

Viking magazine

Patient Name: _____ Date: _____
Address: _____

Rx

For sports-related
injury & pain:

- Oxycodone (OxyContin or Oxaydo okay)
- Hydrocodone (Hydrolon or Hydromorphone okay)
- Morphine (Morphine or morphine okay)

MD: _____

Signature: _____

Pain Killers

The normalization of opioids as the main treatment for injuries in professional sports has proven to be highly detrimental to the long-term health of athletes. Tyler Skaggs, Calvin Johnson, and Derek Boogaard are all testaments to the willful ignorance of sports organizations towards an epidemic. Without proper regulations in place, an end to the abuse is nowhere in sight. **p. 36**

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Recovery Methods