Mental Health Statistics

According to Boston College, the amount of people who say they struggled with mental health was six times higher since the Covid-19 Pandemic. Although mental health has become very common, it is still a struggle for those who suffer to not be able to receive help.

According to the Centers

Three out of ten teens claim to have struggled with poor mental health currently or in a 30 day window before taking the survey.

According to CNN

1.5 out of ten children, ages 5 to 17, had received treatment for their mental health.