

1) 8 A.M. CLASSES

Can't have class if you're unconscious!

Making a teenager/20-year-old wake up at 7 a.m. is like making an adult wake up at 5 a.m.

Students' average waking time:



9:27 a.m.

1:27 a.m.

The perfect work time starts at 11:27 a.m.

Work days in this range would reduce health risk and improve performance.

2) EXTENDED DEADLINES

11:59 p.m. is the true witching hour!

Many educators believe in rigid deadline policies as well as attendance policies, which directly affect students with mental health issues, working students and low-income students.

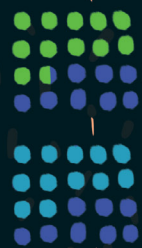
14 million working learners:



43% are low-income students



18% are Black
25% are Latino



58% are women



60% of those who work for over 15 hour/week earn average grades of C or lower

www.npr.org/
www.frontiersin.org/
cew.georgetown.edu/

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3) "FRESH" MAN

First-year college students are no longer the stereotypical fresh-faced 18-year-olds.



1 in 5 is at least 30 years old



50% is financially independent from their parents



1 in 4 is caring for a child



47% go to school part time at some point



3/4 take a year off before starting school



44% have parents who never completed a bachelor's degree

COLLEGE LIFE: AN OXYMORON

We hold contradictions and oxymorons to be a normal part of life. But sometimes, they are symptoms of a bigger systemic problem: lack of support for the unsupported. The population of the college students is growing more diverse, bringing in more nuanced needs for support and understanding. The college environment must reflect these changes if it were to stay true to its goal: education. ■