

zephyrus

The official student newspaper of Edina High School

Thursday, November 30, 2023 | Volume 44, Issue 2 | 6754 Valley View Rd. Edina, MN, 55439 | www.edinazephyrus.com

Let's Chat: Celebrity AI Bots

"In September, Facebook and Instagram's parent company, Meta, announced that new features powered by artificial intelligence..."

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See **CELEBRITY**, page 3

Try Our Winter Word Search

Look for the words: evergreen, gingerbread or snowflake.

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Solve the rest and prepare for the snow to fall!

See **WINTER**, page 8

The Edina Marching Band's Trip

"This Thanksgiving Break, the Edina Marching Band took a long-awaited trip to Boston and Plymouth, Mass., as well as..."

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See **A SNEAK**, page 12

What Elsie Gilder brings to the ice

by **CARMELA CADIA**
design editor

With terrific skills on the ice and a knack for team-building and leadership, senior Elsie Gilder, a skater on the Northernettes' Junior team, has excelled in her skating career. Her grit and positive attitude helped the team to be named Team USA last season and compete at the international level twice within just the past couple of years.

In her sixth season with the Northernettes, a typical day for Gilder is packed. "I either skate with an individual coach before or right after school, and I work on either passing more tests or skating skills," Gilder said. "So, I'll have skate, come home, do homework, and then, later in the day, I'll have a Northernettes practice, which [is] usually downtown, and we have to be there 30 minutes early, so it takes a big chunk out of my day."

Gilder is no stranger to the packed lifestyle of an athlete. She...

See **A SKATE-THROUGH**, page 4

Why online planners are so coveted

by **CLAIRE CHEN**
business manager

With November signaling the end of the new school year "honeymoon" stage, classes have established their rigor, and routine assignments are set in stone. Combined with extracurricular activities, the workload seems to pile up for many students, and the lofty ideas of optimal organization from the beginning of the year may begin to dwindle. However, one last hope still exists for those dreaming of orderly schedules: online planners.

The internet offers numerous free online planner websites, and many computers include a planner program. Though paper planners hold similar attributes to those online, the efficiency of digital planners offers an advantage over a physical list; senior Clara Gordon switched from a paper planner to Widget Memo, a desktop program on her computer, due to...

See **ONLINE**, page 9



ART BY IRIS LIBSON

What if Alice fell into a "cyber-Wonderland" in 2023...

would she ever **escape?**

The complex "wonderland" of technology

by **OLIVIA BRINKMAN**
staff writer

Aspects of technology, including AI, social media, and online communities, can be a complex Wonderland where teens can produce creative content, maintain connections with distant friends, build online communities, and access many functional tools. However, it also comes with dark corners of misinformation, substance use, violence, unrealistic standards, and cyberbullying. Social media may also trap teens, with CDC studies show-

ing that adolescents aged 15-16 are most likely to develop an addiction to technology. All in all, these realities raise the question of whether users are only burrowing further down the rabbit hole with each minute of screen time.

Media influences, AI, and other technological aspects have grown more prominent in work, school, relationships, and everyday life, heavily evolving teen life as we know it. By looking deeper into the experiences of others, teens look to navigate the Wonderland of digital influences effectively...

See **DOWN**, pages 6-7