What Elsie Gilder brings to the ice
by CARMELA CADJA

With terrific skills on the ice and a knack for team-building and leadership, senior Elsie Gilder, a skater on the Northernettes’ Junior team, has excelled in her skating career. Her grit and positive attitude helped the team to be named Team USA last season and compete at the international level twice within just the past couple of years.

In her sixth season with the Northernettes, a typical day for Gilder is packed. “I either skate with an individual coach before or right after school, and I work on either passing more tests or skating skills,” Gilder said. “So, I’ll have skate, come home, do homework, and then, later in the day, I’ll have a Northernettes practice, which is usually downtown, and we have to be there 30 minutes early, so it takes a big chunk out of my day.”

Gilder is no stranger to the packed lifestyle of an athlete. She...

Why online planners are so coveted
by CLAIRE CHEN

With November signaling the end of the new school year “honeymoon” stage, classes have established their rigor, and routine assignments are set in stone. Combined with extracurricular activities, the workload seems to pile up for many students, and the lofty ideas of optimal organization from the beginning of the year may begin to dwindle. However, one last hope still exists for those dreaming of orderly schedules: online planners.

The internet offers numerous free online planner websites, and many computers include a planner program. Though paper planners hold similar attributes to those online, the efficiency of digital planners offers an advantage over a physical list; senior Clara Gordon switched from a paper program on her computer, due to...

The complex “wonderland” of technology
by OLIVIA BRINKMAN

Aspects of technology, including AI, social media, and online communities, can be a complex Wonderland where teens can produce creative content, maintain connections with distant friends, build online communities, and access many functional tools. However, it also comes with dark corners of misinformation, substance use, violence, unrealistic standards, and cyberbullying. Social media may also trap teens, with CDC studies showing that adolescents aged 15-16 are most likely to develop an addiction to technology. All in all, these realities raise the question of whether users are only burrowing further down the rabbit hole with each minute of screen time. Media influences, AI, and other technological aspects have grown more prominent in work, school, relationships, and everyday life, heavily evolving teen life as we know it. By looking deeper into the experiences of others, teens look to navigate the Wonderland of digital influences effectively...

See ONLINE, page 9