W 3 L 5 L | Horseheads Owego-Apalachin Johnson City Elmira Vestal |
| 0 W 0 W 3 L 5 L | Owego-Apalachin Johnson City Elmira Vestal |
| 0 W 3 L 5 L | Johnson Čity Elmira Vestal |
| 3 L 5 L | Elmira Vestal |
| 5 L | Vestal |
| | |
| 2 т | |
| | Ithaca |
| 0 W | Binghamton |
| 0 W | Union Endicott |
| 4 L | Fayetteville-Manlius |
| 0 W | Horseheads |
| 2 L | Section IV Semifinals |
| -REC | ORD: 7-7-1 |
| | 0 W 4 L 0 W 2 L |



Front Row: Tatum Treadwell, Trisha Bhatia, Sydney Wood, Skylar Treadwell, Esha Soni, Mia Colonna Row 2: Solenne Backer, Nikitha Reddy, Alexa Cates, Nicole Wendlandt, Jessica Bansil, Gabriella Nares, Rachel Plumley Back Row: Abby Wente, Erin Austin, Darien Beall, Elizabeth Green, Jessica Pesansky, Riley Davis, Coach Timothy Ball Not Pictured: Emma Boersen

| L W W | Ithaca Vestal Elmira | | | |
|-------------|----------------------------|--|--|--|
| w | Elmira | | | |
| • • | Lilling | | | |
| w | | | | |
| | Horseheads | | | |
| L | Owego-Apalachin Elmira | | | |
| w | | | | |
| w | Johnson City | | | |
| L | Ithaca | | | |
| L | Union-Endicott | | | |
| w | Binghamton | | | |
| L | Horseheads | | | |
| | W L L | | | |

// Tesserae

| 74-43 | w | Northstar Christian | | | | 9 | | 1 |
|-------|----|---------------------|-------------------|--------------|--------------------|---|-----------------------|--|
| 38-66 | L | Maine Endwell | BATTLE A | 100 | CONTRACTOR OF | STORY OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN | | 1-1 |
| 74-72 | W | Vestal | C 600 | | | Che. | | TO SHARES D |
| 6-53 | W | Elmira |) | S 100 (100) | | | | |
| 6-58 | L | Ithaca | / DECEMBER 1 | | CU | HNINE ALL CORP | VINE LILE SORV | INC |
| 6-57 | W | Binghamton | 100 m | | ORNING | 开 | | 100 |
| 9-40 | W | Wellsville | | ALC: NO. | | | 1 | E. C. S. |
| 8-61 | L | Johnson City | | 100 | - | | Name of the | N. II. |
| 5-49 | W | Horseheads | 100 300 400 | | | | | |
| 2-44 | L | Owego Apalachin | | | | | | |
| -56 | L | Elmira | | | T Change | The All | Table Allen | Ch. All |
| 5-47 | L | Ithaca | JOR WINS | PODMING | CORNING | CORNINE | CORNING | ORTING |
| 1-53 | L | Union Endicott | | 101111111 | | | 1 | |
| 2-31 | W | Binghamton | | A 20 | | | | 22 |
| 1-43 | W | Horseheads | The second second | | | | | |
| 5-36 | L | Wellsville | DOVC | 11/ | AND DESIGNATION OF | 1 m | | |
| 3-60 | L | Northstar Christian | BOYS | JV | | | | |
| —F | EC | ORD: 8-9 —— | BAS | KETB. | ALL | | TO THE REAL PROPERTY. | |

Row 1: Isheunesu Maphosa, Landen Burch, Mason Smith, Owen Walker, Keyden Snow, Gavin Grinnell Row 2: Coach Michael Johnston Jr, Jalen Henderson, Benjamin Bouton, Alexander Boychuck, Brennan



Andersen Memorial Tournament

Batavia Tournament Ithaca

Windsor Tournament

Saratoga Invitational

STAC Championship

Partridge Memorial Duals

Chenango Forks Section IV D1 Dual Championship

Section IV D1 Championships

STAC WEST CHAMPIONS

STATE QUALIFIERS

132 lbs Drew Witham - NYS 6th place

138 lbs Chase Daudelin

160 lbs Quashaun Robinson

182 lbs Zachary Davis

Binghamton

Horseheads

Binghamton

44-36 Elmira

3rd 50-18

26th

51-21

12th

37-36

4th

3rd

67-65

38-44

54-28 Addison



Row 1: Noah Walker, Jackson Casey, Nicholas Garner, Justin Rodriguez, Nicholas Flemmer, Aidan Chamberlin Row 2: Coach Phil Hopkins, Jordan Haggard, Elik Kopf, Cameron Laughlin, Lucas Rossington, Blake Van/Woert, Michael Bankston, Noah Belanger Not Pictured: Nicholas Nickerson



Row 1: Emily Landolf, Charles Loucks, Derek Root, Chase Daudelin, Drew Witham, Ethan Hart, Jeremiah Adams, Damian Bulkley Row 2: Lucas Zawko, Jayson Hackett, Camden Sortore, Jacob Rizkallah, Dominic Bulkley, Jacob Riker, Dalton Smith, Seather Stephenson Row 3: Zachary Davis, Dillon Kennedy, Damien VanEtten, Brayden Cosier, Camden McConnell, Neal Singh, Quashaun Robinson



Row 1: Alexis Lapierre, Ashlee Volpe, Jenna DiNardo, Madigan Wakefield, Aaryaa Donthu Row 2: Alyssa Dobson, Hannah Plumley, Sophia McNamara, Sara Gamen Munarriz, Elif Can, Samantha Lee



STAC WEST CHAMPIONS

STAC CHAMPIONS



Row 1: Aarushi Bharadwaj, Gabriella Stalter, Sydney Wood, Erin Terwilliger, Rachel Plumley Row 2: Stefany Booker, Emma Webster, Kenna Newman, Kalea Faulk, Lauren Beall, Erin Austin Row 3: Coach Tate Williams



Now You're Talking While the JV girls basketball team takes on Horseheads on Feb. 6, coach Matthew Burch talks strategy with the players during a first half timeout. "The coaches' pep talks got us pretty hyped up. We also watched films of plays to get us prepared for the games," freshman Alexis Lapierre said. 'Making it to championships was a great experience. It was nerve racking, but it was worth it." The team defeated Horseheads 50-39 and went on to claim the STAC championship, defeating Norwich and Maine-Endwell in the STAC tournament, capping a one-loss season, photo by Alexis Woodcock

From the first practice to their victory as STAC West Champions, each member of the JV girls basketball team faces different challenges on and off the court on their way to a STAC championship reporting by Cooper Lyon



ON THE BENCH

"I overcame my injury by thinking positively and believing that I'll get back on the court. I would go to every game that I could attend. I felt really proud for all of my teammates who won and got to the championships and I wished them all the best of luck." Samantha Lee, 9

ON THE COURT

"As a captain, there were definitely some practices where I yelled a little bit more than usual, but everyone knows that I try to mean the best at heart. Everyone interacted really vell with each other and with the whole team." Hannah Plumley, 10



Corning-Painted Post High School Corning, New York



// Tesserae **Corning-Painted Post** High School Corning, New York

16 pts

SECTION IV CHAMPIONS

Sectional Top Five Finishers: 30 pts Lindsay Butler 20.5 pts Jayla Skeete 18 pts Claire Mason 16.5 pts Charlotte Newins Litia Werner

STATE CHAMPION Lindsay Butler 600M

STATE MEDALISTS

4x800M L. Butler, C. Baker, J. Skeete, C. Mason

4x400M C.Nevins, E. Ferrie, E. Brown, C. Baker

STATE QUALIFIERS

C. Baker, E. Brown, L. Butler, E. Casey, A. Collins, E. Ferrie, L. Gerow, C. Mason, G. Mason, C. Nevins, A. Perry, J. Skeete, L. Werner

NATIONALS QUALIFIERS

C. Baker, L. Butler, E. Ferrie, C. Mason, C. Nevins, J. Skeete All Nationals qualifiers were named All-American



Row 1: Cerena Crowl, Cristina Gaskievicz, Abby Wente, Margaret Cleary, Vanessa Kelly, Hannah Ike, Josie Carl, Jennifer Koralewski Row 2: Chioe Freeland, Faithe Ketchum, Lauren Gerow, Gillian Mason, Elizabeth Csesy, Cieo Baker, Talis Cole, Elora Ferrie, Sarah Pambianchi, Italyia Rijo, Emma Brown (12) Elizabeth Lasey, Lielo Baker, Ialia Lolle, Lilota Petrie, Jarah Fambianchi, Atalyia Rijol, Emma prown (12) Row 3. Kristabel Uyimmwen, Sylvie Dickerman, Charlotte Nevins, Litta Werner, Lindoey Butder, Janua Gridley, Megan Coon, Alicia Lawson, Elizabeth Green, Elysas DeRosa, Kailee Gwin Row 4: Julia Hluck, Abigail Perry, Chloe Chervenic, Olivia Grinnell, Sara Togin, Mia Colonna, Katie Hale, Talia Christiansen, Rachel Rebis, Peyton Ryan, Alexis Tenny Row 5: Lillian Farrand, Grace Socuten, Lydia Kays, Jayla Skeete, Brynne Ketchum, Brianna Urban, Anastasia Nicholoon, Alexis Johns, Claire Mason, Emily

VARSITY

IL W Maine Endwell Maine-Endwell 4-1 W Horseheads 4-1 Horseheads W Elmira Elmira 5-0 Vestal Vestel 5-0 W Owego W Owego 5-0 4-1 Horseheads W Vectel Union Endicott Horseheads 2-3 Elmira 0-5 Union Endicott 5-0 0-5 W Johnson City Elmira 5-0 4-1 Johnson City Chenango Valley -RECORD: 7-4 -RECORD: S-1 -



Row 1: Rachael Borden, Ella Perry, Cheyenne Balch, Brittney Millhollen, Lauren Thomas, Madison Roberts Row 2: Alexis Woodcock, Dusti VanHouten-Foster, Paige Gethin, Hanna Millhollen, Mercedes Sullivan, Destiny Buman Not Pictured: Meghan Sturdevant

Maine Endwell 5-0 W Horseheads 5-0 5-0 Elmira 4-1 Vestal 4-1 Owego 5-0 Binghamton Horseheads Binghamton

5-0 4-1 Union Endicatt 5-0 5-0 W Elmira W Johnso Johnson City

-RECORD: 11-0-

JV

Maine Endwell W Horseheads W Elmira W Vestal W Owego

VARSITY

W Binghamton W Vestal W Horseheads W Binghamton 5-0 W Union Endicott W 5-0 Elmira 5-0 W Johnson City W Johnson City

Sectionals State Qualifiers

NYS Championships

----RECORD: 14-1----

Row 1: Noah Freeland, Phillip Borden, Noah Dieg, Matthew Hoffman-Bellucci, Brody Amidon Row 2: Aiden Kosinski, Devon Hamilton, Isaiah Beschler, Joseph Enderle, Michael Hoffman-Bellucci, Derik Lisi Row 3: Wayne Bellucci, Lucas Gwin, Alexander Chang, Tanner Kizis, Jacob Freeland, Brice Carr, Cory Bigelow



Row 1: Conrad West, Dillon Hall, Caleb Chaffee, John Cleany, William Russell, Hayden Allington, John Hazlett, Ethan Mal, Yishal Madhudi, Torey Jacobson-Evane, Cameron Stanbro, Braden Hayes Glick, Camden Zaidel, Nikhil Lahir Row 2: Alex Hoover, Keone Wallace, Dylan Reynolds, Nikholae Hepburn, Camden Zaidel, Nikhil Lahiri Row 2: Alex Hoover, Keone Wallace, Dylan Reynolds, Nicholas Hepburn, Harrison Lynch, Kyle Zaidel, Jack Gregorski, Joseph Catanese, Collin Hauptman, Isaac Knickerbocker, Max Thibault, JT Ryan, Steven Segal, Clayton Vaughn Row 2: Jai Ovian Fisher, Matthew Hong, Jared Gridley, Otto Sutton, Kadin Herman, Caden Keough, Sean Kahabka, Robert Ohl, Robert Mechalike, Nathan Lawson, Brody Hayes Glick, Tyleef Durham, William Stratton, Nicholas Butler Row 4: Payton Thomas, Richard Priestley, Gavin Gonzalez, Jacob DeRosa, Luke Johns, SeungJue Baik, Stephen Kuensli Jr, James Gensel, Surav Amin, Jordan Fajerdo, Nathan Webb, Adam Zaborsky, Triston Smith Row 5: Micah Cornfield, Hugo Sutton, Michael Millow, James Martuscello, Spencer Cowner, Logan McKerrow, Gedwin Dominguez, Zachary Storm, Christopher Mechalike, Samuel Wakeman, Zachary Stephens

SECTION IV CHAMPIONS

Sectional Top Five Finishers:

Robert Mechalke Torrey Jacobson-Evans 13.5 pts Bryce Derick

12.5 pts Otto Sutton 12 pts John Cleary

STATE MEDALISTS

4x800M O. Sutton, B. Derick,

J. Cleary, S. Segal

Intersectional C. Zaidel

STATE QUALIFIERS

J. Cleary, B. Derick, B. Hayes-Glick, M. Hong, T. Jacobson-Evans, N. Lawson, H. Lynch, R. Mechalke, R. Priestley, J.T. Ryan, S. Segal, O. Sutton, C. Vaughn, C. Zaidel, K. Zaidel

Hilton Invitational

Wolverine Invite

Glen Invitational

100 Breast C. Bartone

Elmira Invitational

Maine-Endwell/Chen, Forks

NEW C-PP RECORDS

400FR R. McNutt, D. Hursh, D. Palumbo, C. Bartone

200MR D. Palumbo, C. Bartone,

Y. Portwood, R. McNutt



Row 1-Jonathan Farin, Nicholas Jubilee, Mark Parsamian, Yushi Portwood, Benjamin Smith, Alax Chen Row 2: Jakob Langtry, Raphael Palecio, Robin Liu, Quintin Fisher, Ethan Kang, Walter Towery, Andrew Phan, Gabriel Palecie Row 3: Cole Moore, Callen Bartone, Robert Kesterson, Daniel Hursh, Ryan McNutt, Ethan Banka, Kia Eshraghi Row 4: Samuel Woodhouse, Owen Fisher, Domenic Palumbo, Mitchell Koralewski, Jatt Moore, Jerry Hou, Logan Bunch, Bryson Bruce

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Y. Portwood, C. Bartone 100 Breast C. Bartone

STATE MEDALISTS

200MR D. Palumbo, C. Bartone, 10th place Y. Portwood, R. McNutt

3rd

2nd



Row 1: Kerri Gulkis-Agner, Makayla West, Aleandra Loucks, Monika Bustamante Row 2: Armani Jackson, Amber Little Row 3: Sarah DiNardo, Maiha Fairchild, Shariah Monahan, Makayla Haischer, Elyza Greene, Montana Nichols

3rd Bath 3rd Chenango Valley 2nd Elmira College 4th STAC 3rd STAC Finals



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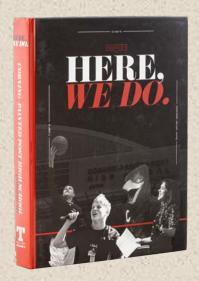
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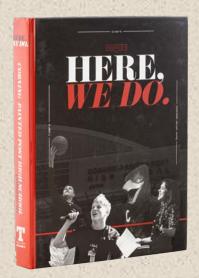
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Nicholas Sweet Concert & Performance Band 9-12th, Jazz Band 10-12th, Pep Band 10th, Choristers 11-12th, H-Notes 12th, Interact 10-12th, Drama Club 10-12th, International Thespian Society 11-12th, National Honor Society 11-12th, Plume

Bowling 11-12th, Girls Golf 10th, Concert & Performance Band 9-12th, Jazz Band 9-12th, Wind Ensemble 9-10th, 12th, Pep Band 9-12th, National Honor Society 11-12th, Key Club 12th, Yearbook 10-12th, Class

Skylar Treadwell Girls Tennis 9-12th, JV Girls 11th, National Honor Society 11-12th, FBLA

Tyler Wead JV Boys Lacrossa 9-10th, Varsity

Katherine Weinstein JV Girls Soccer 8th, 9-10th, Varsity Girls Soccer 11-12th, Indoor Track 9th, Girls Golf 9-12th, Class Sovernment 11-12th, Sister Cities

Megan West JV Girls Soccer 9th, Concert & Performence Band 9-10th, 11th, Interact 9-12th, National Honor Society 11-12th, Yearbook 11-12th, Book Club

Alexis Woodcock Girls Bowling 10-12th. Drama Club 9th, National Honor Society 11-

Camden Zaidel Cross Country 9-12th, Indoor Frack 9-12th. Outdoor Track 9-12th

With Volume 5, a new approach and a celebration of how where we're from

the Tesserae yearbook at Corning-Painted participate in both at and away from school. Post High School in Corning, NY. Tesserae Two of our co-Editors-in-Chief, Lauren is a student-produced publication and is a public forum for student expression.

Our theme development process began end of the year. As summer began, we were working with the theme, "It's What We Do Here," with an emphasis on locations and

T'S MORE THAN A BOOK FIND TESSERAE'S DIGITAL CONTENT AT TESSERAEYBK.COM AND YOUTUBE.COM/TESSERAEYBK

the wide range of activities our students Thomas and Kristin Hauptman, attended Yearbooks at the Beach, a camp in Long Beach, Calif., in late July. With input from in May 2018, as the Volume 4 staff completed the camp staff and inspiration from a video mood board inspiration projects before the promoting DePaul University, we refined the Post. This year, we wanted to make a point theme into "Here, We Do."

Vol. 5 follows an umbrelle structure, an approach where content and coverage is packaged on a spread based on unifying words or concepts. For instance, pages 38-39 focus on "Here, We Dive In," and feature our district, as well as seniors enrolled at stories about freshmen adjusting quickly to high school, volleyball players diving to keep balls in play, students enjoying scube diving and snorkeling and the girls swimming and diving team developing friendships with each other. Additionally, the book is separated into three location-based color Vista litho with an applied UV gloss.

sections: "Inside," "On Campus" and "Out There," which strengthens the link between the theme and our coverage.

We're proud of our 10 interrupters of ump coverage, each of which focuses on one geographic area in our community. The towns and villages that make up the Coming-Painted Post School District are each unique places that foster specific opportunities and events where our students live their lives. In addition to regular coverage, Volume 5 highlights each of these areas in and around our district and the things that we do there. Historically, the yearbook staff has felt

we've excluded or under covered many students who live out in rural areas or far away from the center of Corning-Painted of representing each of the towns that our students come from and what activities and features make those towns unique. The double-spread features include coverage of students' rural lives on the outskirts of Corning Community College, interns working this past summer at Corning, Inc., and more. Inspiration for these spreads and our dividers came from the UK-based travel magazine 'Escapism.'

The cover is a soft lamination four-

Endsheets are HJ classic Carrara stock white, and the 320 pages of the book are printed on 100# matte paper.

Tesserae Vol. 5 was sold for \$65 in September, \$70 from October to February 2, and \$80 thereafter. The Herff Jones printing plant in Kansas City, located at 6015 Travis Lane, Mission, KS 66202, produced 900 copies of the book.

Editors-in-Chief Lauren Thomas, Kelly Hoyt and Kristin Hauptman and their 43-student staff produced Vol. 5 on six deadlines from October to May, with the final deadline including Tesserae's 32-page spring supplement, which can be found on page 148 and was printed by Graphic Solutions in Village Square, Painted

Vol. 5's coverage includes digital content at tesseraeybk.com and YouTube.com/ TesseraeYBK, as well as reporting at Instagram com/TesseraeYBK.

As determined by the student editors, it is the policy of Tesserae that school enrollment, grade, student name and gender information derive from the C-PPHS school database as reported on Feb.1, 2019. Sports scores shall be accurate as of the day before final deadlines for page submissions of the pages/sports in question.

A NOTE FROM EI3:

After three years on staff, I can honestly say that joining yearbook has been the best decision I've ever made. The hours I spent hunched over proofs with my fellow editors. the countless times I wanted to punch myself in the face from seeing so many lowercase i's, the weekends, holidays and study halls I've spent in the yearbook lab have all been worth it to have gained so much from it.

Thank you to our advisers, PH and Simons for your endless support and for teaching me lessons that will extend far beyond the lab. Thank you to our administrative staff for your continuing support in enabling us to tell the story of our school in an authentic and holistic way.

Thank you to the V5 staff for making this such an amazing year to be an EiC. All of your hard work and unique talents have made this my best year on staff. Finally, thank you to Kelly and Kristin for putting up with me and being my absolute favorite people ever. I cannot wait to see what the future of Tesserae holds and I am overwhelmingly proud to have been a part of its past. Lauren Thomas, Class of 2019

In my third year as part of the Tesserae family, I have been exceptionally lucky to work with so many amazing people. Thank you to Lauren and Kelly for being my absolute favorite idiots, and working by my side to create this amazing book. I am happy to say that, even through the stress we were able to love and support each other deadline after deadline.

I am extremely grateful to Elia and Mia who always got me out of my d-zine jams, as well as Simons for always offering advice or coffee. I feel so blessed to have been able to work alongside such an amazing leadership team and coverage staff. This book would not have been possible without the hard work of each and every member of the staff.

Thank you to the many advisers who helped us in our creation of V5, from the west coast to the east coast. To Pete LeBlanc for his guidance, Paul and Ann for their helpful feedback, Jim Jordan for his help at Camp Tesserae, and last but not least, the Yearbook Besties: Meghan Percival, Erinn Harris and Carrie Faust for always giving us new ideas and encouragement. Thank you to everyone for such an amazing year and I hope all the years to follow are just as amazing.

Kristin Hauptman, Class of 2020

Resources used to produce Tesserae includes

- 29 27-inch iMac desktop computer
- Adobe Creative Cloud InDesign.
- Photoshop, Premiere and After Effects
- Fonts: Avenir and Eloquent
- Colors: Red (20, 100, 100, 10) and black
- Page submission via digital upload to Herff Jones
- Student body portraits by Lifetouch Studios
- Canon T3i, T5i, T6i and 7Dmk2 cameras
- Canon 50mm f/1.8, 24mm f/2.8 and Sigma 18-35 f/1.8, 24-70 f/2.8 and 70-200 f2.8 lenses
- Lighting equipment including a mix of
- Yongnuo speedlites and 622-C triggers - Lots of coffee

Vol. 4, was recognized with an All-Columbian Gold Medalist

critique by the Columbia Scholastic Press Association and an All-American with five Marks of Distinction critique by the National Scholastic Press Association.

CSPA awarded Vol. 4 a Gold Crown; as of printing. NSPA honored the book as a Pacemaker Finalist.

As my final year comes to an nd, I'd like to first thank my co-EiCs and fellow caffeine addicts, Kristin and Lauren. Over the last two years, you two of my closest and most Kristin this year only being my second without the two of you. year on staff.

Thank you to Lewis, and all of video team, for putting up with me in the back row and allowing both have grown to become to our advisors, Simons and PH, thank you for always bringing cherished friends. I'd also like words of encouragement and to thank the V4 Ei3, Megan, providing advice beyond the Karleigh and Elia, for believing media lab; the yearbook program alike, the immense amount of in me to lead Volume 5, despite would not be as amazing as it is hard work and enthusiasm is so

I finally would like to thank our staff for their constant hard work and dedication. Each and every me to work closely with you and one of you contributed towards our video content this year. And this book, and I am proud to say that, over the last few months, have all become my favorite people to see every day. Editors, business, reference, video and coverage greatly appreciated.



Lauren Thomas

the Editors and Staff of Tesserae. Volume 5



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Whatever IT is, we're finding it

Inside ourselves.
Within these 234 square miles that we call Corning-Painted Post.
Out there in the world.

We find our spot, that place that's our own.

Places like Spencer Crest, the Abutment, the Glen, Denison, Camp Cory, Craig Park, the Y, Watson Homestead, fire departments, Peaches.

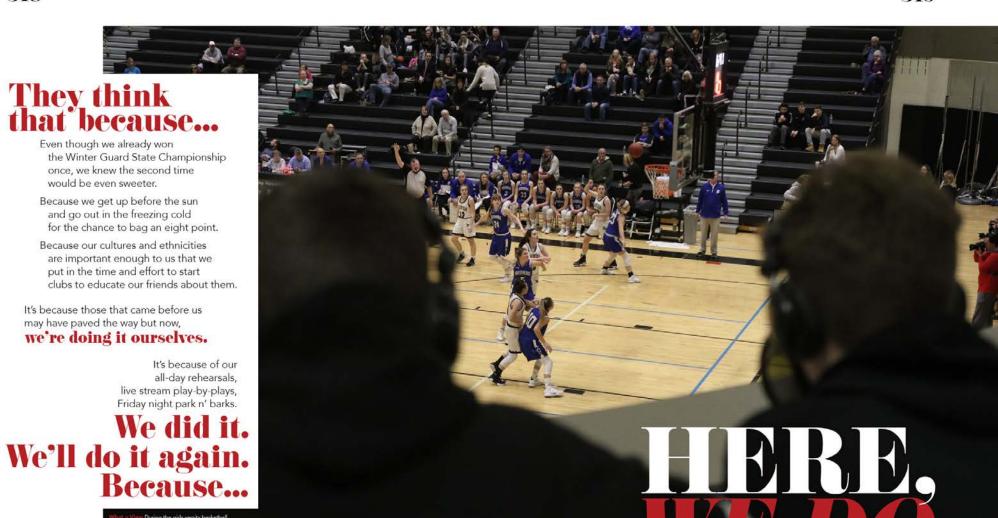
Some people may think,
"Corning sure does a lot"
And yeah.



It Takes Two While singing 'You Can't Stop the Beat' in the production of 'Hairspray,' sophomore

> all day schearsal Manch 22. "My ferconts part of Hairingray" was being able to han but with my friends and also make a lot to new friends through learning sengs and dancing with the Record Shop Chorus, senior "Joseph Shop" said. "Since it is my senior year, it will be my last year, I really got an opportunity to meet more students in the school serior is have to





// Tesserae Corning-Painted Post High School Corning, New York





// Tesserae Corning-Painted Post High School Corning, New York

